

# Innovative Early Phase Clinical Trial Designs



**Shivaani Kummar, MD, FACP**

Professor of Medicine

Director, Phase I Clinical Research Program-Oncology

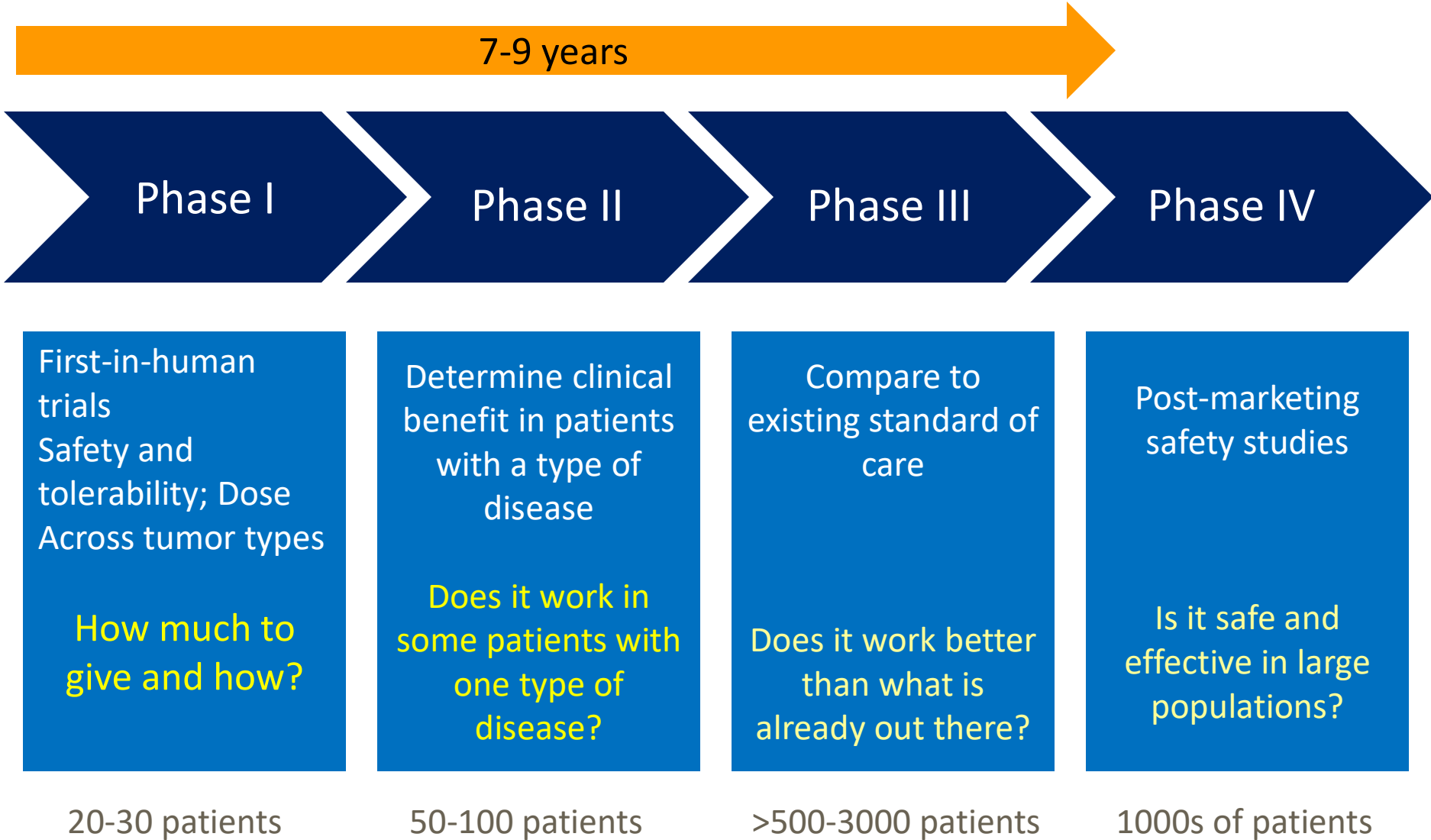
Co-Director, Translational Oncology Program

