

Current Status of CAR-T Therapy in Hematology

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New Jersey

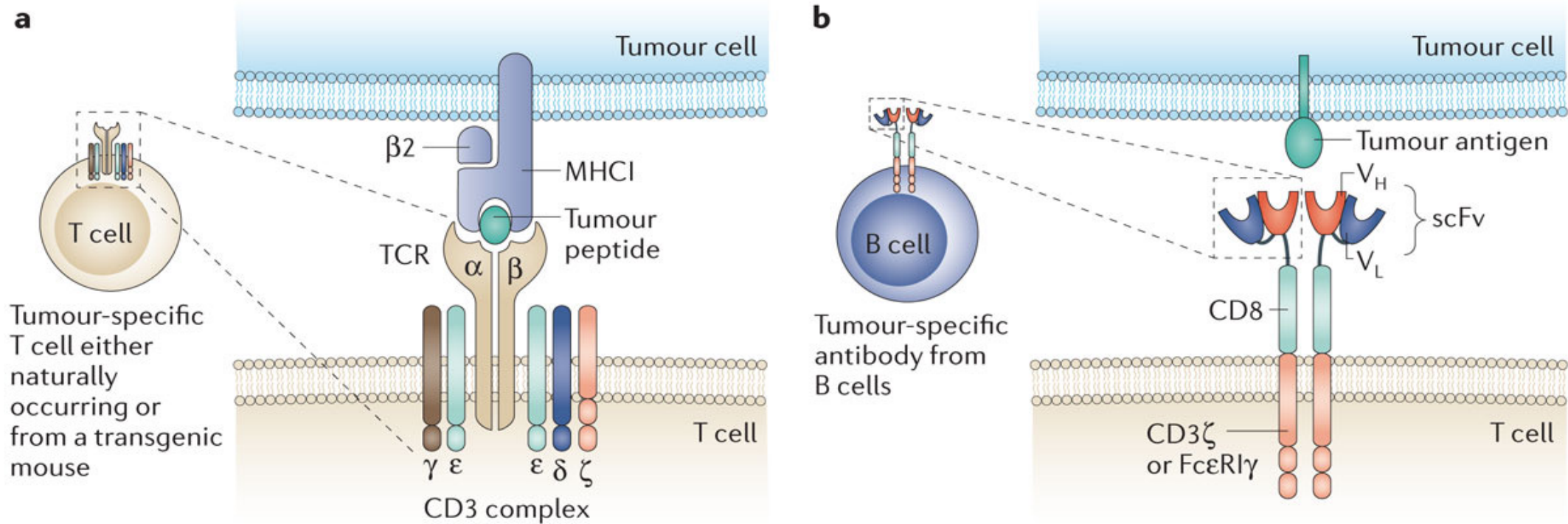
Professor of Medicine, Rutgers Robert Wood Johnson Medical School

CAR-T in 20 minutes

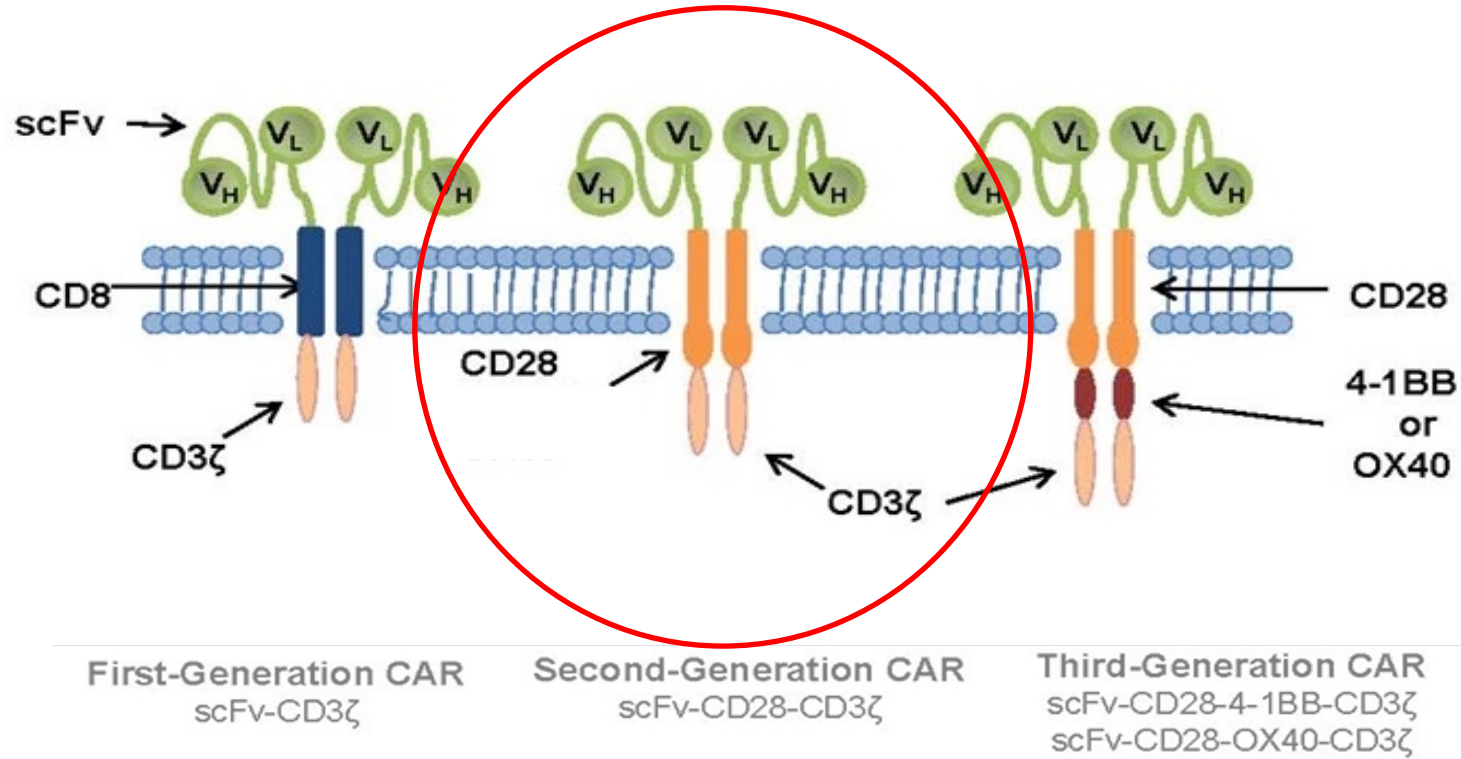
- Background on CAR-T
- Currently available CAR-T products & indications
- CAR-T toxicity overview



Cellular immunity as cancer therapy



Evolution in CAR design



CAR Components

scFv single-chain variable fragment

- bypasses MHC antigen presentation, allowing direct activation of T cell by cancer cell antigens

Hinge region

- Essential for optimal antigen binding

Costimulatory domain: e.g., CD28 or 4-1BB

- Enhances proliferation, cytotoxicity, and persistence

Signaling Domain: CD3ζ chain

- Proliferation and activation, and CAR T-cell-mediated killing of tumor cells

The Cell Therapy “Recipe”

Patient

Therapy

Outcomes

Before Cell Therapy

- Disease burden
- Cytokine profile
- Co-morbidities
- Age and geriatric vulnerability

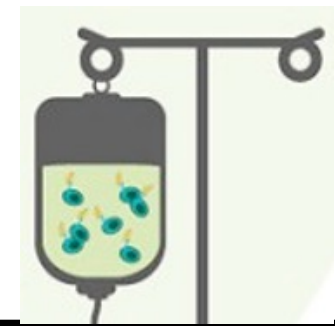
Conditioning Regimen

Lymphodepletion

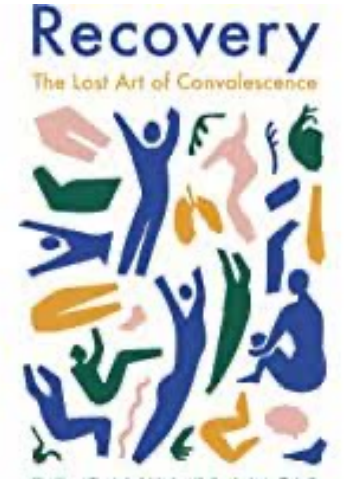


Immune effector cells

Product/Construct/Co-stim
Target(s)
Dose



Prophylaxis: Anti-seizure, antibiotics

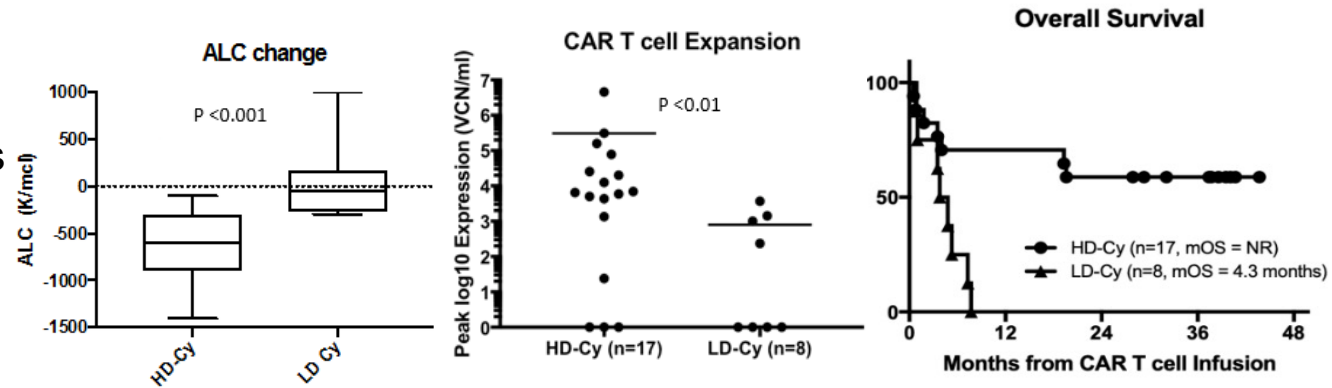


After Cell Therapy

- Effector cell expansion
- Effector cell persistence
- Biomarkers
- Cytokine release syndrome (CRS)
- Neurotoxicity (ICANS)
- Immune recovery
- Non-relapse mortality (NRM)
- Relapse/POD

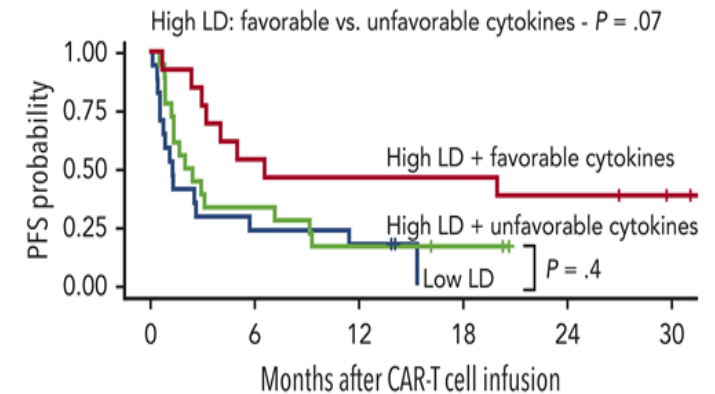
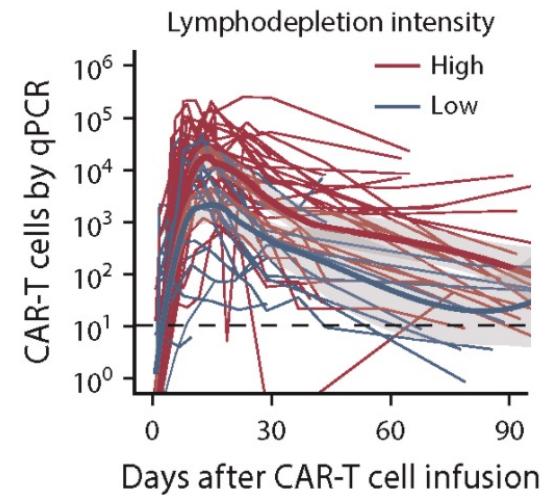
Conditioning (lymphodepletion) matters for CAR-T success

- Lymphodepletion results in:
 - Tumor debulking & tumor microenvironment changes
 - Reduces patient immunogenicity
 - Favorable changes in cytokine milieu
 - Ultimately allows for more effective T cell expansion and recovery



- Optimal lymphodepleting regimen is unknown.
 - **Flu/Cy** is most used. **Bendamustine** has been a standard during fludarabine shortage

- Intensity of lymphodepletion impacts outcomes.



