Hormonal Therapy in Breast Cancer



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Outline

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Metastatic ER+ Breast Cancer







CYCLIN E AND SURVIVAL IN PATIENTS WITH BREAST CANCER

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TABLE 2. INDEPENDENT FACTORS PREDICTIVE OF DEATH FROM BREAST CANCER

 AND DEATH FROM ANY CAUSE.*

Factor	DEATH FROM BREAS	DEATH FROM ANY CAUSE		
	HAZARD RATIO (95% CI)	P value	HAZARD RATIO (95% CI)	P value
High level of low-molecular-weight cyclin E	2.1 (1.1-4.0)	0.02	2.2 (1.2-4.2)	0.01
High total cyclin E level	13.3 (5.8-30.2)	< 0.001	4.3 (2.2-8.4)	< 0.001
Positive nodes	1.8 (1.2-2.8)	0.007	1.5(1.1-2.2)	0.02
Stage IIIB–IV disease	1.7(1.1-2.5)	0.01	1.7(1.2-2.5)	0.004
Negative estrogen-receptor status	1.8 (1.3-2.7)	0.001	1.6(1.1-2.2)	0.006

National NCCN Cancer Network[®]

Comprehensive NCCN Guidelines Version 2.2021 Invasive Breast Cancer

	RECURRENT UNRES	SECTABLE (LOCAL OR REGIONAL) OR STAGE IV	(M1) DISEASE ^a
	HER2-Negative a or Premenopausal Receiving	HER2-Positive and Postmenopausal ^{g,h,i} or Premenopausal Receiving Ovarian	
•	Preferred Regimens First-Line Therapy Aromatase inhibitor + CDK4/6 inhibitor (abemaciclib, palbociclib, or ribociclib) (category 1) Selective ER down-regulator (fulvestrant, category 1) ^b ± non-steroidal aromatase inhibitor (anastrozole, letrozole) (category 1) ^b Fulvestrant + CDK4/6 inhibitor (abemaciclib, palbociclib, or ribociclib) (category 1) Non-steroidal aromatase inhibitor (abemaciclib, palbociclib, or ribociclib) (category 1) Non-steroidal aromatase inhibitor (anastrozole, letrozole) Selective estrogen receptors modulator (tamoxifen or toremifene) Steroidal aromatase inactivator (exemestane) Useful in Certain Circumstances ^d Megestrol acetate Estradiol Abemaciclib ^{c,e}	 Preferred Regimens Second- and Subsequent-Line Therapy Fulvestrant + CDK4/6 inhibitor (abemaciclib, palbociclib, or ribociclib) if CKD4/6 inhibitor not previously used (category 1)^c For <i>PIK3CA</i>-mutated tumors, see additional targeted therapy options (see BINV-R)^{c,d} Everolimus + endocrine therapy (exemestane, fulvestrant, tamoxifen)^{c,f} Non-steroidal aromatase inhibitor (anastrozole, letrozole) Steroidal aromatase inactivator (exemestane) Selective ER down-regulator (fulvestrant) Selective estrogen receptors modulator (tamoxifen or toremifene) 	Ablation or Suppression Aromatase inhibitor ± trastuzumab Aromatase inhibitor ± lapatinib Aromatase inhibitor ± lapatinib + trastuzumal Fulvestrant ± trastuzumab Tamoxifen ± trastuzumab

SVETEMIC THERAPY FOR ED AND/OD DD DOSITIVE

^a Baseline assessment of bone density recommended for patients receiving an aromatase inhibitor who are at risk of osteoporosis (eq. age >65, family history, chronic steroids).