Director, Clinical and Translational Unit

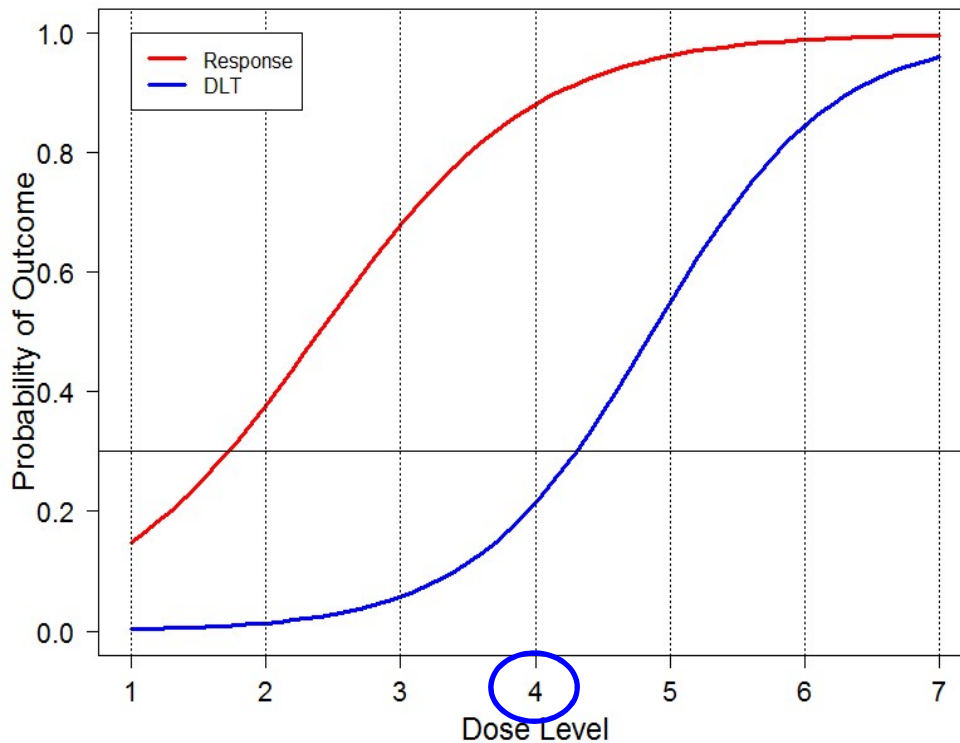
Stanford University

August 16, 2019

# Stages of Clinical Research-Traditional



## Toxicity driven dosing : Hypothetical dose-response and dose-toxicity (DLT) curves



## Dose Escalation to Establish MTD

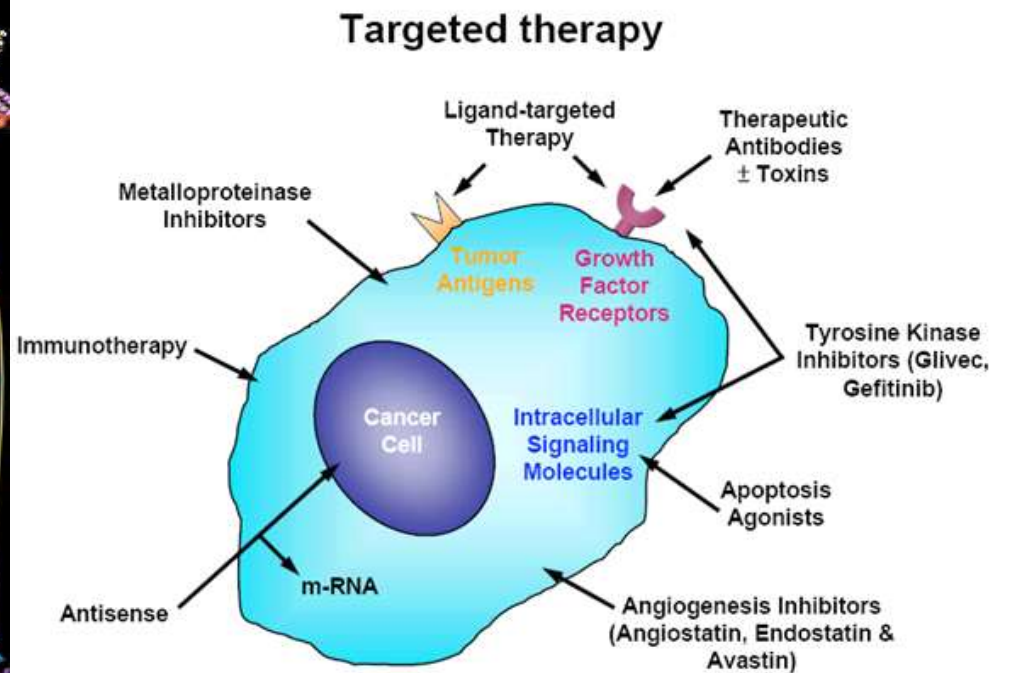
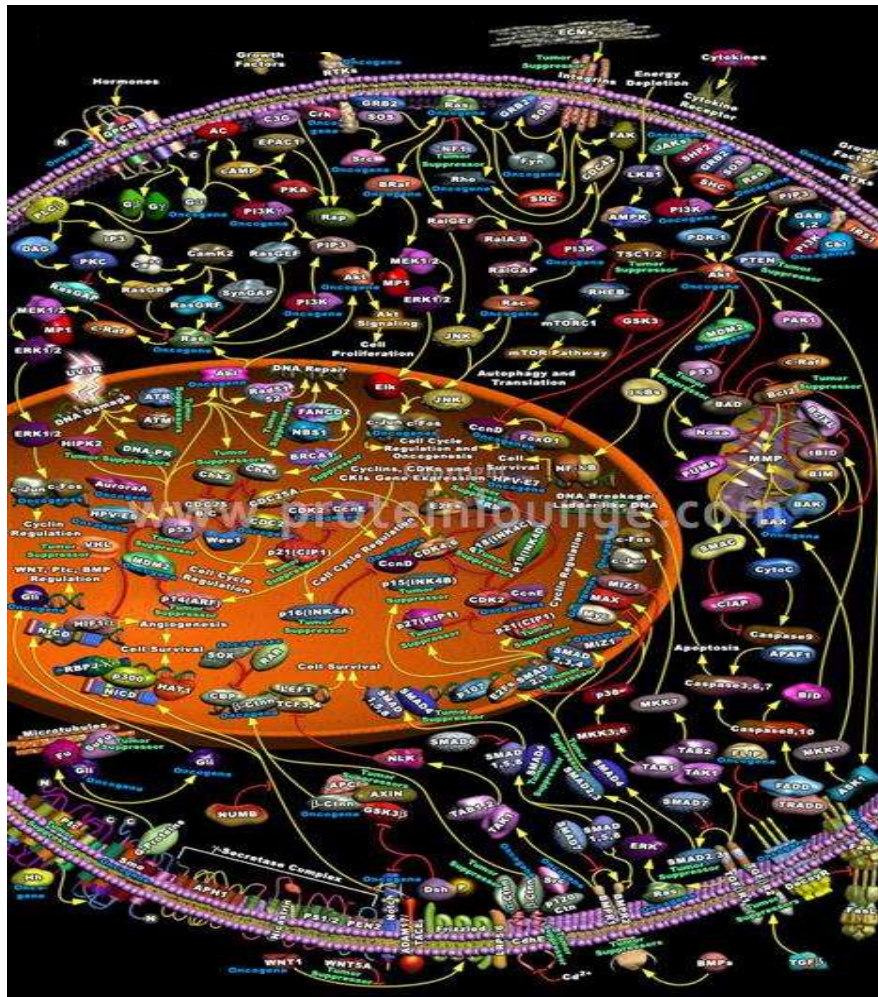
Rule-based designs:

Assign patients to dose levels according to pre-specified rules based on actual observations of target events (e.g., the dose-limiting toxicity) from the clinical data. (3+3 design; accelerated titration design)

Model-based designs:

Assign patients to dose levels and define the MTD for phase II trials based on the estimation of the target toxicity level by a model depicting the dose-toxicity relationship. (Continuous reassessment method)

# Development of molecularly targeted therapies



- Target is important for disease initiation or progression
- Agent modulates the target and this modulation is associated with a desired effect in preclinical models

# Designing the first-in-human trial

---

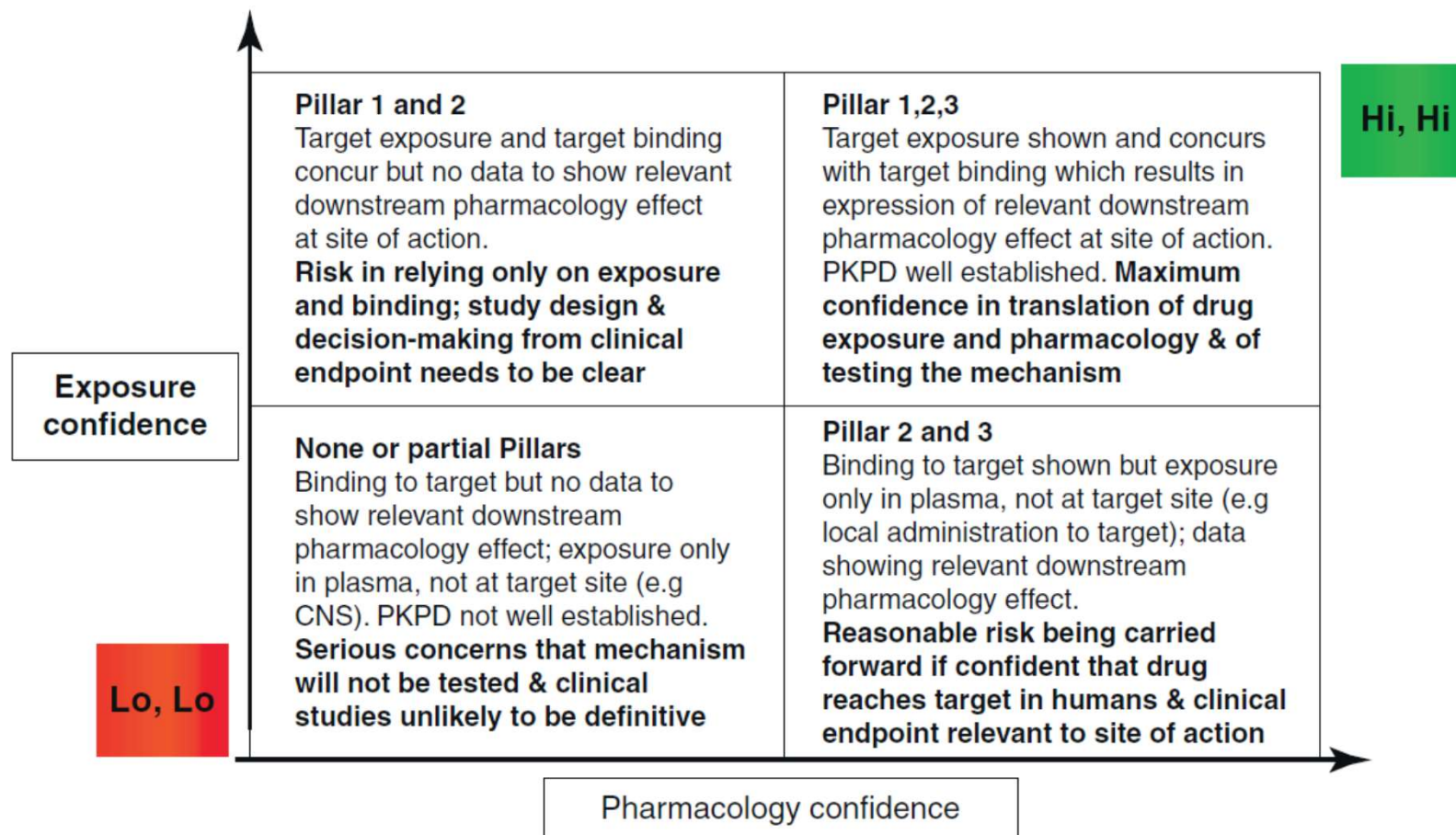
1. Assess target modulation
  - Directly or measure effect on a disease process
    - Possess validated PK and PD assays that accurately and reproducibly measure drug levels and allow evaluation of drug effect
2. Dose and schedule
  - Starting dose and schedule based on preclinical data
  - Incrementally increase dose-MTD or OBD?
  - Degree and duration of inhibition
3. Patient Selection-select based on presence of target

