### Metastatic Castration Sensitive Prostate Cancer: Contemporary Clinical Management

Jorge A. Garcia, MD, FACP. Professor of Medicine and Urology George and Edith Richman Distinguished Scientist Chair Chief, Division of Solid Tumor Oncology University Hospitals Seidman Cancer Center Case Western Reserve University Case Comprehensive Cancer Center



Cleveland | Ohio



# Who dies of prostate cancer?

- Even in a screened population such as the USA ~ 5-10% present with De-novo metastatic prostate cancer
  - 5-10% of ~160,000 = 8-16,000 pts
  - This is  $\geq$  1/3rd of the 24,000 deaths in USA
  - Since 2012 USTPF has increased incidence of locally advanced and Met disease COVID didn't help us either....
- Remaining of Pts relapse from prior localized therapy
  - Biochemical relapses slow and never need treatment or fast and do need intervention
  - PSADT vs. timing to imaging
  - Early ADT in M0 will lead to early M0CRPC > M1CRPC > Death



# Natural History of Prostate Cancer: A disease continuum



Adapted from 1. Scher, HI, et al: J Clin Oncol 34. (12), 2016: 1402-1418. 2. Pound CR, et al. JAMA. 1999;281(17):1591-1597. 3. Morris MJ, et al. J Clin Oncol. 2018; 36(15):1521-1539.



#### Androgen Receptor Reactivation in Prostate Cancer Progression



## Prostate Cancer Case (1)

- 54 years-old Caucasian male with some vague atypical LTUs presents to his Urologist
  - DRE: Large prostate, no nodules
  - TRUS/Bx showed GS 5+4 (9) in 8/12 cores. All positive cores with more than 25% of involvement
  - Discussions surrounding RP vs. RT +/- ADT +/- AA/P are held
  - Pt undergoes baseline imaging
  - CT A/P showed No LN disease and no visceral disease













Does volume matter for upfront chemotherapy for castration-naïve metastatic prostate cancer?





## The "All-in-One" Approach



Within the blue box, **STAMPEDE** investigators report no evidence of heterogeneity and infer docetaxel for all pts where give long course ADT.

This box covers: High risk localized; Rising PSA post localized therapy; Low volume mHSPC; High volume mHSPC



## The "Selective" Approach



<u>Treat early</u> and <u>ONLY</u> those who present with De-novo Metastatic disease: uncommon now days but a significant issue in practice sec aggressive nature of disease

• GETUG and CHAARTED, Latitude, TITAN, ENZAMET and ARASENS



#### Docetaxel: Survival



James ND, et al. Lancet. 2016 Mar 19;387(10024):1163-77.



# What are we learning from long term follow-up of CHAARTED: *High volume*

#### Median Follow-up 28.9 months

**B** Patients with High-Volume Disease



#### 17 months / HR 0.6



Kyriakopolus C, et al. JCO 2018

# Median Follow-up: 53.7 months



#### 17 months / HR 0.6

## Final Analysis: Overall Survival - Latitude



Fizazi K, et al. Lancet Oncol. 2019 May;20(5):686-700.





James ND, et al. N Engl J Med. 2017 Jul 27;377(4):338-351



#### Darolutamide and Survival in Metastatic, Hormone-Sensitive Prostate Cancer



Smith MR, et al. N Engl J Med 2022;386:1132-42.

### Phase III ENZAMET: OS



Davis ID, et al. N Engl J Med. 2019;381:121-131.

**University Hospitals** Seidman Cancer Center

#### Final Survival Analysis of the Randomized, Double-Blind, Phase III TITAN Study



Chi KN, et al. J Clin Oncol 39:2294-2303



## **PSA reductions are imperfect but quite telling...**

	Hazard ratio and 95% CI	HR (95% CI)	Events/N	Median
OS				
Deep PSA response (≥90% PSA decline or PSA ≤0.2 ng/ml)				
Not achieved (Ref.)		1.00	59/110	37.7
Achieved	<b>⊢</b> ● <b>−</b> −1	0.35 (0.25-0.48)	94/381	NR
rPFS				
Deep PSA response (≥90% PSA decline or PSA ≤0.2 ng/ml)				
Not achieved (Ref.)		1.00	38/105	25.3
Achieved	<b>⊢</b> ●	0.44 (0.30-0.65)	80/376	NR
Time to PSA progression Deep PSA response (≥90% PSA decline or PSA ≤0.2 ng/ml)				
Not achieved (Ref.)		1.00	50/109	25.8
Achieved	<b>→●</b> →	0.31 (0.22-0.44)	80/376	NR
Time to castration resistance Deep PSA response (≥90% PSA decline or PSA ≤0.2 ng/ml)				
Not achieved (Ref.)		1.00	57/103	22.2
Achieved	<b>⊢−●</b> −−1	0.38 (0.27-0.52)	105/372	NR
0				
		34918.32		
Fav	ors achieved deep PSA response			