- ^b A single study (S0226) in patients with HR-positive breast cancer and no prior chemotherapy, biological therapy, or endocrine therapy for metastatic disease demonstrated that the addition of fulvestrant to anastrozole resulted in prolongation of time to progression and overall survival. Subset analysis suggested that patients without prior adjuvant tamoxifen and more than 10 years since diagnosis experienced the greatest benefit. Two studies with similar design (FACT and SOFEA) demonstrated no advantage in time to progression with the addition of fulvestrant to anastrozole.
- ^c If there is disease progression while on a CDK4/6 inhibitor, there are limited data to support the use of another CKD4/6 inhibitor. If there is progression while on a PI3K inhibitor, there are limited data to support another line of therapy with a PIK3CA-containing regimen. If there is disease progression while on a everolimus-containing regimen, there are no data to support an additional line of therapy with another everolimus regimen.
- ^d See Additional Targeted Therapies and Associated Biomarker Testing for Recurrent or Stage IV (M1) Disease (BINV-R)

- ^e Indicated after progression on prior endocrine therapy and prior chemotherapy in the metastatic setting.
- ^f A combination of exemestane with everolimus can be considered for patients who meet the eligibility criteria for BOLERO-2
- (progressed within 12 mo or on non-steroidal aromatase inhibitor). ⁹ An FDA-approved biosimilar is an appropriate substitute for trastuzumab.
- ^h Trastuzumab and hyaluronidase-oysk injection for subcutaneous use may be substituted for trastuzumab. It has different dosage and administration instructions compared to intravenous trastuzumab. Do not substitute trastuzumab and hyaluronidase-oysk for or with ado-trastuzumab emtansine or fam-trastuzumab deruxtecan-nxki. ¹ If treatment was initiated with chemotherapy and trastuzumab
- + pertuzumab, and the chemotherapy was stopped, endocrine therapy may be added to the trastuzumab + pertuzumab.

Note: All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any patient with cancer is in a clinical trial. Participation in clinical trials is especially encouraged.

Summary of CDK 4/6 Inhibitor Trials – NOT FOR CROSS-TRIAL COMPARISON

Study	N	ORR, %*	CBR, %	mPFS, mo (95% CI)	mPFS (HR)	P-value
First-Line Metastatic Breast Cancer						
PALOMA-1 Letrozole Letrozole + palbociclib	81 84	33 (39) 43 (56)	58 81	10.2 (5.7-12.6) 20.2 (13.8-27.5)	0.488 (0.319-0.748)	.0004
PALOMA-2 Letrozole + placebo Letrozole + palbociclib	222 444	35 (44) 42 (55)	71 84	14.5 (12.9-17.1) 24.8 (22.1-NR)	0.58 (0.46-0.72)	<.0001
MONALEESA-2 Letrozole + placebo Letrozole + ribociclib	334 334	28 (37) 41 (53)	72 80	14.7 (13.0-16.5) NR (19.3-NR)	0.556 (0.429-0.720)	<.0001
MONALEESA-7 (Pre-menopausal) Letrozole + goserelin + placebo Letrozole + goserelin + ribociclib	337 335	30 (36) 41 (51)	67 80	13.0 (11.0-16.4) 23.8 (19.2-NR)	0.553 (0.441-0.694)	<.0001
MONARCH 3 Letrozole + placebo Letrozole + abemaciclib	165 328	35 (44) 48 (59)	69 79	14.7 NR	0.543 (0.409-0.723)	<.0001
Second-Line Metastatic Breast Cancer						
BOLERO-2 Exemestane + placebo Exemestane + everolimus	239 485	9.4 0.4	26.4 [†] 51.3	2.8 6.9	0.43 (0.35-0.54)	<.001
PALOMA-3 Fulvestrant + palbociclib Fulvestrant + placebo	347 174	10.4 6.3	34.0 19.0	9.2 (7.5-NR) 3.8 (3.5-5.5)	0.422 (0.318-0.560)	<.0001
MONARCH 2 Fulvestrant + abemaciclib Fulvestrant + placebo	446 223	35 (48) 16 (21)	73 52	16.4 9.3	0.553 (0.45-0.68)	<.0001
MONALEESA-3 (1 st /2 nd Line) Fulvestrant + ribociclib Fulvestrant + placebo	484 242	32.4 (40.9) 21.5 (28.7)	69.4 59.7	20.5 (18.5-23.5) 12.8 (10.9-16.3)	0.593 (0.480-0.732)	<.0001
Refractory Metastatic Breast Cancer						
MONARCH 1 (Phase II) Abemaciclib	132	(20)	42	6.0	N/A	N/A

