

# CANCER AND THROMBOSIS

## WHAT IS THE ROLE OF DIRECT ORAL ANTICOAGULANTS?

New Orleans, Louisiana  
July 21, 2018

Craig S Kitchens, MD, MACP  
Professor Emeritus  
University of Florida

# CRAIG KITCHENS, MD, MACP

THROMBOSIS IN THE ONCOLOGIC PATIENT: FROM  
HEPARINOID PRODUCTS TO THROMBIN INHIBITORS

NO RELEVANT FINANCIAL RELATIONSHIPS IN THE PAST  
TWELVE MONTHS BY PRESENTER OR SPOUSE/PARTNER.

THE SPEAKER WILL DIRECTLY DISCLOSE THE USE OF  
PRODUCTS FOR WHICH ARE NOT LABELED (E.G., OFF LABEL  
USE) OR IF THE PRODUCT IS STILL INVESTIGATIONAL.



13<sup>th</sup> Annual New Orleans Summer Cancer Meeting  
July 20-22, 2018

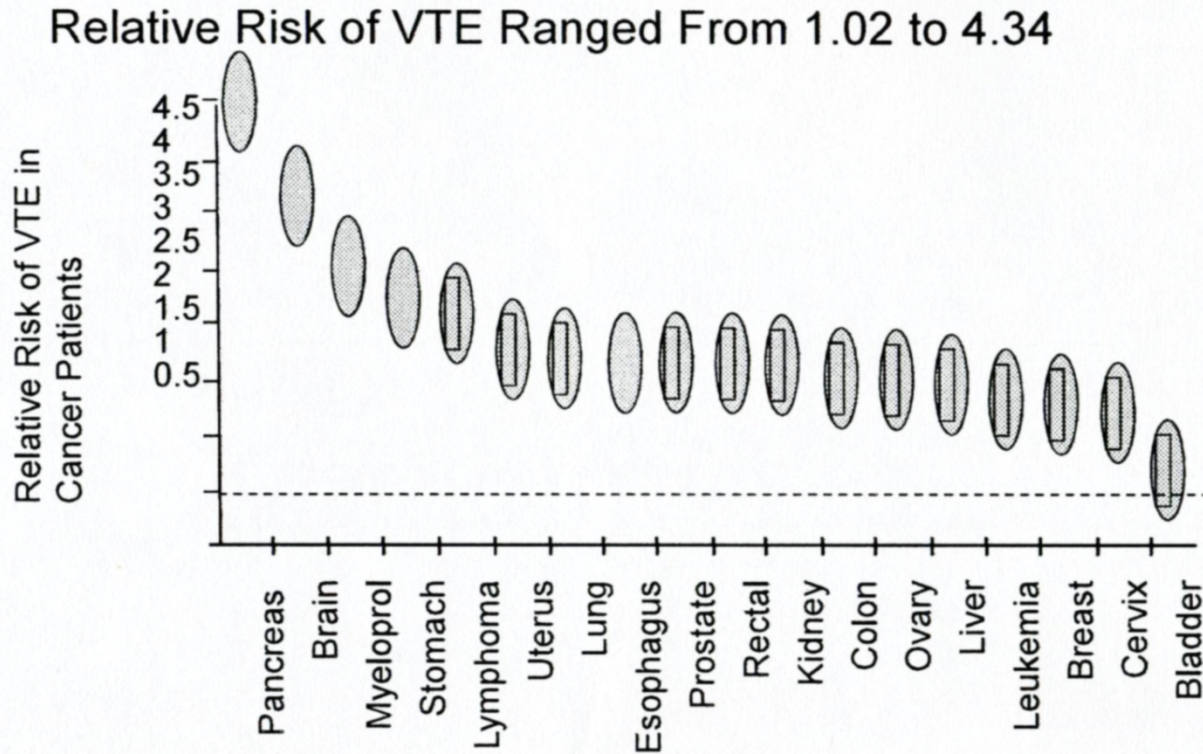
# RISK FACTORS FOR HYPERCOAGULABILITY IN CANCER PATIENTS

- 1) Cell type of cancer
- 2) Stage of disease progression
- 3) Frequent surgery
- 4) Medical comorbidity
- 5) Too brief period of VTE prophylaxis
- 6) Longer survival of patients with active cancer
- 7) Use of ESAS, transfusions, many anti-tumor agents
- 8) Us, namely overconcern of bleeding, e.g. thrombocytopenia

