

**Controversies in Colon Cancer:  
ctDNA in the Adjuvant Therapy of Colon  
Cancer and in the Management of  
Oligometastases**

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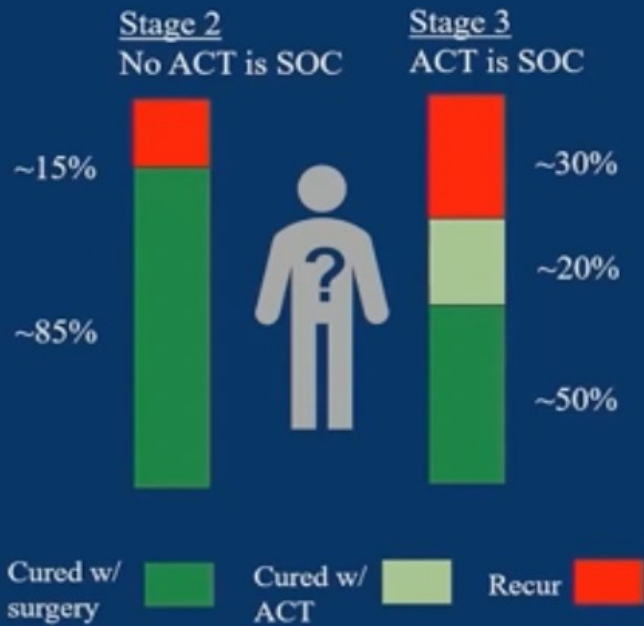


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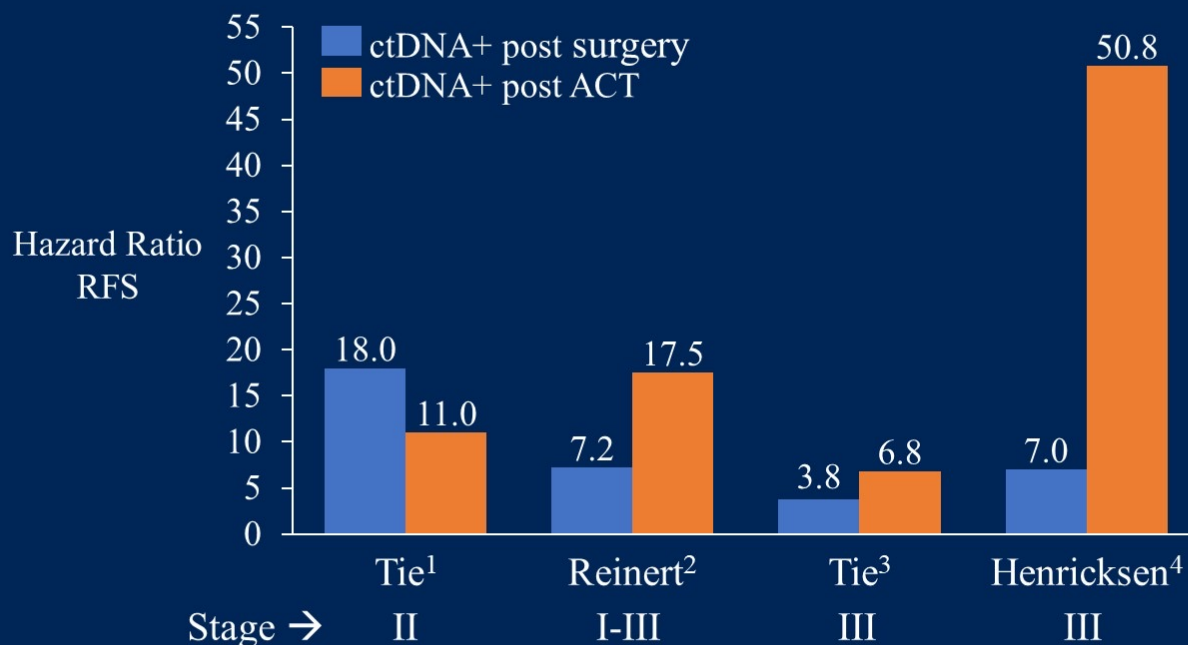
# Need