## Three pillars for successful transition from early phase to late phase

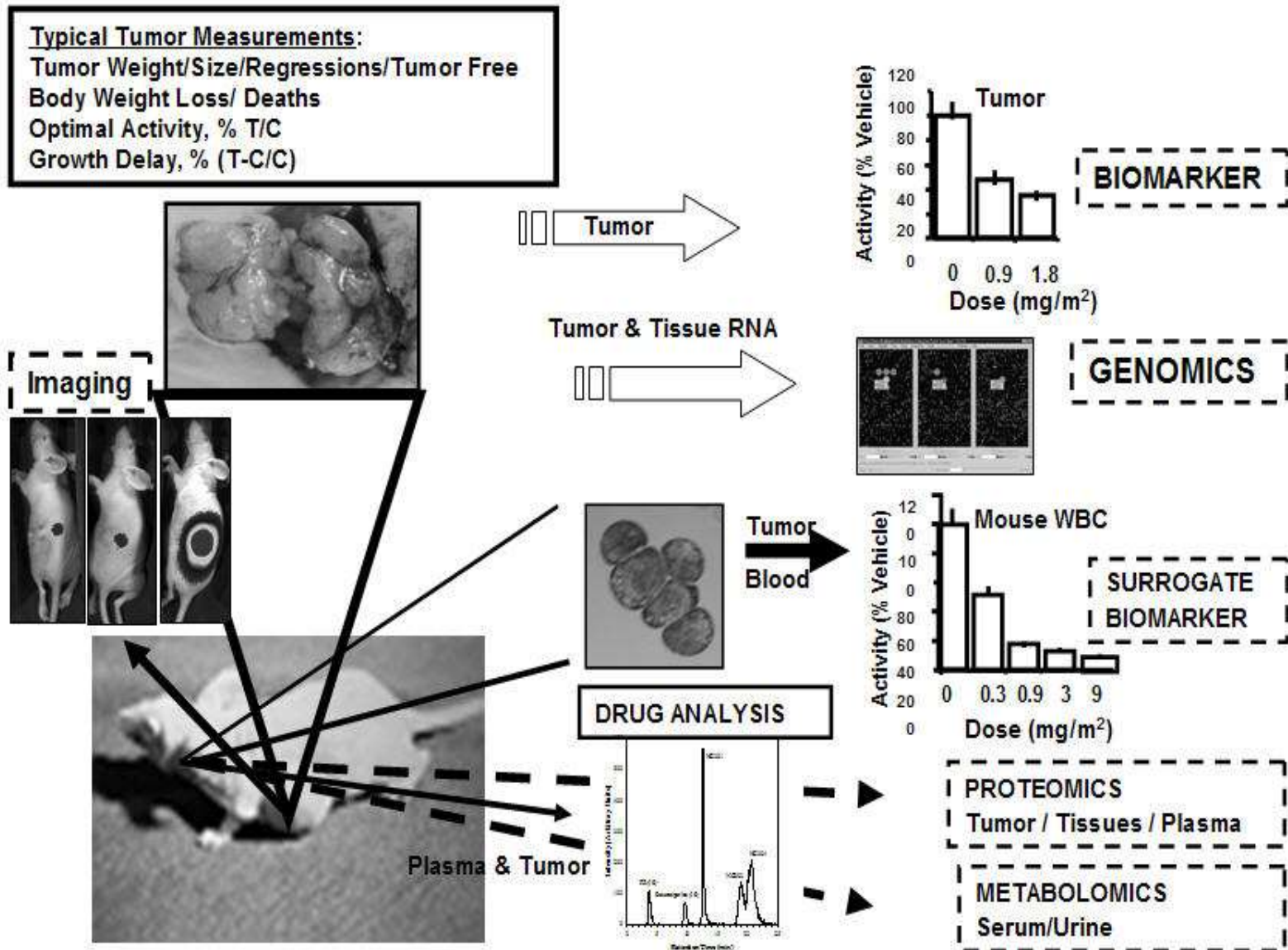
Exposure at the target site of action over a desired period of time