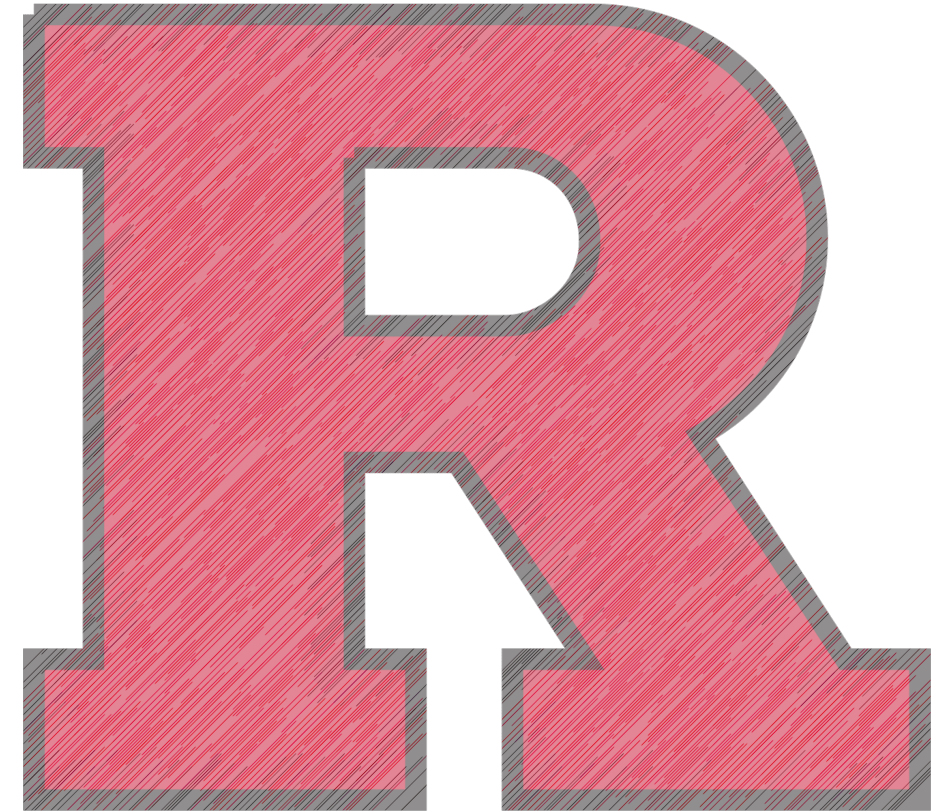
What are advantages of autologous CAR-T cell therapy?

- HLA-independent: no need for donor / HLA matching
- They are target (antigen) specific
- Tend to exert their effects rapidly
- Minimal risk of graft-versus-host disease
- In some diseases (ALL, DLBCL), they offer curative potential

Currently approved CAR-T products

Product	Indication	Line of therapy
Axicabtagene ciloleucel (axi-cel)	DLBCL FL	2L (transplant eligible), 3L+ 3L+
Tisagenlecleucel (tisa-cel)	ALL DLBCL FL	Refractory or 3L+ 3L+ 3L+
Lisocabtagene maraleucel (liso-cel)	DLBCL	2L+ (regardless of transplant eligibility)
Brexucabtagene autoleucel (brexu-cel)	ALL MCL	2L+ 2L+
Idecabtagene vicleucel (ide-cel)	MM	5L+
Ciltacabtagene autoleucel (cilta-cel)	MM	5L+

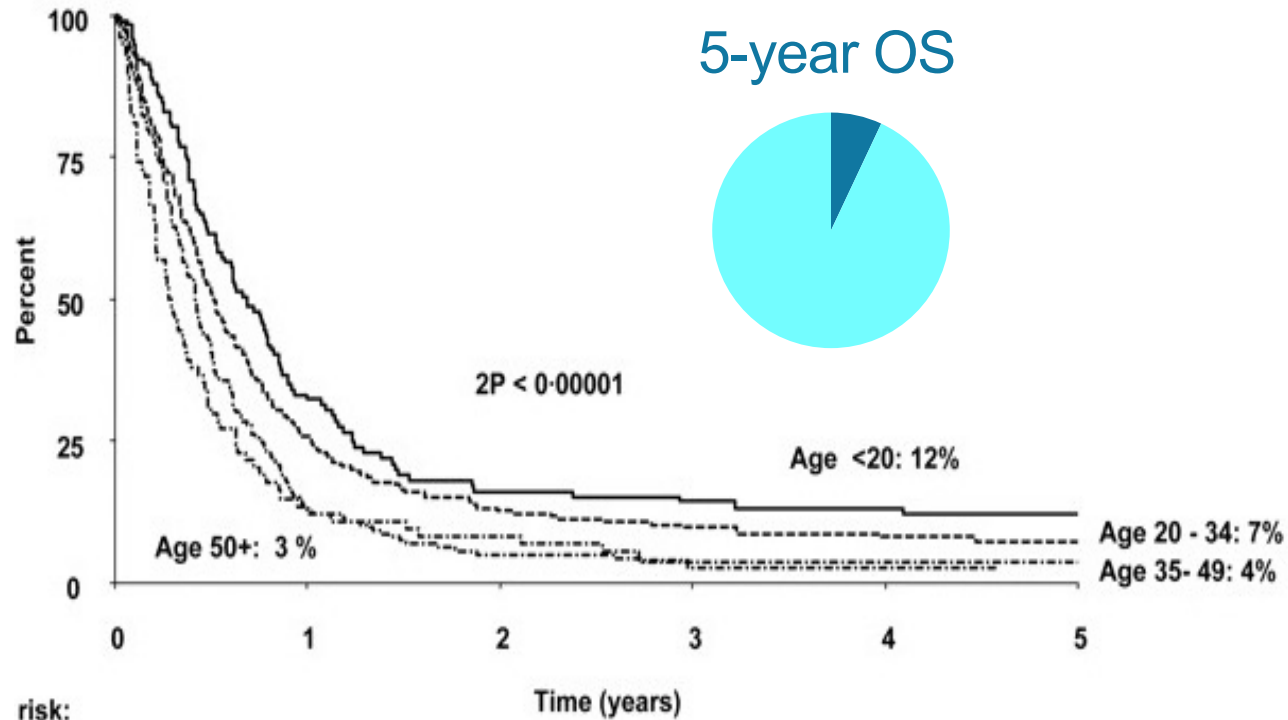
Approved CAR T products and their studies



Historically poor prognosis for relapsed/refractory adult ALL

MRC UKALL2/ ECOG2993 Study (n=609)

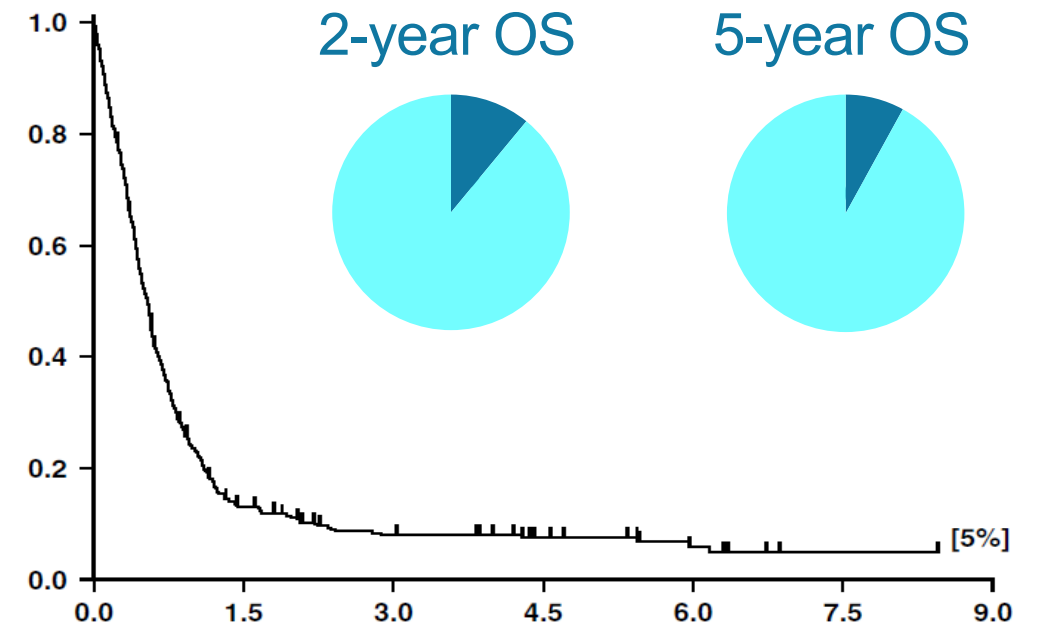
Outcome of patients after first relapse:



Fielding A, et al. Blood 2007;109(3):944-950.

LALA-94 Study (n=421)

Outcome of patients after first relapse:



Tavernier E, et al. Leukemia 2007;21:1907-1914

First ever CAR T approval: Tisagenlecleucel for ALL

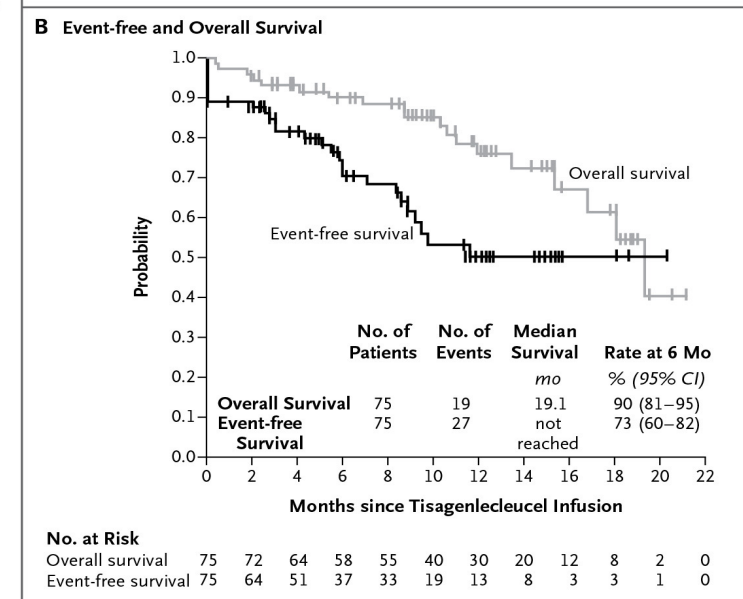
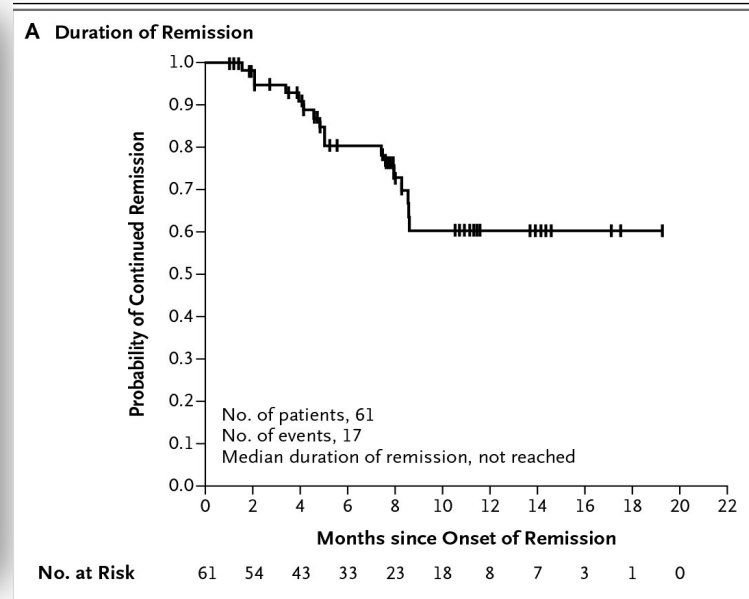
Indication: CD19-directed autologous T cell for the treatment of **patients ≤ 25 y/o with B-cell acute lymphoblastic leukemia (ALL) that is refractory or in second or later relapse.**

