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# **Multiple Myeloma: Update on Immune-Targeted Agents**

Maxwell M. Krem, MD, PhD April 13, 2024 MLS Cleveland

### CONFESSION

- Host of the Classical Music Clinic
- Sundays 1 pm Eastern on Clubhouse
- 3+ hours of classical music therapy
- https://www.clubhouse.com/@mxk214

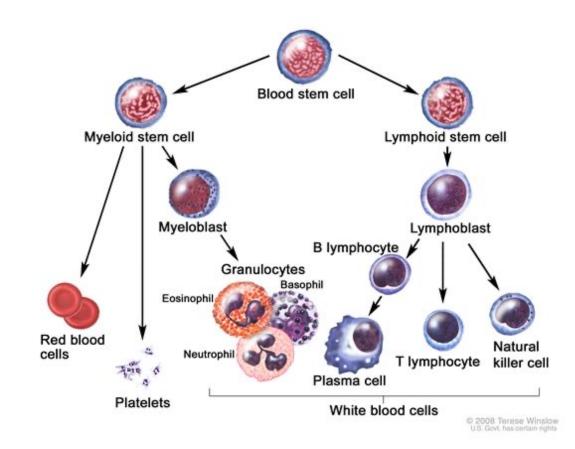


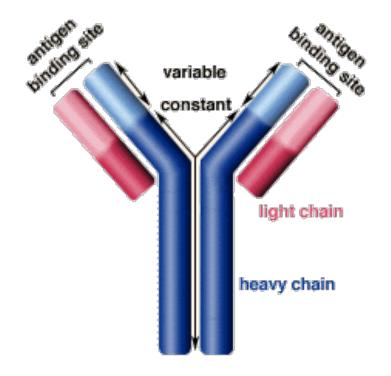
# **OBJECTIVES/OUTLINE**

- Very good, but partial background
  - Basic pharmacology of anti-MM agents
- Targeted agents: mechanisms, indications, outcomes
  - Induction phase: RVD ± CD38 mabs
  - R/R disease: BiTE therapy
  - R/R disease: CAR T cells
- Conclusions and future directions
  - "Smoldering" questions in MM

### PLASMA CELL DISEASES

Multiple myeloma is a malignancy of clonal plasma cells





#### Plasma cell = antibody factory

Molecular subtypes:

 Full Ig ("M-spike"), light chain, or oligo/non-secretory

### MULTIPLE MYELOMA: The Toolbox

Major therapeutic drug classes in myeloma\*:

Class	Representative Agent(s)				
Immunomodulator (IMiD)	lenalidomide, pomalidomide				
Proteasome inhibitor (PI)	bortezomib, carfilzomib, ixazomib				
Steroid	dexamethasone				
Cytotoxic chemotherapy	cyclophosphamide, melphalan <sup>1</sup>				
CD38 monoclonal antibody (mab)	daratumumab, isatuximab				
Immunotherapy					
BiTEs (BCMA, GPRC5D)	teclistamab, talquetamab, elranatamab				
CAR T cells (BCMA)	ide-cel, cilta-cel				

\*not an exhaustive list

1. Off-label indication in HCT

# **Targeting CD38 During Induction:**

# **RVD ± CD38 Monoclonal Antibody**

Initial therapy to induce response and stop end-organ damage:

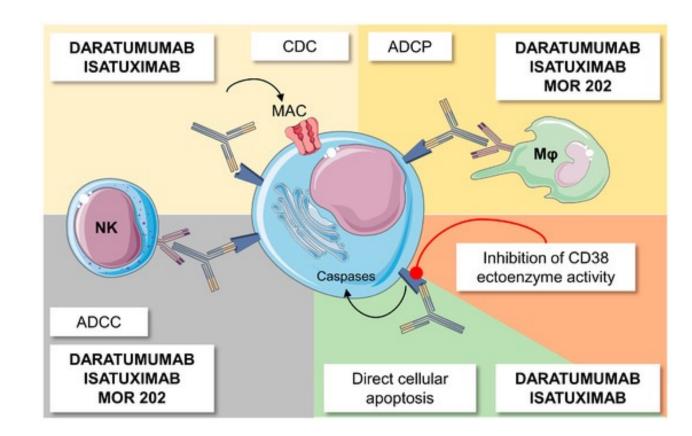
- "Triplet" seems to outperform "doublet"
- Transplant vs. non-transplant candidate
  - Attempt to transplant fit patients  $\leq$  75 years old
  - **RVD**: most common "fit patient" induction: lenalidomide (<u>R</u>), bortezomib (<u>V</u>) and dexamethasone (<u>D</u>)