## Need for advancement

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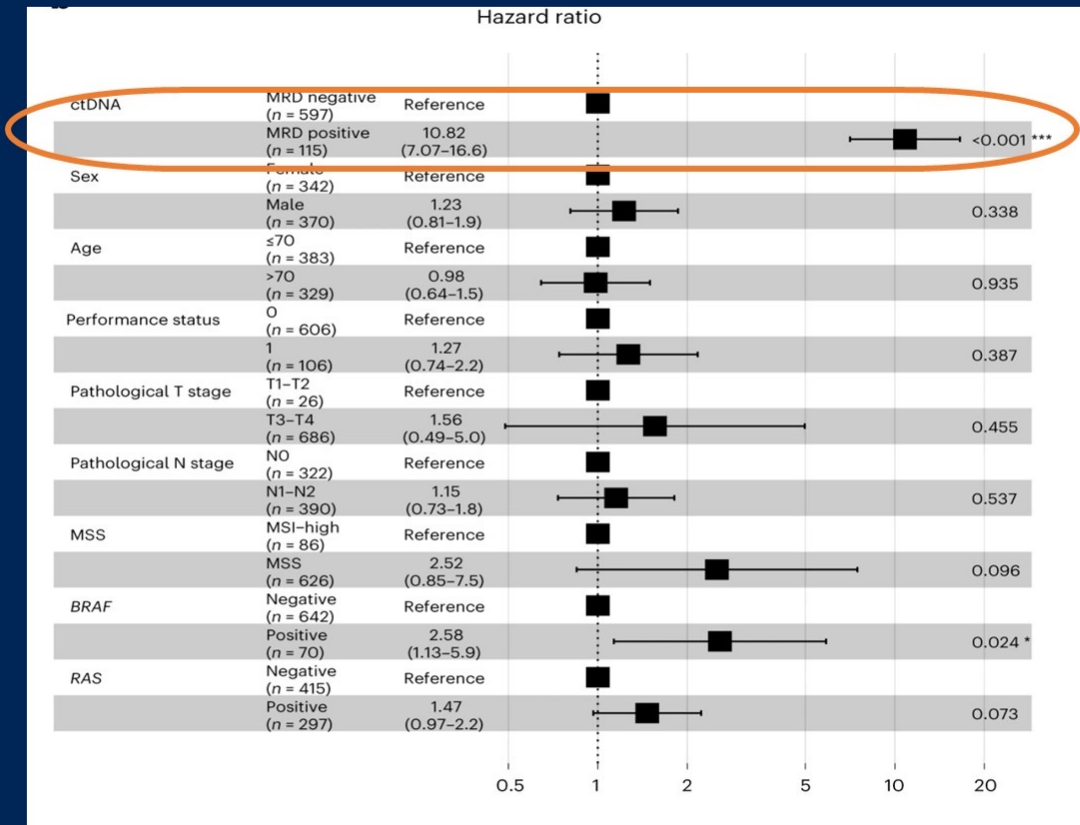
# ctDNA is prognostic



~100% with + ctDNA post op develop clinical recurrence without any systemic therapy, usually within 2 years

1: *Sci Transl Med.* 2016  
 2: *JAMA Oncol.* 2019  
 3: *JAMA Oncol.* 2019  
 4: *Clin Cancer Res.* 2022

# ctDNA is prognostic



Multivariate analysis stage II–III:

Post op MRD + MOST significant prognostic factor associated with increased risk for recurrence