S. Chowdhury, et al. Annals of Oncology Volume 34, Issue 5, May 2023, Pages 477-485

# Impact of Radiation Therapy to Prostate

#### HORRAD

- 432 patients with mHSPC randomized to EBRT of prostate and ADT versus ADT alone
- 63% had > 5 osseous metastasis, median followup 47 months
- No difference in OS (45 months vs 43 months)
- No difference in PSA recurrence-free survival (15 months versus 12 months)

## PEACE-1

- 1173 patients with mHSPC randomized to ADT, docetaxel, abiraterone, XRT versus ADT, docetaxel, XRT
- Analyzing role of abiraterone and radiation therapy separately
- rPFS: median 4.5 y (ADT, docetaxel, abiraterone) vs 2.2 y (ADT, docetaxel)
- Impact of XRT pending

#### **STAMPEDE-arm H**

- 2061 patients with mHSPC randomized to EBRT plus ADT +/-docetaxel versus ADT +/docetaxel
- Low volume=40%, high volume=54%
- No difference in OS at 37 months
- Low metastatic burden, improvement in OS with Hazard Ratio 0.68

#### SWOG1802

 Anticipated 1273 patients with mHSPC randomized to definitive treatment with EBRTor Surgery versus Standard SystemicTherapy





#### Study design



36Gy/6 fractions/6 weeks **or** 55Gy/20 fractions/4 weeks Schedule nominated before randomisation

Stratification variables

Age (<70 vs  $\geq$ 70 years), nodal involvement (N0 vs N1 vs Nx), randomising site, WHO performance status (0 vs 1 or 2), type of ADT, aspirin or NSAID use, docetaxel use

MRC CTU at UCL

Parker CC, et al. Lancet. 2018 Dec 1;392(10162):2353-2366.



## **Design of PEACE-1**

#### **Key Eligibility Criteria**

De novo mCSPC Distant metastatic disease by  $\geq$  1 lesion on bone scan and/or CT scan ECOG PS 0 -2

On-Study Requirement Continuous ADT

<u>Permitted</u> ADT  $\leq$  3 months

#### **Stratification**

ECOG PS (0 vs 1-2) Metastatic sites (LN vs bone vs visceral) Type of castration (orchidectomy vs LHRH agonist vs LHRH antagonist) Docetaxel (yes vs no)



ECOG PS, Eastern Cooperative Oncology Group performance status







## rPFS (low volume population)





PRESENTED BY: Alberto Bossi

#ASCO23

Presentation is property of the author and ASCO. Permission required for reuse; contact permissions@asco.org.

## **OS** (low volume population)

2023 **ASCO** 

ANNUAL MEETING

#ASCO23





Presentation is property of the author and ASCO. Permission required for reuse; contact permissions@asco.org.

PRESENTED BY: Alberto Bossi

## JG's Simple Approach





### ADT-Free Survival Longer with Metastasis-Directed Therapy than with Surveillance Alone for Oligorecurrent Prostate Cancer



 Median ADT-free survival: 21 months with SABR vs 13 months

Fig 2. Kaplan-Meier plot comparing androgen deprivation therapy (ADT)-free survival of surveillance versus metastasis-directed therapy (MDT) for (A) the intention-totreat analysis and (B) the per-protocol analysis. HR, hazard ratio; Surv., surveillance.





### **Summary Statements**

#### **Defining Volume of Disease is a MUST**

- Independent of what definition one uses
- Emerging imaging techniques are an issue since existing trials did not use them
- I still would treat when I see objective disease despite of imaging used
- Biology/Biology DNA Def/HRR/PTEN/RB loss/SPOP

#### Low-volume: ADT + any of the oral NHAs

- If primary in place and untreated RT to prostate
- Main question is management of Oligometastatic sites (definition/timing/length/SBRT?)

#### High-volume: ADT + NHA vs. ADT + NHA + Docetaxel

- When chemo is selected Docetaxel alone is not the SOC!
- No role for RT to primary tumor, though predict a significant proportion of them would need palliative local therapy over time



#### **Summary Statements**

## P = Prolong Prolong survival

#### **P** = **Prevent**

**Prevent Progression – Serologic/Radiographic Symptomatic** 

# P & M = Protect and Maintain Quality of Life (PROs)



# THANK YOU