Sources: Durie BG, et al. Lancet 2017; Facon T, et al. Lancet Oncol 2021

# MECHANISM: Anti-CD38 monoclonal antibodies

#### Mechanisms of action:

- ADCC: antibody-dependent cellmediated cytotoxicity
- CDC: complement-dependent cytotoxicity
- ADCP: antibody-dependent cellular phagocytosis
- Apoptosis
- Inhibit CD38 enzyme



Source: De Novellis D, et al. Int J Mol Sci 2023

### INDUCTION: RVD + Targeting CD38

#### RVD:

- Lenalidomide (R), bortezomib (V), and dexamethasone (D)
- Standard-of-care triplet induction for fit patients (e.g. auto-HCT candidates) in US

#### **RCTs adding CD38 mabs to RVD:**

- GRIFFIN (phase II): RVD ± daratumumab<sup>1</sup>
- GMMG-HG7: RVD ± isatuximab<sup>2</sup>
- PERSEUS: RVD ± daratumumab<sup>1</sup>
- 1. FDA-approved 1<sup>st</sup> line or 2<sup>nd</sup> line+ with **other combinations**
- 2. FDA-approved 2<sup>nd</sup> line+ with **other combinations**

Sources: Goldschmidt H, et al. Lancet Haematol 2023; Sonneveld P, et al. NEJM 2024; Voorhees P, et al. Blood 2020

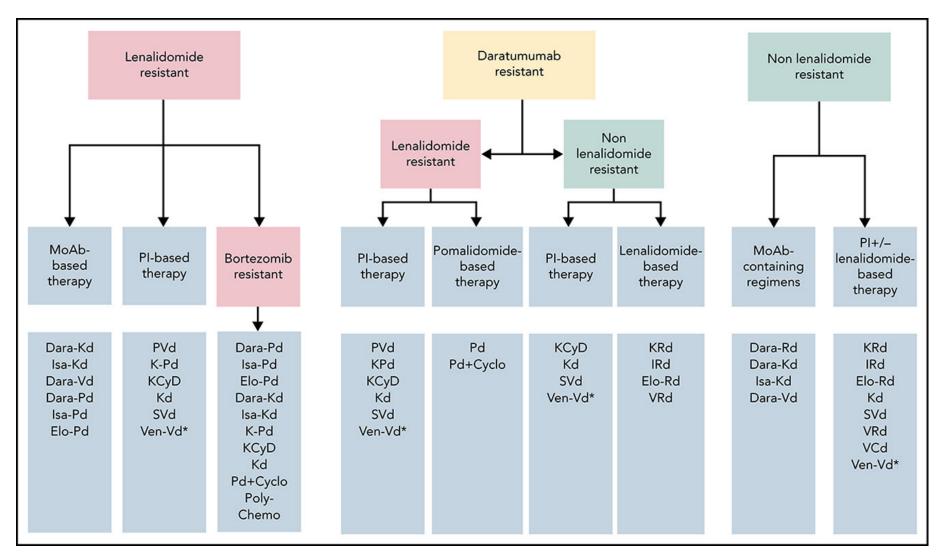
#### CD38 monoclonals added to RVD:

- Auto-HCT utilization is implicit
- Higher % MRD-negativity
- Deeper responses
- Toxicity not substantially increased
- Limited inclusion of:
  - Older patients
  - High-risk disease
  - Renal dysfunction
- Suboptimal auto-HCT in standard Rx arms (some studies)
- Cost-effective? Implications for CD38 mab use in relapse?

