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# **Managing the Newly Diagnosed Patient in 2020**

**Sergio Giralt, MD**  
**Melvin Berlin Family Chair in Myeloma Research**  
**Professor of Medicine Weill Cornell Medical College**  
**Chief Attending, Adult BMT Service**  
**Memorial Sloan Kettering Cancer Center**

St Francis Hospital Grand Rounds  
Eastern Hills, New York  
January 16, 2020



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## Disclosures

- Consultancy
  - AMGEN, Jazz, Takeda, Novartis, KITE, Sanofi, CELGENE, Pfizer, GSK, Omeros, Acrotech, Actinuum
- Research Support
  - AMGEN, Takeda, Novartis, Sanofi, CELGENE, Pfizer, GSK, Actinuum, Miltenyi
- I am a transplanter



## Initial Presentation

- 75-year-old woman
- $\kappa$  light chain multiple myeloma diagnosed January 2019
  - Durie-Salmon Stage IIIA, ISS Stage 2
- Laboratory findings
  - Total proteinuria 5.82 g/day
  - Bence Jones protein (BJP) 3.6 g/day
  - Hypogammaglobulinemia
  - Albumin 3.9 g/dL
  - $\beta$ 2-microglobulin 4.7 mg/L
  - Creatinine 1.7 mg/dl
  - No paraprotein peak but kappa light chain 120000 with lambda light chain at 0.01
  - Kappa/lambda ratio=12000000



# Initial Presentation

- Bone marrow biopsy
  - Cellularity 80% with 25% plasma cells
  - Cytogenetics 46, XX, inversion 9 (p11;q13)
- FISH no abnormalities
- Skeletal survey: extensive lytic bone disease with healing fractures of left 7<sup>th</sup> and the 8<sup>th</sup> ribs
- MRI of the spine: diffuse hyper-intense homogenous signal on STIR sequence
- MRI of the pelvis: diffuse marrow infiltrative changes due to myeloma
- Comorbidities: Diabetic on metformin, no history of coronary artery disease or other comorbidities



## Maintenance of Certification Question

- In this newly diagnosed 75 year old with ISS Stage 2 Myeloma what would be the treatment strategy most likely to achieve a complete remission
- 1. Double therapy induction x 6 months followed by lenalidomide maintenance
- 2. Triple therapy with an alkylator a proteasome inhibitor and steroids followed by lenalidomide maintenance
- 3. Triple therapy with an alkylator a proteasome inhibitor and steroids followed by high dose melphalan and auto HCT followed by lenalidomide maintenance
- 4. Triple therapy with lenalidomide, bortezomib and dexamethasone followed by high dose melphalan and auto HCT followed by lenalidomide maintenance



## Maintenance of Certification Answer

- In this newly diagnosed 75 year old with ISS Stage 2 Myeloma what would be the treatment strategy most likely to achieve a complete remission
- The correct answer is 4 which in randomized trials has shown deeper responses than the other alternatives.
- Doublet therapy is inferior to 3 drug therapy and should be limited to frail and debilitated patients
- In this patient high dose melphalan and autologous HCT would deepen the response
- Option 3 is reasonable due to her increase creatinine but would be associated with a lower CR rate.



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**Is she transplant eligible?**

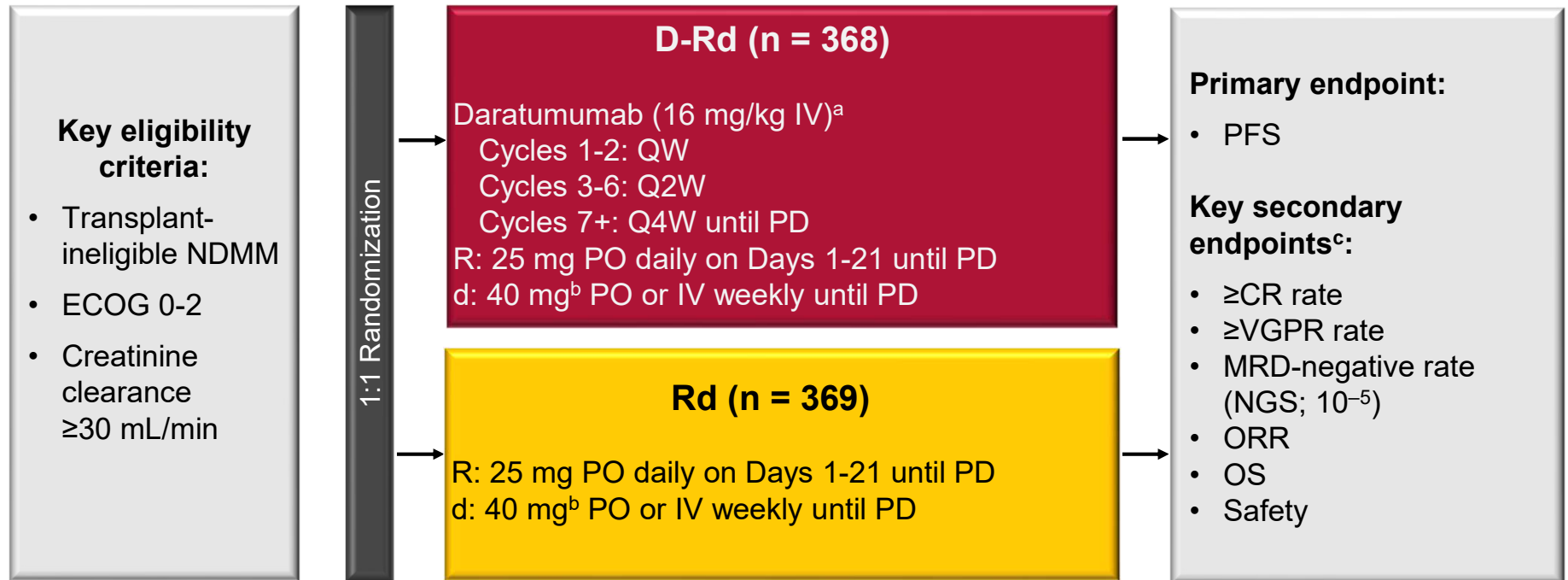
**If yes**

**Is there an optimal induction?**



# MAIA Study Design

- Phase 3 study of D-Rd vs Rd in transplant-ineligible NDMM (N = 737)



### Stratification factors

- ISS (I vs II vs III)
- Region (NA vs other)
- Age (<75 vs  $\geq 75$  years)

**Cycle: 28 days**

<sup>a</sup>On days when daratumumab was administered, dexamethasone was administered to patients in the D-Rd arm and served as the treatment dose of steroid for that day, as well as the required pre-infusion medication.

<sup>b</sup>For patients older than 75 years of age or with BMI <18.5, dexamethasone was administered at a dose of 20 mg weekly.

<sup>c</sup>Efficacy endpoints were sequentially tested in the order shown.

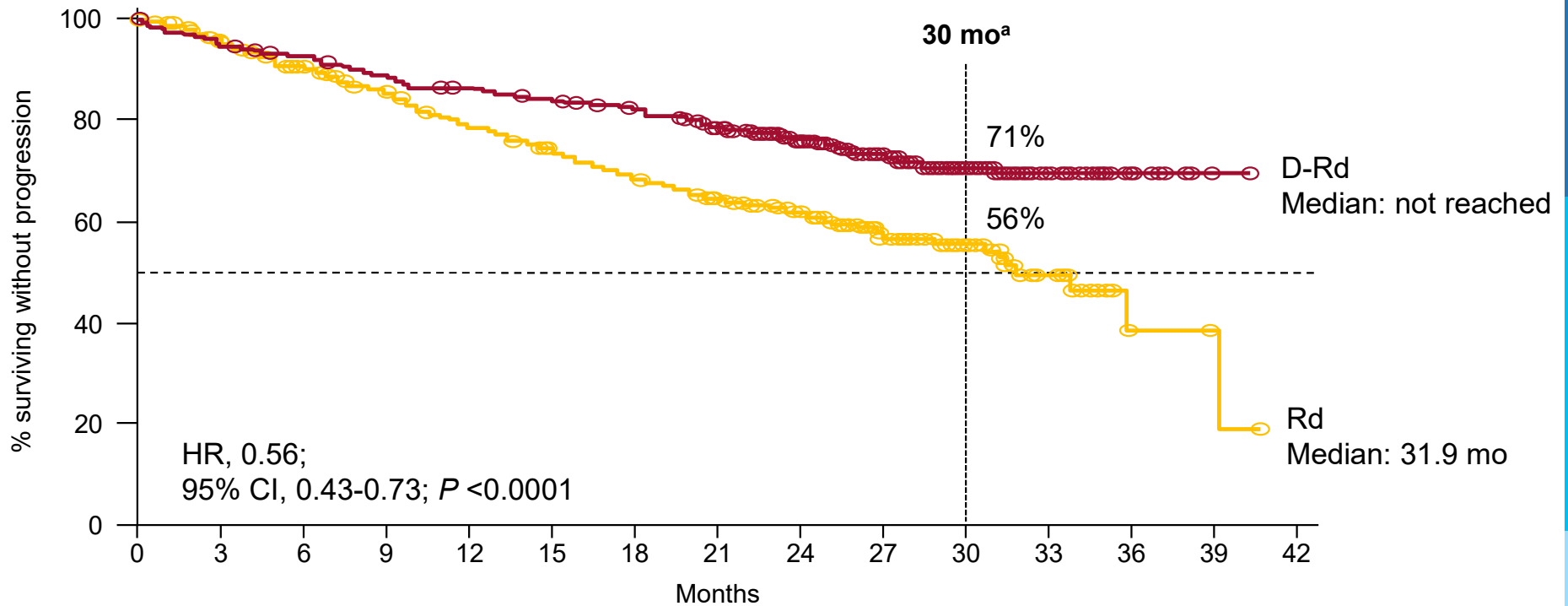
ECOG, Eastern Cooperative Oncology Group; ISS, International Staging System; NA, North America; IV, intravenously; QW, once weekly; Q2W, every 2 weeks; Q4W, every 4 weeks; PD, progressive disease; PO, orally; CR, complete response; VGPR, very good partial response; MRD, minimal residual disease; NGS, next-generation sequencing; ORR, overall response rate; OS, overall survival; BMI, body mass index.