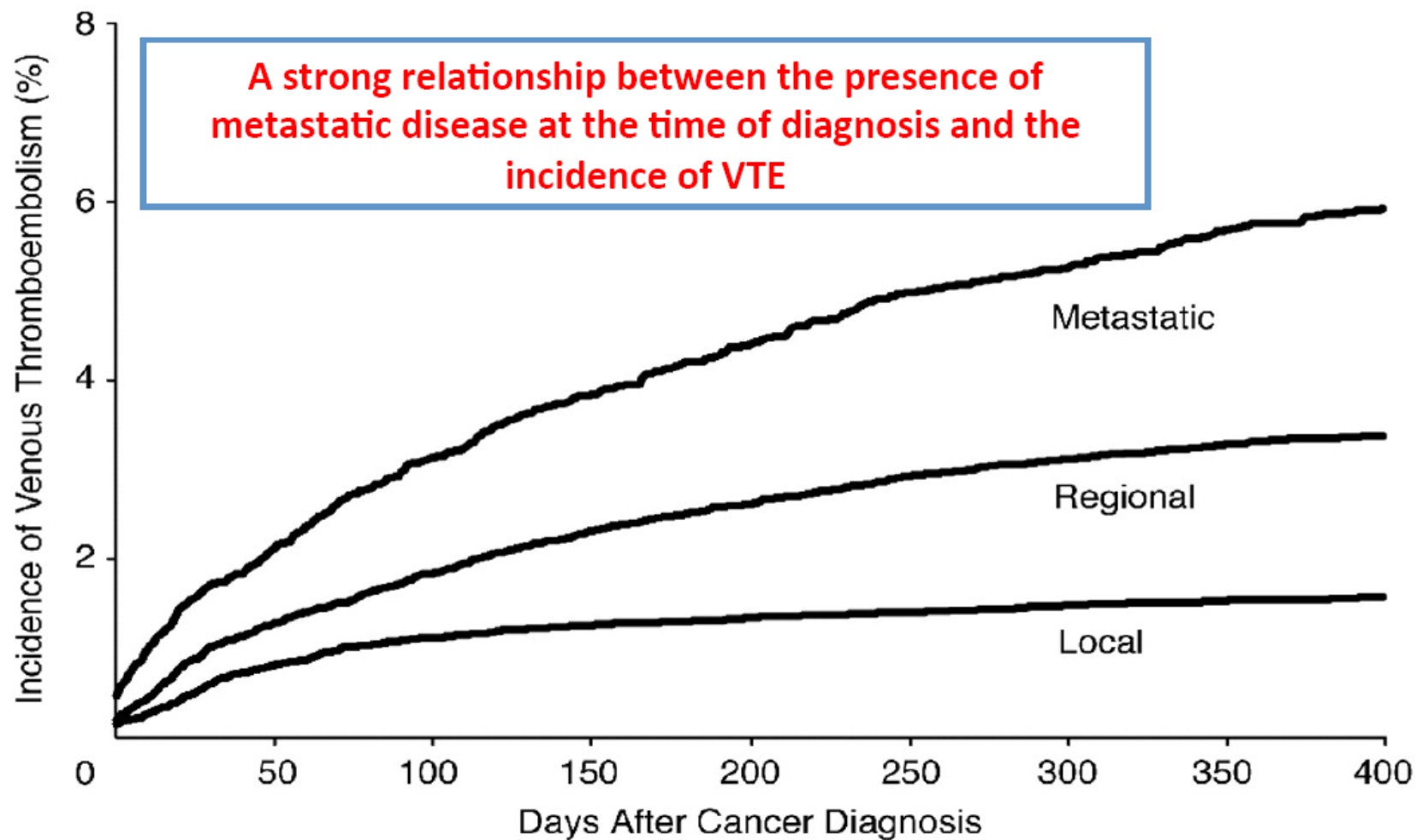
# PATHOGENESIS OF VTE IN CANCER PATIENTS

- 1) Virchow's Triad: stasis, vascular injury, hypercoagulability
- 2) Tumors and hypercoagulability procoagulants
  - Tissue factor
  - Mucinous secretions
  - Reduced endothelial secretion of tPA
  - Enhanced thrombin generation
- 3) Cancer and inflammation
  - Increased WBCs
  - Increased cytokines, e.g. TNF $\alpha$
- 4) Cancer and thrombocytosis
  - Platelet microparticles
  - Platelet secretions (e.g. P-selectin)

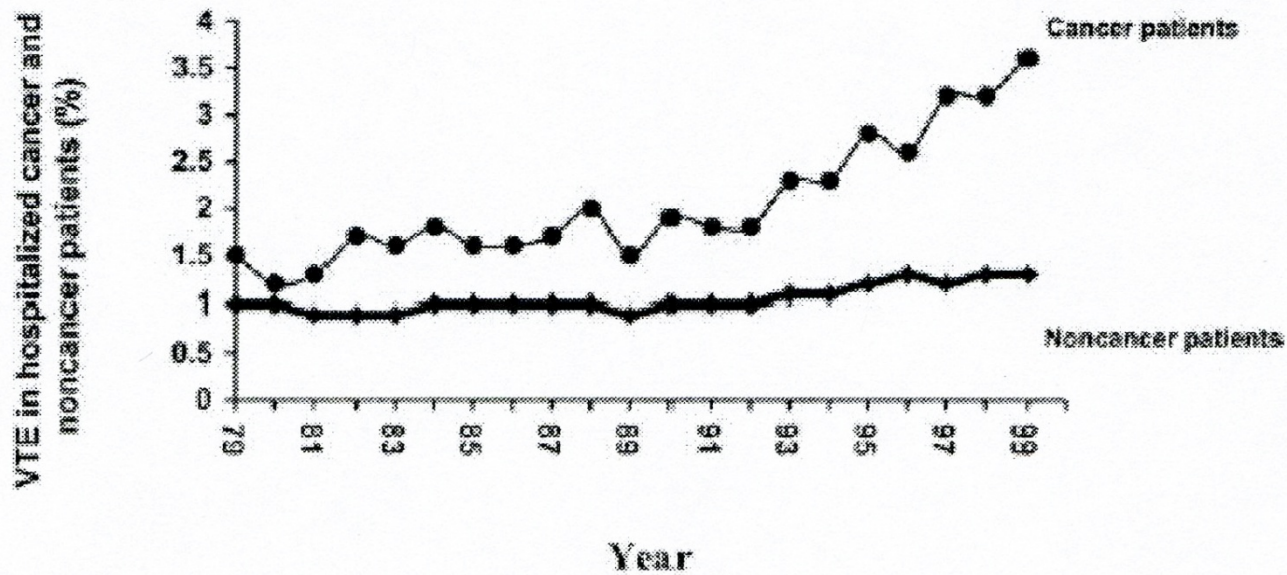
# VTE Risk and Cancer Type: “Solid and Liquid”