# Aiming T-cells at Relapsed/Refractory Myeloma

BiTE therapy and CAR T cells

### **CHOICE OVERLOAD**



Source: Kastritis E, et al. *Blood* 2022

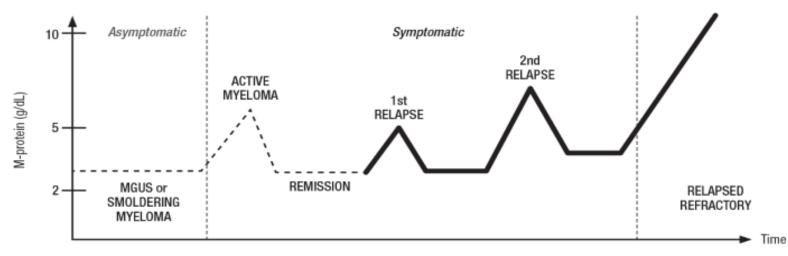
#### **CHOICE OVERLOAD**



# **RELAPSED/REFRACTORY DISEASE**

#### Sequencing of therapies:

- Initiate new Rx with recurrence of paraprotein or CRAB
- Introduction of new agents or drug combinations
- Decreasing depth/duration of response
- Can new targeted therapies do better?



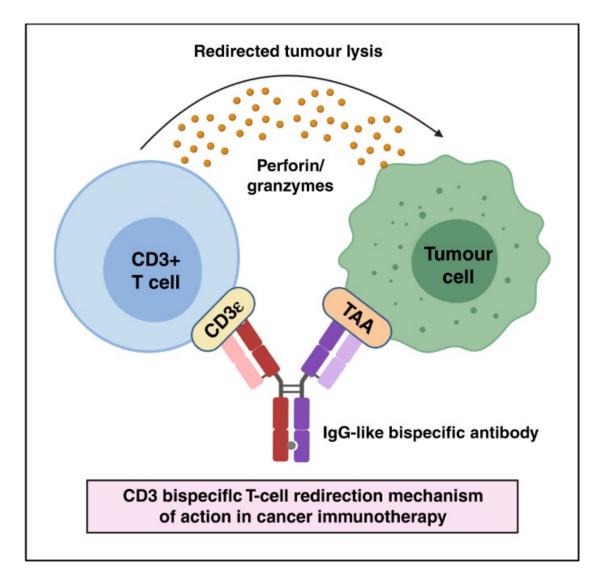
Variable timeline dependent on individual risk factors including genetic and phenotypic changes, depth and duration of response to therapy, persistence of a malignant multiple myeloma stem cell, and evolution of competing multiple myeloma clones

#### Source: Kurtin SE. J Adv Pract Oncol. 2013

**Bi-Specific T-cell Engagers (BiTEs)**:

- Target CD3 on T-cells AND tumor antigen
- E.g., B-cell maturation antigen (BCMA):
  CD269, on B-cells and mature plasma cells
- Activate T-cell/facilitate immunological synapse → Lysis of target tumor cells

Sources: Singh A et al. *Br J Cancer* 2021; Tian Z et al. *J Hematol Oncol* 2021



### BCMA BiTE IN R/R MM: Teclistamab

#### Majes-TEC1:

- Phase 1-2 trial of teclistamab, CD3-BCMA BiTE
- R/R disease
- N = 165
  - Age ≥ 18
  - ≥ 3 prior lines\*, no prior BCMA
  - ECOG 0/1
  - Admission and premeds for 3 step-up doses: CRS, ICANS, REMS
  - Primary endpoint: ORR
  - Secondary endpoints: PFS, OS, MRD negativity, etc.

\*FDA approval: ≥ 4 prior lines (including PI, IMiD, CD38)

Source: Moreau P et al. *NEJM*, 2022.