Kotani et al, Nature Medicine 2023

**...but challenges are**

# Methods for detection and analysis

NGS based methods

PCR based methods

Whole genome  
Whole exome

BPER  
Safe seqS

CAPP seq

BEAMing

Droplet digital PCR

Nucleotide coverage



10%  
1%  
0.1%  
0.01%  
0.001%



Detection sensitivity

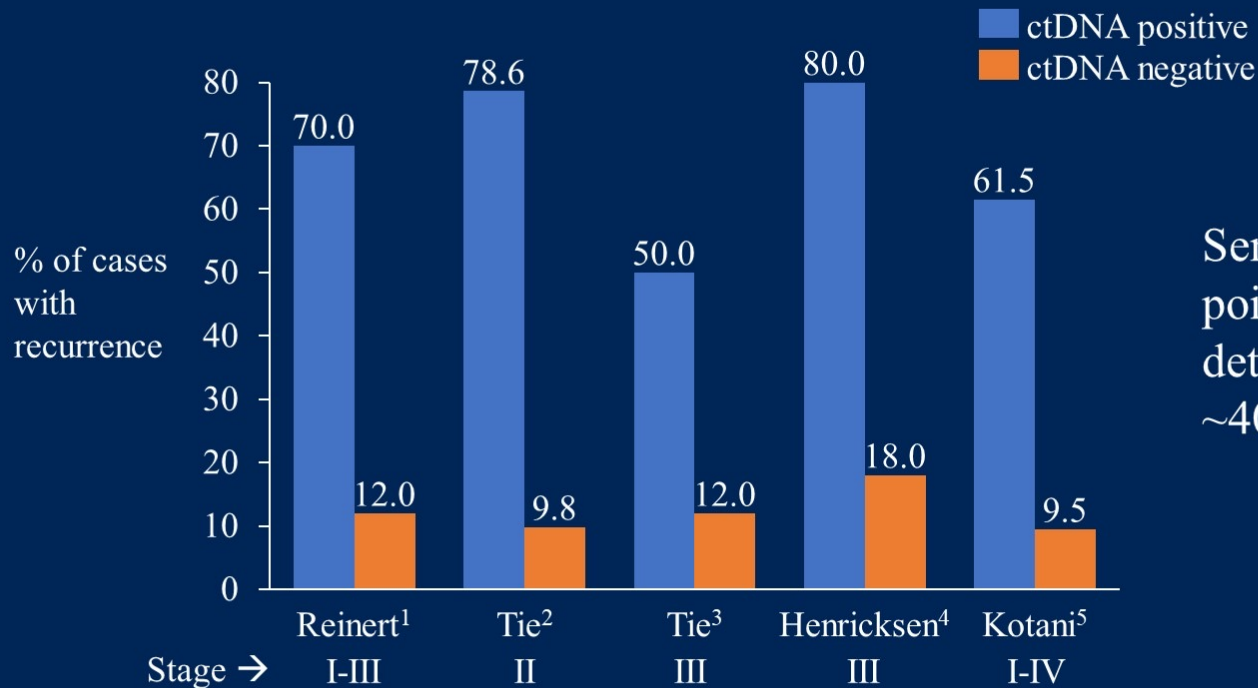
Cost

# ctDNA platforms

	<b>Tumor informed (Bespoke)</b>	<b>Tumor agnostic</b>
<b>Method</b>	Identify mutations in tumor tissue > track in plasma	Detect mutations de novo from plasma
<b>Technique</b>	Genomic (NGS, PCR)	Genomic + Epigenomic (E.g. methylation)
<b>Turnaround time: 1st check</b>	Initial 4-6 weeks	7-10 days
<b>Turnaround time: 2<sup>nd</sup> check and beyond</b>	7-10 days	7-10 days
<b>Timing of collection post op</b>	2-6 weeks	4 weeks
<b>Detection of acquired mutations</b>	No	Yes
<b>Costs &amp; logistics</b>	Additional cost of tumor genotyping, need for adequate tumor cellularity in biopsy	Less invasive, plasma DNA costs only
<b>Select examples</b>	Signatera, Invitae/Archer, Haystack, RaDaR	Guardant Reveal, Tempus xM



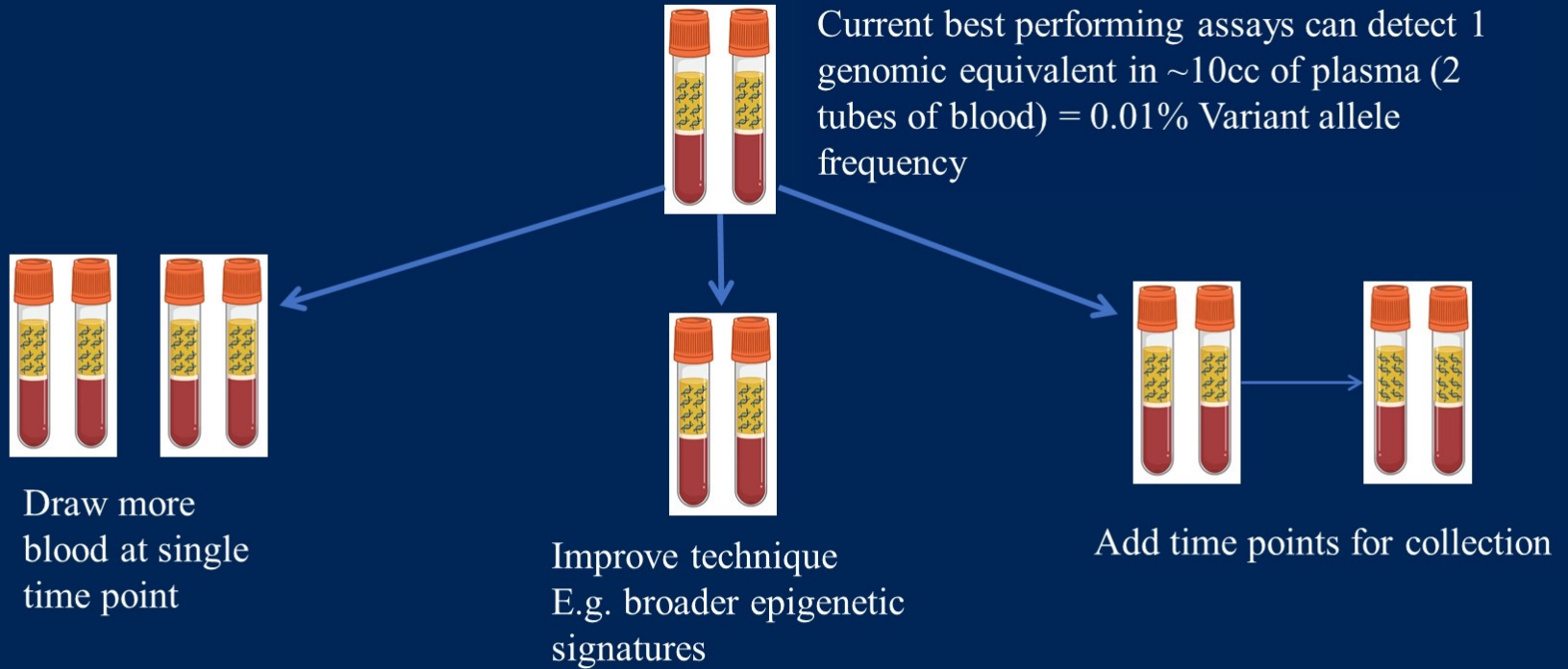
# Sensitivity of ctDNA assays to detect recurrence is low