Adjuvant therapy for ER+ breast cancer



Introduction

- Hormone receptor positive (HR+)/human epidermal growth factor receptor-2 negative (Her2-) tumors represent approximately 70% of all early breast cancers in the United States.
- Recent attempts have been made to better classify this heterogeneous group of cancers by genomic testing in order to personalize neo(adjuvant) treatments.
- Goal: de-escalation of therapy for lower-risk tumors and escalation for higher-risk tumors.

RxPONDER: Background

- TAILORx: phase III randomized trial assessed safety of omitting chemotherapy in N0 pts with intermediate-risk recurrence score (RS, 11-25) by Oncotype Dx [1].
- HR+/Her2- cases only.
- Subjects randomized to either chemotherapy (CT) followed by endocrine therapy (ET) or ET alone.
- Findings: For women >50 years of age- no IDFS benefit of CT in intermediate risk RS population; for women ≤50, modest CT benefit noted for 16-25.



Schema



RxPONDER

- Phase III randomized trial including 5015 subjects with HR+/Her2- breast cancer with 1-3+ LN's and RS 0-25 [1].
- ET+/- chemo.

Primary Objective

To assess the effect of chemotherapy on invasive disease-free survival (IDFS) in pts with 1-3 LN+ breast cancer and a RS < 25 and assess whether the effect depends on the RS.

Primary Hypothesis

Chemotherapy benefit will increase as the RS increases from 0 to 25 in an Intent-to-Treat (ITT) analysis.

1. Kalinsky K, et al. GS3-00. First results from a phase III randomized clinical trial of standard adjuvant endocrine therapy (ET) +/- chemotherapy (CT) in patients (pts) with 1-3 positive nodes, hormone receptor-positive (HR+) and HER2-negative (HER2-) breast cancer (BC) with recurrence score (RS) < 25: SWOG S1007 (RxPonder). Oral Presentation at: The San Antonio Breast Cancer Symposium; December 10, 2020.

RXPONDER: IDFS by treatment arm (ITT population)



• Upon pre-specified analysis, CT benefit was noted dependent on menopausal status.

Term	Hazard ratio	2-sided p-value	95% CI
Chemotherapy	0.53	<0.001	0.37 – 0.76
RS (per unit change)	1.06	<0.001	1.04 – 1.08
Menopausal status	0.79	0.08	0.60-1.03
Chemo x Menopause Interaction	1.79	0.008	1.17-2.74



IDFS Stratified by Menopausal Status



IDFS Event	CET	ET	Total (%)	
Distant	39	44	83 (27%)	
Local-Regional	10	14	24 (8%)	
Contralateral	10	9	19 (6%)	
Non-Breast Primary	44	47	91 (30%)	
Recurrence Not Classified	9	7	16 (5%)	
Death not due to Recurrence or Second Primary	35	37	72 (24%)	
Absolute Difference in Distant Recurrence as 1^{st} site: 0.3% (2.3% CET vs. 2.6% ET)				



IDFS Stratified by Recurrence Score and Menopausal Status



• Premenopausal



Overall Survival by Menopausal Status

Postmenopausal

Premenopausal





Goserelin Versus Cyclophosphamide, Methotrexate, and Fluorouracil as Adjuvant Therapy in Premenopausal Patients With Node-Positive Breast Cancer: The Zoladex Early Breast Cancer Research Association Study

By W. Jonat, M. Kaufmann, W. Sauerbrei, R. Blamey, J. Cuzick, M. Namer, I. Fogelman, J.C. de Haes, A. de Matteis, A. Stewart, W. Eiermann, I. Szakolczai, M. Palmer, M. Schumacher, M. Geberth, and B. Lisboa

<u>Purpose</u>: Current adjuvant therapies have improved survival for premenopausal patients with breast cancer but may have short-term toxic effects and long-term effects associated with premature menopause.