**Efficacy: PFS**

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Median follow-up: 28 months (range: 0.0-41.4)



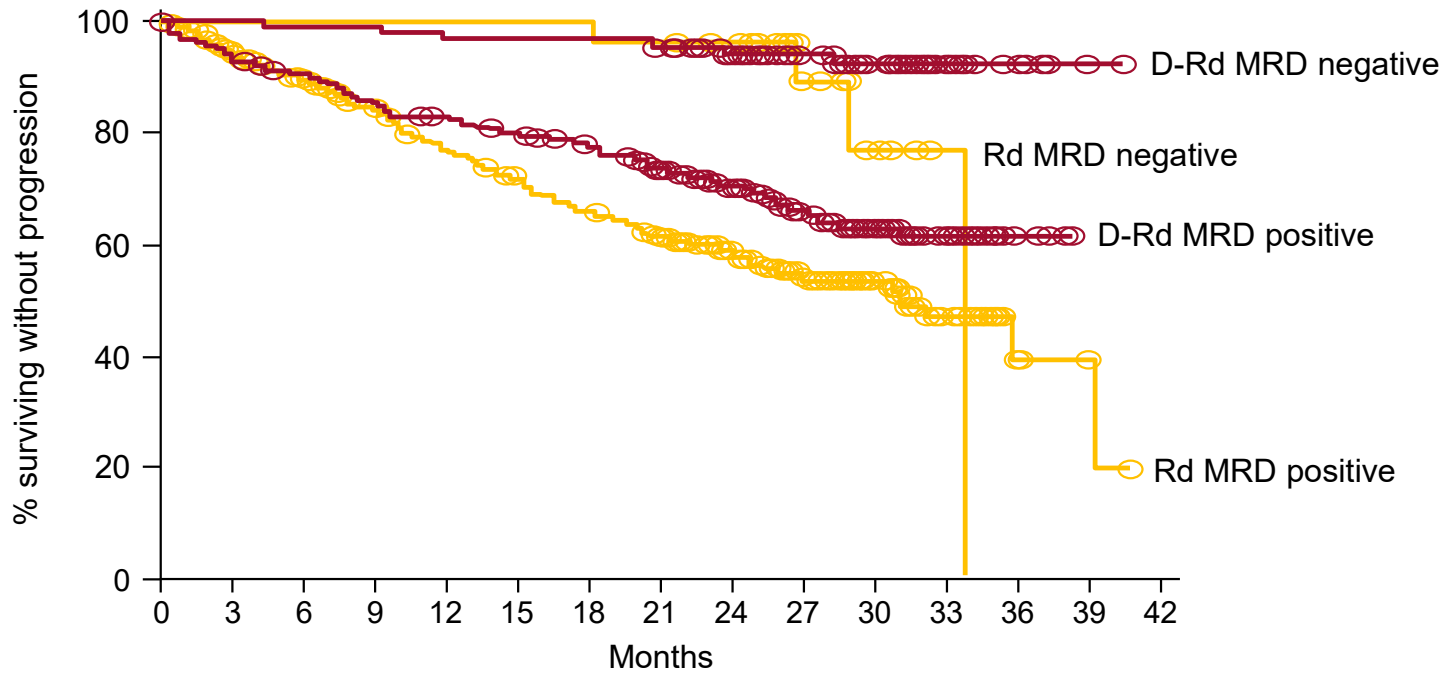
No. at risk	0	3	6	9	12	15	18	21	24	27	30	33	36	39	42
Rd	369	332	307	280	254	236	219	200	149	94	50	18	3	2	0
D-Rd	368	347	335	320	309	300	290	271	203	146	86	35	11	1	0

**44% reduction in the risk of progression or death in patients receiving D-Rd**

CI, confidence interval.  
<sup>a</sup>Kaplan-Meier estimate.



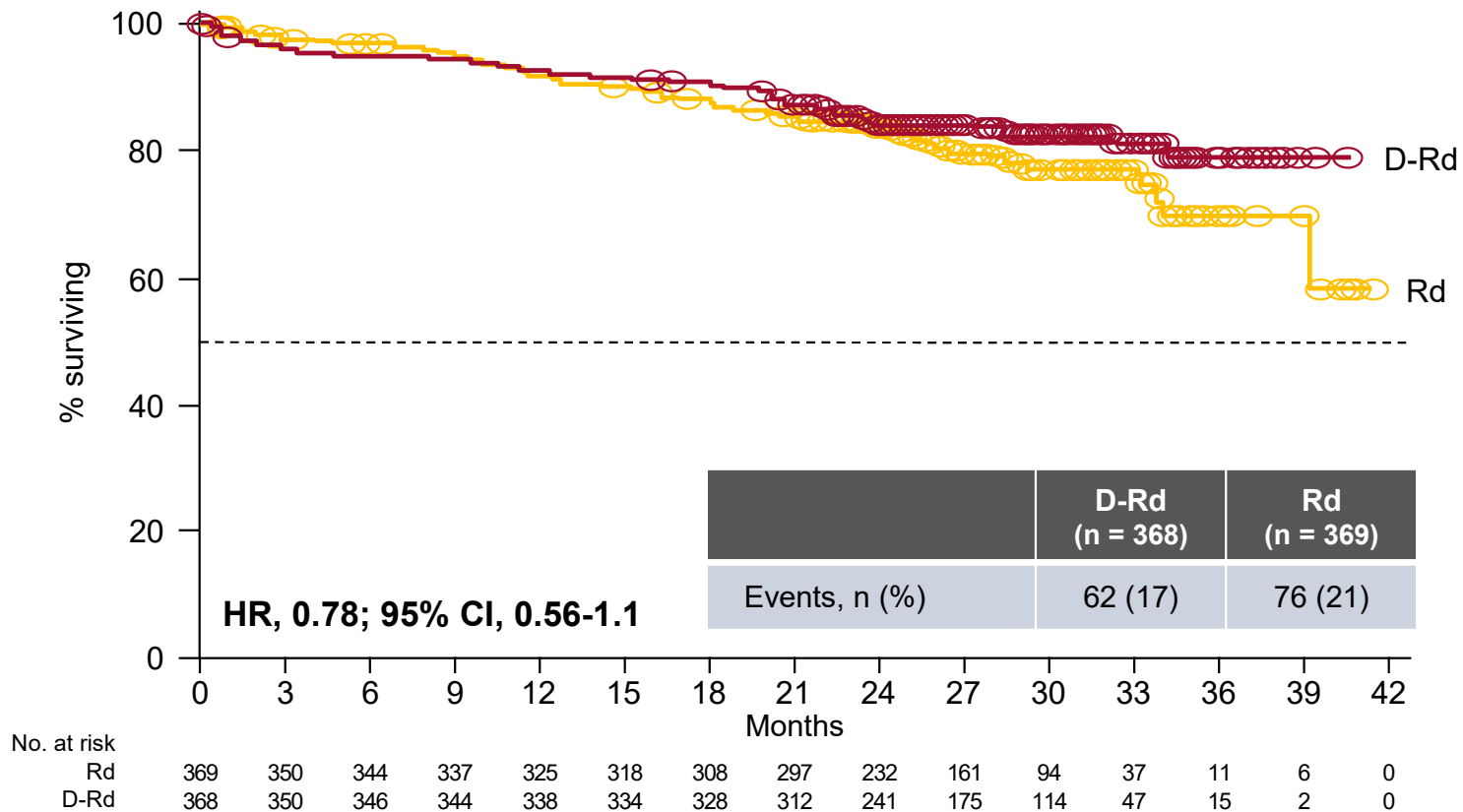
# Efficacy: PFS by MRD Status



No. at risk	0	3	6	9	12	15	18	21	24	27	30	33	36	39	42
Rd MRD negative	27	27	27	27	27	27	27	25	21	12	5	1	0	0	0
D-Rd MRD negative	89	89	88	88	86	86	86	84	70	55	33	12	5	1	0
Rd MRD positive	342	305	280	253	227	209	192	175	128	82	45	17	3	2	0
D-Rd MRD positive	279	258	247	232	223	214	204	187	133	91	53	23	6	0	0

- >3-fold higher MRD negativity achieved with D-Rd
- Lower risk of progression or death with MRD negativity