Sensitivity of single time point post op ctDNA to detect residual disease is ~40-50%

- 1: *JAMA Oncol.* 2019
- 2: *Sci Transl Med.* 2016
- 3: *JAMA Oncol.* 2019
- 4: *Clin Cancer Res.* 2022
- 5: *Nat Med.* 2023

# How to improve sensitivity?



If risk of recurrence in ctDNA negative population can be lowered similar to Stage I (5y DFS ~95%), then de-escalation can be safely performed

## ctDNA clearance with ACT is ~30%

Study	Stage	% ctDNA clearance with ACT
Reinert et al <i>JAMA Oncol</i> 2019	I-III	3/10 (30%)
Parikh et al <i>Clin Cancer Res</i> 2021	I-III	1/6 (16.7%)
Tie et al <i>Sci Transl Med</i> 2016	II	3/6 (50%)
Tie et al <i>JAMA Oncol</i> 2019	III	5/20 (25%)
Henriksen et al <i>Clin Cancer Res</i> 2022	III	4/20 (20%)
Kotaka et al <i>J Clin Oncol</i> , 2022	I-IV	65/96 (67.6%)

Using ctDNA to guide ACT is contingent on ACT being able to clear residual disease

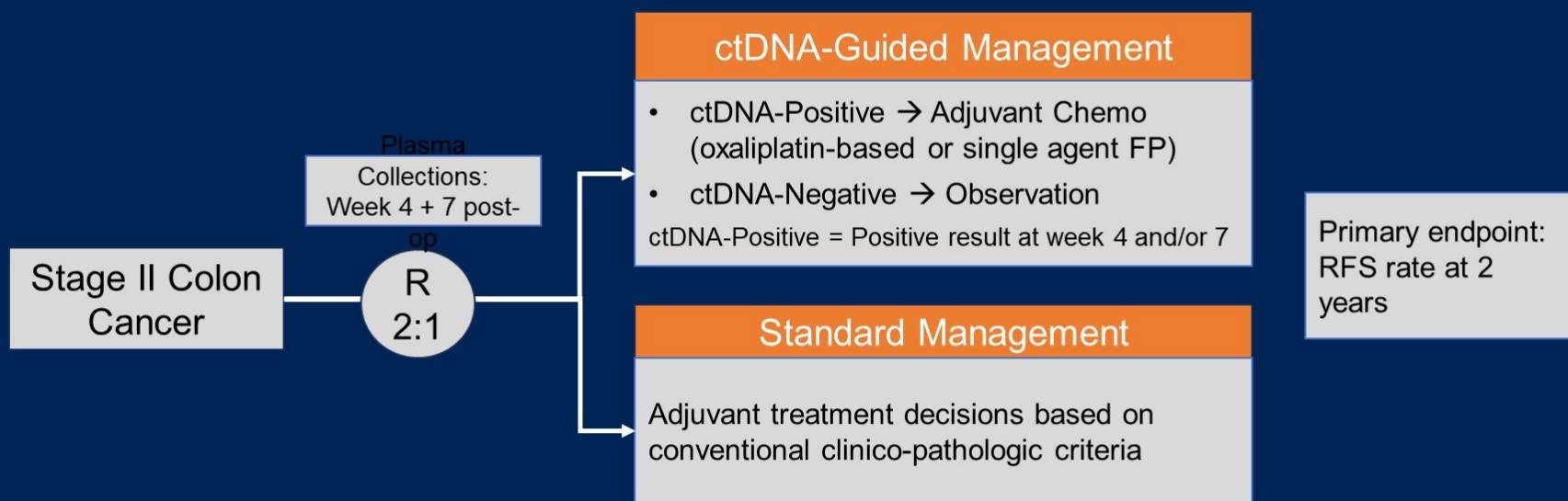
~30% ctDNA+ converted to ctDNA- with ACT