<u>Patients and Methods</u>: The Zoladex Early Breast Cancer Research Association study assessed the efficacy and tolerability of goserelin (3.6 mg every 28 days for 2 years; n = 817) versus cyclophosphamide, methotrexate, and fluorouracil (CMF) chemotherapy (six 28-day cycles; n = 823) for adjuvant treatment in premenopausal patients with nodepositive breast cancer.

<u>Results</u>: Analysis was performed when 684 events had been achieved, and the median follow-up was 6 years. A significant interaction between treatment and estrogen receptor (ER) status was found (P = .0016). In ER-positive patients (approximately 74%), goserelin was equivalent to CMF for disease-free survival (DFS) (hazard ratio [HR], 1.01; 95% confidence interval [CI], 0.84 to 1.20). In ER-negative patients, goserelin was inferior to CMF for DFS (HR, 1.76; 95% CI, 1.27 to 2.44). Amenorrhea occurred in more than 95% of goserelin patients by 6 months versus 58.6% of CMF patients. Menses returned in most goserelin patients after therapy stopped, whereas amenorrhea was generally permanent in CMF patients (22.6% v 76.9% amenorrheic at 3 years). Chemotherapy-related side effects such as nausea/ vomiting, alopecia, and infection were higher with CMF than with goserelin during CMF treatment. Side effects related to estrogen suppression were initially higher with goserelin, but when goserelin treatment stopped, reduced to a level below that observed in the CMF group.

<u>Conclusion</u>: Goserelin offers an effective, well-tolerated alternative to CMF in premenopausal patients with ER-positive and node-positive early breast cancer.

J Clin Oncol 20:4628-4635. © 2002 by American Society of Clinical Oncology.

DFS in CMF-treated patients according to menstrual status at 36 weeks.



Jonat, W. et al. J Clin Oncol 20:4628-4635

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OS by ER status in Zoladex trial







Jonat, W. et al. J Clin Oncol 20:4628-4635

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RxPONDER: Conclusions

- For RS 0-25, postmenopausal patients derive NO BENEFIT from the addition of CT to ET.
- For RS 0-25, premenopausal patients appear to derive some IDFS benefit (~5%) and OS (~1.3%) from the addition of CT to ET.
- It is unknown whether the benefits are due to premature ovarian failure (but likely given Zebra trial results).



MINDACT

- MINDACT: phase III randomized de-escalation trial utilizing the 70-gene Mammaprint assay.
 - Hypothesis: clinical high/genomically low-risk tumors do not benefit from receipt of chemotherapy [1].
- 6,693 subjects with HR+/Her2- breast cancer were enrolled (up to 3 +LN's), and "clinical risk" and "genomic risk" were determined.
- C-low/G-low: ET only; C-high/G-high: CT followed by ET.
- C-high/G-low or C-low/G-high were randomized to receive CT + ET versus ET alone.

MINDACT Study Design

The purpose of MINDACT is de-escalation, to identify **clinically high risk patients who DO NOT benefit from chemotherapy**



70-gene signature as an aid for treatment decisions in early breast cancer: updated results of the phase 3 randomised MINDACT trial with an exploratory analysis by age

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Summary

Lancet Oncol 2021; 22: 476-88

Published Online March 12, 2021 https://doi.org/10.1016/ S1470-2045(21)00007-3 Background The MINDACT trial showed excellent 5-year distant metastasis-free survival of 94.7% (95% CI 92.5–96.2) in patients with breast cancer of high clinical and low genomic risk who did not receive chemotherapy. We present long-term follow-up results together with an exploratory analysis by age.