# Efficacy: OS at Median Follow-up of 28 Months

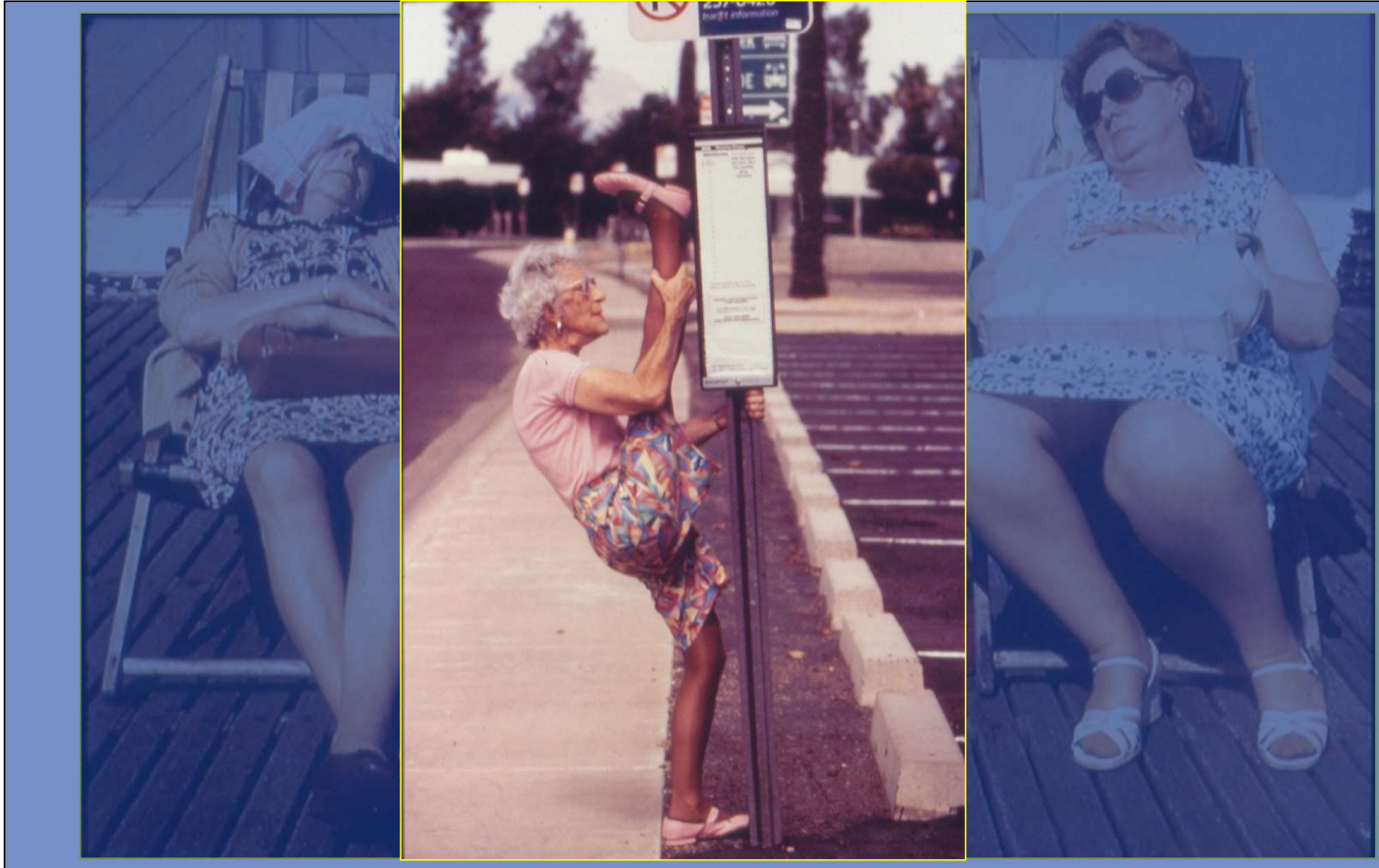


**Data are immature after median follow-up of 28 months**



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# FUNCTIONAL ASSESSMENT





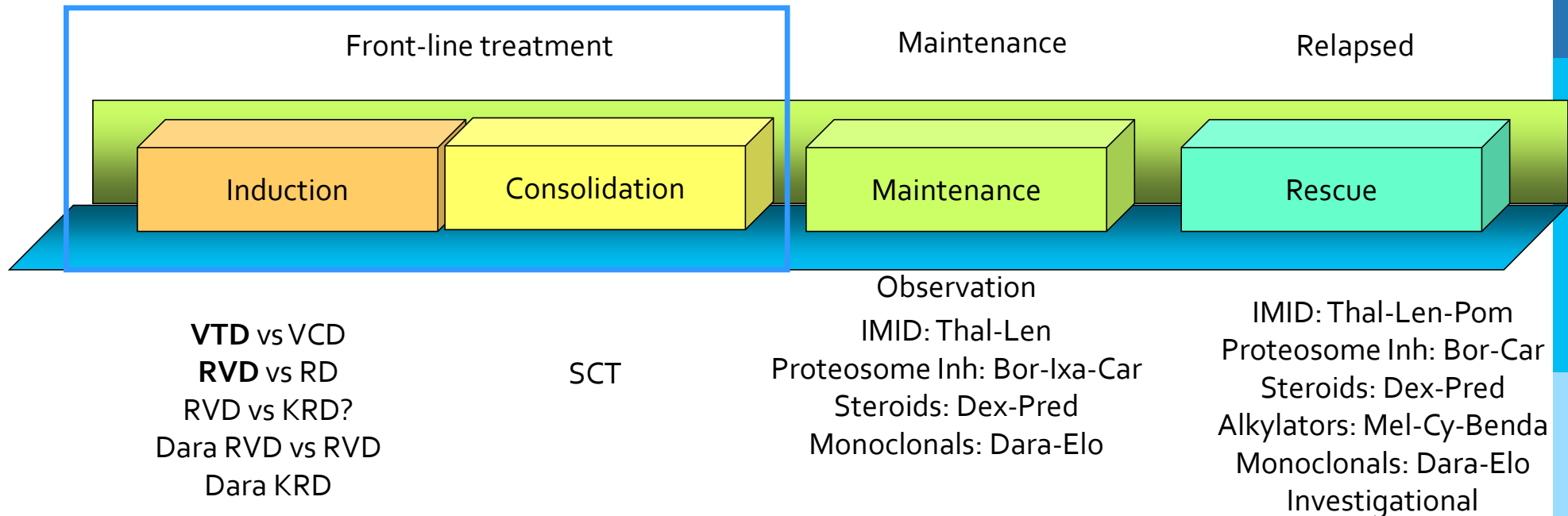
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# Goals of Induction Therapy: The Potential Transplant Patient

- Rapid responses
- Depth of responses (high response rates)
- Durable responses
- Improve performance status
- Not limit PBSC mobilization
  - No use of alkylating agents in induction therapy
- Overall goal of multiple myeloma therapy: Extend survival while maintaining quality of life