# Kaplan-Meier plot of the incidence of VTE after colorectal cancer diagnosis stratified by stage

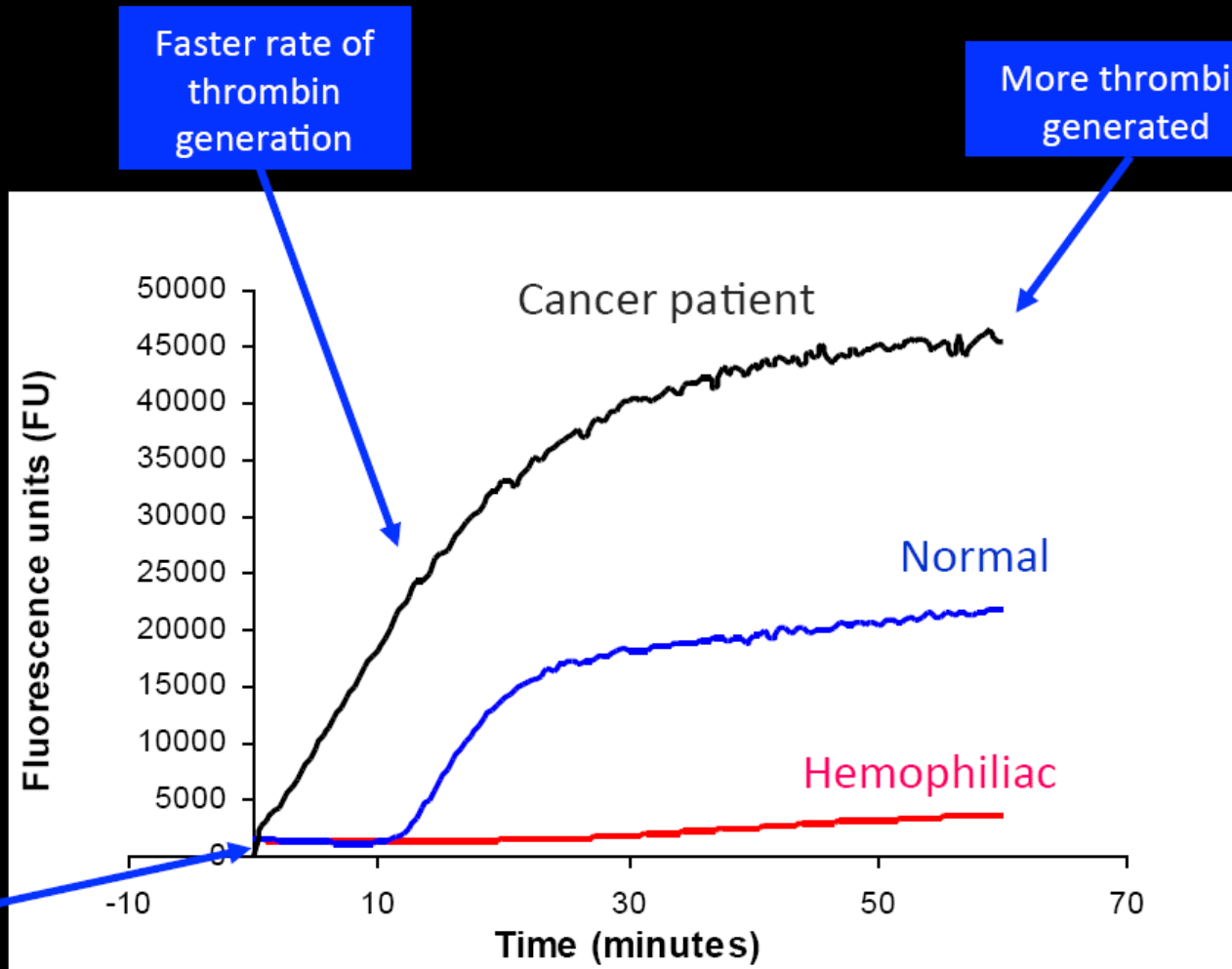


## As Number of Cancer Survivors Increase, VTE Rates Increase



Stein PD, et al. Am J Med 2006; 119: 60-68

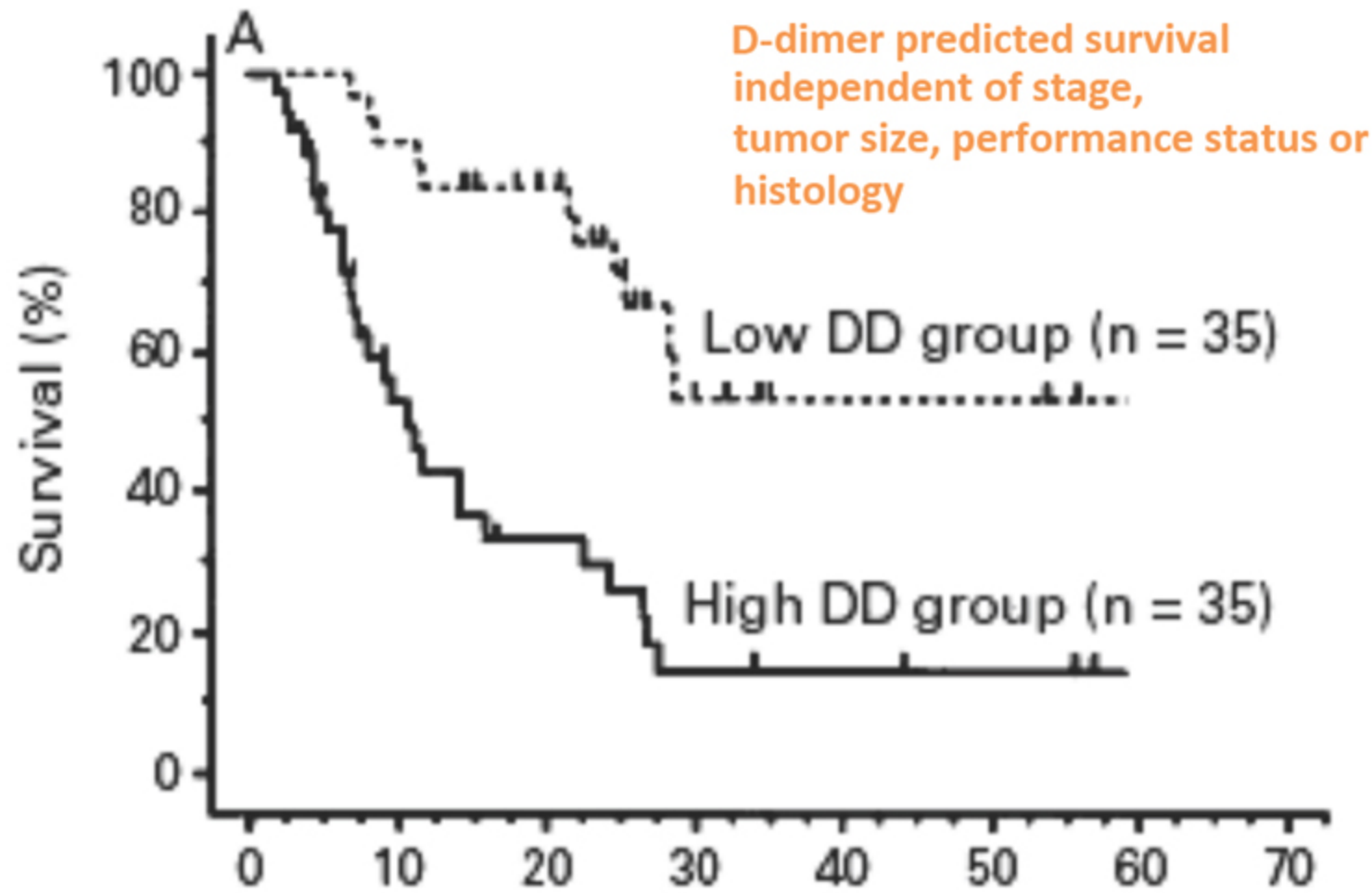
# Thrombin Generation in Cancer



Adapted from J Francis



# Elevated levels of D-dimer are predictive of survival in NSC lung cancer



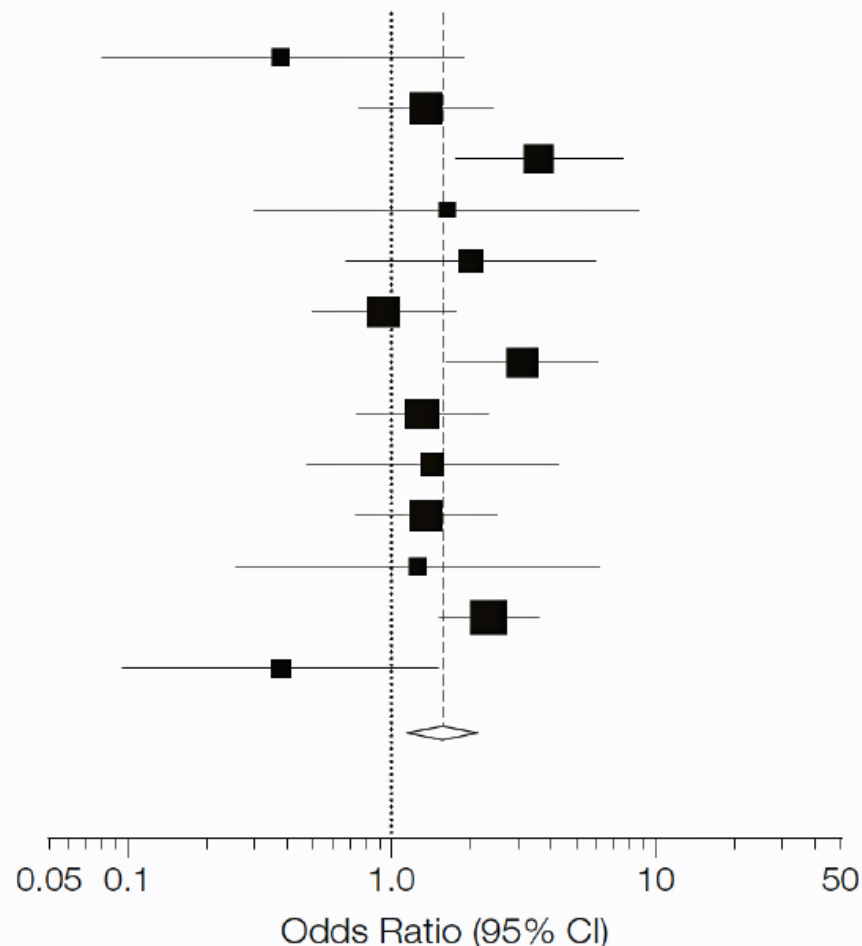
# RECURRENCE RATE WITH FACTOR V LEIDEN

■ Probands heterozygous for factor V Leiden mutation

Source	Odds Ratio (95% CI)
Kearon et al, <sup>23</sup> 1999	0.38 (0.08-1.87)
Lindmarker et al, <sup>14</sup> 1999	1.35 (0.75-2.43)