Study outcomes:

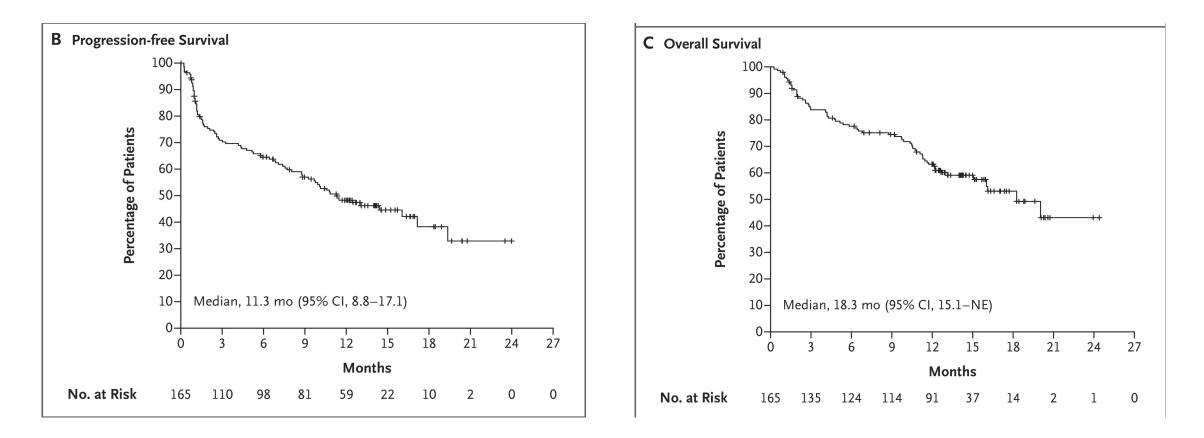
Cohort	Median age (y)	N	ORR (%)	≥ CR (%)	MRD - (%)	PFS (months)	OS (months)	Grade ≥3 CRS (%)	Grade ≥3 neuro (%)	Toxic discont. (%)
Teclistamab	64	165	63	39	27	11.3	18.3	1	1	1

\*Other tox: Grade 1-2 CRS 71%, grade 1-2 neuro 14%, grade ≥ 3 infection 45%

Source: Moreau P et al. NEJM, 2022

#### Majes-TEC1: Teclistamab

#### Survival curves:



Source: Moreau P et al. NEJM, 2022

### GPRC5D BiTE in R/R MM: Talquetamab

#### MonumenTAL-1:

- •Phase 1-2 trial of talquetamab, CD3-GPRC5D BiTE
- •R/R disease
- •N = 232
  - Age ≥ 18
  - R/R to established therapies, including IMiD and PI, Cr Cl  $\geq$  40
  - ECOG 0/1
  - Admission and premeds for 1st dose: CRS, ICANS, REMS
  - Primary endpoint: AEs
  - Secondary endpoints: RR, MRD negativity, etc.

Source: Chari A et al. NEJM, 2022.

#### Study outcomes (updated):

Cohort	Median age (y)	N	ORR (%)	≥ VGPR (%)	MRD - (%)	PFS (months)	OS (months)	Grade ≥3 CRS (%)	Grade ≥3 neuro (%)	Toxic discont. (%)
Subcutaneous q week	64	288	74	59	11/16 with	7.5	n/a	1	0	5
Subcutaneous q 2 week	04	145	73	57	≥CR	11.9	n/a	0	0	8

\*Other tox: Grade 1-2 CRS 75-79%, grade 1-2 neuro 11%, grade ≥ 3 infection 16-26%

\*\*Similar efficacy and toxicity for cohort with prior "T-cell redirection" (CAR-T, bispecific)

Source: Chari A et al. NEJM, 2022; Schinke C et al. ASCO 2023

### BCMA BiTE in R/R MM: Elranatamab

#### MagnetisMM-3:

•Phase 2 trial of elranatamab, CD3-BCMA BiTE

•R/R disease

- N = 123 (cohort A)
  - Age ≥ 18
  - R/R disease (PI, IMiD, CD38)\*, no prior BCMA (cohort A), Cr Cl  $\geq$  30, LVEF  $\geq$  40%
  - ECOG 0-2
  - Admission and premeds for 2 step-up doses: CRS, ICANS, REMS
  - Primary endpoint: ORR
  - Secondary endpoints: PFS, OS, MRD negativity, etc.