## Phase III Trials Now Informing Induction

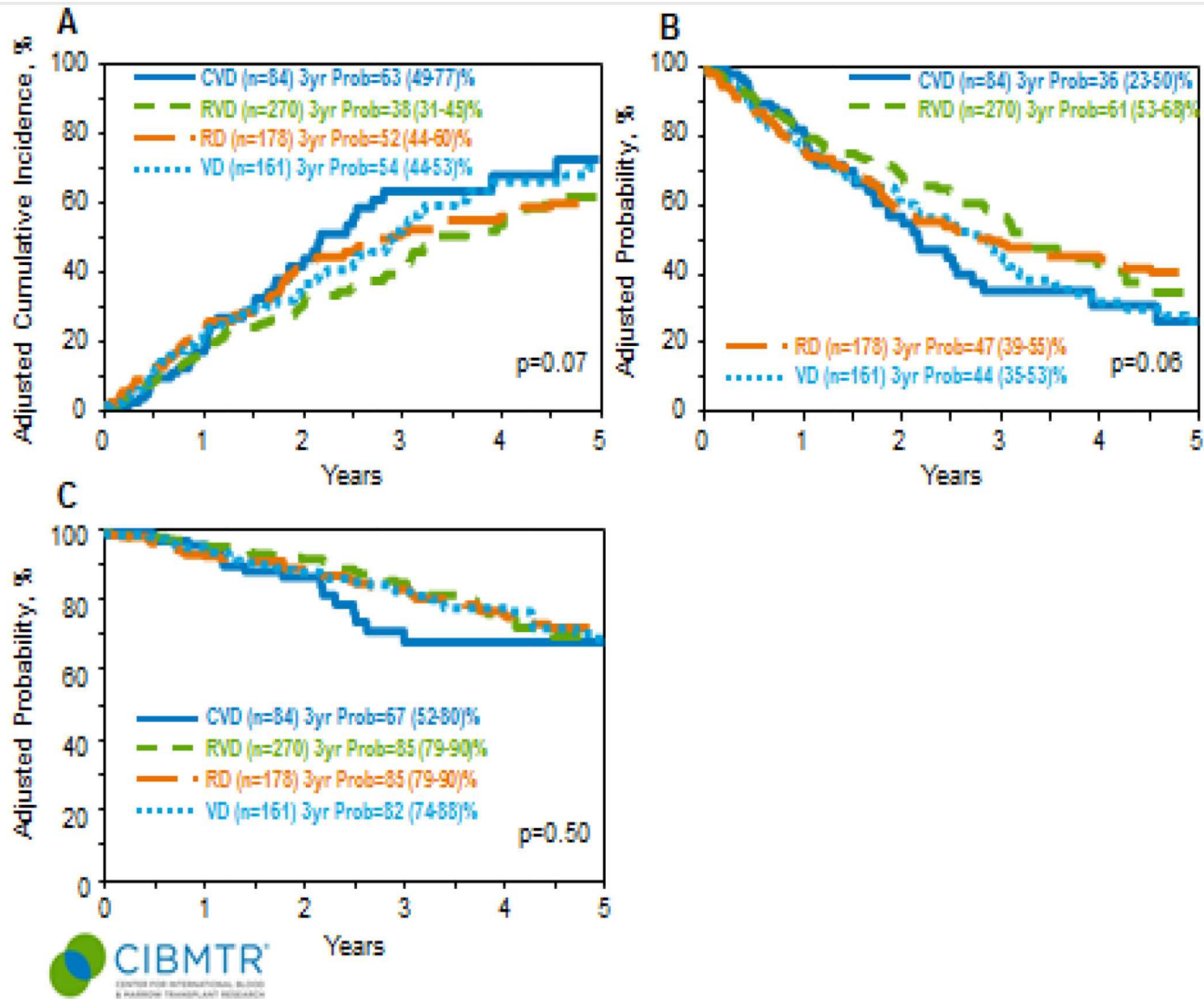


<sup>a</sup>Transplant eligible patients.

Bor = bortezomib; Dex = dexamethasone; Dox = doxorubicin; Thal = thalidomide; Len = lenalidomide;  
SCT = stem-cell transplant; Pred = prednisone; Lipo/Dox = liposomal doxorubicin.



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**She has a major response to induction (i.e VGPR) and sees 2 different specialist. One recommends HCT consolidation the other continued treatment.**

**Who is right? Why the contradiction?**





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## In 2020 who should receive high dose melphalan and auto HCT as consolidation?

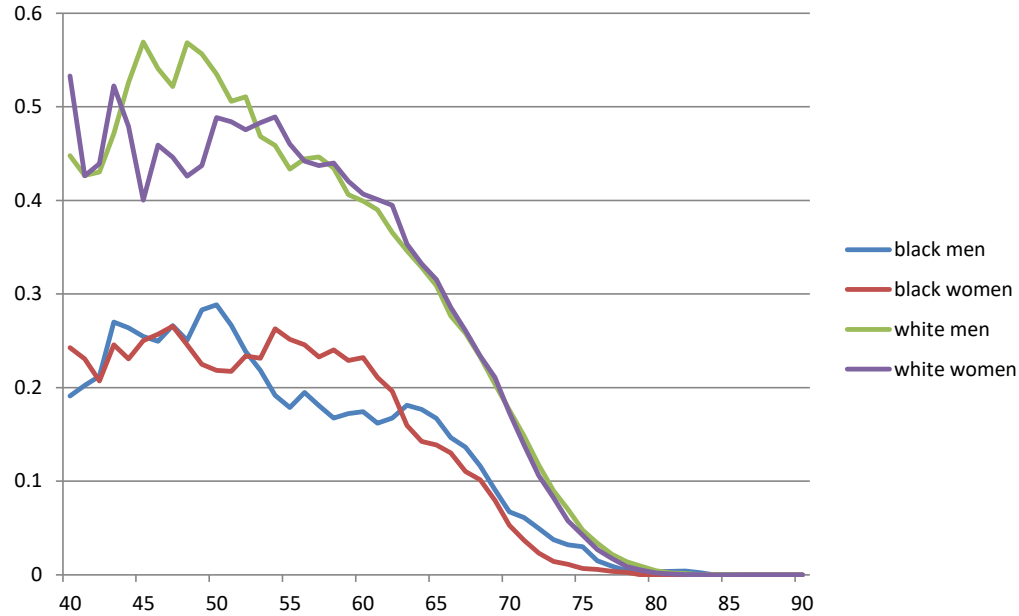
- Everybody
- Nobody
- Only patient who fail to achieve MRD negativity after 6-8 cycles of highly effective induction therapy
- Response and risk adapted



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Despite strong evidence supporting auto HCT in MM only 30% of potentially eligible patients undergo autograft. Even less if you are a minority or over 65 years of age  
Costa et al. BBMT

AHPCT "utilization rate"

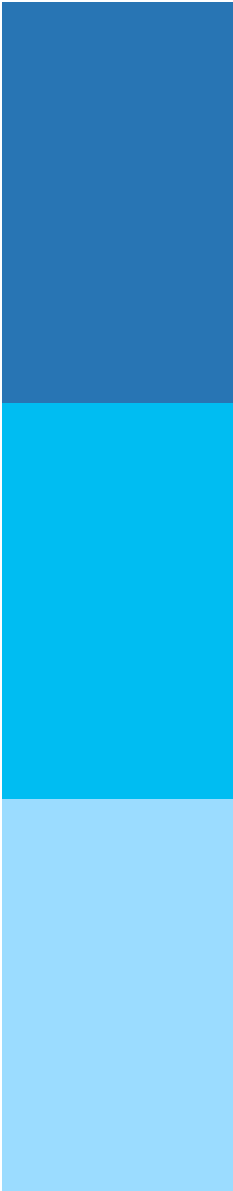


Why are patients not going to HCT?  
Referral bias  
Fear of side effects  
Lack of access to an HCT program  
Lack of awareness of treating physician



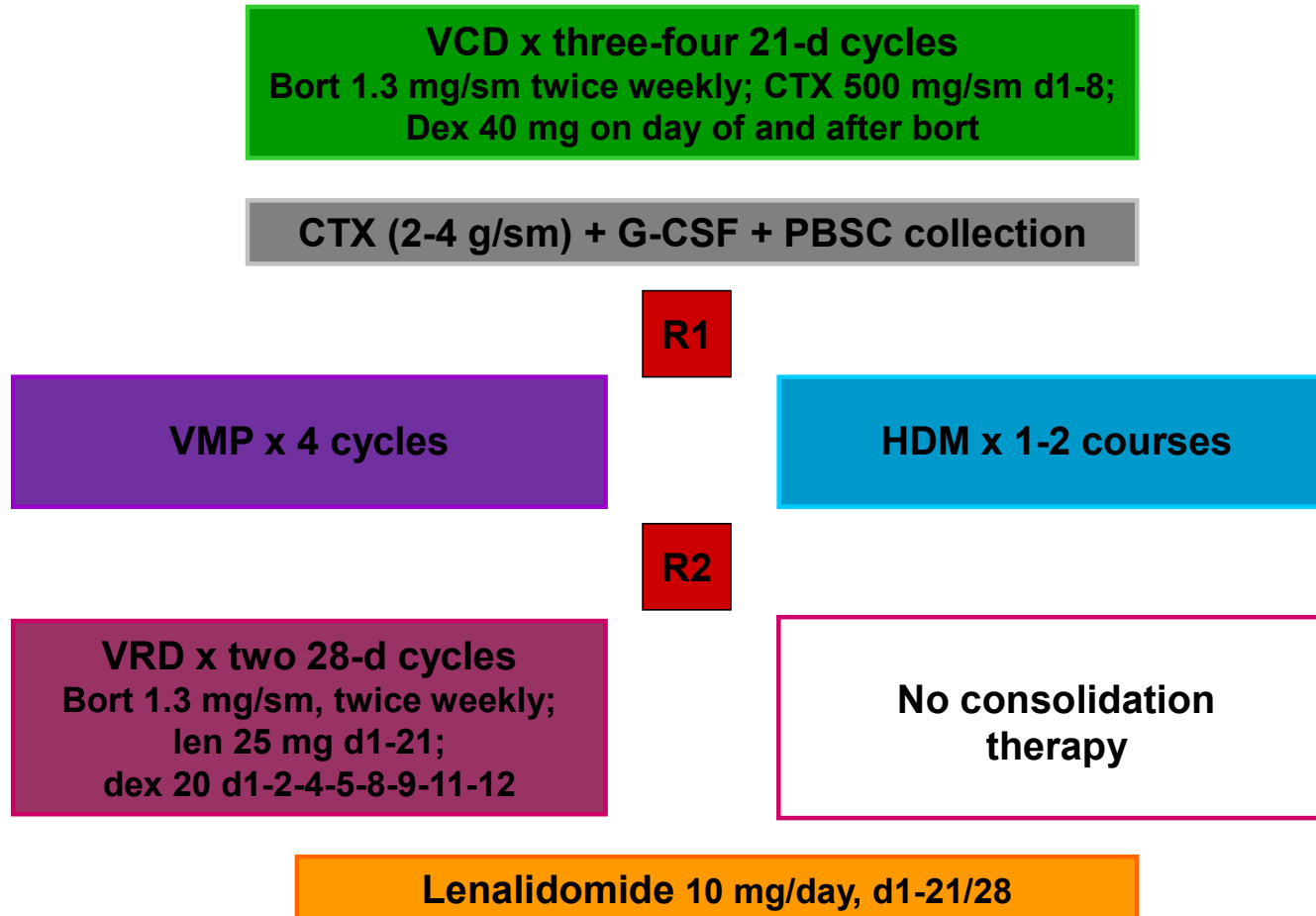
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# What data do we have?