Target occupancy/binding as expected for its mode of action

Functional modulation of target

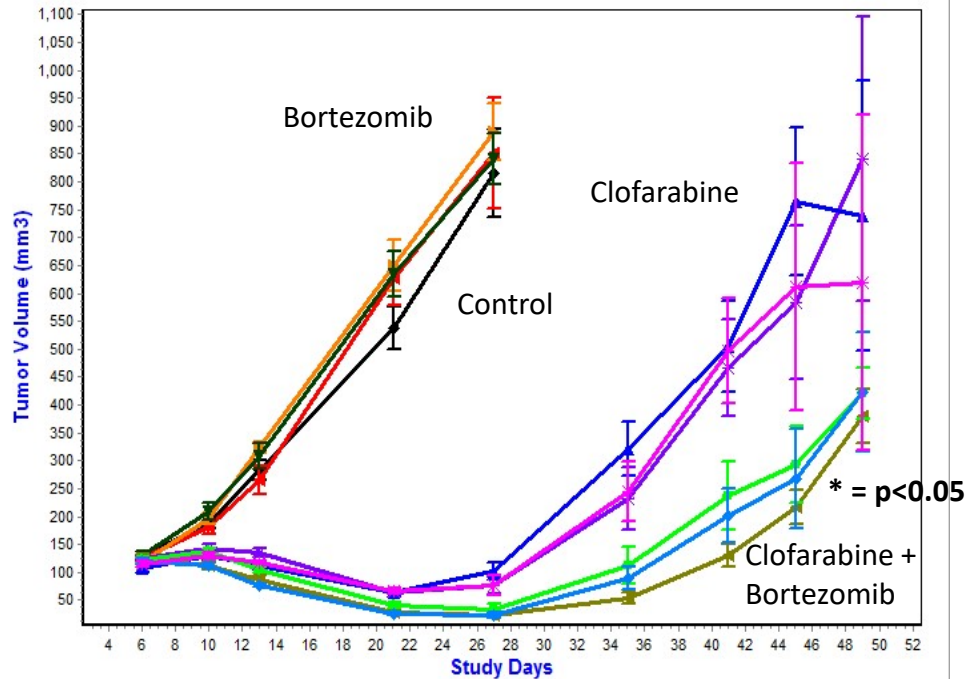


# Developing the 'Right' Assay Tools for Early Stage Proof of Mechanism Studies



# Multiplex Assays: Correlating Efficacy with MOA

Study Number: YKR2-118

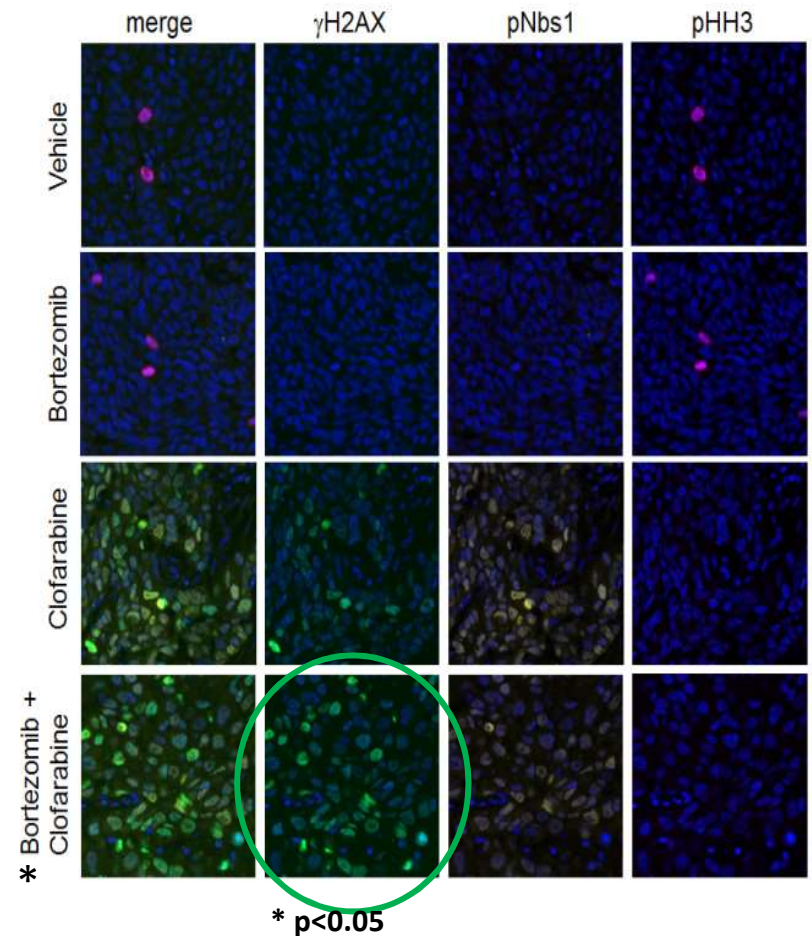


## HCT-116 Colon Xenograft

Similar results in HT-29 (colon) and  
NCI-H522 (lung) xenografts

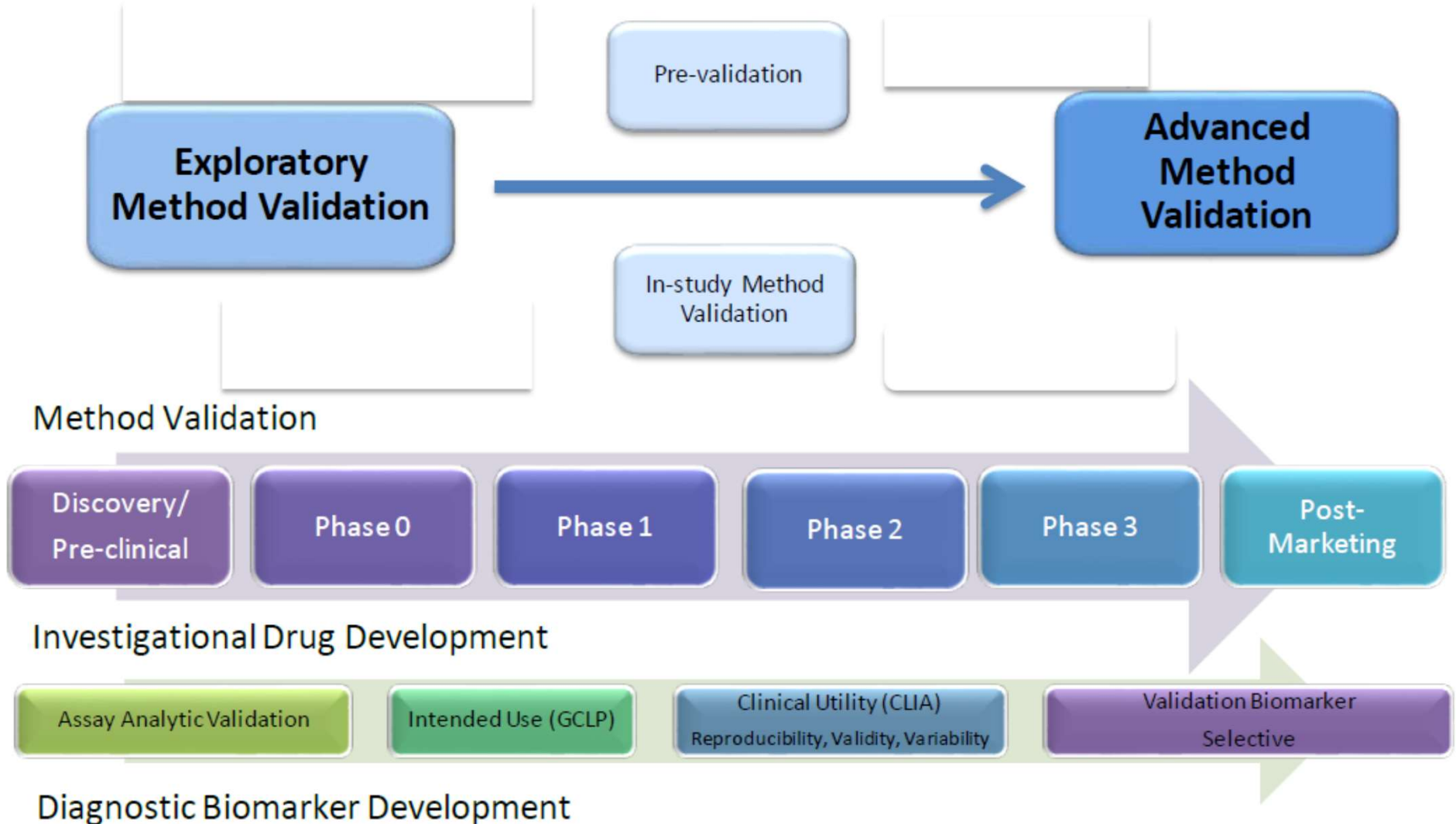
Courtesy: JH Doroshow, MD, NCI

## DNA Damage Panel

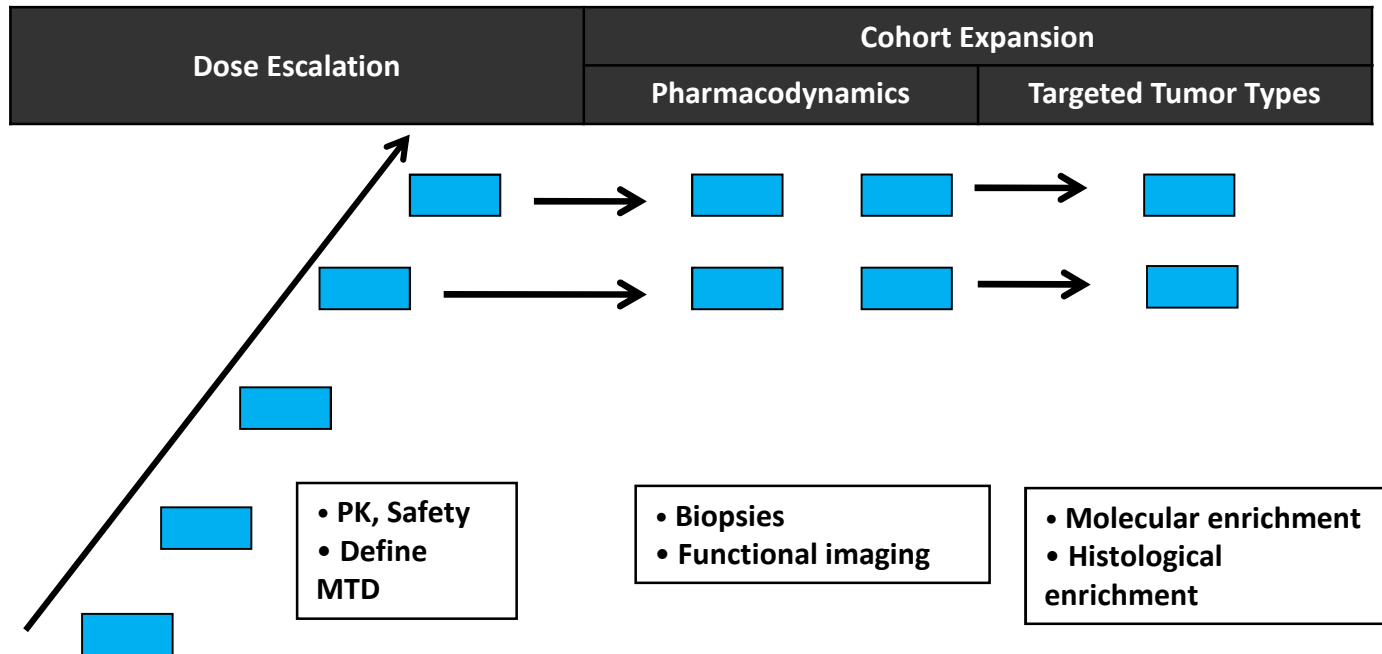




# Fit-for-Purpose: Parallel Drug and Biomarker Development



## Phase I Study Design – Unselected Patients (or molecularly enriched population) in Dose Escalation followed by Specific Expansion Cohorts