\*FDA approval 8-14-23: ≥ 4 prior lines (including PI, IMiD, CD38)

Source: Lesokhin A et al. *NEJM*, 2022.

#### Study outcomes:

Cohort	Median age (y)	N	ORR (%)	≥ CR (%)	MRD - (%)	PFS (months)	OS (15 months)	Grade ≥3 CRS (%)	Grade ≥3 ICANS (%)	Toxic discont. (%)
Elranatamab	68	123	61	35	~21	15	57%	0**	0	14

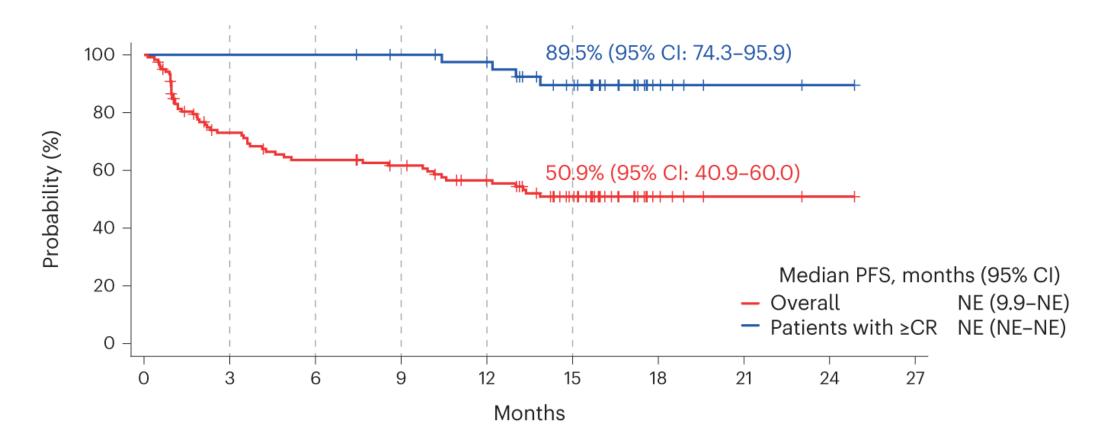
\*Other tox: Grade 1-2 CRS 58%, grade 1-2 ICANS 3.4%, grade ≥ 3 infection 40%, grade 5

infection 6.5%; grade  $\geq$  3 neutropenia 49%

\*\*grade 3 CRS 0.5% first report

Source: Lesokhin AM et al. Nat Med, 2023

PFS, entire cohort (red) and CRs (blue):



BiTEs targeting BCMA and GPRC5D:

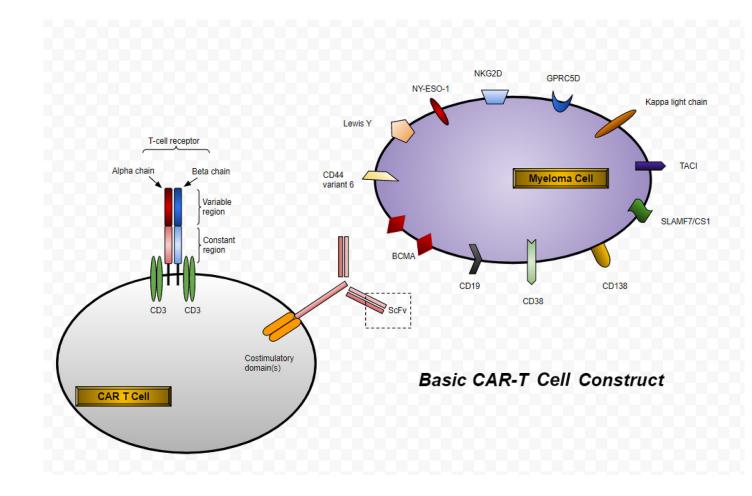
- Responses in triple-class and penta-refractory disease
- Some responses are deep
- Option for non-CAR T-cell candidates
- Reasonable inclusion of older and minority populations
- Require toxicity-monitoring admission(s) and premeds, but...
- Low rates of grade ≥3 CRS and ICANS
- Kaplan-Meier curves appear linear: treatment is palliative.