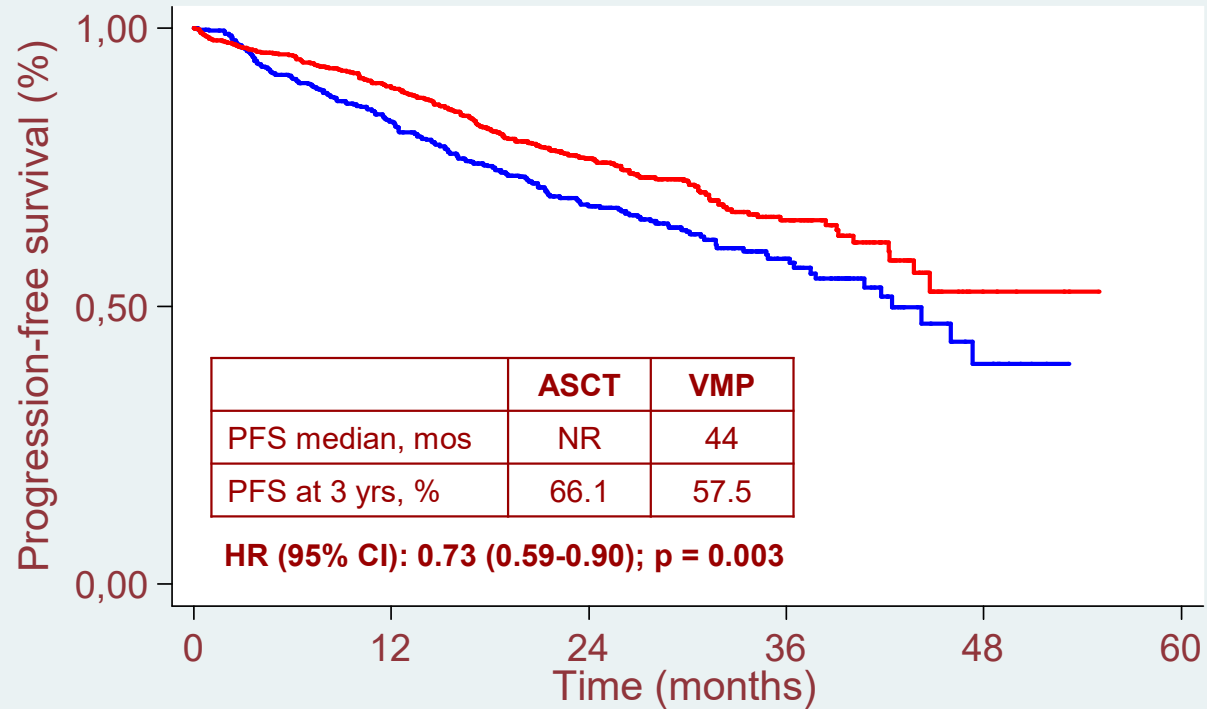


## EMN02/HO95 MM trial: study design





## PFS by Randomization



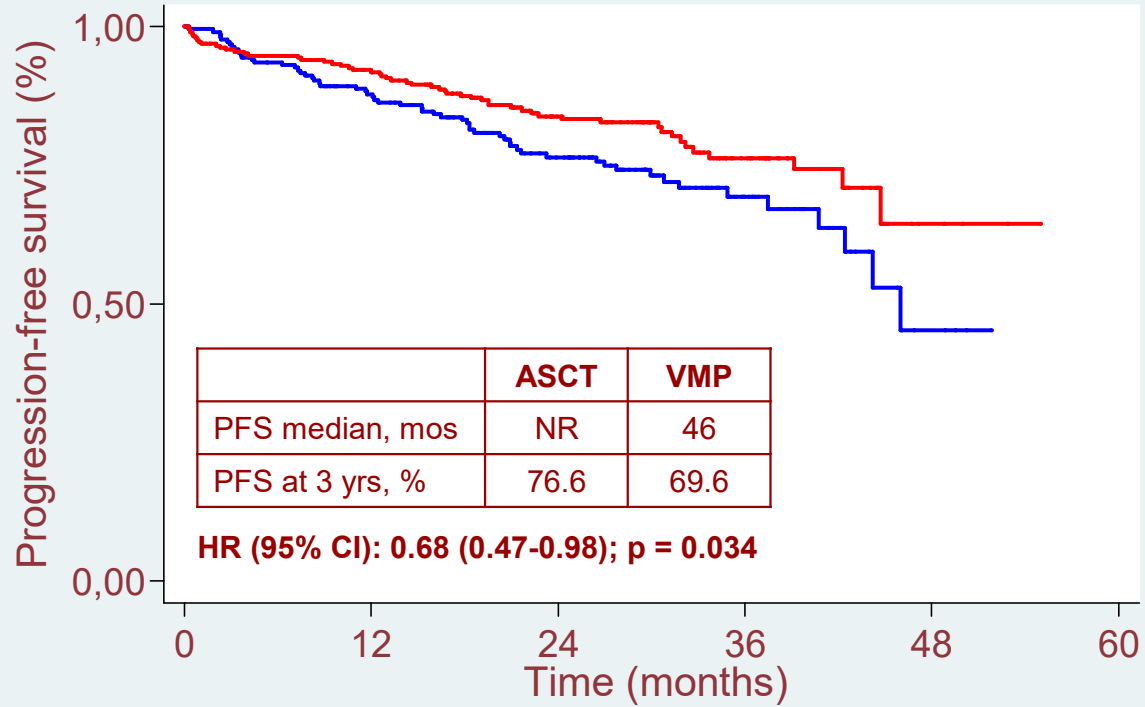
Number at risk

ASCT	695	570	349	108	5	0
VMP	497	383	230	74	10	0

— ASCT — VMP



## PFS by cytogenetics (standard risk)



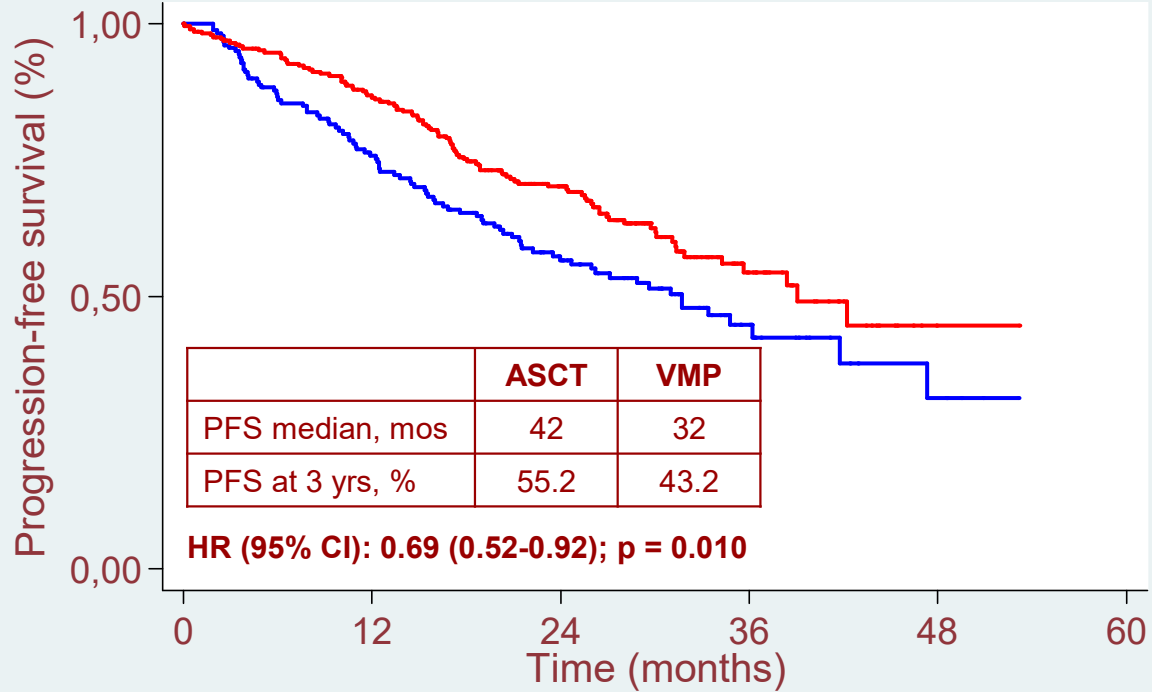
Number at risk

ASCT	290	243	155	58	4	0
VMP	220	176	114	37	4	0

— ASCT — VMP



## PFS by cytogenetics (high risk)



Number at risk

ASCT	292	235	142	32	1	0
VMP	181	131	77	21	5	0

— ASCT — VMP



## NOTE – High Dose Melphalan Independent Prognostic Variable

<b>Variables affecting PFS</b>	<b>HR</b>	<b>95% CI</b>	<b>P-value</b>
<b>Best CR+sCR</b>	<b>0.22</b>	<b>0.16-0.30</b>	<b>&lt;0.001</b>
<b>Standard Risk cytogenetics</b>	<b>0.44</b>	<b>0.34-0.57</b>	<b>&lt;0.001</b>
<b>Randomization to ASCT</b>	<b>0.54</b>	<b>0.42–0.68</b>	<b>&lt;0.001</b>
<b>ISS I</b>	<b>0.60</b>	<b>0.43-0.83</b>	<b>0.002</b>