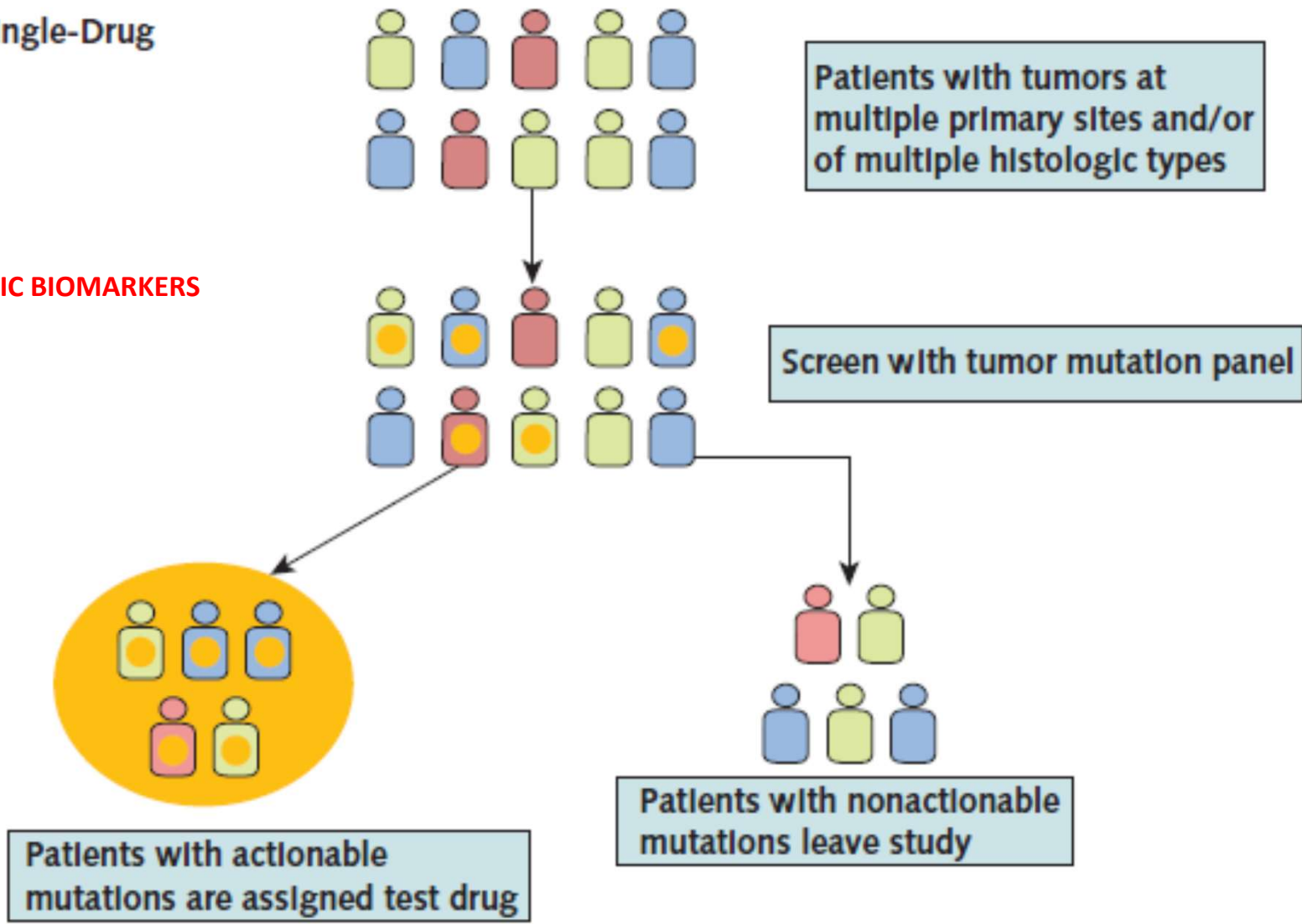


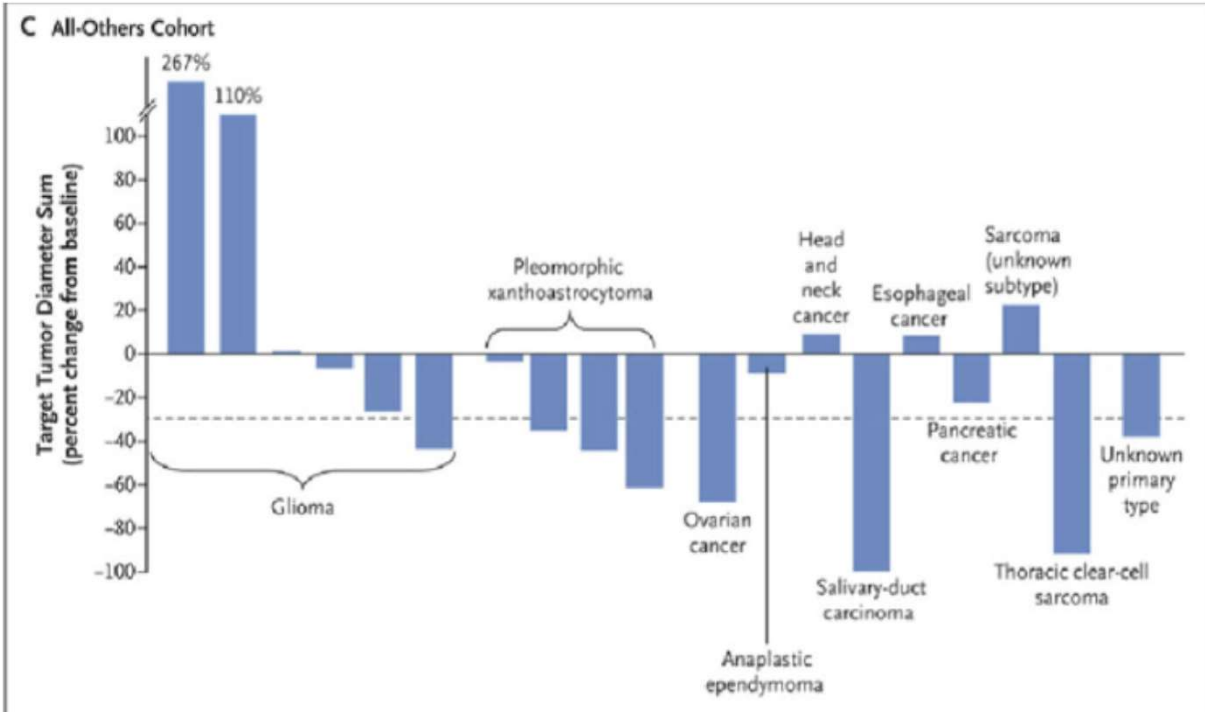
Define the degree and duration of target inhibition to establish optimal biologic dose and schedule  
Dose-PK-PD relationship-important to inform dose and schedule of drug combinations