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Tisagenlecleucel in Children and Young Adults with B-Cell Lymphoblastic Leukemia

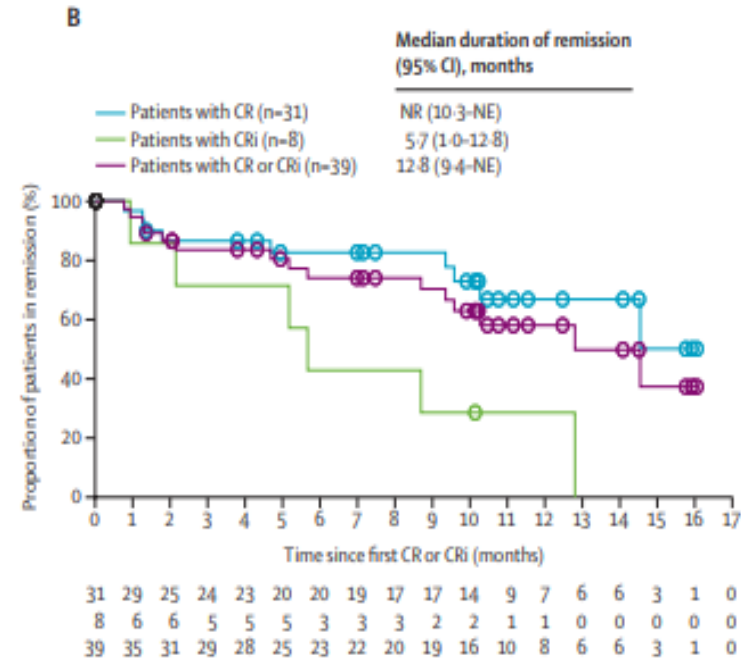
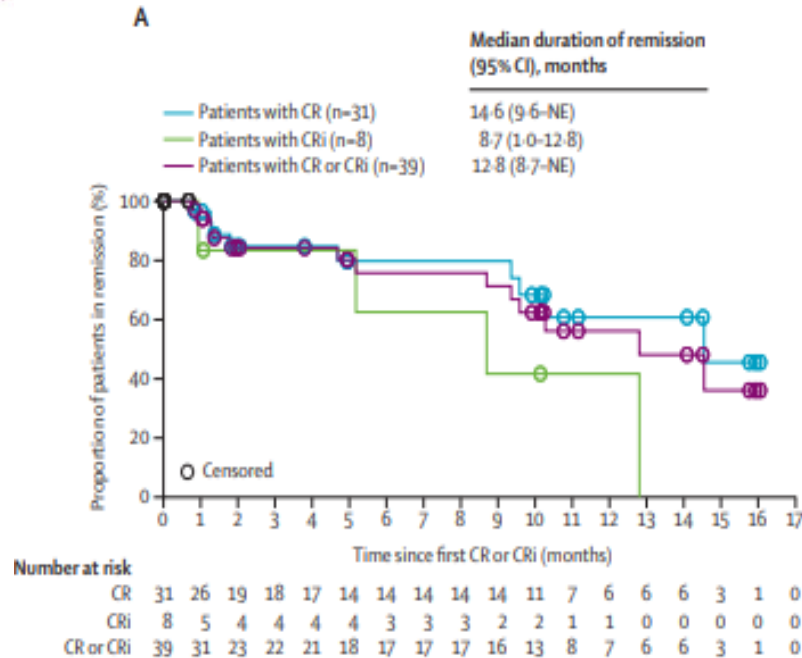
S.L. Maude, T.W. Laetsch, J. Buechner, S. Rives, M. Boyer, H. Bittencourt, P. Bader, M.R. Verneris, H.E. Stefanski, G.D. Myers, M. Qayed, B. De Moerloose, H. Hiramatsu, K. Schlis, K.L. Davis, P.L. Martin, E.R. Nemecek, G.A. Yanik, C. Peters, A. Baruchel, N. Boissel, F. Mechinaud, A. Balduzzi, J. Krueger, C.H. June, B.L. Levine, P. Wood, T. Taran, M. Leung, K.T. Mueller, Y. Zhang, K. Sen, D. Lebowhl, M.A. Pulsipher, and S.A. Grupp



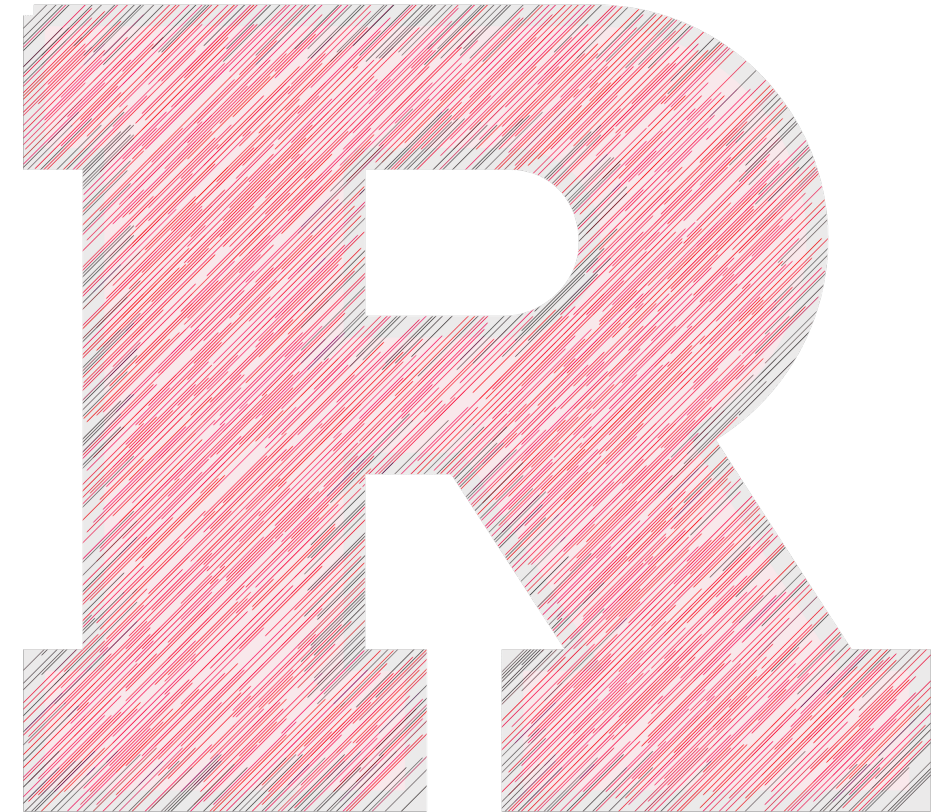
KTE-X19 for relapsed or refractory adult B-cell acute lymphoblastic leukaemia: phase 2 results of the single-arm, open-label, multicentre ZUMA-3 study

Bijal D Shah, Armin Ghobadi, Olalekan O Oluwole, Aaron C Logan, Nicolas Boissel, Ryan D Cassaday, Thibaut Leguay, Michael R Bishop, Max S Topp, Dimitrios Tzachanis, Kristen M O'Dwyer, Martha L Arellano, Yi Lin, Maria R Baer, Gary J Schiller, Jae H Park, Marion Subklewe, Mehrdad Abedi, Monique C Minnema, William G Wierda, Daniel J DeAngelo, Patrick Stiff, Deepa Jeyakumar, Chaoling Feng, Jinghui Dong, Tong Shen, Francesca Milletti, John M Rossi, Remuc Vezan, Bahar Kharabi Masarolah, Rach Haupt

Indication: CD19-directed autologous T cells for **adult patients with relapsed or refractory B-cell precursor ALL**

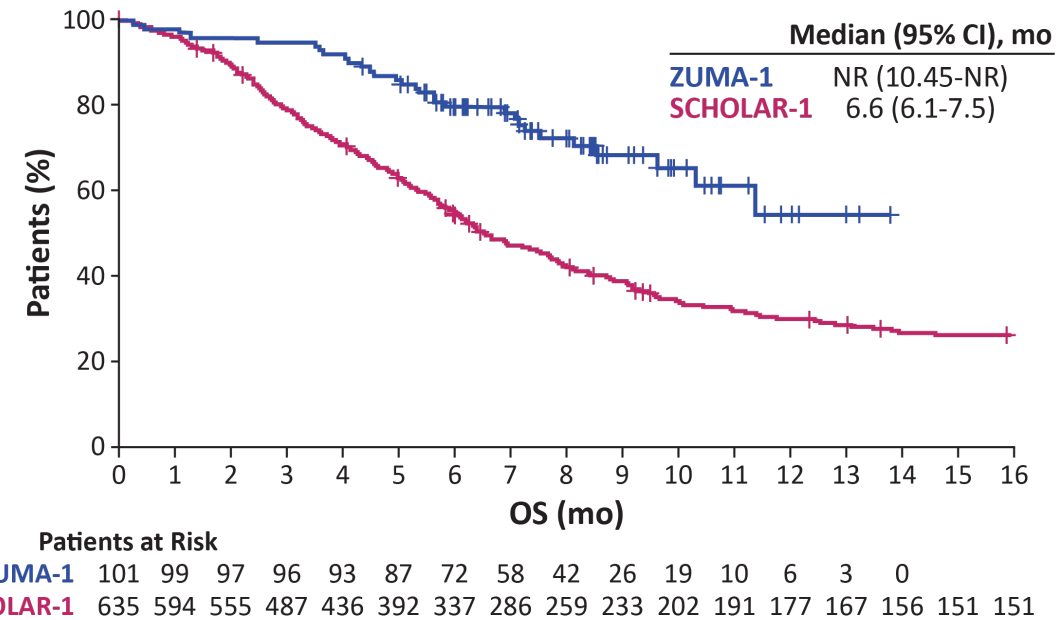
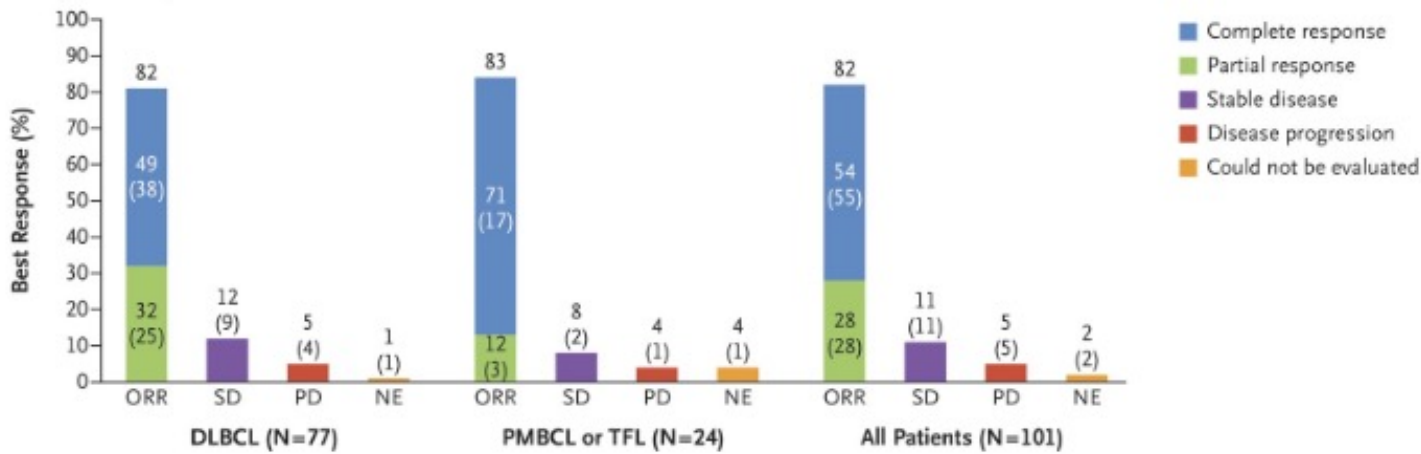