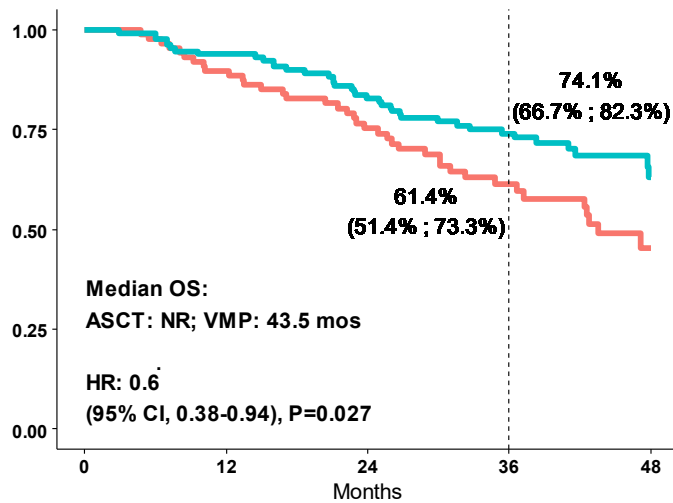




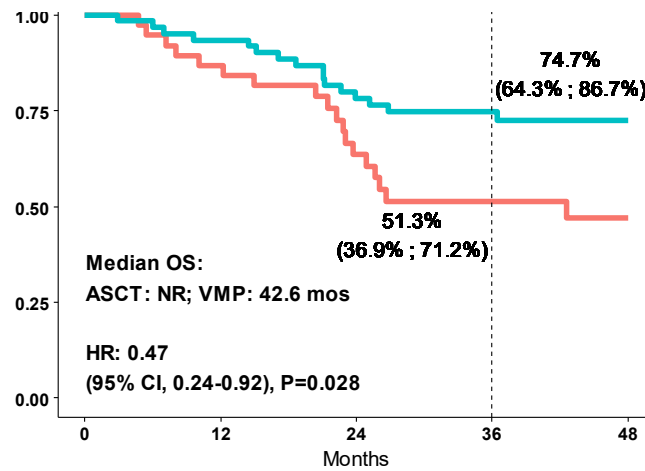
# OS by randomization in high risk subgroups

— VMP — ASCT

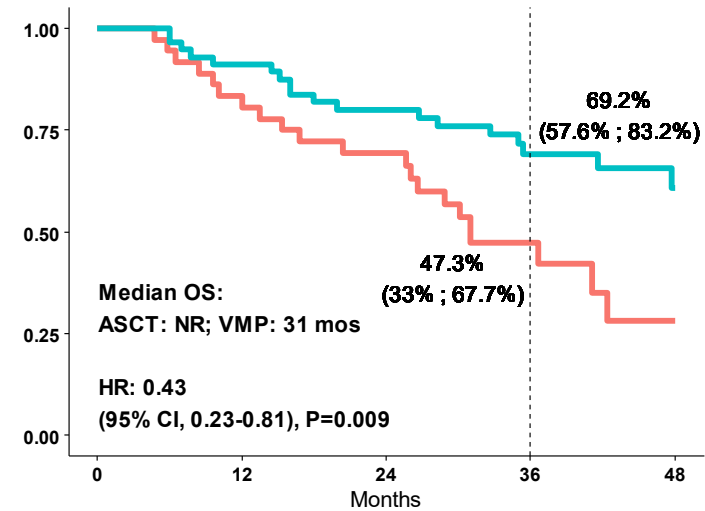
### Del(17p) and/or t(4;14) and/or t(14;16)