Simioni et al, <sup>15</sup> 2000	3.62 (1.74-7.53)
Høibraaten et al, <sup>20</sup> 2001	1.61 (0.30-8.62)
Miles et al, <sup>25</sup> 2001	1.99 (0.67-5.90)
Eichinger et al, <sup>18</sup> 2002	0.94 (0.50-1.76)
Palareti et al, <sup>17</sup> 2003	3.12 (1.61-6.04)
Christiansen et al, <sup>13</sup> 2005	1.30 (0.73-2.31)
González-Porrás et al, <sup>19</sup> 2006	1.43 (0.48-4.29)
Wåhlander et al, <sup>22</sup> 2006 <sup>a</sup>	1.36 (0.73-2.51)
Wåhlander et al, <sup>22</sup> 2006 <sup>b</sup>	1.26 (0.26-6.14)
Prandoni et al, <sup>21</sup> 2007	2.33 (1.51-3.61)
Kearon et al, <sup>24</sup> 2008	0.38 (0.10-1.50)
<b>Overall</b>	<b>1.56 (1.14-2.12)</b>

Test for heterogeneity:  $I^2 = 48\%$ ;  $P = .03$

Test for overall effect:  $P = .005$



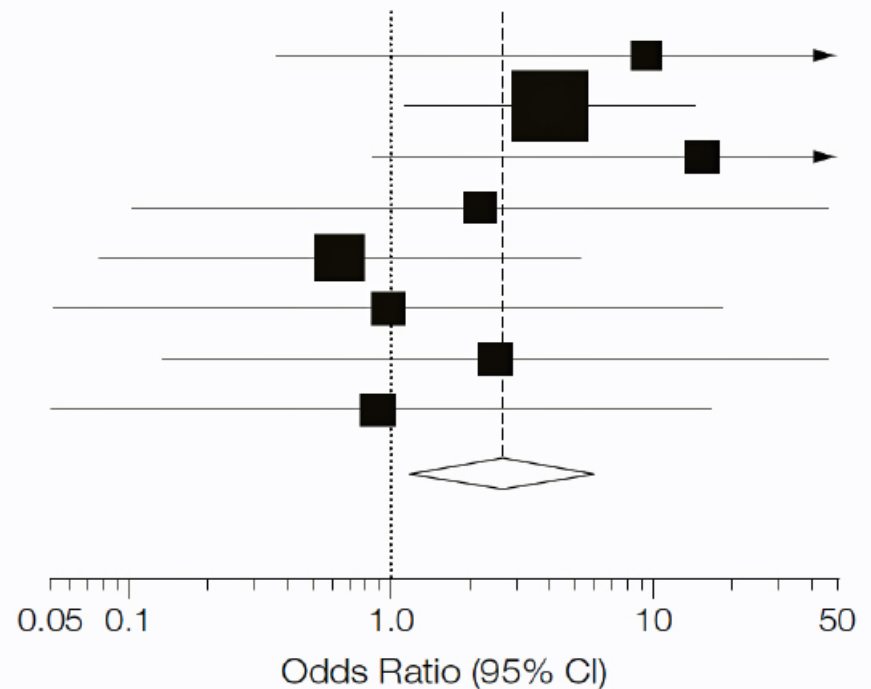
# RECURRENCE RATE WITH FACTOR V LEIDEN

Probands homozygous for factor V Leiden mutation

Source	Odds Ratio (95% CI)
Kearon et al, <sup>23</sup> 1999	9.44 (0.36-245.69)
Lindmarker et al, <sup>14</sup> 1999	4.03 (1.13-14.34)
Høibraaten et al, <sup>20</sup> 2001	15.33 (0.85-276.51)
Palareti et al, <sup>17</sup> 2003	2.18 (0.10-46.20)
Christiansen et al, <sup>13</sup> 2005	0.64 (0.08-5.26)
Wåhlander et al, <sup>22</sup> 2006 <sup>a</sup>	0.98 (0.05-18.50)
Wåhlander et al, <sup>22</sup> 2006 <sup>b</sup>	2.50 (0.13-46.47)
Kearon et al, <sup>24</sup> 2008	0.89 (0.05-16.72)
<b>Overall</b>	<b>2.65 (1.18-5.97)</b>