# Overview of selected ongoing clinical trials involving ctDNA

- DYNAMIC trial
- BESPOKE CRC study
- GALAXY study
- PEGASUS trial

# DYNAMIC Trial

- Prospective, randomized trial in Stage II colon cancer
- Tumor informed assay



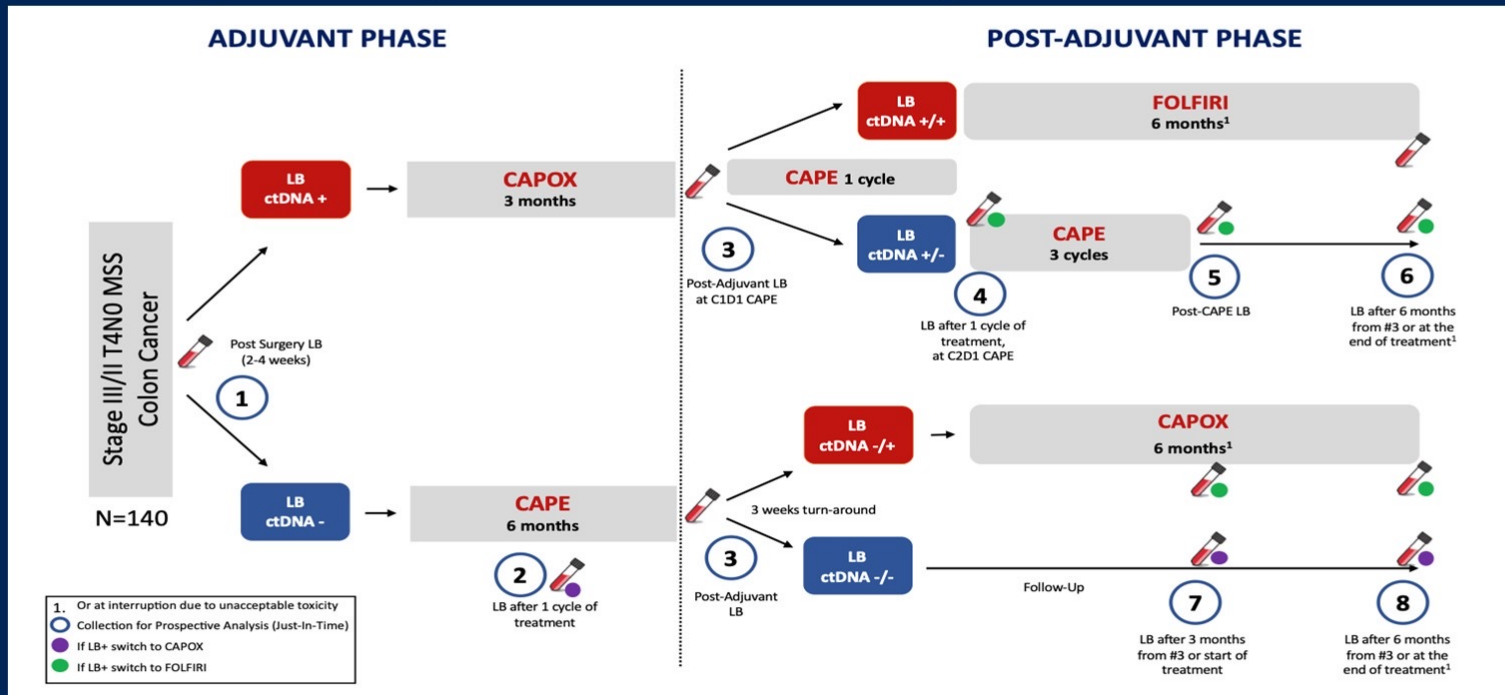
*Tie et al NEJM 2022*

## Takeaway points

- Overall, Stage II ctDNA- patients do well, but long-term results needed to adopt de-escalation into practice.
- 6% (15/246) ctDNA- patients had recurrence, highlighting negative ctDNA may miss some cases with residual disease, but combined with traditional risk factors can help risk stratify better and spare toxicity.

# PEGASUS Trial

- Prospective feasibility study in high-risk stage II(T4) and stage III CC
- Tumor agnostic assay; Interim 21.2-month analysis