Diffuse large B-cell Lymphoma



Axicabtagene ciloleucel: 1st FDA approval for DLBCL

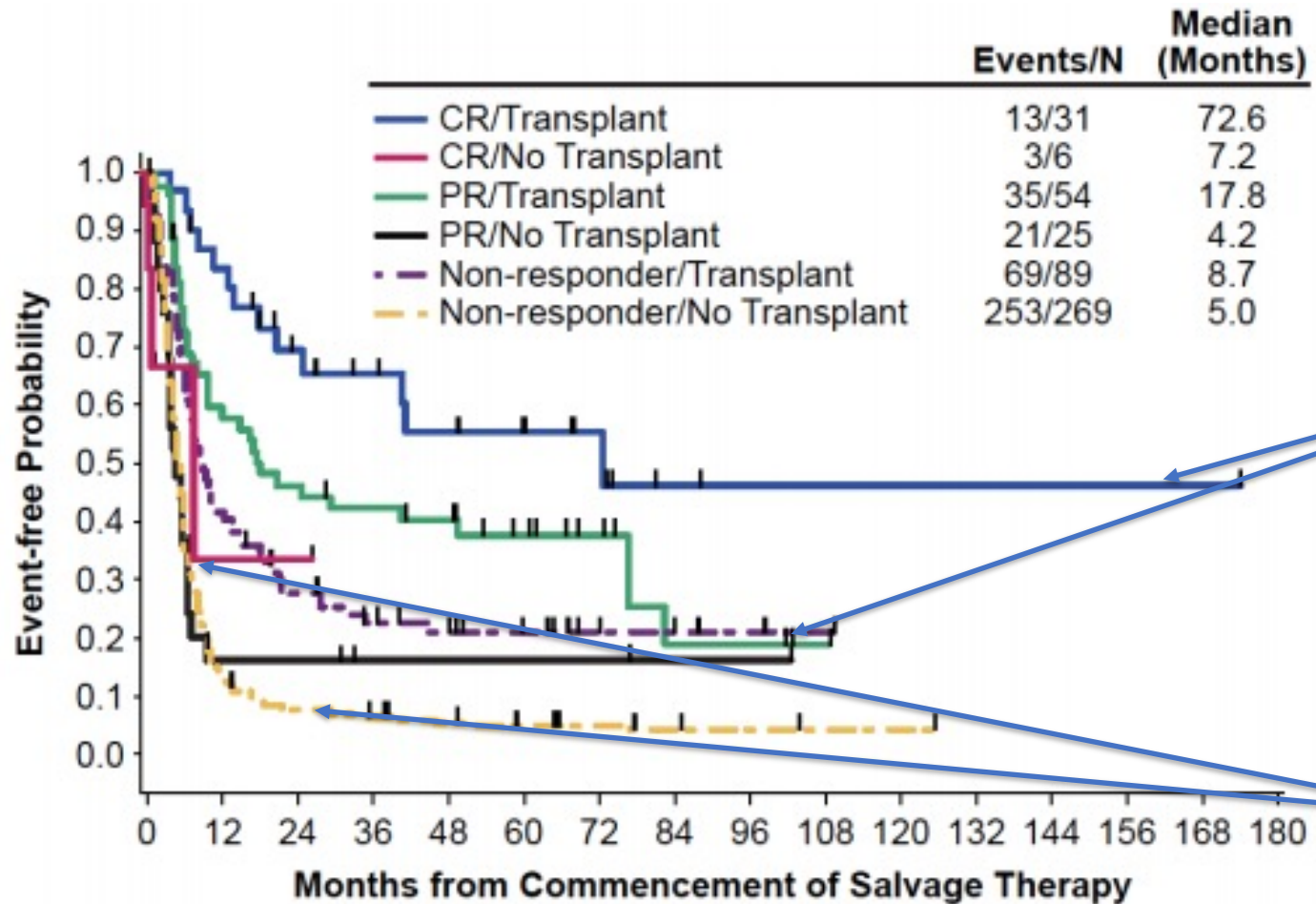
A Objective Response Rate



High response rates in rel/ref DLBCL across products

	KTE-C19	CTL019	JCAR017
Drug Name	Axicabtagene Ciloleucel	Tisagenlecleucel	Lisocabtagene maraleucel
Clinical Trial	ZUMA-1 NCT02348216	JULIET NCT02445248	TRANSCEND NHL 001 NCT02631044
Dose Level	2×10 ⁶ cells/kg	0.6-6.0×10 ⁸ cells	50-110×10 ⁶ cells
Conditioning Chemotherapy	Low dose Flu/Cy x 3 days	Variety; FDA label is Flu/Cy	Low dose Flu/Cy x 3 days
Eligible Patients	DLBCL, HGBL, tFL, PMBL ≥ 2 lines of therapy	DLBCL, HGBL, tFL ≥ 2 lines of therapy	DLBCL, HGBL, PMBL tFL, FL G3B ≥ 2 lines of therapy
Response Rates	ORR = 82% CR = 54%	ORR = 52% CR = 40%	ORR = 73% CR = 54%

What about 2L DLBCL? Autotransplant outcomes suboptimal



Underwent auto-HCT
• Standard of care

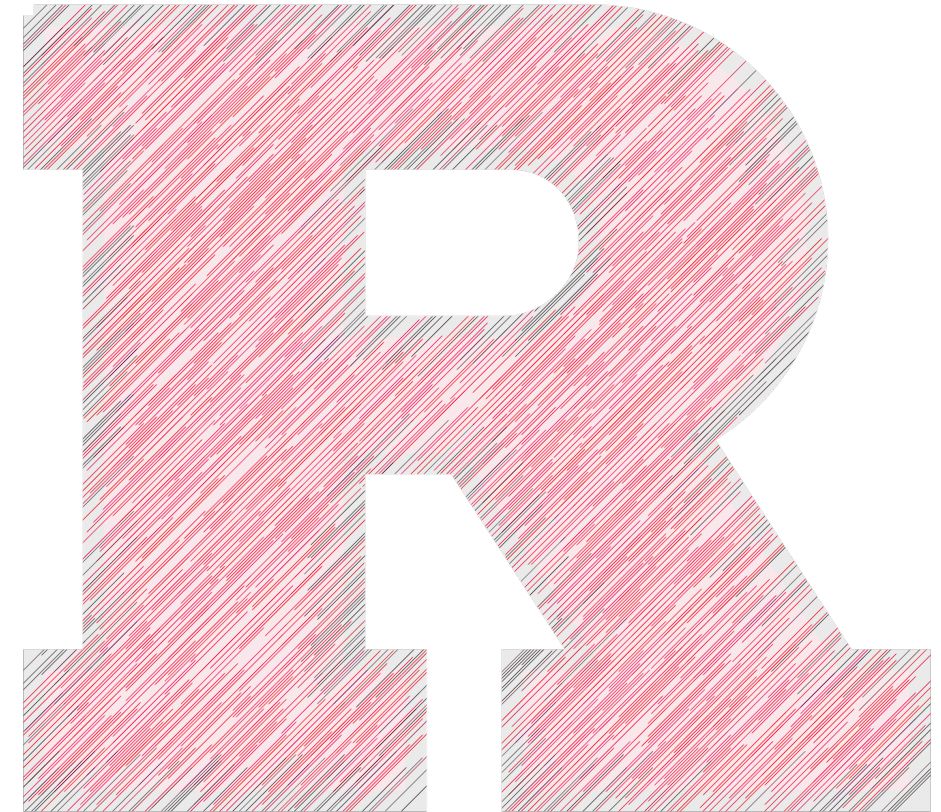
Did not undergo auto-HCT
• Historically dismal prognosis

	ZUMA-7 ¹		BELINDA ²		TRANSFORM ³	
	Axi-cel (n=180)	SOC (n=179)	Tisagenlecleucel (n=162)	SOC (n=160)	Liso-cel (n=92)	SOC (n=92)
Primary end point	EFS	EFS	EFS after wk 12	EFS after wk 12	EFS	
Median age (range), y	58 (21–80)	60 (26–81)	59.5 (19–79)	58 (19–77)	60 (53.5–67.5)	58.0 (42–65)
Eligibility	R/R at ≤12 mo, ASCT-eligible; no impending organ compromise	R/R at ≤12 mo, ASCT-eligible; no impending organ compromise	R/R at ≤12 mo, ASCT-eligible	R/R at ≤12 mo, ASCT-eligible	Adults with aggressive NHL* R/R ≤12 mo, ASCT eligible, LVEF > 50%	
Bridging therapy	Glucocorticoids only (36% received)	NA	Chemotherapy optional (83% received)	NA	Chemotherapy optional	NA
Disease status at study entry, %						
Refractory to any therapy / relapsed / prior ASCT	74 / 26 / NA	73 / 27 / NA	66 / 34 / NA	67 / 33 / NA	73 / 27 / NA	
Clinical outcomes						
Median follow-up, mo	25	25	10	10	6.2	6.2
Response, %	83	50	46	43	86	48
CR, %	65	32	28	28	66	39
EFS, HR (95% CI); P value	0.40 (0.31–0.51); P<0.001		1.07 (0.82–1.40); P=0.61		0.349 (0.229–0.530); P <.0001	
PFS, %	24-mo, 46	24-mo, 27	NR	NR	12-mo, 52.3	12-mo, 33.9

Autotransplant vs. CAR T in DLBCL

- **For some cases, CAR T cells may be better than SOC (auto-HCT)**
 - You will start to see more patients getting CAR T cells as 2nd line tx
 - The number of auto-HCTs will likely continue to go down...
- **The real world often does not mirror the clinical trials...**
 - Major problem with access (insurance approval, delays, slot availability, financial toxicity)
 - Most patients need bridging therapy. What happens if they respond?
- **If a patient gets CAR T cells in 2nd line...what happens if there is relapse?**
 - Can/do you try for auto-HCT? (this is an open-ended question)
- **Regardless of results of the randomized studies, there is still a lot of work to do**

Indolent B-cell Lymphomas



ORIGINAL ARTICLE

KTE-X19 CAR T-Cell Therapy in Relapsed or Refractory Mantle-Cell Lymphoma

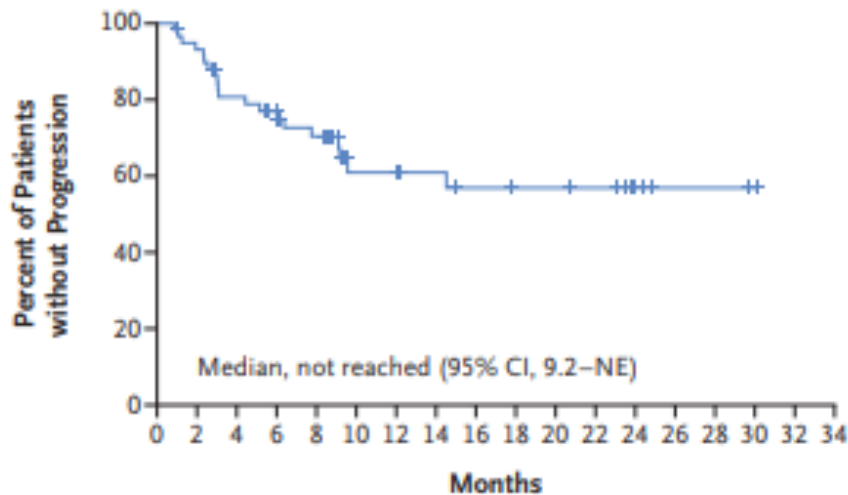
M. Wang, J. Munoz, A. Goy, F.L. Locke, C.A. Jacobson, B.T. Hill, J.M. Timmerman, H. Holmes, S. Jaglowski, I.W. Flinn, P.A. McSweeney, D.B. Miklos, J.M. Pagel, M.-J. Kersten, N. Milpied, H. Fung, M.S. Topp, R. Houot, A. Beitinjaneh, W. Peng, L. Zheng, J.M. Rossi, R.K. Jain, A.V. Rao, and P.M. Reagan