Test for heterogeneity:  $I^2 = 0\%$ ;  $P = .62$

Test for overall effect:  $P = .08$



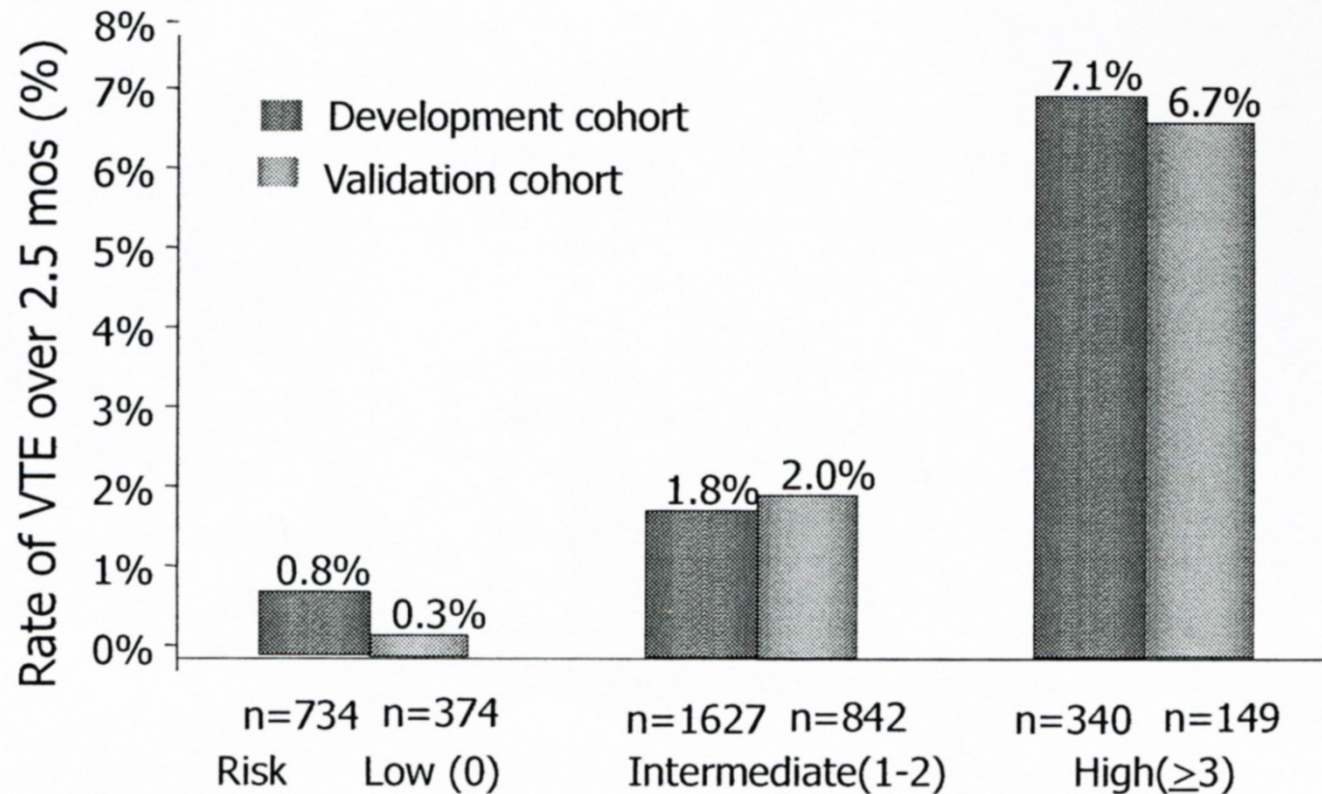
**TABLE  
23-3****Predictive Model for Chemotherapy-Associated Venous Thromboembolism**

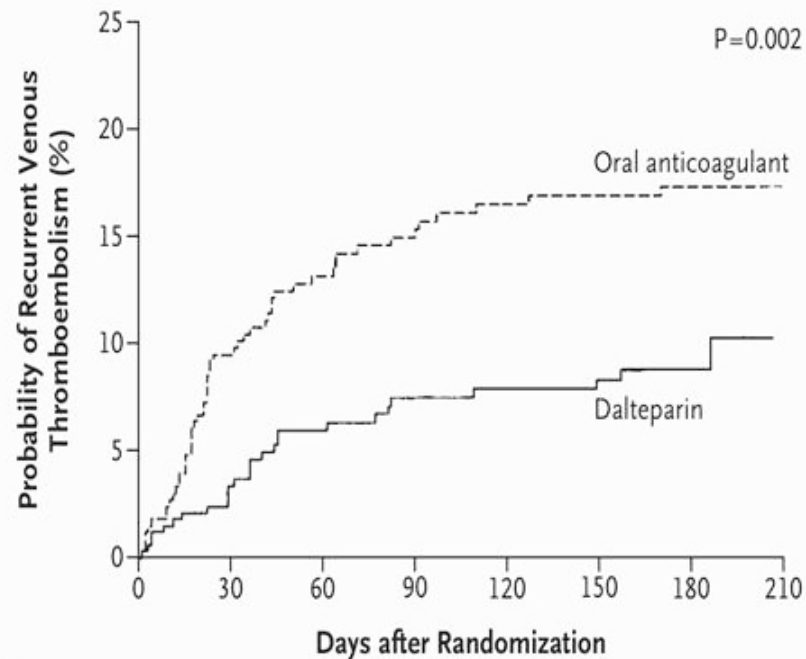
Patient Characteristic	Points
Site of cancer	
Very high risk (stomach, pancreas)	2
High risk (lung, lymphoma, gynecologic, bladder, testicular)	1
Prechemotherapy platelet count of $\geq 350,000/\mu\text{L}$	1
Prechemotherapy hemoglobin level of $< 10$ g/dL and/or planned use of erythropoiesis-stimulating agents	1
Prechemotherapy leukocyte count of $> 11,000/\mu\text{L}$	1
Body mass index (BMI) of $\geq 35$ kg/m <sup>2</sup>	1

*From Khorana AA, Kuderer NM, Culakova E, et al: Development and validation of a predictive model for chemotherapy-associated thrombosis. Blood 111:4902-4907, 2008.*

High-risk score =  $\geq 3$ ; intermediate-risk score = 1 or 2; low-risk score = 0.