Lonardi ESMO 2023

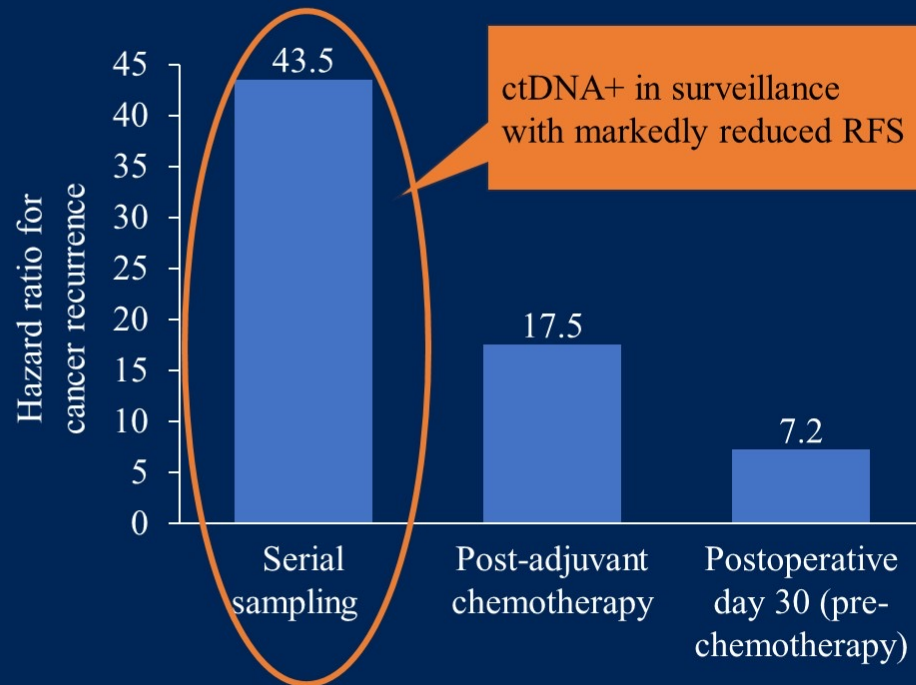
## Primary end-point: false negative rate (10%, 10/100)

- Longer follow up needed for conclusion
- 26% MRD+ post surgery: strongly prognostic (HR 4.37, P=0.0003)
- 40% of MRD + pts seroconverted MRD- at the end of any treatment (CAPOX or escalation to FOLFIRI)
- Lower accuracy of ctDNA to detect local, lung and peritoneal relapses

*Lonardi ESMO 2023*



# ctDNA in surveillance

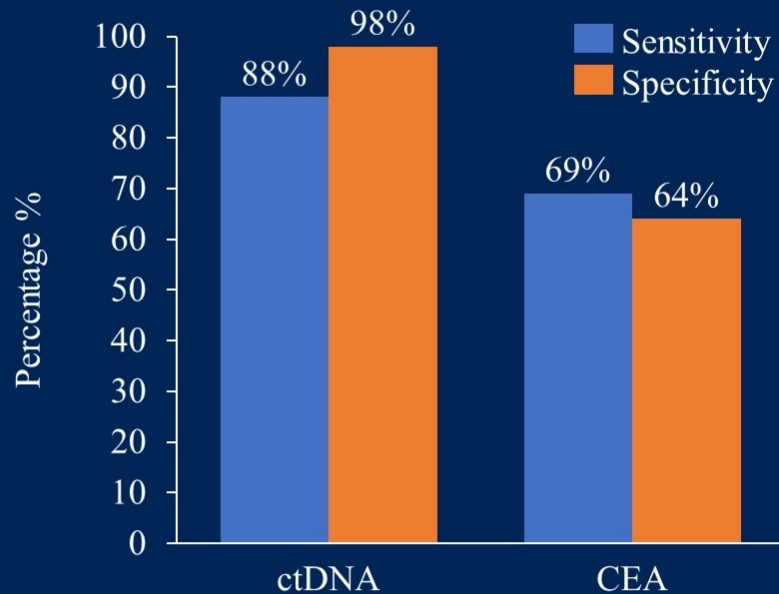


Current std of care:  
H&P, CEA, imaging,  
colonoscopy

ctDNA detection can  
anticipate radiologic  
recurrence with a lead  
time of 3 – 12 months

*Data adopted from Reinert et al, JAMA Oncol 2019*

# ctDNA in surveillance



Improved sensitivity and specificity to identify recurrence with serial ctDNA sampling in surveillance

Key question: Can early intervention improve long term clinical outcomes?