\*Current FDA approval for all MM BiTES: ≥ 4 prior lines (including PI, IMiD, CD38)

# BCMA IN R/R MM: CAR T cells

#### **Chimeric antigen receptor (CAR) T cells**:

- Autologous CD8 T cells, engineered TCR
- T cells bind tumor antigen
- MHC-independent T cell activation
- **BCMA**; other targets in development
- Activate T cell and facilitate
  immunological synapse → Lysis of
  target tumor cells



Sources: Parikh RH and Lonial S. CA Cancer J Clin 2023; Wang Z et al. Front Immunol 2022

### BCMA CAR T CELLS: Phase 2 pivotal studies

#### **Idecabtagene vicleucel:** triple class refractory, ≥ 3 prior lines, approval March 2021

KarMMa	Median age (y)	N	ORR (%)	≥ CR (%)	MRD - (%)	PFS (months)	OS (months)	Grade ≥3 CRS (%)	Grade ≥3 neuro (%)	Toxic deaths (%)
lde-cel	61	128	73	33	26	8.8	19.4	5	3	2

#### **Ciltacabtagene autoleucel:** triple class refractory, ≥ 3 prior lines, approval February 2022

CARTITUDE-1	Median age (y)	Ν	ORR (%)	≥ CR (%)	MRD - (%)	12-month PFS (%)	12-month OS (%)		Grade ≥3 neuro (%)	Toxic deaths (%)
Cilta-cel	61	97	98	82	92 (n=61)	77	89	5	12	6

\*FDA approval: ≥ 4 prior lines, warnings for CRS, ICANS, HLH, cytopenias, REMS

Sources: Munshi NC et al. NEJM 2021; Martin T et al. J Clin Oncol 2023

### IDE-CEL: Phase 3 vs standard therapy

#### Idecabtagene vicleucel vs standard therapy: triple class treated (66% refractory), 2-4 prior

lines. Primary endpoint: PFS.\*

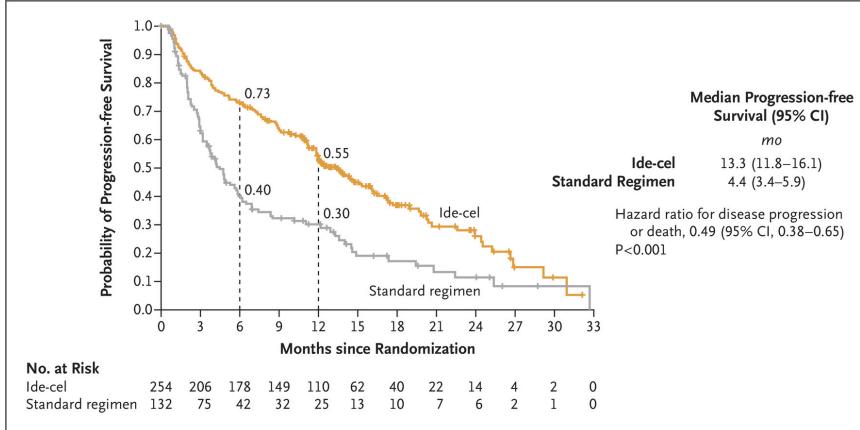
KarMMa-3	Median age (y)	N	ORR (%)	≥ CR (%)	MRD - (%)	PFS (months)	Grade ≥3 overall (%)	Grade ≥3 CRS (%)	Grade ≥3 neuro (%)	Grade 5 event (%)
lde-cel	63	254	71	39	20	13.3	93	5	3	14
Std Tx: DPD, DVD, IRD, KD, EPD	63	132	42	5	1	4.4	75	-	-	6

\*OS data not mature at time of data cutoff

\*\*DPD = 43, KD = 30, EPD = 30, IRD = 22, DVD = 7

### IDE-CEL: Phase 3 vs standard therapy

Idecabtagene vicleucel vs standard therapy: triple class treated (66% refractory), 2-4 prior lines. Primary endpoint: PFS.