# BASKET Trials

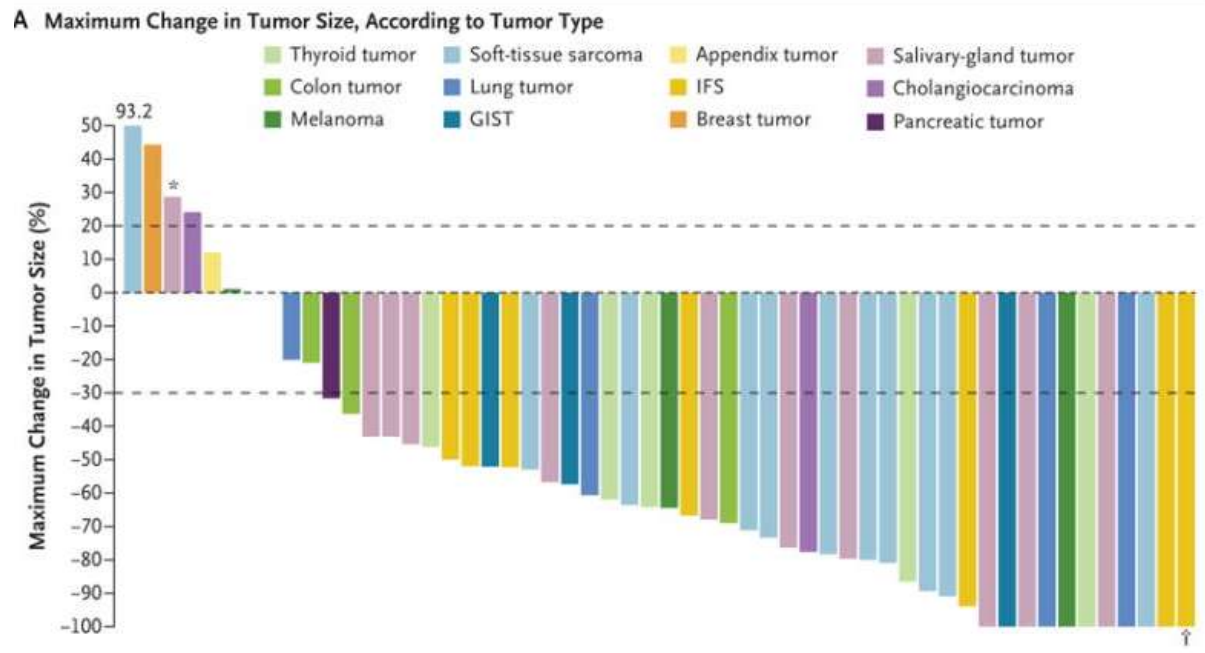
A. Single-Drug

GENOMIC BIOMARKERS





Vemurafenib approved for certain tumor types carrying the BRAF V600 mutation



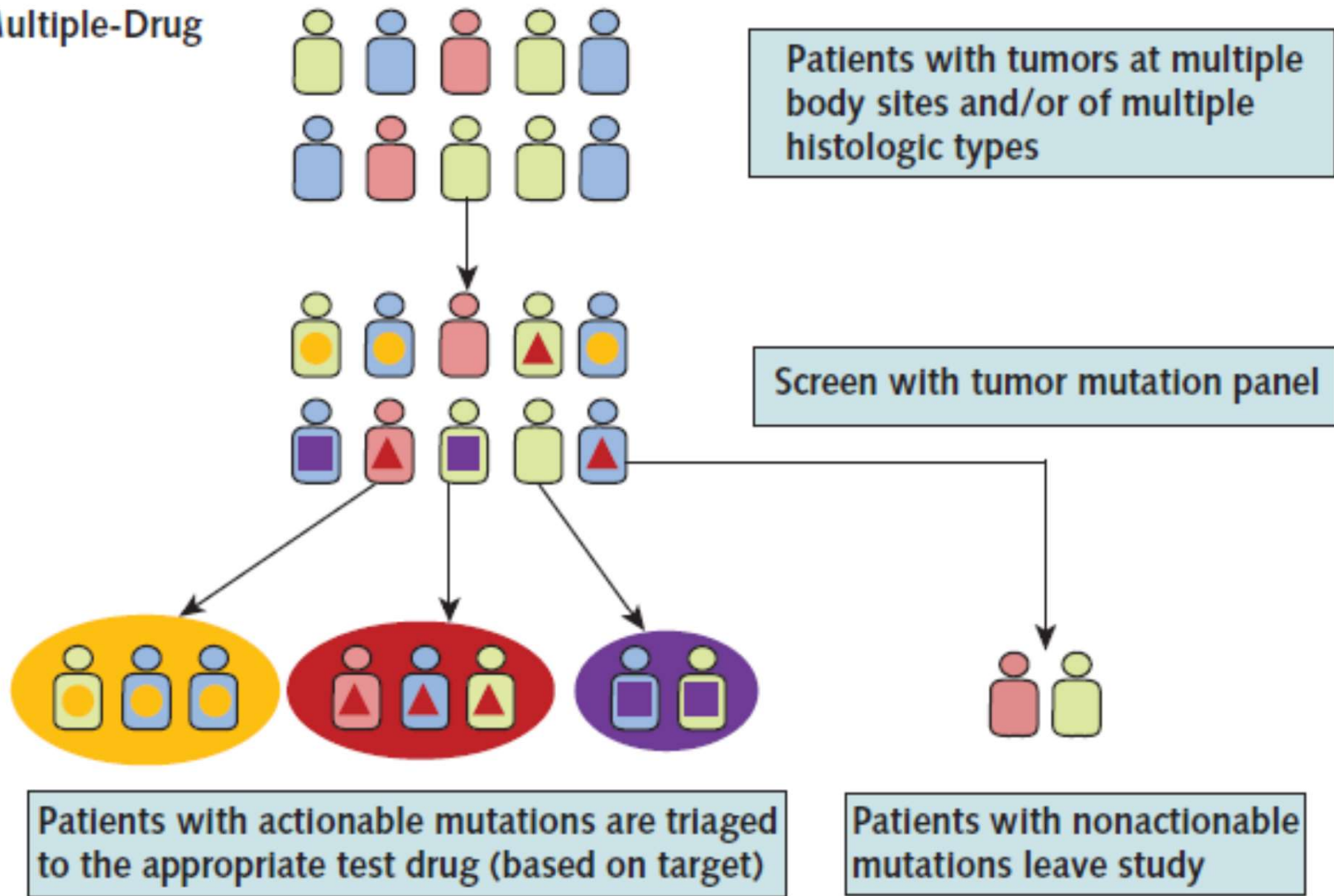
Larotrectinib is FDA approved for Patients with Advanced Solid Tumors Harboring an NTRK Gene Fusion (tissue-agnostic indication)

## Is tumor histology important?

- Treatment decisions: target driven or histology driven?
- Importance of target may be disease context dependent
- Vemurafenib in BRAF V600E melanoma vs colorectal cancer): BRAF(V600E) inhibition caused feedback activation of EGFR in colon cancer [Prahallad A, et al. Nature 2012; 483(7387):100]
- Depends on the target and agent- larotrectinib versus vemurafenib
- *BASKET trials need to have independent cohorts based on histology; data can be pooled depending on clinical observations*

# Umbrella Trials

## B. Multiple-Drug



# Copenhagen Prospective Personalized Oncology (**CoPPO**) trial: Clinical Utility of Using Molecular Profiling to Select Patients to Phase I Trials

- 591 enrolled → 500 underwent fresh biopsy for WES & RNA sequencing → 460 were analyzed → potentially actionable target identified in 352 (70%) → 101 (20%) received matched treatment
- 15 patients achieved a PR {*BRAF* ( $n = 7$ ), *FGFR1/2* ( $n = 1$ ), *NOTCH* ( $n = 1$ ), *BRCA1* ( $n = 1$ ), *ERBB2* ( $n = 1$ ), *ALK* ( $n = 1$ ), *PTEN* ( $n = 1$ ), and *CCND1* amplification ( $n = 1$ ).
- Biopsy related complications in 15 patients (hematoma ( $n = 6$ ), pneumothorax ( $n = 3$ ), and others ( $n = 6$ ).
- No patients allocated to treatment based on RNA expression obtained response according to RECIST 1.1.

[Tuxen IV, et al. Clin Can Res 2019;25(4)]

## Defining Actionability

A genetic aberration or mutation is considered actionable if it is oncogenic and/or differentially expressed in tumor cells, and there is an agent/drug that putatively works against it.”