*Data adopted from Reinert et al, JAMA Oncol 2019*

# Ongoing Prospective Studies on ctDNA-Guided Management of CRC



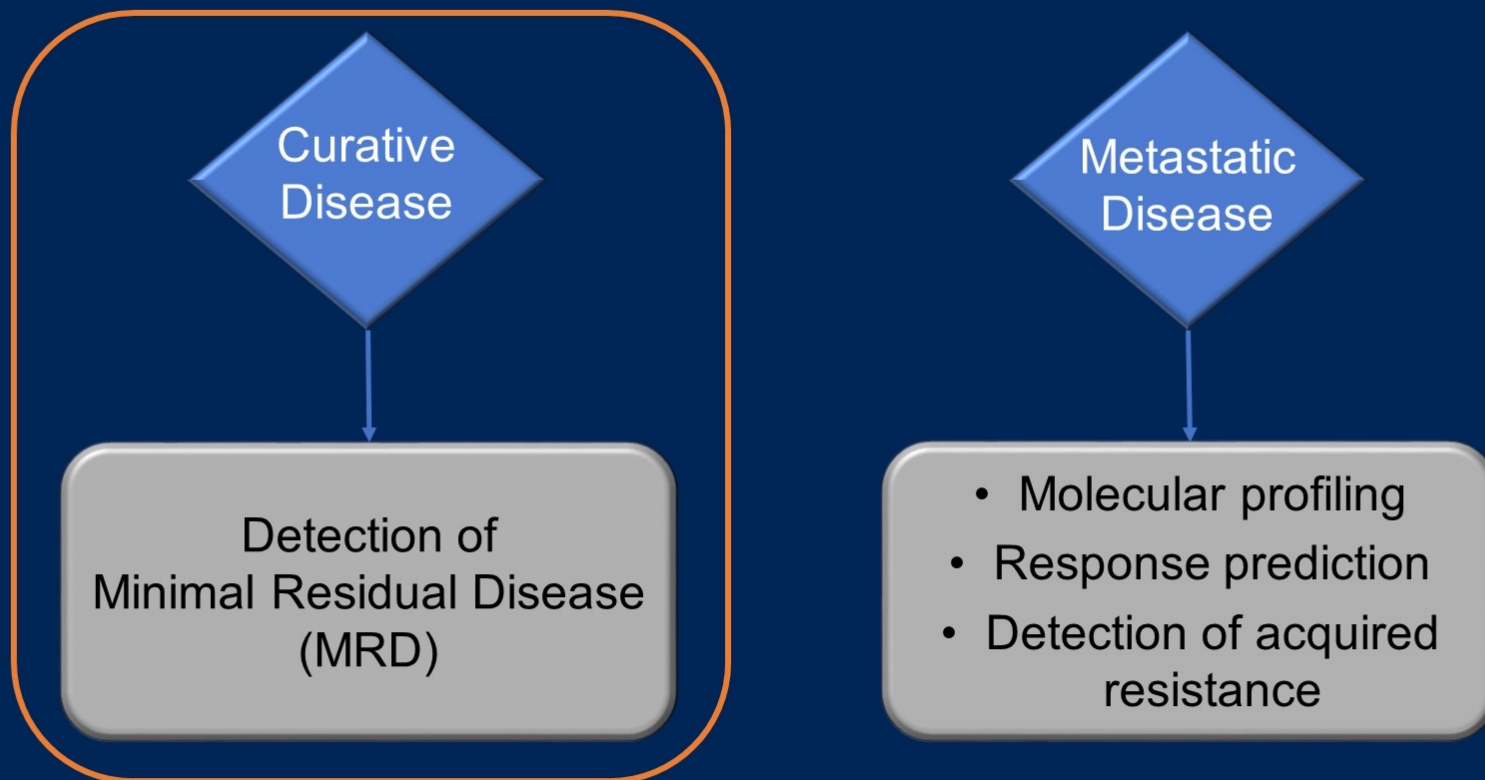
## Summary of ctDNA in curative disease

- Unequivocal prognostic risk factor for recurrence; More prognostic than T stage and N status
- ~100% ctDNA+ will recur without intervention
- Current assays capture 40-50% of recurrences. Recurrence risk low if ctDNA- , but not as low as in Stage I disease (~ 3-5%)
- ACT in ctDNA+ cases improves short term outcomes (3y DFS); unclear improves long term cure rates

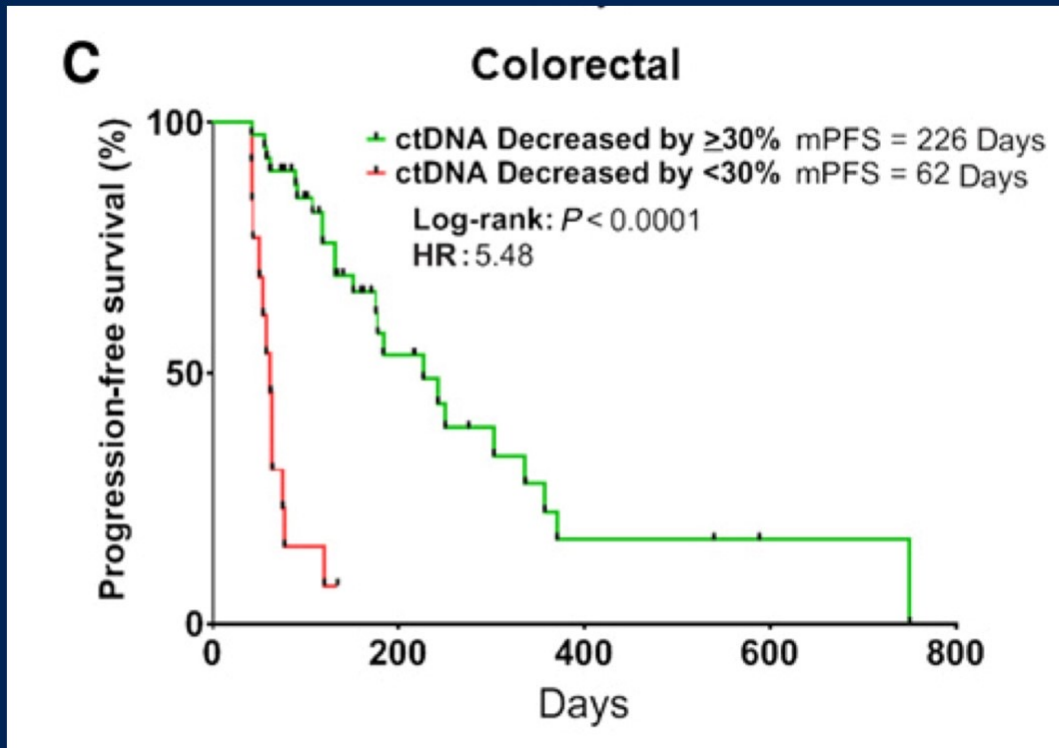
Need higher sensitivity of ctDNA assays for de-escalation!