# Risk Model Validation in Ambulatory Cancer Patients



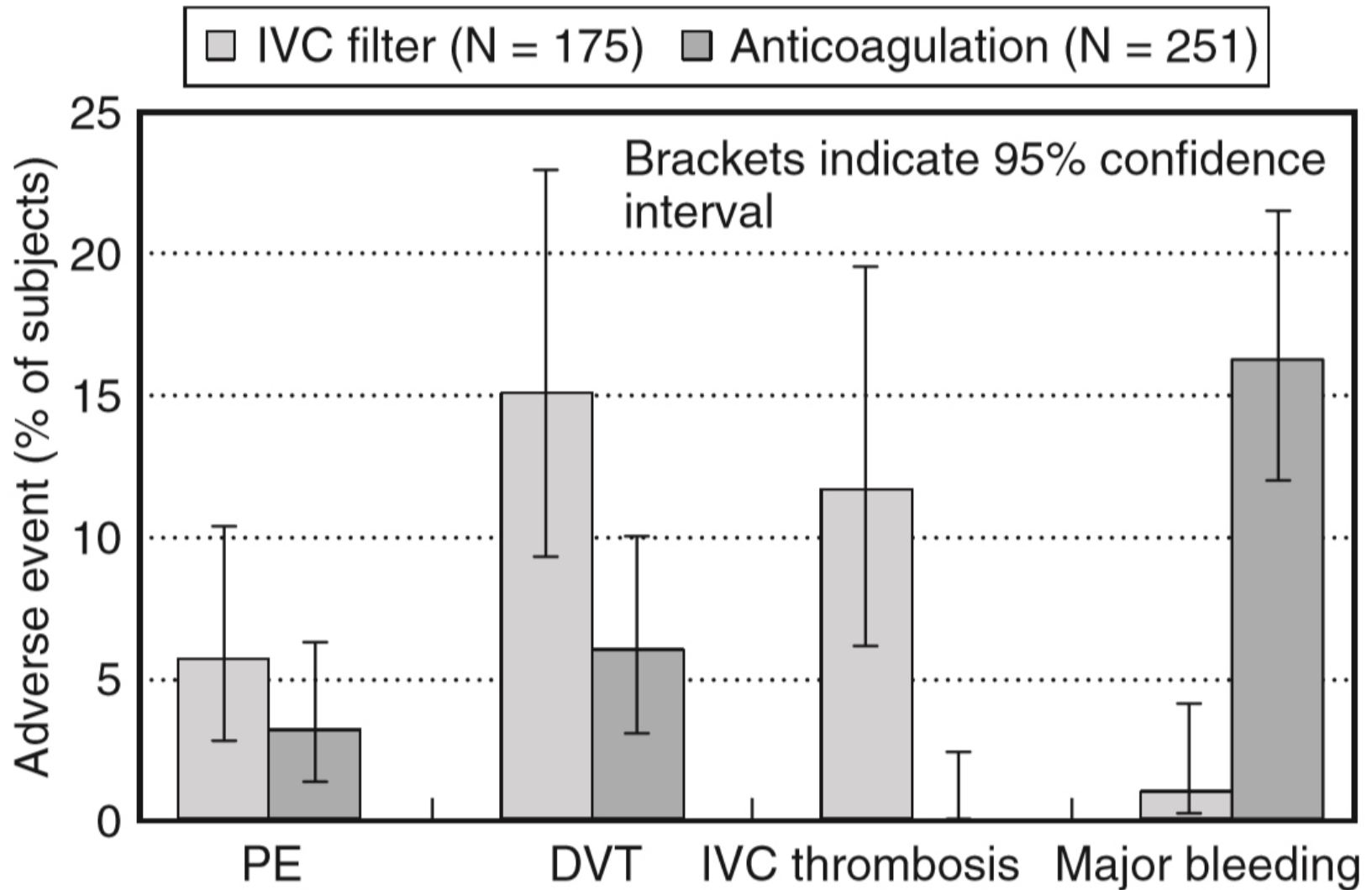


**No. at Risk**

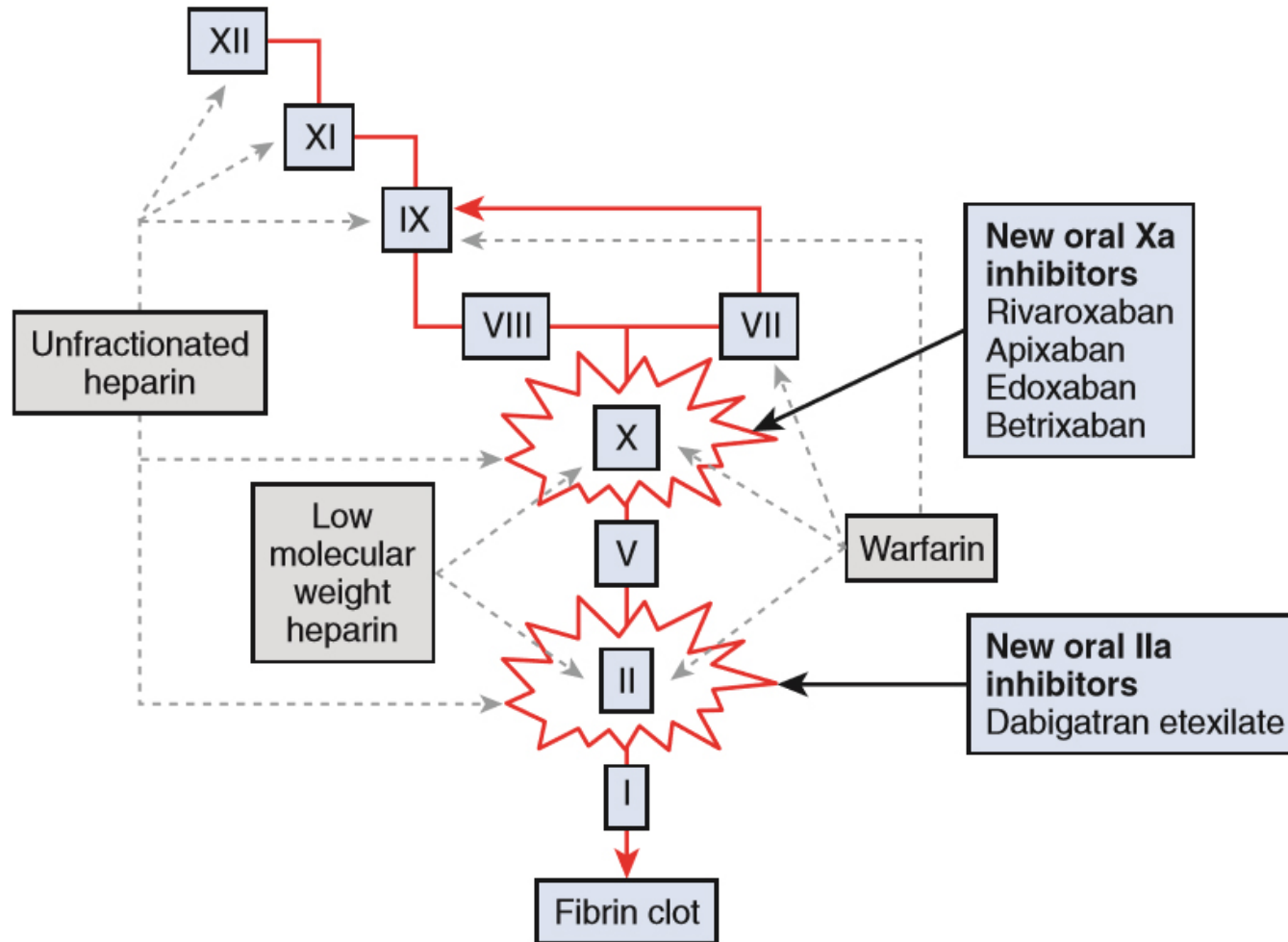
Dalteparin	336	301	264	235	227	210	164
Oral anticoagulant	336	280	242	221	200	194	154

**Figure 1.** Kaplan–Meier Estimates of the Probability of Symptomatic Recurrent Venous Thromboembolism among Patients with Cancer, According to Whether They Received Secondary Prophylaxis with Dalteparin or Oral Anticoagulant Therapy for Acute Venous Thromboembolism.

An event was defined as an objectively verified, symptomatic episode of recurrent deep-vein thrombosis, pulmonary embolism, or both during the six-month study period. The hazard ratio for recurrent thromboembolism in the dalteparin group as compared with the oral-anticoagulant group was 0.48 (95 percent confidence interval, 0.30 to 0.77;  $P=0.002$  by the log-rank test).



**Figure 31-3** Frequency of adverse clinical events in studies of vena cava filter placement or anticoagulation for treatment of cancer patients with venous thromboembolism (VTE). *DVT*, Deep vein thrombosis; *IVC*, inferior vena cava; *PE*, pulmonary embolism.



**FIG 37.2** Coagulation cascade and factors inhibited or impaired by both standard anticoagulants and new target-specific oral anticoagulants.



**TABLE 37.7 Comparative Pharmacokinetics and Pharmacodynamics of Direct Oral Anticoagulants**

	<b>Dabigatran</b>	<b>Rivaroxaban</b>	<b>Apixaban</b>	<b>Edoxaban</b>	<b>Betrixaban</b>