## Considerations in designing MP driven trials

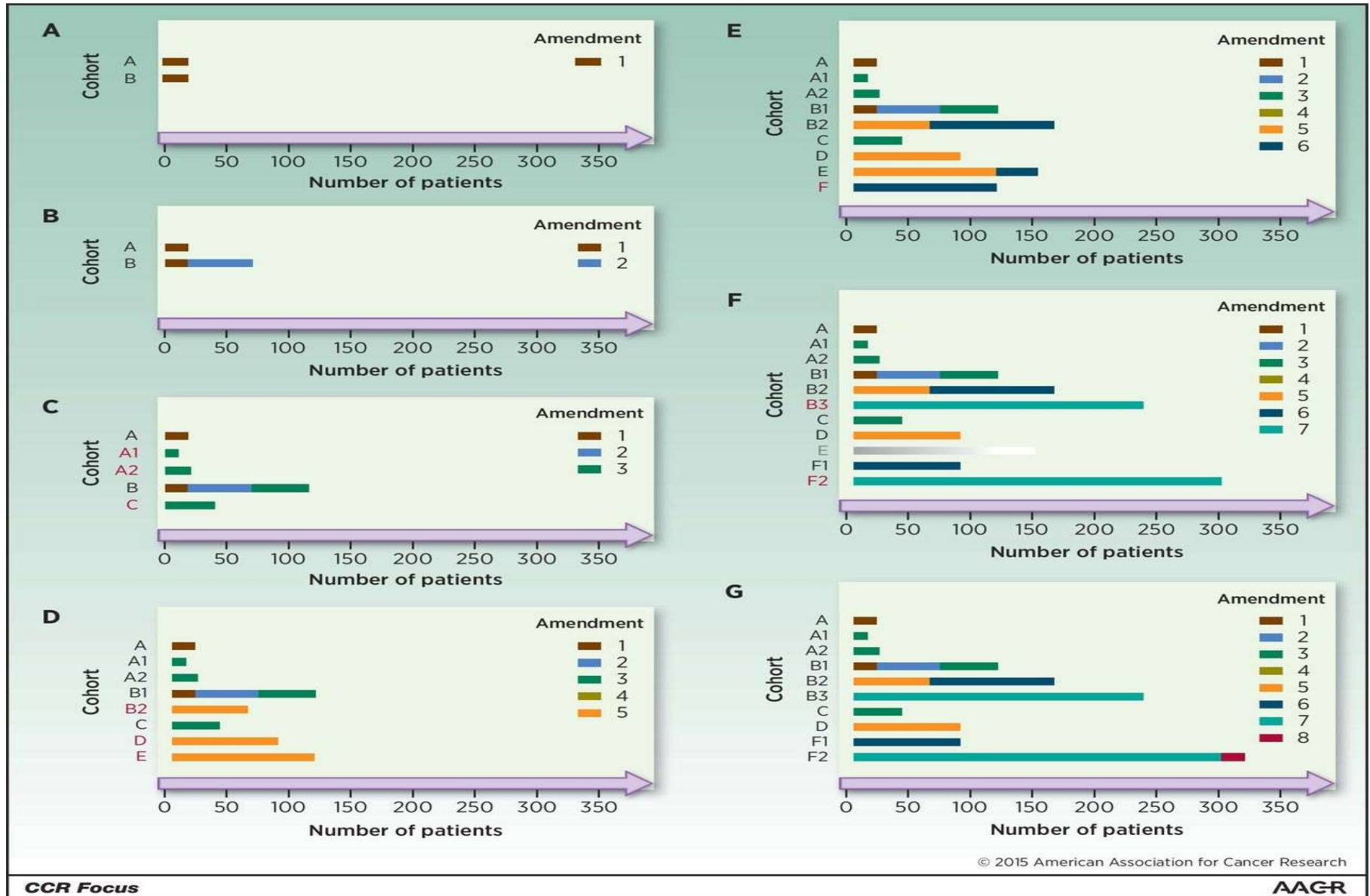
---

- Is the molecular aberration a 'driver'? Does it have a functional consequence?
- What should be the tumor content of the biopsy? How many biopsies need to be analyzed?
- How many cells need to carry the mutation of interest?
- Single vs multiple aberrations?
- Efficacy of the agent-direct t-inhibitor or downstream?





# Seamless Drug Development: FIH protocol for pembrolizumab



## Design of Large First-in-Human Cancer Trials

- Is there a compelling rationale for including multiple expansion cohorts?
- Is the sample-size range consistent with the stated objectives and end points?
- Is there an appropriate statistical analysis plan for all the stated end points?
- Are the eligibility criteria appropriately tailored to the expansion cohorts?
- Is there a defined end to the trial, in terms of both efficacy and futility?
- Is there a system in place to communicate with all investigators in a timely fashion?
- Does the informed consent reflect the current knowledge of safety and efficacy of the investigational drug and other agents in the same class?
- If the trial may be used for regulatory approval, is there an independent oversight committee?
- If the trial may be used for regulatory approval, has there been communication with regulatory agencies?

## Shift in the Clinical Trial Paradigm: Seamless Drug Development

---

- [Expansion Cohorts: Use in First-In-Human Clinical Trials to Expedite Development of Oncology Drugs and Biologics Guidance for Industry](#)
- *.....the first time a new medicine is tested in humans – that compresses the traditional three phases of trials into one continuous trial, called an expansion cohort trial”-Scott Gottlieb, FDA Commissioner*
- FIH multiple expansion cohort trial:
  - a single protocol with an initial dose-escalation phase
  - also contains three or more cohorts with cohort-specific objectives:
    - assessment of anti-tumor activity in a specific disease-,
    - safe dose in specific populations
    - alternative doses or schedules,
    - combinations, or
    - establishing predictive value of a potential biomarker.
  - Comparison of activity between cohorts is not planned except where a prespecified randomization and analysis plan are part of the protocol design.

## **What do we want to achieve at the end of an early phase trial?**

- Determine safety, tolerability and define a dose
- Look for antitumor activity (hints of activity to guide agent development; proof of concept)

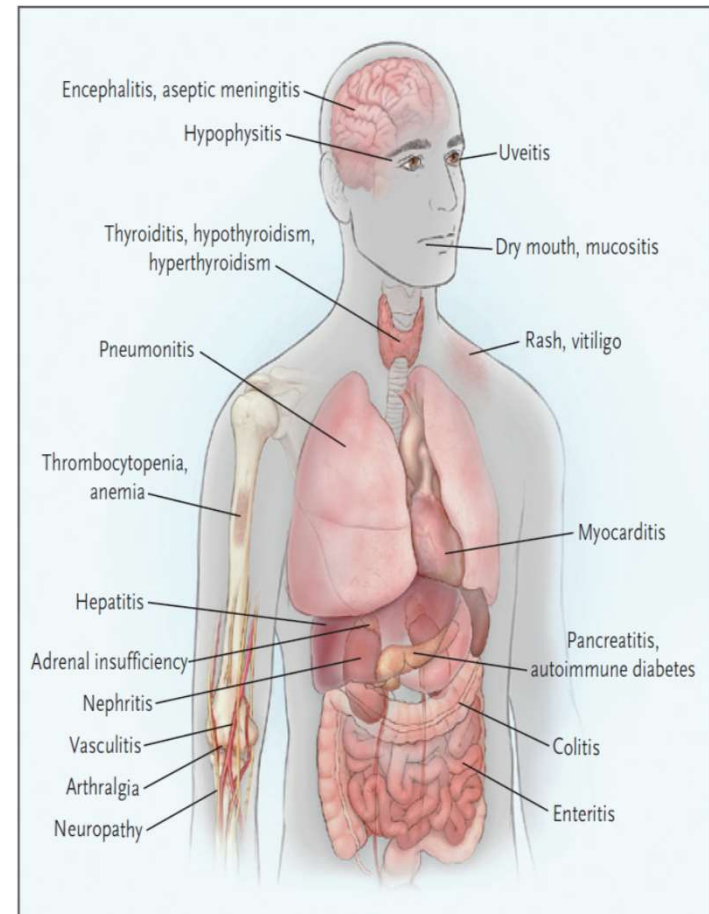
# What do we want to achieve at the end of an early phase trial?

## – Determine Dose

- Defining DLTs: Used to be first cycle and then toxicities had to recover to grade 1/baseline prior to re-initiating treatment at the next lower dose
- For immunotherapies:
  - May not occur in the first cycle
  - Take weeks to resolve
  - Not dose related
  - Can we safely continue the patient on

treatment following resolution of toxicity?