Indication: CD19-directed autologous T cell for adult patients with relapsed or refractory mantle cell lymphoma

ORR: 87%

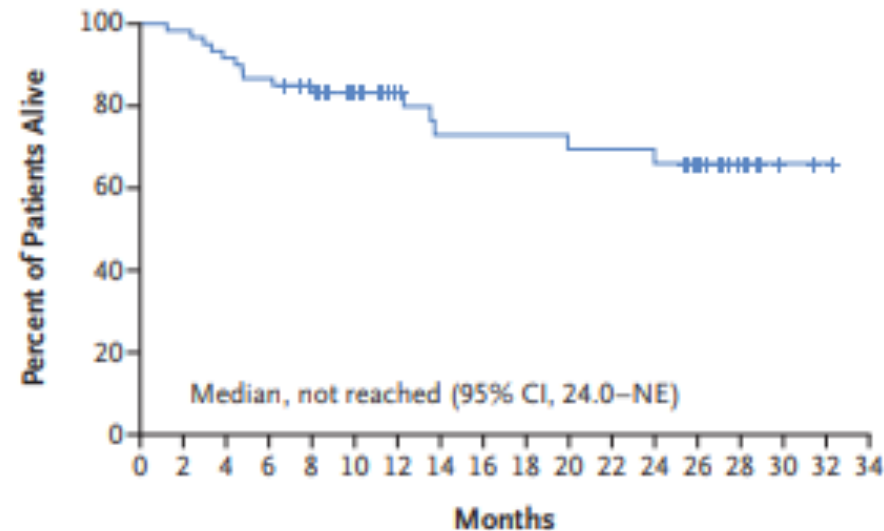
CR: 62%

C Progression-free Survival



No. at Risk 60 54 43 38 31 17 16 15 13 12 12 11 4 2 2 1 0

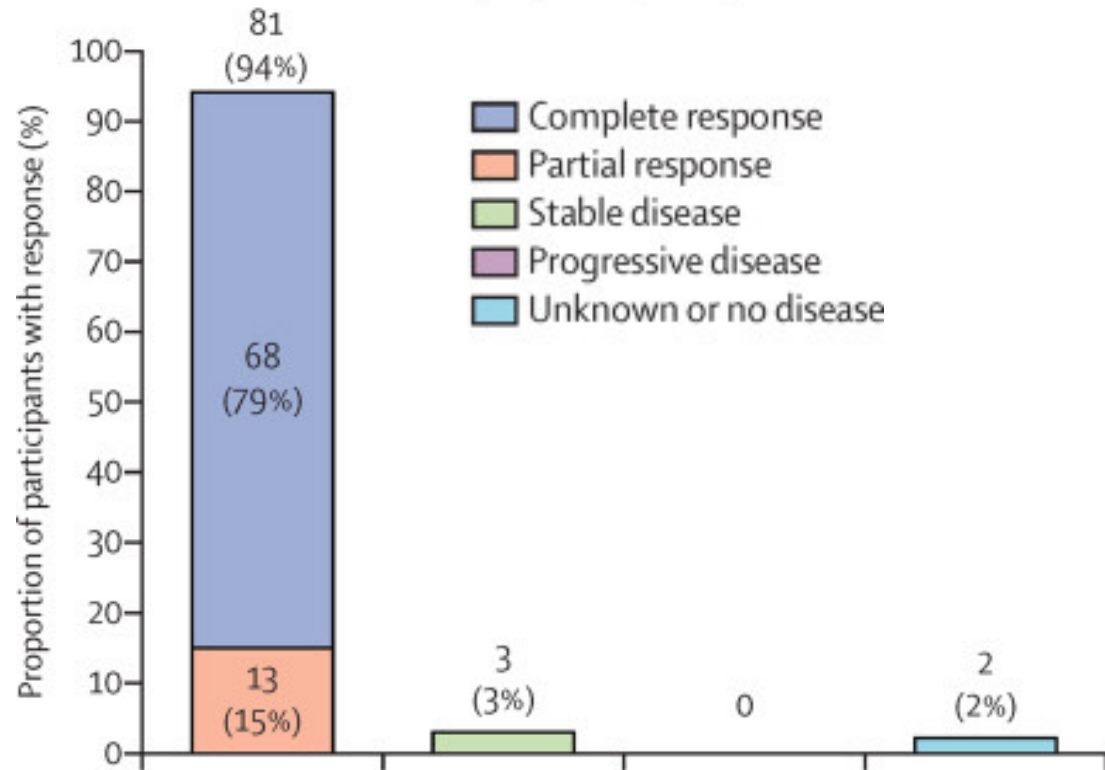
D Overall Survival



No. at Risk 60 59 55 52 46 36 27 21 21 21 20 20 19 15 7 2 1 0

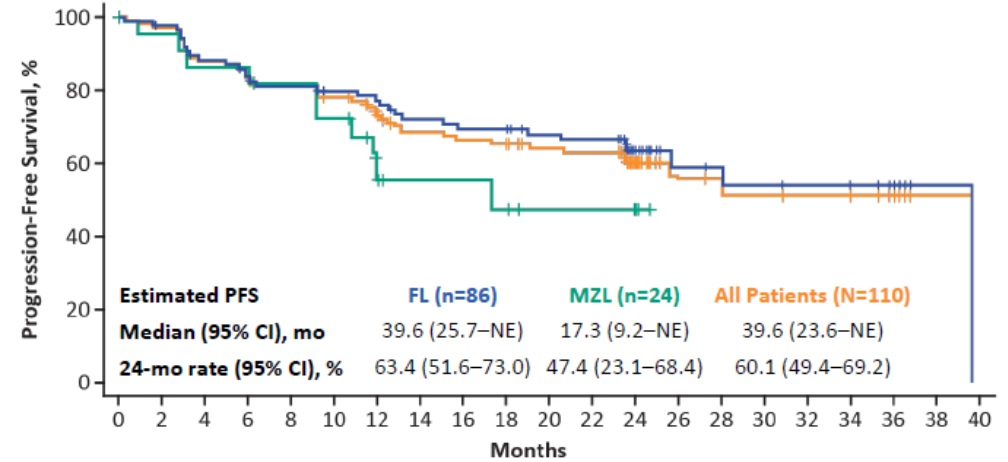
Axicabtagene for multiply relapsed FL

B Patients with follicular lymphoma (n=86)

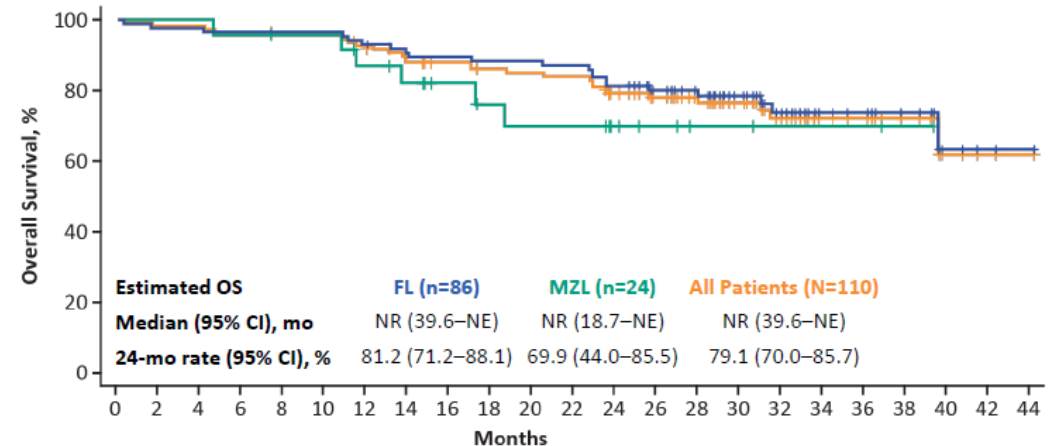


Of FL patients that achieved CR, 68% had ongoing responses, compared to 57% in efficacy-eligible cohort

Progression-Free Survival



Overall Survival

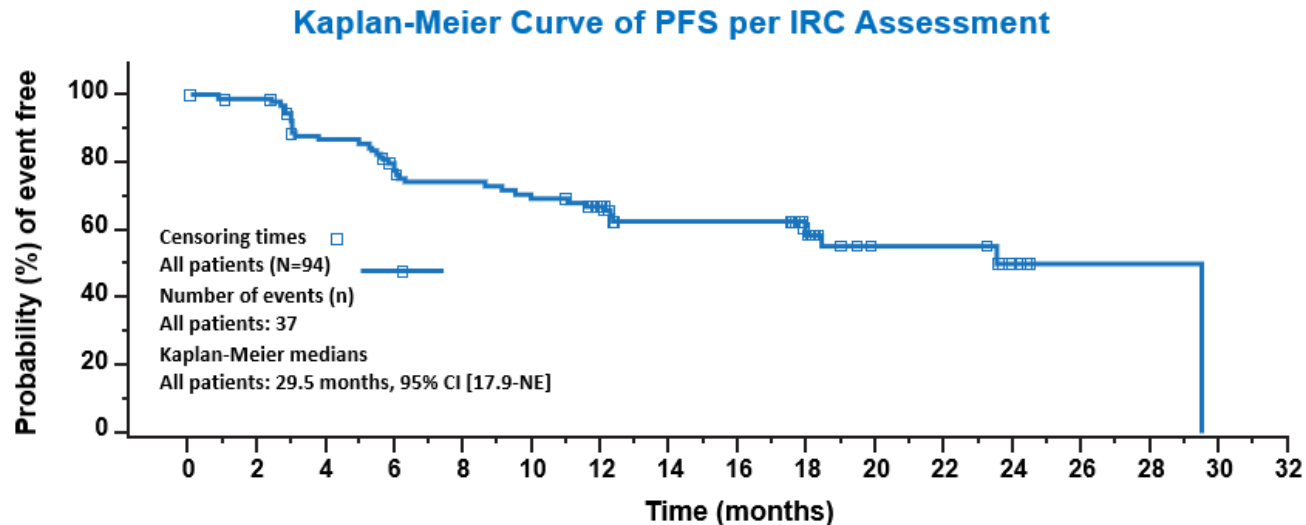


Tisagenlecleucel for multiply relapsed FL

Endpoint	% (95% CI)
Overall Response Rate	88.2 (77.5 – 92.4)
Complete Response Rate	69.1 (58.8 – 78.3)
12-mo progression-free survival	67.0 (56.0 – 75.8)

Among CR patients,

- 12mo PFS: 85.5% (95% CI, 74-92)**



With a longer median F/U of 21mo,
Median PFS 29.5 mo (17.9 – NE)

CAR-T in r/r follicular lymphoma

ZUMA-5 (Axi-cel)	N = 124
Median age, year (IQR)	60 (53 – 67)
ECOG PS 1, n (%)	46 (37%)
Bulky disease, n (%)	64 (52%)
Stage at study entry, III – IV, n (%)	106 (85%)
FLIPI high (≥ 3), n (%)	54 (44%)
Median prior therapies, n (min, max) ≥ 3	3 (2-4) 78 (63%)
POD24, n(%)	68 (55%)
Refractory to last line, n (%)	84 (68%)
Prior autologous HSCT	30 (24%)
Prior therapy, n (%)	
- Anti-CD20 mAB and alkylator	123 (99%)
- PI3K inhibitor	34 (27%)
- Lenalidomide	38 (31%)