<b>Target(s)</b>	Ila	Xa	Xa	Xa	Xa
<b>Prodrug</b>	Yes	No	No	No	No
<b>Bioavailability (%)</b>	6.5 (pH dependent)	80	50	62	34
<b>Peak effect</b>	1.5–3 h	2–4 h	1–3 h	1–2 h	3–4 h
<b>Half-life<sup>a</sup></b>	12–17 h	5–9 h	9–14 h	10–14 h	19–27 h
<b>Renal elimination (unchanged drug)</b>	80%	33%	25%	50%	6%–13%
<b>Protein binding (%)</b>	35	90	87	55	60
<b>Dialyzable</b>	Yes	No	No	Possible	No
<b>Drug interactions</b>	P-gp	CYP 3A4, P-gp	CYP 3A4, P-gp	CYP 3A4 (minimal), P-gp	P-gp
<b>Monitoring</b>	No	No	No	No	No
<b>Dosing</b>	Twice daily	Once daily	Twice daily	Once daily	Once daily
<b>Antidote</b>	Idarucizumab	Andexanet alfa Ciraparantag (in development)	Andexanet alfa Ciraparantag (in development)	Andexanet alfa Ciraparantag (in development)	?
<b>Lab measure</b>	PTT TT, ECT	PT Anti-Xa	Anti-Xa	Anti-Xa	Anti-Xa

<sup>a</sup>normal renal function.

3A4, Cytochrome P450 3A4; PTT, partial thromboplastin time; ECT, ecarin clotting time; INR, international normalized ratio; P-gp, P glycoprotein; PT, prothrombin time; TT, thrombin time.

**TABLE 37.12 Characteristics of the Direct Oral Anticoagulants Versus Warfarin**

<b>Characteristic</b>	<b>Warfarin</b>	<b>Direct Oral Anticoagulant</b>
Onset of anticoagulant effect	Slow	Rapid
Half-life	Long	Short (with normal renal function)
Dosing	Variable	Fixed (some variability)
Food effect	Yes	No
Drug interactions	Many	Few
Monitoring of anticoagulant effect	Yes	No
Antidote	Yes	Yes