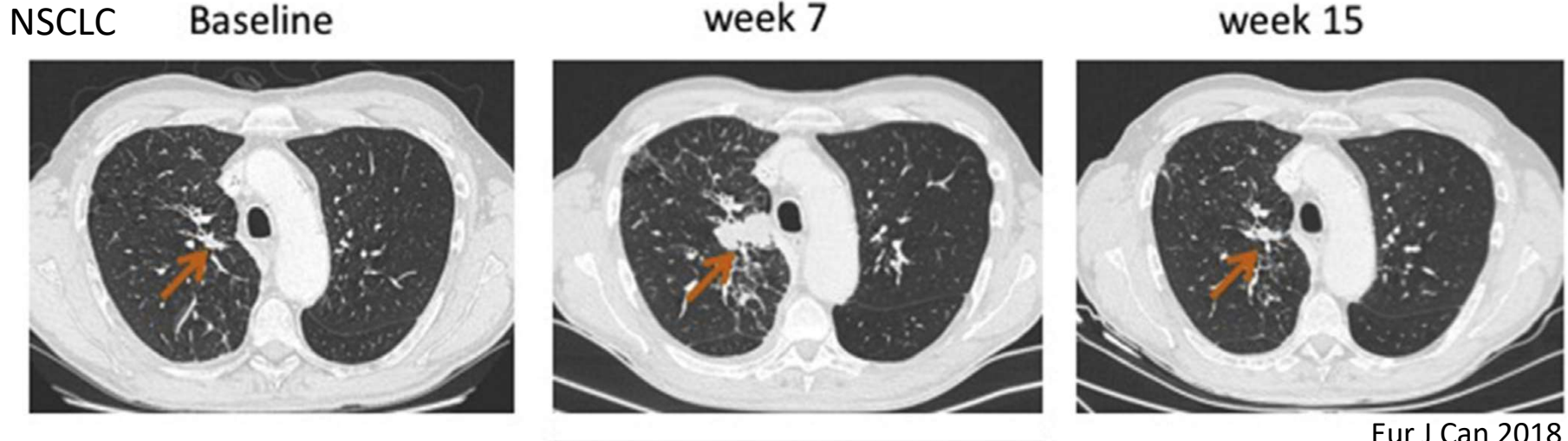
- Antitumor activity (hint of activity)



Adverse events associated with IO agents  
N Engl J Med 378;2 (2018)

## Determining Antitumor Activity

- RECIST 1.1, iRECIST, irRECIST, imRECIST
- Pseudoprogression (PP) as an increase in the size of lesions, or the visualization of new lesions, followed by a response, which might be durable. Need for confirmatory scans

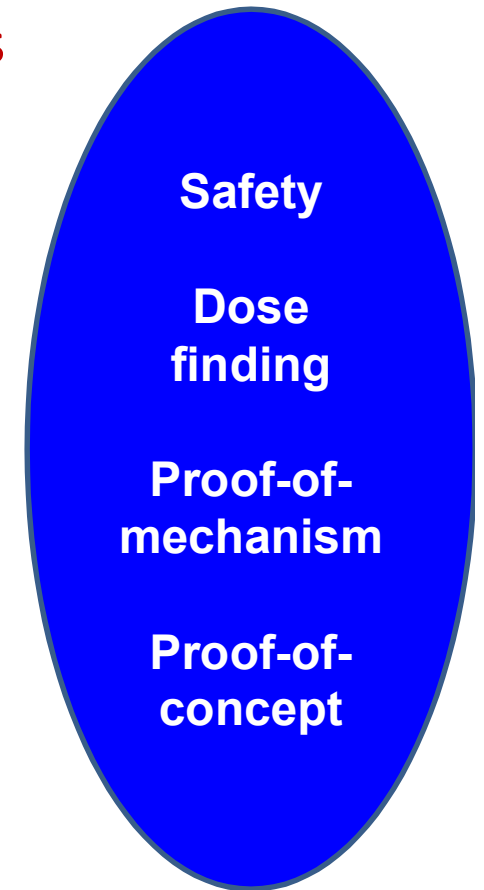


24/655 (7%) pts in KEYNOTE-001 melanoma trial of pembrolizumab (*J Clin Oncol* 2016 (34)

Other solid tumors: PP 2%. *J Clin Oncol* 34 (15)suppl (May 2016) 6580

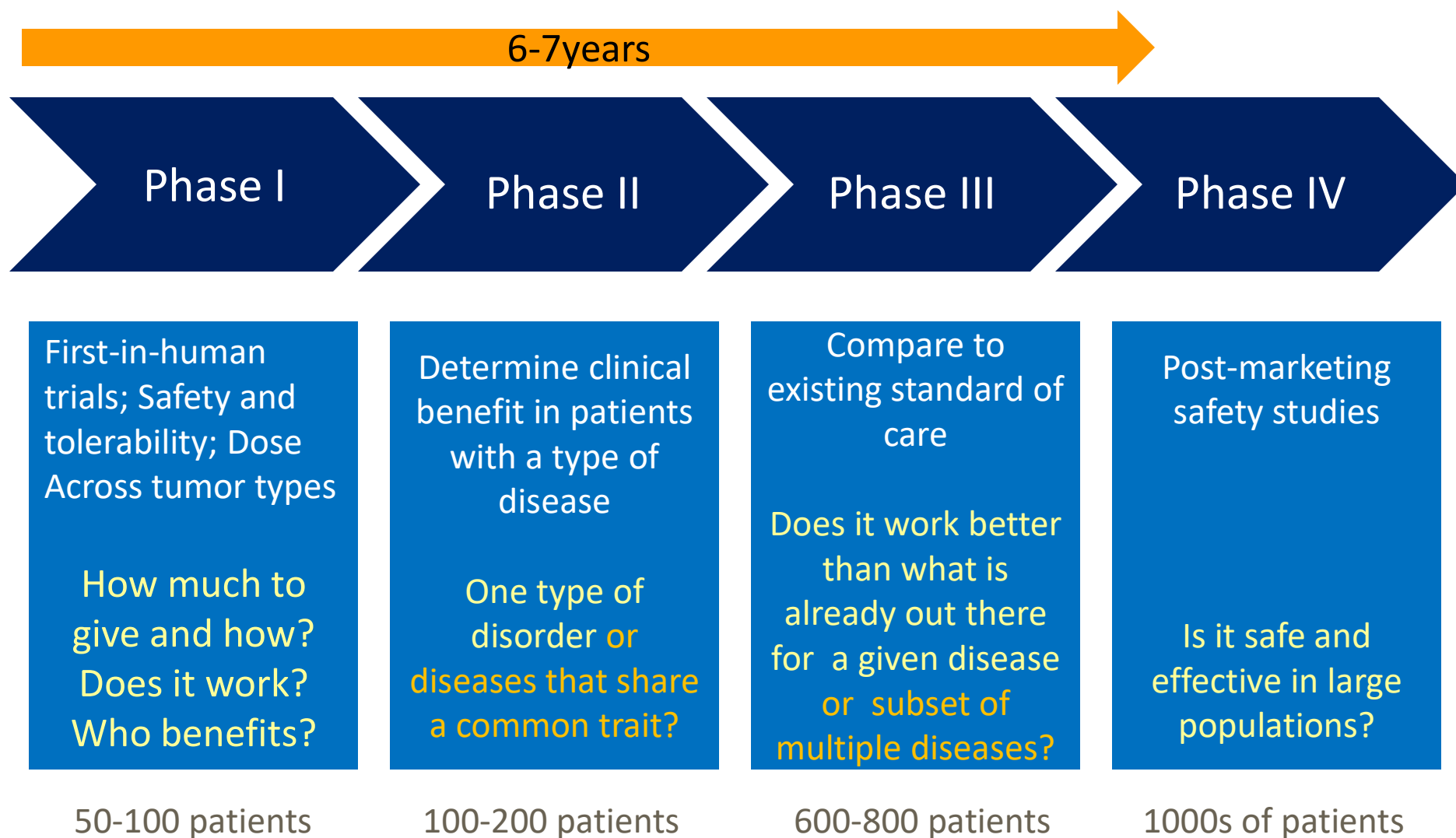
# Evolution of early phase trials

- Establishment of MTD- **Cytotoxic Chemotherapies**
- Target modulation; Establishing the '**Optimal Biologic Dose**'- **Targeted Agents**
- "**Concept of driver mutations**"-Basket/umbrella trials
- "**Seamless drug development**"- Early phase trials with multiple expansion cohorts:  
**Immunotherapies**
- Intersection of target modulation, molecular profiling, immunotherapy in early phase trials



# Stages of Clinical Research-Reinvented

Phase I trials sit at the interface of laboratory advances and later stage clinical care; expedite development of new treatments ; basis to prioritize resource allocation







Stanford University, Palo Alto, CA, USA

Phase I group