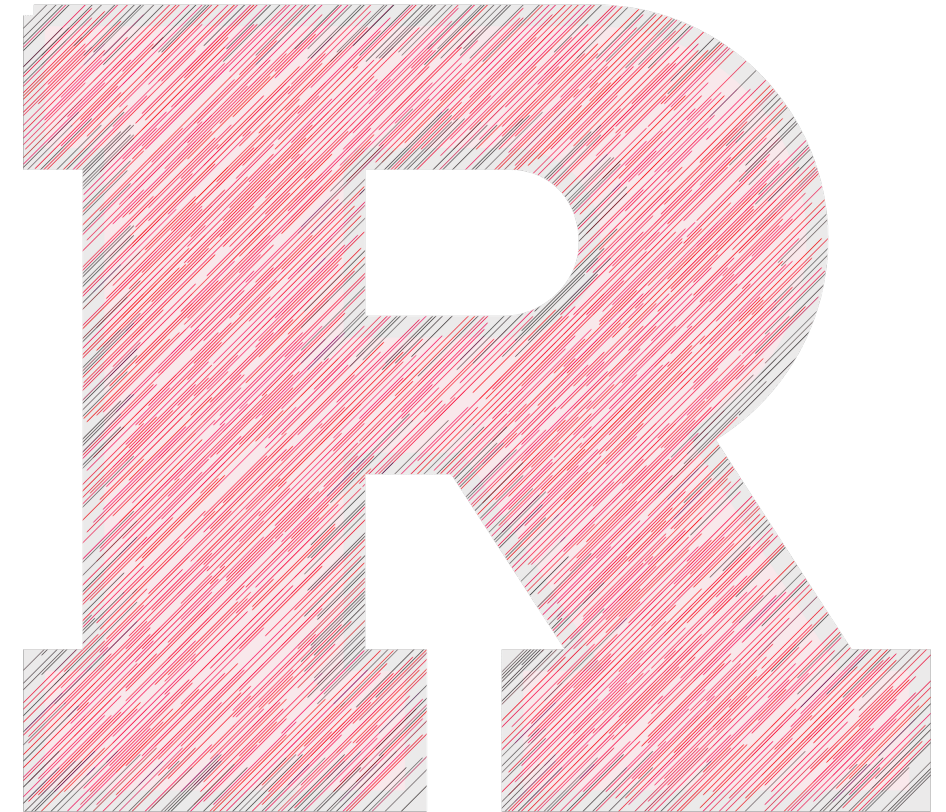
ELARA (Tisa-cel)	N = 97
Median age, year (IQR)	57 (49 – 64)
ECOG PS ≥ 1 before infusion, n (%)	42 (43.3)
Bulky disease, n (%)	62 (63.9)
Stage at study entry, III – IV, n (%)	83 (85.6)
FLIPI high (≥ 3) at study entry, n (%)	58 (59.8)
Median prior therapies, n (min, max) ≥ 5	4 (2 -13) 27 (27.8)
POD24, n(%)	61 (62.9)
Refractory to last line, n (%)	76 (78.4)
Prior autologous HSCT	35 (36.1)
Prior therapy	
- Anti-CD20 mAB and alkylator	97 (100)
- PI3K inhibitor	20 (20.6)
- Lenalidomide	16 (16.5)

CAR-T in r/r follicular lymphoma: Tox

ZUMA-5 (Axi-cel)	N = 124
Any adverse events	147 (99)
CRS	121 (82)
Neurological events	87 (59)
Infections	79 (53)
Hypogammaglobulinemia	25 (17)
Neutropenia	4 (3%)
Anemia	56 (38)
Thrombocytopenia	29 (20)

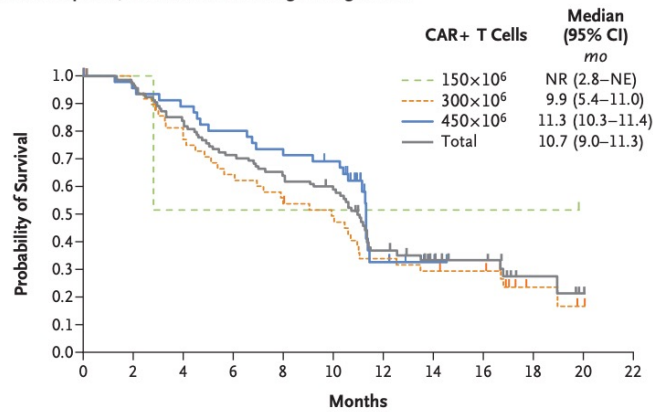
ELARA (Tisa-cel)	N = 97
All adverse events	94 (96.9)
CRS	47 (48.5)
All nervous system disorders ICANS	36 (37.1) 4 (4.1)
Infections	18 (18.6)
Hypogammaglobulinemia	9 (9.3)
Neutropenia	32 (33.0)
Anemia	24 (24.7)
Thrombocytopenia	16 (16.5)

Multiple Myeloma



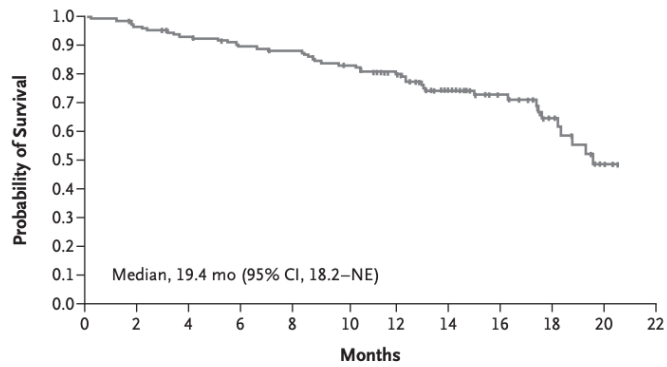
BCMA-directed CAR T cells for rel/ref multiple myeloma

A Duration of Response, Overall and According to Target Dose



No. at Risk	0	3	6	9	12	15	18	21	24	27
150×10 ⁶	2	2	1	1	1	1	1	1	1	0
300×10 ⁶	48	45	35	29	24	21	14	12	11	3
450×10 ⁶	44	42	39	35	31	29	7	2	0	0
Total	94	89	75	65	56	51	22	15	12	4

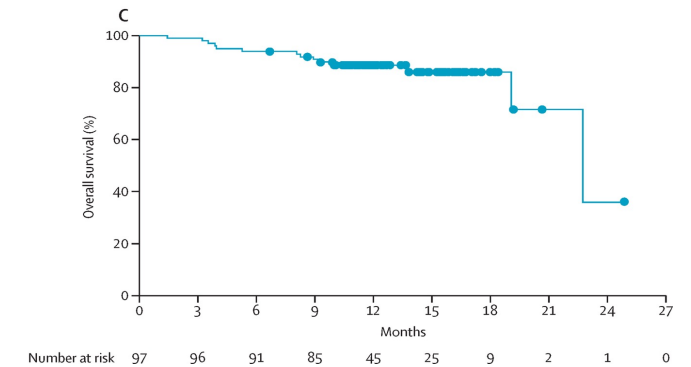
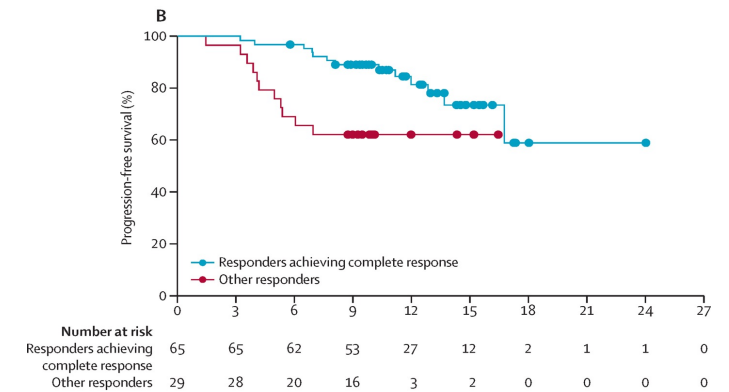
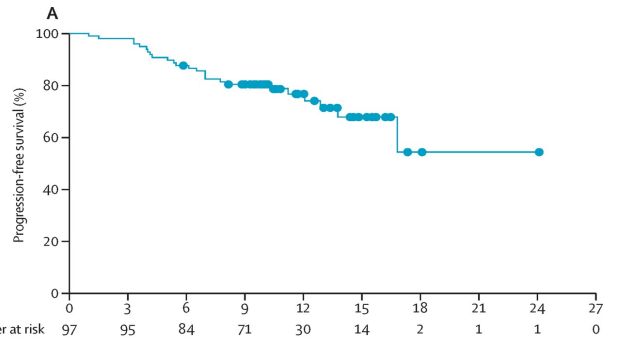
D Overall Survival



No. at Risk	0	3	6	9	12	15	18	21	24	27
128	122	114	108	104	97	82	55	38	27	12

Idecabtagene vicleucel

- Adults with MM refractory to at least 4 lines of therapy
- Prior therapy must have included: PI, IMiD, & anti-CD38



Ciltacabtagene autoleucel

CAR T Toxicity



Adverse events associated with CAR T cells can affect any organ system

Neurologic

- › Headaches
- › Delirium
- › Aphasia
- › Apraxia
- › Ataxia
- › Hallucinations
- › Tremor
- › Dysmetria
- › Myoclonus
- › Facial Nerve palsy
- › Seizures

Hepatic

- › Transaminitis
- › Hyperbilirubinemia

Hematologic

- › Anemia
- › Thrombocytopenia
- › Neutropenia
- › Febrile Neutropenia
- › Lymphopenia
- › B-Cell Aplasia
- › Prolonged Prothrombin time
- › Prolonged Activated Partial Thromboplastin time
- › Elevated D-Dimer
- › Hypofibrinogenemia
- › Disseminated Intravascular Coagulation
- › Hemophagocytic Lymphohistiocytosis

Cardiovascular

- › Tachycardia
- › Widened pulse pressure
- › Hypotension
- › Arrhythmias
- › Decreased left ventricular ejection fraction
- › Elevated Troponins
- › QT prolongation

Pulmonary

- › Tachypnea
- › Hypoxia

Gastrointestinal

- › Nausea
- › Emesis
- › Diarrhea

Musculoskeletal

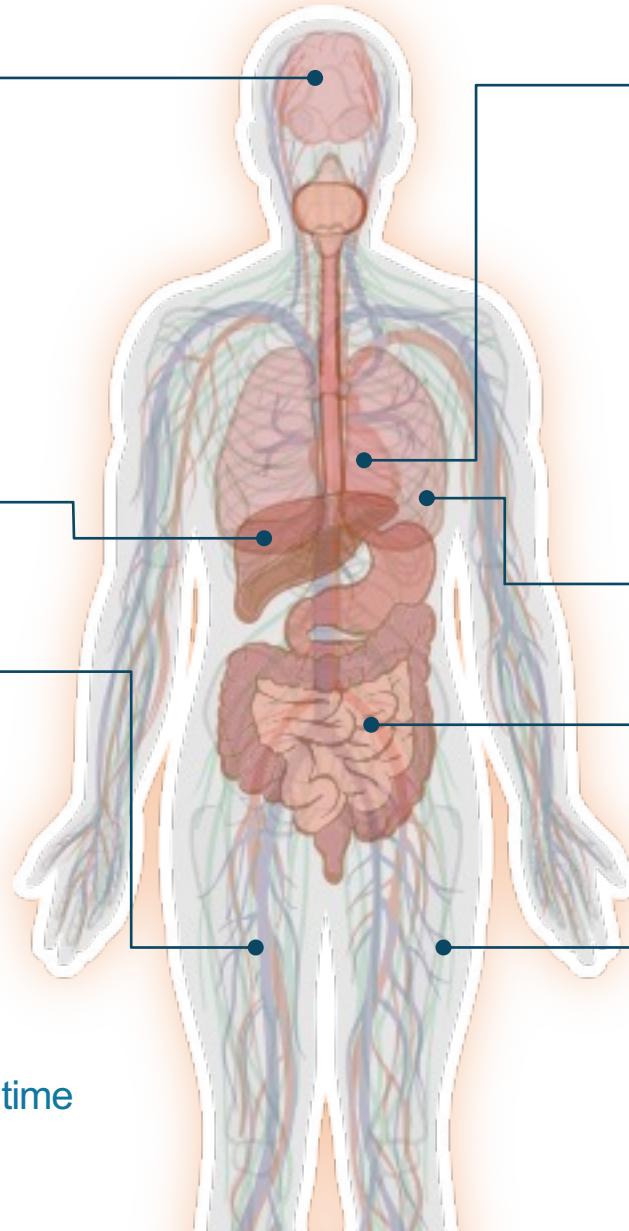
- › Myalgias
- › Weakness
- › Elevated creatine kinase