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MINDACT: updated results

- median follow-up of 8.7 years
- 6,693 patients



	Adjuvant chemot	herapy*	No adjuvant chemotherapy*		Absolute difference, percentage points (SE; 95% CI) at 8 years	Hazard ratio (95% CI)†
	Events/patients	Survival estimate at 8 years, % (95% CI)	Events/patients	Survival estimate at 8 years, % (95% CI)		
High clinical risk and low genomic risk						
Distant metastasis-free survival	60/749	92.0% (89.6 to 93.8)	90/748	89·4% (86·8 to 91·5)	2.6 (1.6; -0.5 to 5.7)	0.66 (0.48 to 0.92)
Distant metastasis-free interval	50/749	93·1% (90·9 to 94·8)	75/748	90.7% (88.2 to 92.7)	2·4 (1·5; −0·5 to 5·4)	0.66 (0.46 to 0.95)
Disease-free survival	110/749	86·4% (83·5 to 88·8)	138/748	82·9% (79·8 to 85·6)	3·5 (2·0; -0·4 to 7·4)	0.79 (0.62 to 1.02)
Overall survival	37/749	95·7% (93·9 to 97·0)	53/748	94·3% (92·2 to 95·8)	1·4 (1·2; -0·9 to 3·8)	0.69 (0.45 to 1.05)

University Hospitals

Piccard, M. et al. Lancet Oncol 2021; 22: 476-88

MINDACT: DMFS according to randomized treatment strategy in clinical high, genomic low-risk, HR+ HER2-negative subgroup, by age





MINDACT - Conclusions:

- Both C-low and G-low tumors appears to have an overall excellent prognosis, especially C-low/G-low (DMFS 94.7% with ET alone).
- Stratification of C-low tumors into G-high versus G-low indicates a 3.6% decrease of DMFS for those of highgenomic risk.
- Among C-low/G-high subjects randomized to CT or not, ~1.5% DMFS benefit seen (underpowered).



monarchE

- Use of cyclin-dependent kinases 4/6 inhibitors (CDK4/6i) has greatly improved clinical outcomes in advanced/metastatic HR+/Her2- BC.
- Results of CDK4/6i as adjuvant therapy have been mixed [1].
- monarchE was a phase III, randomized, trial assessing the potential effect of abemaciclib in the adjuvant setting.
- Abemaciclib is currently approved in combination with ET in the advanced/metastatic setting [2-3].

- 1. Mayer EL, et al. Lancet Oncol. 2021 Feb;22(2):212-222.
- 2. Sledge GW, et al. J Clin Oncol. 2017 Sep 1;35(25):2875-2884.
- 3. Goetz MP, et al. J Clin Oncol. 2017 Nov 10;35(32):3638-3646.



monarchE

University Hospitals



- Primary endpoint: iDFS
 - Planned for after ~ 390 iDFS events (~ 85% power, assumed iDFS HR of 0.73, cumulative 2-sided α = 0.05)
 - Current primary outcome efficacy analysis occurred after 395 iDFS events in ITT population
- Key secondary endpoints: iDFS in Ki-67 high (≥ 20%) population, distant RFS, OS, safety, PRO, PK

monarchE results

- The primary endpoint was IDFS.
- 2-year IDFS:
 92.2% versus
 88.7%.
- Majority of IDFS events were distant recurrence.



monarchE Conclusions

- This trial met its primary endpoint of IDFS improvement (absolute improvement of 3.5% at 2-years; 25% reduction of IDFS risk over ET).
- Grade \geq 3 toxicities greater in abemaciclib arm (45.9% versus 12.9%).
- Higher treatment discontinuation for abemaciclib (16.6% versus 0.8%).
- Benefits not seen w/ adjuvant palbociclib (PALLAS, PENELOPE-B).
- Awaiting FDA review and determination.







PENELOPE-B

- This double blind, placebo-controlled phase III trial was designed to assess the potential benefit of adjuvant palbociclib for subjects with residual disease after NACT [1].
- Patients who do not achieve a pathologic complete response from NACT are at higher risk of disease relapse [2].
- Eligible subjects had confirmed residual disease in either the breast or lymph nodes at the time of surgery.
- NACT \geq 16 weeks (including 6 weeks of taxanes).