### Del(17p) positivity

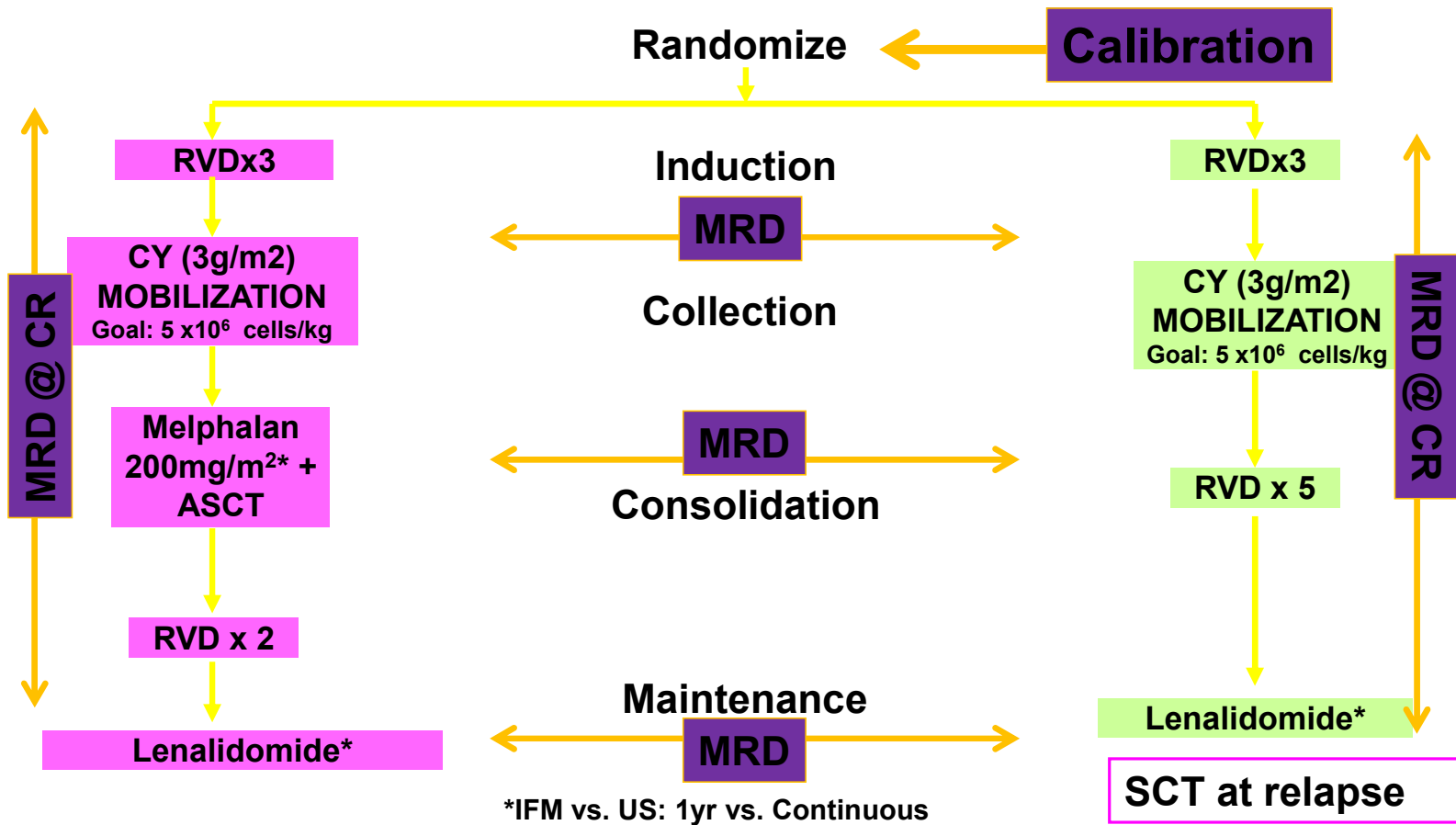


### R-ISS III





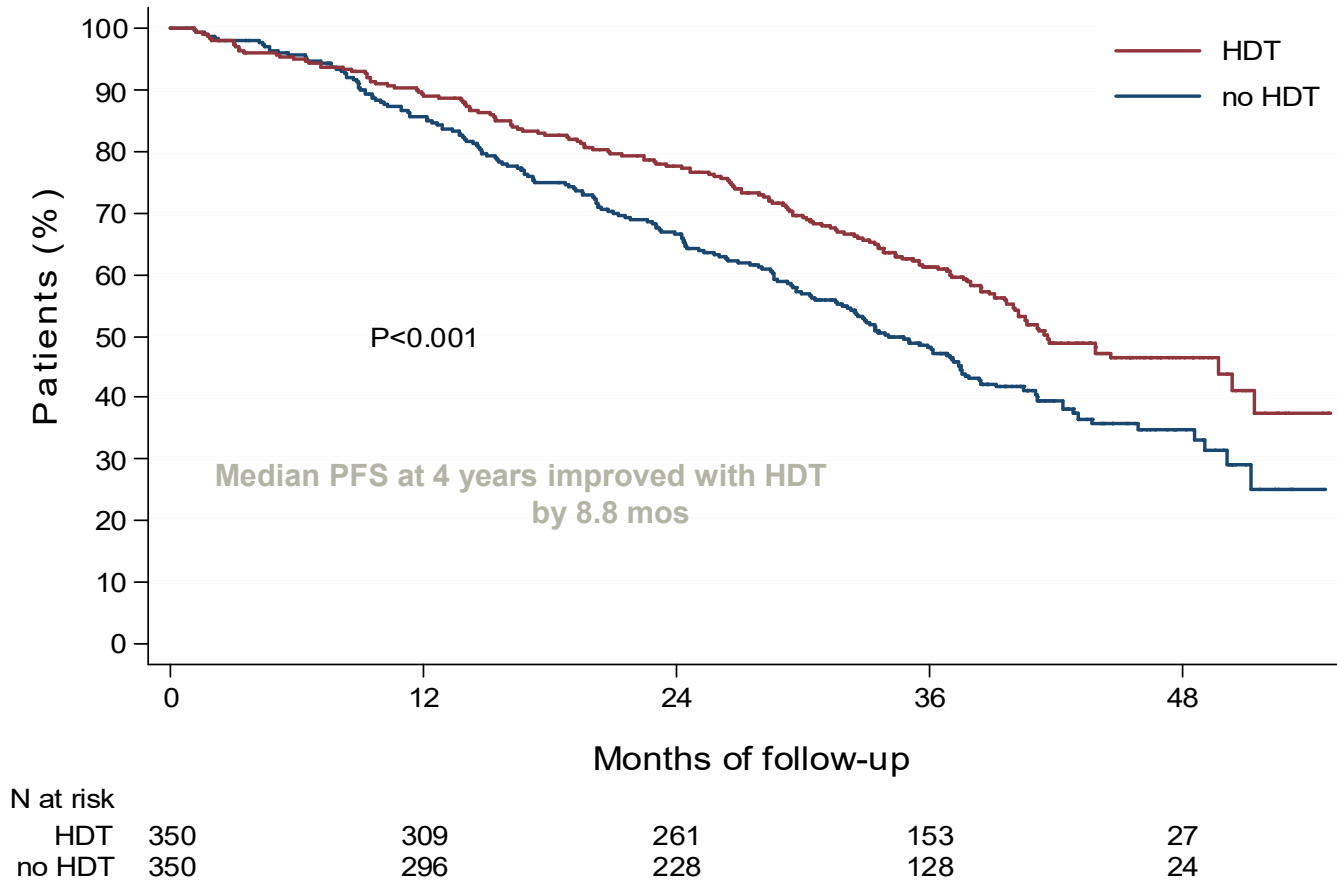
# IFM/DFCI 2009 Study (US and France) Newly Diagnosed MM (N=1,360)



Moreau P, et al. *Blood*. 2014;124: Abstract 3359.



## ASH 2015 (Attal et al): IFM 2009: PFS (9/2015)



Attal M, et al. *Blood*. 2015;126: Abstract 391.



## ASH 2015: IFM 2009: Best Response

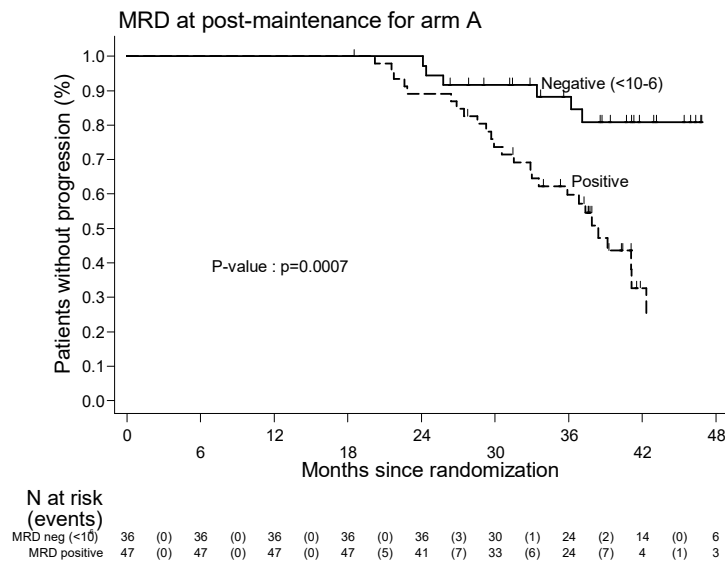
	RVD arm N=350	Transplant arm N=350	P value
CR	49%	59%	.02
VGPR	29%	29%	
PR	20%	11%	
<PR	2%	1%	
At least VGPR	78%	88%	.001
Neg MRD by FCM, n (%)	228 (65%)	280 (80%)	.001

Attal M, et al. *Blood*. 2015;126: Abstract 391.

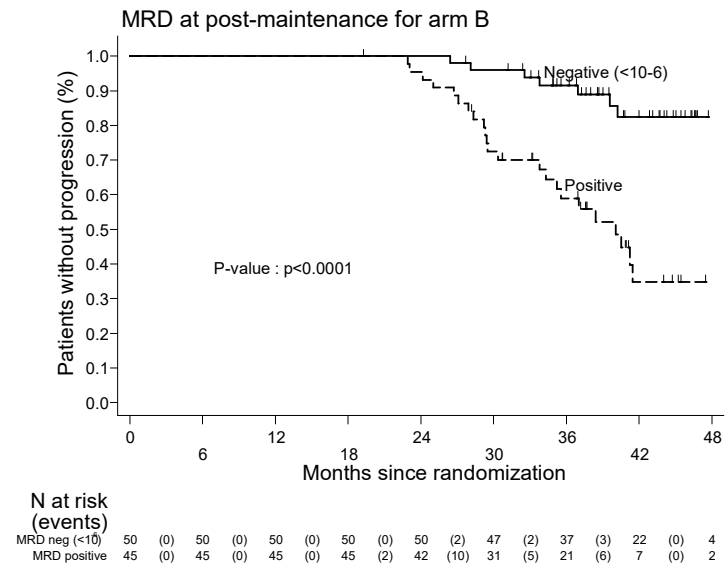


# IFM/DFCI 2009 ~ PFS according to MRD Post Maintenance

## RVD Arm

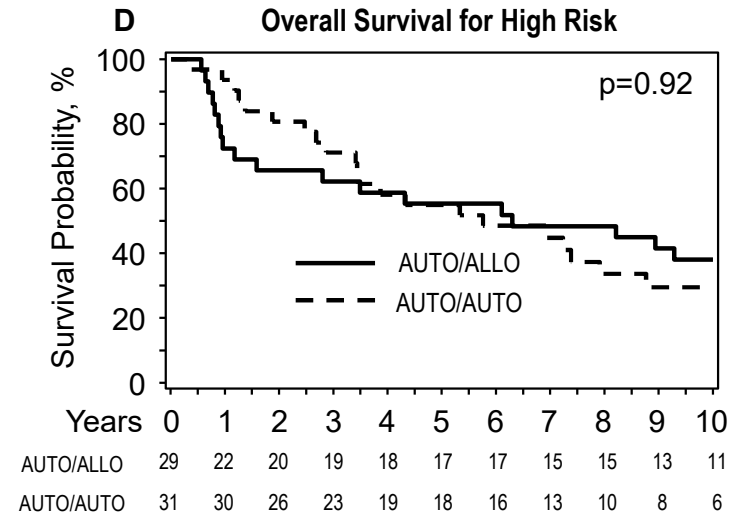
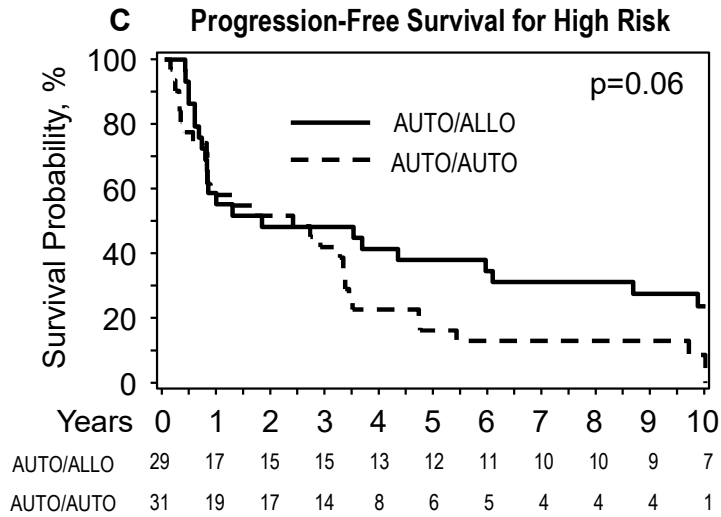
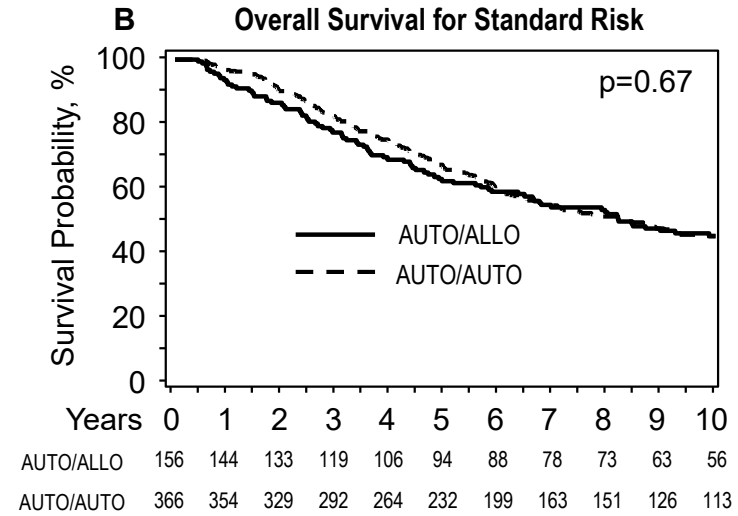
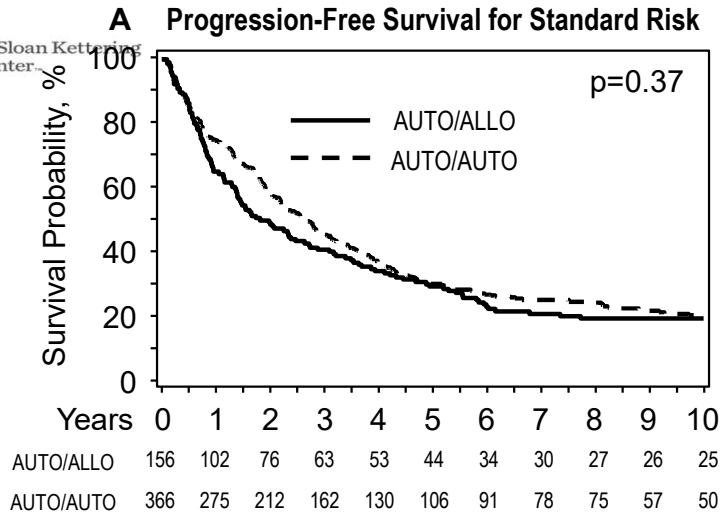