Constitutional

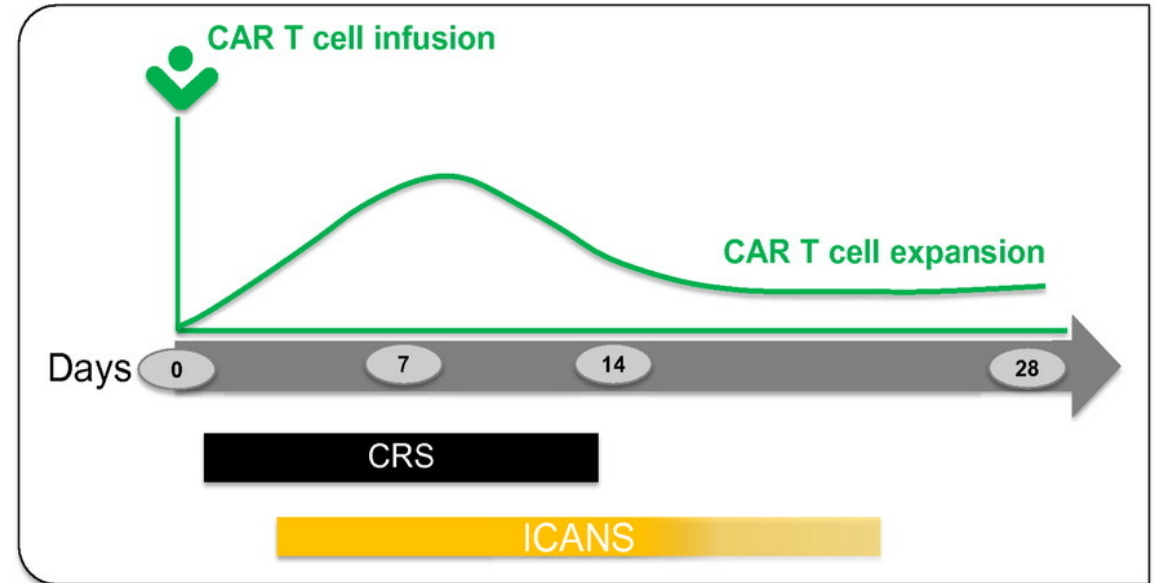
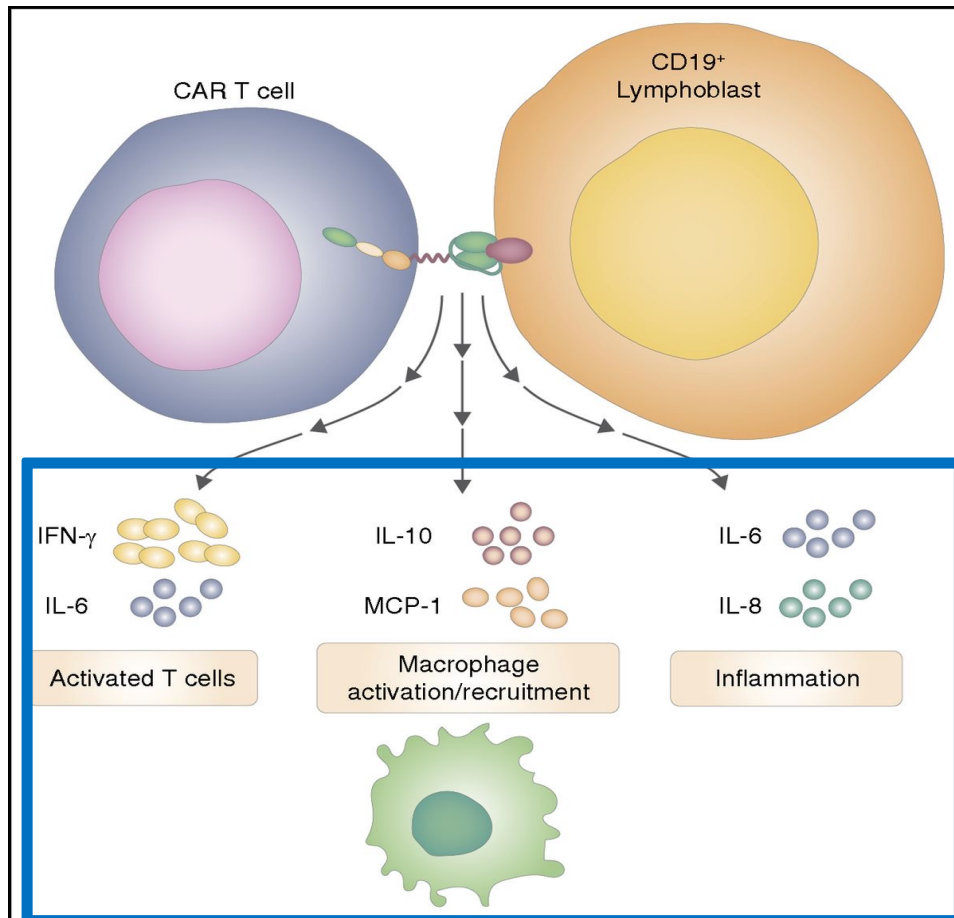
- › Fevers
- › Rigors
- › Malaise
- › Fatigue
- › Anorexia
- › Arthralgias

Renal

- › Acute kidney injury
- › Hyponatremia
- › Hypokalemia
- › Hypophosphatemia
- › Tumor lysis syndrome



Cytokines drive two key acute toxicities: Cytokine release syndrome and neurotox



Main treatments for CRS and/or ICANS

CRS → IL-6 blockade (tocilizumab - approved)

- Others: siltuximab, steroids, etc.

ICANS → steroids (dexamethasone)

- Others: anakinra, JAK inhibition, etc.

We utilize CRS grading to guide treatment decisions

CRS Parameter	Grade 1	Grade 2	Grade 3	Grade 4
Fever	Temperature $\geq 38^{\circ}\text{C}$	Temperature $\geq 38^{\circ}\text{C}$	Temperature $\geq 38^{\circ}\text{C}$	Temperature $\geq 38^{\circ}\text{C}$
With				
Hypotension	None	Not requiring vasopressors	Requiring one vasopressor with or without vasopressin	Requiring multiple vasopressors (excluding vasopressin)
And/or*				
Hypoxia	None	Requiring low-flow nasal cannula or blow-by	Requiring high-flow nasal cannula, facemask, nonrebreather mask, or Venturi mask	Requiring positive pressure (e.g., CPAP, BiPAP, intubation and mechanical ventilation)

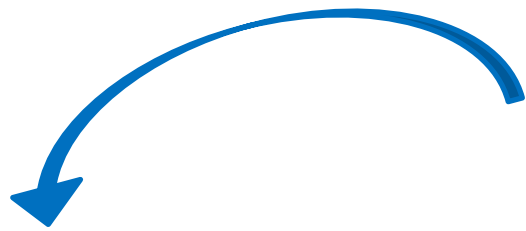
Abbreviations: ASBMT, American Society of Blood and Marrow Transplantation; BiPAP, bilevel positive airway pressure; CPAP, continuous positive airway pressure; CRS, cytokine release syndrome.

*CRS grade is determined by the more severe event: hypotension or hypoxia not attributable to any other cause.

CRS management (NCCN Guidelines 2022)

CRS Grade	Anti-IL-6 Therapy	Corticosteroids ^{j,k,l}	Additional Supportive Care
Grade 1 Fever ($\geq 38^{\circ}\text{C}$)	For prolonged CRS (>3 days) ^h in p s o t (not to exceed 800 mg) ^o		
Grade 1 → tocilizumab for very early CRS or persistent G1 CRS • Supportive care			
Grade 2 Fever with hypotension not requiring vasopressors and/or hypoxia ^f requiring low-flow nasal cannula ^g or blow-by	To (r R in in doses total [†]	product ^{m,n}	• IV fluid bolus as needed • For persistent refractory hypotension after two fluid s sors, ogram, monitoring. ent
Grade 2 → tocilizumab (+/- steroids if persistent/refractory) • Supportive care, consider ICU			
Grade 3 Fever with hypotension requiring a vasopressor with or without vasopressin and/or hypoxia requiring high-flow cannula, ^g face mask, nonrebreather mask, or Venturi mask.	A if 24		J, obtain echocardiogram, and perform monitoring oxygen and vasopressors as needed Symptomatic management of organ toxicities
Grade 3 → tocilizumab + steroids • Supportive care, ICU management			
Grade 4 Fever with hypotension requiring multiple vasopressors (excluding vasopressin) and/or hypoxia requiring positive pressure (eg, CPAP, BiPAP, intubation, mechanical ventilation).	A if 24		hemodynamic monitoring ation as needed vasopressors as needed nagement of organ toxicities
Grade 4 → tocilizumab + high-dose steroids • Supportive care, ICU management • Consider HLH management			

We also utilize IEC-Associated Neurotoxicity Syndrome (ICANS) scoring to guide treatment decisions



ICE

Orientation: orientation to year, month, city, hospital: 4 points

Naming: ability to name 3 objects (eg, point to clock, pen, button): 3 points

Following commands: ability to follow simple commands (eg, "Show me 2 fingers" or "Close your eyes and stick out your tongue"): 1 point

Writing: ability to write a standard sentence (eg, "Our national bird is the bald eagle"): 1 point