Loibl S, et al. GS1-02. Phase III study of palbociclib combined with endocrine therapy (ET) in patients with hormone-receptor-positive (HR+), HER2-negative primary breast cancer and with high relapse risk after neoadjuvant chemotherapy (NACT): First results from PENELOPE-B. Oral Presentation at: The San Antonio Breast Cancer Symposium; December 9, 2020.
 Yee D, et al. JAMA Oncol. 2020 Sep 1;6(9):1355-1362.

PENELOPE-B (cont.)







Patient Status	Palbociclib N (%)	Placebo N (%)	Overall N (%)
Number of patients screened			1708
Number of patients randomized	631	619	1250
Number of patients started treatment	628	616	1244
Completed at least 7 cycles of treatment	559 (88.6)	559 (90.3)	1118 (89.4)
Completed all 13 cycles regularly	508 (80.5)	523 (84.5)	1031 (82.5)
Discontinued endocrine therapy prematurely	28 (4.4)	36 (5.8)	64 (5.1)
Discontinued study treatment	123 (19.5)	96 (15.5)	219 (17.5)
- Disease recurrence	25 (4.0)	40 (6.5)	65 (5.2)
- Second primary (non-breast)	2 (0.3)	3 (0.5)	5 (0.4)
- Death	2 (0.3)	1 (0.2)	3 (0.2)
- Adverse event	33 (5.2)	5 (0.8)	38 (3.0)
- Patient's wish	56 (8.9)	41 (6.6)	97 (7.8)
- Investigator's decision	5 (0.8)	6 (1.0)	11 (0.9)

PENELOPE-B (cont.)

- On subgroup analysis, no group could be identified that benefitted from the addition of palbociclib (including age, type of ET administered, ki67, etc.).
- Distant recurrences accounted for ~75% of IDFS events.
- No OS benefit seen.
- ~20% of subjects discontinued palbociclib.

CONCLUSION:

• These data do not support the use of adjuvant palbociclib (no IDFS or OS noted).



Molecular signature for indolent ER+ disease: Ultralow risk



Research

JAMA Oncology | Original Investigation

Use of Molecular Tools to Identify Patients With Indolent Breast Cancers With Ultralow Risk Over 2 Decades

Laura J. Esserman, MD, MBA; Christina Yau, PhD; Carlie K. Thompson, MD; Laura J. van 't Veer, PhD; Alexander D. Borowsky, MD; Katherine A. Hoadley, PhD; Nicholas P. Tobin, PhD; Bo Nordenskjöld, MD, PhD; Tommy Fornander, MD, PhD; Olle Stål, PhD; Christopher C. Benz, MD; Linda S. Lindström, PhD

- MammaPrint Low Risk Index >0.00 to +1.00 = No chemo benefit
- Ultra Low Risk Index = >0.355 to +1.00
- Stockholm Tamoxifen Study: 652 post-menopausal women, T up to 3 cm, LN-
 - 339 randomized to: No Endocrine therapy
 - 313 randomized to: Tamoxifen for 2 years
 - Ultra Low Risk cohort (~19%)



Low Risk (not UltraLow)

- ET: 90% BCSS @ 20 years
- No ET: 78% BCSS @ 20 years

Ultra Low Risk

- ET: 97% BCSS @ 20 years
- No ET: 94% BCSS @ 20 years
- Not the same as RS 0-10, those patients received 5 years of ET

Conclusions: Adjuvant Therapy for ER+ breast cancer

- Genomically low-risk tumors favorable prognosis despite clinical risk.
 - Clinical utility of indolent ultralow signature should be explored
- Adjuvant CDK4/6i is not SOC
 - may be some benefit to abemaciclib in high-risk patients. No benefit for adjuvant palbociclib has been found at this time.