Escalation in ctDNA+ if adjuvant not planned is reasonable!

# ctDNA applications



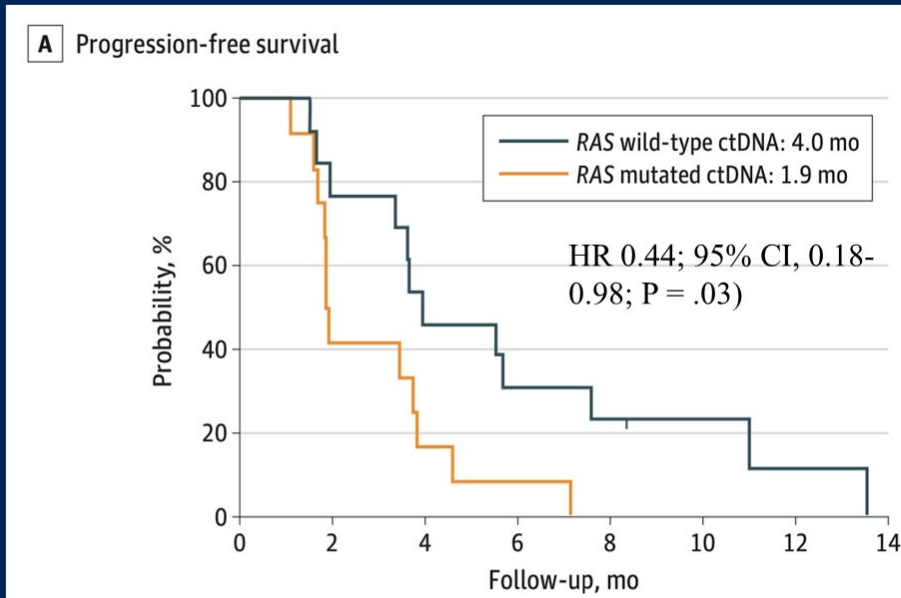
# ctDNA is predictive of response & improved clinical outcomes



$\geq 30\%$  decrease in ctDNA at 4 weeks after treatment initiation with significantly improved PFS

*Parikh et al, Clin Cancer Res 2020*

# ctDNA can detect acquired resistance



CRICKET trial: RAS WT ctDNA with longer PFS on rechallenge with cetuximab + irinotecan in the 3<sup>rd</sup> line

- **Tumor Heterogeneity:**

ctDNA can identify multiple clinically relevant resistance mechanisms, potentially missed by single lesion biopsy

- **Clonal Decay:**

*RAS/RAF/EGFR* mutant alleles appear during EGFR blockade can decline upon therapy withdrawal & can be captured by ctDNA

*Parikh et al, Nature medicine 2019*  
*Cremolini et al, JAMA Oncol. 2019*

# Key takeaways



ctDNA is highly  
prognostic

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MRD predicts for clinical  
recurrence



Current ctDNA assays have  
low sensitivity to detect MRD

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De-escalation of ACT based on negative  
ctDNA is NOT recommended



ctDNA guided intervention is  
potentially predictive for  
improving short term outcomes

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Unclear benefit on long term survival



Guidelines do not yet  
recommend routine ctDNA  
testing to guide management

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Encourage clinical trial enrollment &  
shared decision making



# Summary

36

## Summary & future directions

- Powerful prognostic and potentially predictive biomarker in curative setting.
- Need to increase sensitivity & specificity of assays; Decrease turnaround time & costs.
- MRD applications have tremendous opportunity to guide treatment decisions; awaiting ongoing prospective trial results if early intervention based on ctDNA can improve long term survival.

## Practical considerations

- Shared decision making very important!
- Insufficient evidence to recommend use of ctDNA assays outside of a clinical trial given unknown impact on long term survival outcomes.