### CILTA-CEL: Phase 3 vs standard therapy

#### Ciltacabtagene autoleucel vs standard therapy: lenalidomide-refractory, prior IMiD + PI, 1-3

prior lines (26% triple class exposed). Primary endpoint: PFS.\*

CARTITUDE-4	Median age (y)	N	ORR (%)	≥ CR (%)	MRD - (%)	PFS (months)	Grade ≥3 overall (%)	Grade ≥3 CRS (%)	Grade ≥3 neuro (%)	Toxic deaths (%)
Cilta-cel	61.5	208	85	73	61	23	96	1	2.3	4.8
Std Tx: PVD, DPD	61	211	67	22	16	12	94	-	-	2.4

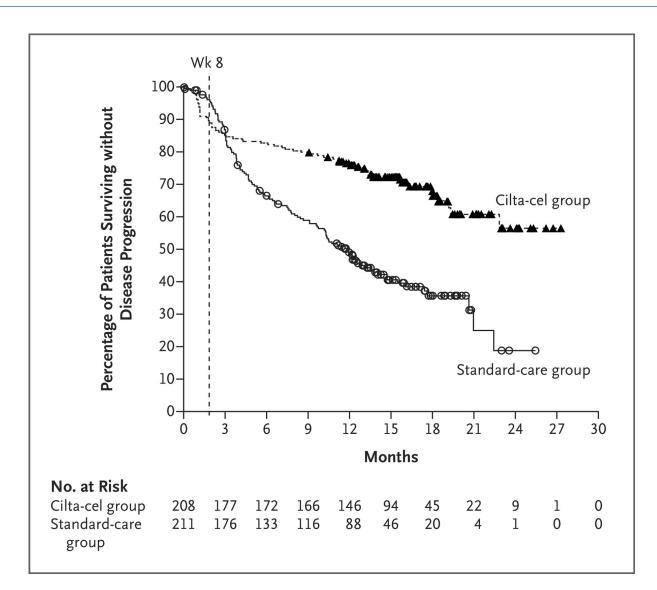
\*OS data not mature at time of data cutoff

\*\*DPD = 183, PVD = 28

### CILTA-CEL: Phase 3 vs standard therapy

Ciltacabtagene autoleucel vs standard therapy: lenalidomide refractory, 1-3 prior lines, 26% triple-class exposed. Primary

endpoint: PFS.



Source: San-Miguel J et al. NEJM 2023

# R/R MM: CAR T cells

#### Ide-cel and cilta-cel:

- Responses in triple class- and penta-refractory disease
- Some responses are deep
- Option for cellular therapy (more robust) candidates
- Limited inclusion of older populations
- Requires cellular therapy-capable facility due to...
- Appreciable rates of grade ≥3 CRS and ICANS
- Kaplan-Meier curve is linear: treatment is palliative.

\*FDA approval: ≥ 4 prior lines (including PI, IMiD, CD38)

### **UNANSWERED QUESTIONS**

Selected "smoldering topics" in MM:

- Ideal induction regimen? Triplet or quadruplet?
- Best treatment endpoint? **MRD** assessment?
- What is the optimal timing/sequencing of BiTEs and CAR T cells?
- Which is the optimal CAR T cell in MM, ide-cel or cilta-cel?

# **CONCLUSIONS/FUTURE DIRECTIONS**

#### Take-home points:

• CD38 mabs:

Increase MRD-negative rate and deepen response
 Seeing more use in 1<sup>st</sup>-line therapy

- BiTEs and CAR T cells buy time in heavily R/R MM, but
- Require specialized toxicity monitoring and/or centers

#### **Future directions:**

• Real-world datasets:

Multi-institution/health system studies of non-trial patients
 CIBMTR database comparisons of CAR T products

• Trials that incorporate:

 $\,\circ\,$  Novel sequencing and combinations

 $\,\circ\,$  More permissive age, ECOG, and organ function criteria

# ACKNOWLEDGMENTS

# Our patients and their families/caregivers

KANSAS CITY

#### **Colleagues and collaborators**

- Kansas City VAMC Hem/Onc Division
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