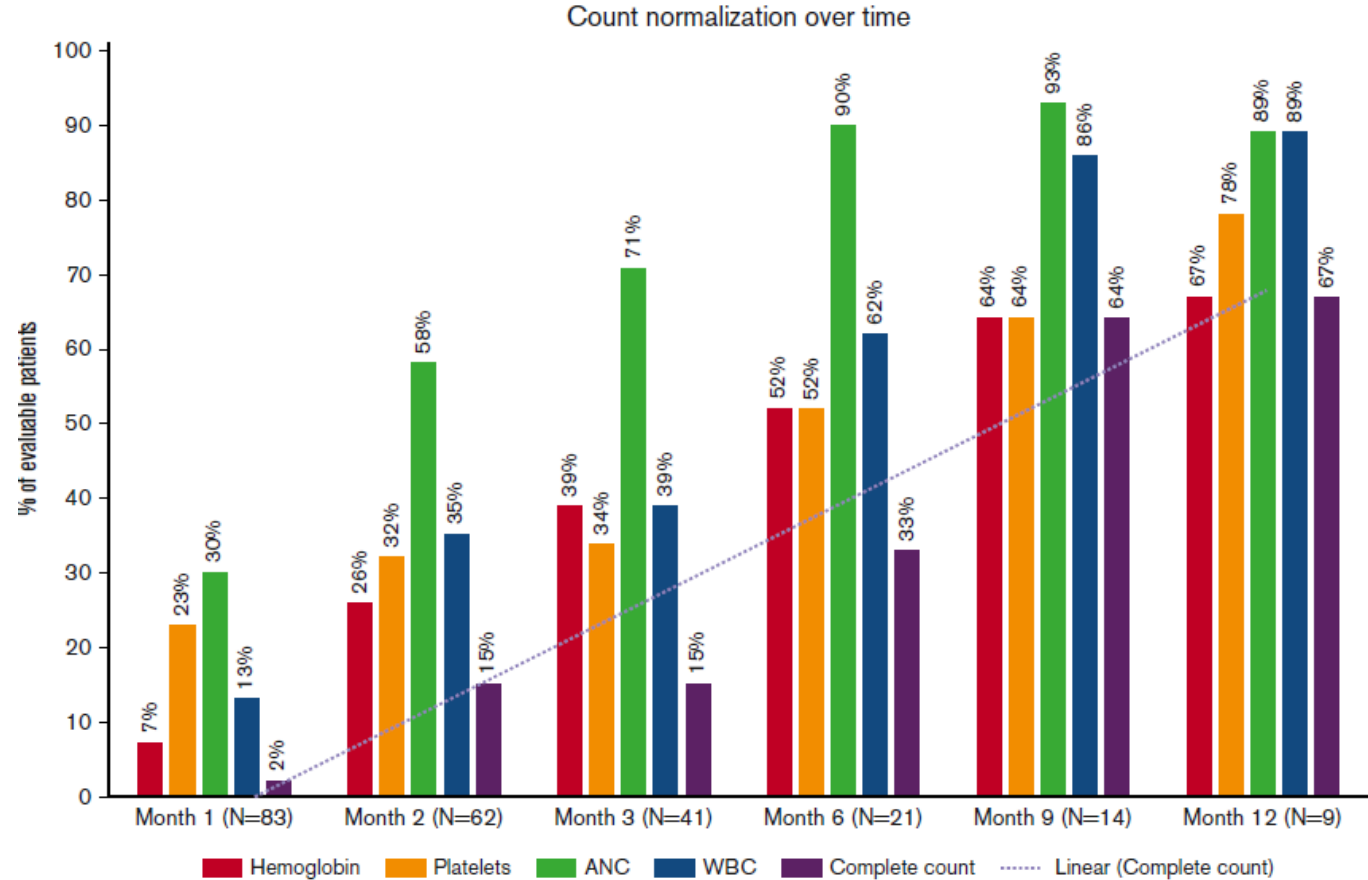
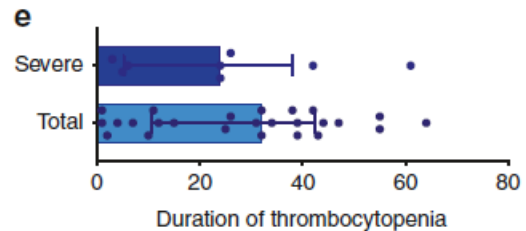
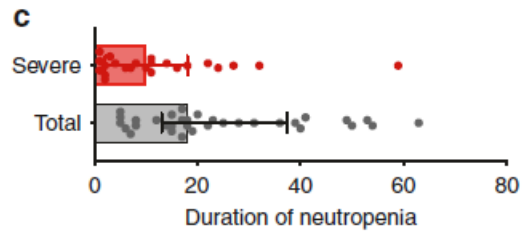
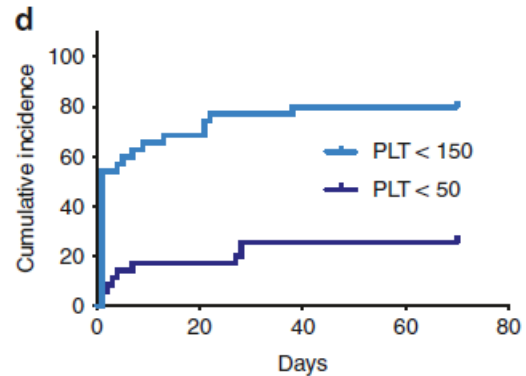
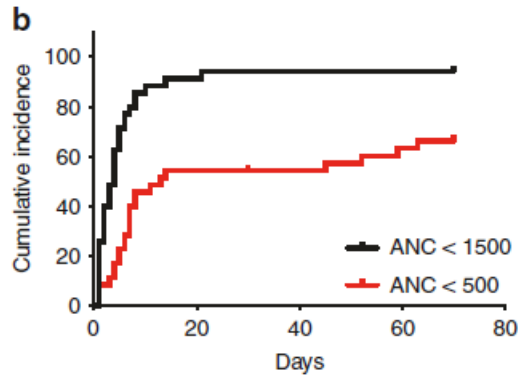
Attention: ability to count backwards from 100 by 10: 1 point

Neurotoxicity Domain	Grade 1	Grade 2	Grade 3	Grade 4
ICE score	7-9	3-6	0-2	0 (patient is unarousable and unable to perform ICE)
Depressed level of consciousness	Awakens spontaneously	Awakens to voice	Awakens only to tactile stimulus	Patient is unarousable or requires vigorous or repetitive tactile stimuli to arouse; stupor or coma
Seizure	NA	NA	Any clinical seizure focal or generalized that resolves rapidly; or nonconvulsive seizures on EEG that resolve with intervention	Life-threatening prolonged seizure (> 5 min); or repetitive clinical or electrical seizures without return to baseline in between
Motor findings	NA	NA	NA	Deep focal motor weakness such as hemiparesis or paraparesis
Raised ICP/cerebral edema	NA	NA	Focal/local edema with or without hemorrhage on neuroimaging	Diffuse cerebral edema on neuroimaging; decerebrate or decorticate posturing; or cranial nerve VI palsy; or papilledema; or Cushing triad

Abbreviations: ASBMT, American Society of Blood and Marrow Transplantation; EEG, electroencephalogram; ICANS, immune effector cell-associated neurologic syndrome; ICE, Immune Effector Cell Encephalopathy screening tool; ICP, intracranial pressure; NA, not applicable.

Treatment by Grade	No Concurrent CRS ^x	Additional Therapy if Concurrent CRS
Grade 1 ^v	<ul style="list-style-type: none"> Supportive care <p>Grade 1 → Supportive care (?consider steroids?)</p>	<p>8 mg/kg IV over 1 hour (not to exceed 80 mg/dose)^{aa, †}</p>
Grade 2	<ul style="list-style-type: none"> Supportive care 1 dose of dexamethasone 10 mg IV q6h for 6–12 hours, if no improvement. <p>Grade 2 → Steroids, supportive care</p>	<p>Anti-IL-6 therapy as per Grade 1^{aa} Consider transferring patient to ICU if neurotoxicity associated with grade ≥2 CRS</p>
Grade 3 ^w	<ul style="list-style-type: none"> ICU care is recommended Dexamethasone 10 mg IV q6h every 6 hours Consider ICU level care if symptoms persist <p>Grade 3 → Higher dose steroids</p> <ul style="list-style-type: none"> ICU level care, CNS imaging, assess for seizures 	
Grade 4 ^w	<ul style="list-style-type: none"> ICU care, consider mechanical ventilation for airway protection High-dose dexamethasone 10 mg IV q6h every 6 hours Consider ICU level care if symptoms persist Treat convulsive status epilepticus per institutional guidelines. <p>Grade 4 → Very high-dose steroids</p> <ul style="list-style-type: none"> ICU level care, CNS imaging, assess for seizures 	

Severe (and prolonged) cytopenias are common after CAR T cell therapy



How do we choose between CAR T products in specific diseases?

- Availability and access (unfortunately)
 - Collection slots
 - Insurance approvals
 - Overall access to care [we need better access]
- Patient factors (co-morbidities, age, etc.)
- Clinical trial availability

Bottom Line: Whom to refer, and when

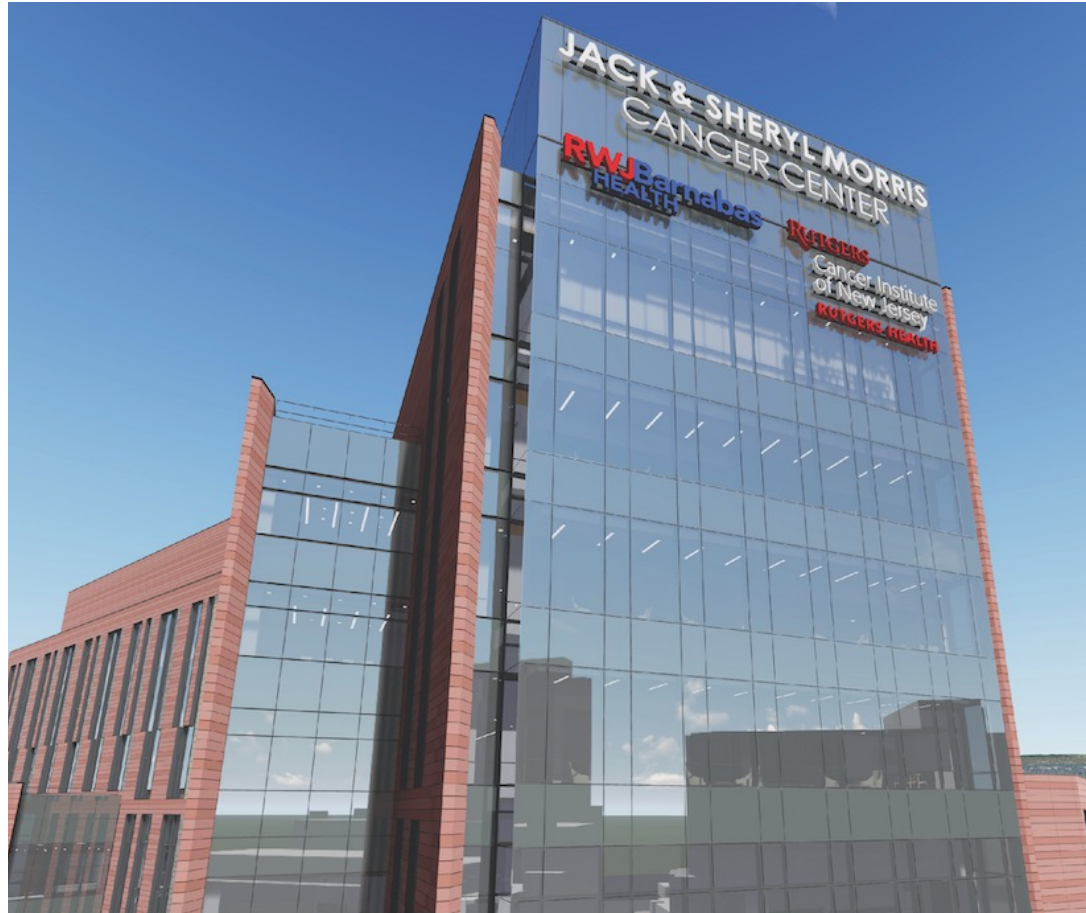
- ALL
 - First relapse unless *very* unfit
- DLBCL
 - First relapse if primary refractory/early relapse
 - Otherwise second relapse
- MCL
 - Second relapse, fit
- FL
 - Second relapse – and now, perhaps post-bispecific?
- MM
 - Fourth relapse after SOC exhausted – again, perhaps post-bispecific?

Bottom Line: Whom to refer, and when

- ALL
 - First relapse unless *very* unfit
- DLBCL
 - First relapse if *not* first / best / best
 - Otherwise
- MCL
 - Second relapse
- FL
 - Second relapse – and now, perhaps post-bispecific?
- MM
 - Fourth relapse after SOC exhausted – again, perhaps post-bispecific?

Partner with your local CAR-T providers -
We'd rather get involved too early than too late!

Rutgers CINJ/ RWJBarnabas Blood Disorders



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- Anuparma Doraiswamy, MD
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- Andy Evens, DO
- Neil Palmisiano, MD
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- Joanna Rhodes, MD
- Claire Ryu, MD
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Current Status of CAR-T Therapy in Hematology

Matt Matasar, MD

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