## Transplant Arm





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## Rationale for Delayed HCT-PROS

- 10% of patients don't derive significant benefit from high dose melphalan
- 10% of patients can achieve long term disease control without high dose melphalan
- Avoids exposure and potentially SPMs in patients
- Subsequent high dose melphalan is possible if cells are collected early
- 1% treatment related mortality
- 5-10% significant morbidity
- No clearly demonstrated survival benefit in the context of modern treatment
  - This may be impossible to determine due to efficacy of salvage therapy



## Rationale for Delayed HCT-CONS

- 10% of patients can achieve long term disease control without high dose melphalan
- 20% of patients who opt for delayed HCT do not get the procedure
- 50% of patients who opt for delayed HCT are receiving it within the first 24 months of the decision
- Toxicities are likely to be higher with delayed HCT
- Overall burden of therapy may actually be higher.





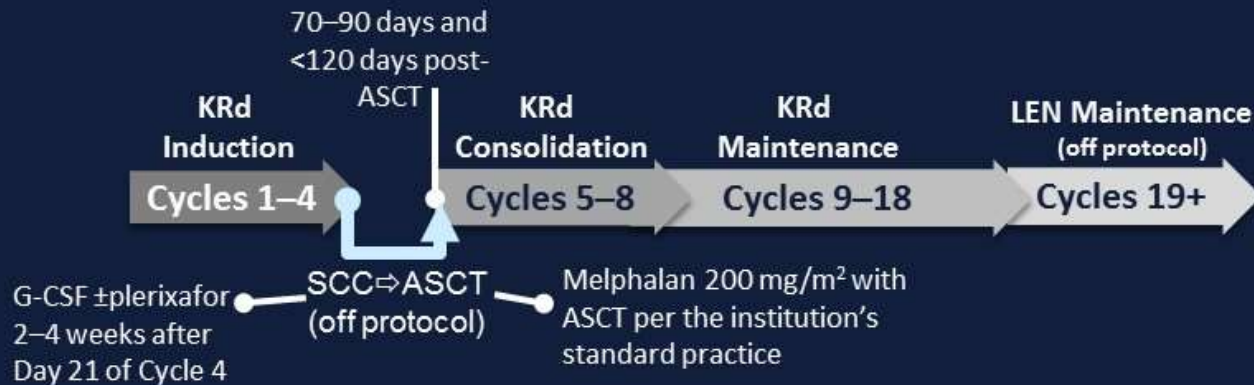
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**...but RVD will no longer be the standard KRd and  
KRd Dara will be the next standard induction...**

**What data do we have for HCT in this setting?**



# Treatment Schema – 28-day Cycle



<b>CFZ</b>	Days 1-2, 8-9, 15-16 20 mg/m <sup>2</sup> * → 36 mg/m <sup>2</sup>	Days 1-2, 8-9, 15-16 LTD	Days 1-2, 15-16 LTD	
<b>LEN</b>	Days 1-21 25 mg	Days 1-21 15 mg Cycle 5 → LTD	Days 1-21 LTD	Days 1-21 LTD
<b>dex</b>	Weekly 40 mg	Weekly 20 mg or LTD	Weekly LTD	

\*Days 1-2 of Cycle 1 only

G-CSF, granulocyte-colony stimulating factor; LTD=last tolerated dose; SCC=stem cell transplant

**KRd+ASCT considered promising: improvement of *sCR* at the end of 8 cycles from historical rate of 30% for KRd without transplant to 50% for KRd+ASCT**

# Efficacy of Carfilzomib Lenalidomide Dexamethasone (KRd) With or Without Transplantation in Newly Diagnosed Myeloma According to Risk Status: Results from the FORTE Trial

Francesca Gay,<sup>1</sup> Chiara Cerrato,<sup>1</sup> Maria Teresa Petrucci,<sup>1</sup> Renato Zambello,<sup>1</sup> Barbara Gamberi,<sup>1</sup> Stelvio Ballanti,<sup>1</sup>  
Paola Omedé,<sup>1</sup> Salvatore Palmieri,<sup>1</sup> Rossella Troia,<sup>1</sup> Stefano Spada,<sup>1</sup> Alessandro Gozzetti,<sup>1</sup> Tommaso Caravita,<sup>1</sup>  
Antonio Spadano,<sup>1</sup> Antonio Palumbo,<sup>2</sup> Vittorio Montefusco,<sup>1</sup> Pellegrino Musto,<sup>1</sup> Michele Cavo,<sup>1</sup> Mario Boccadoro.<sup>1</sup>

Correspondence: [fgay@cittadellasalute.to.it](mailto:fgay@cittadellasalute.to.it)

1. GIMEMA / European Myeloma Network, Italy; 2. University of Torino, Torino, Italy - Currently Takeda Pharmaceuticals Co.

PRESENTED AT: **2019 ASCO**  
ANNUAL MEETING

#ASCO19

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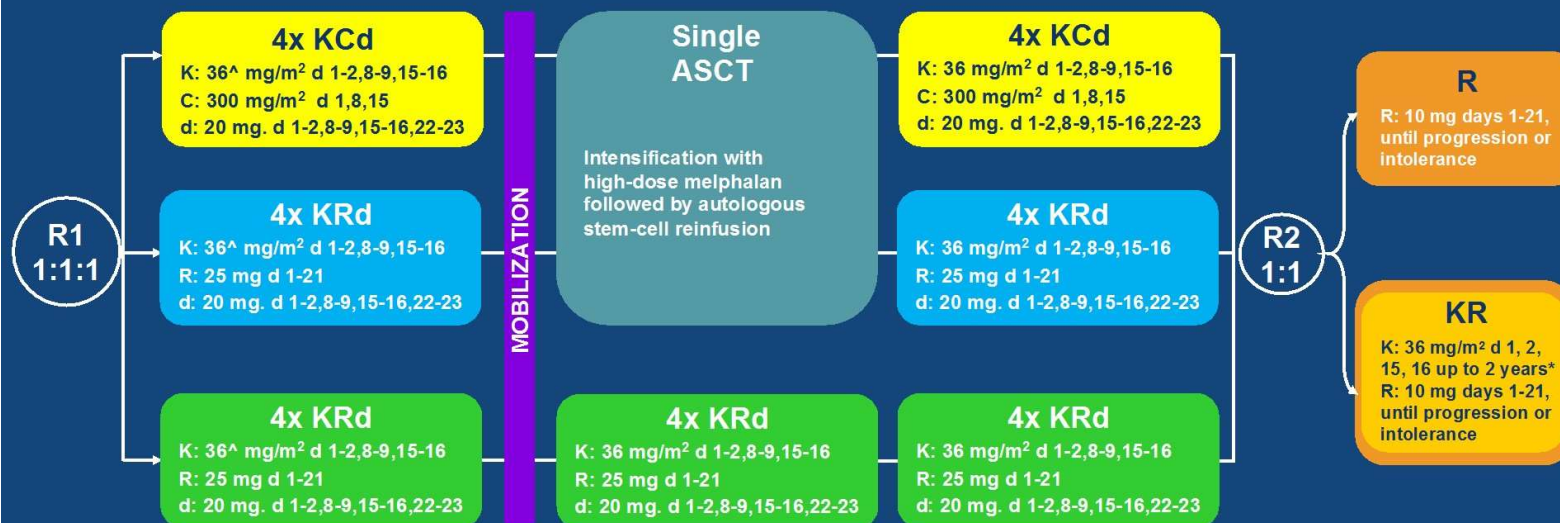
PRESENTED BY: Francesca Gay

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Presented By Francesca Gay at 2019 ASCO Annual Meeting

# Trial design

NDMM patients, transplant-eligible and younger than 65 years



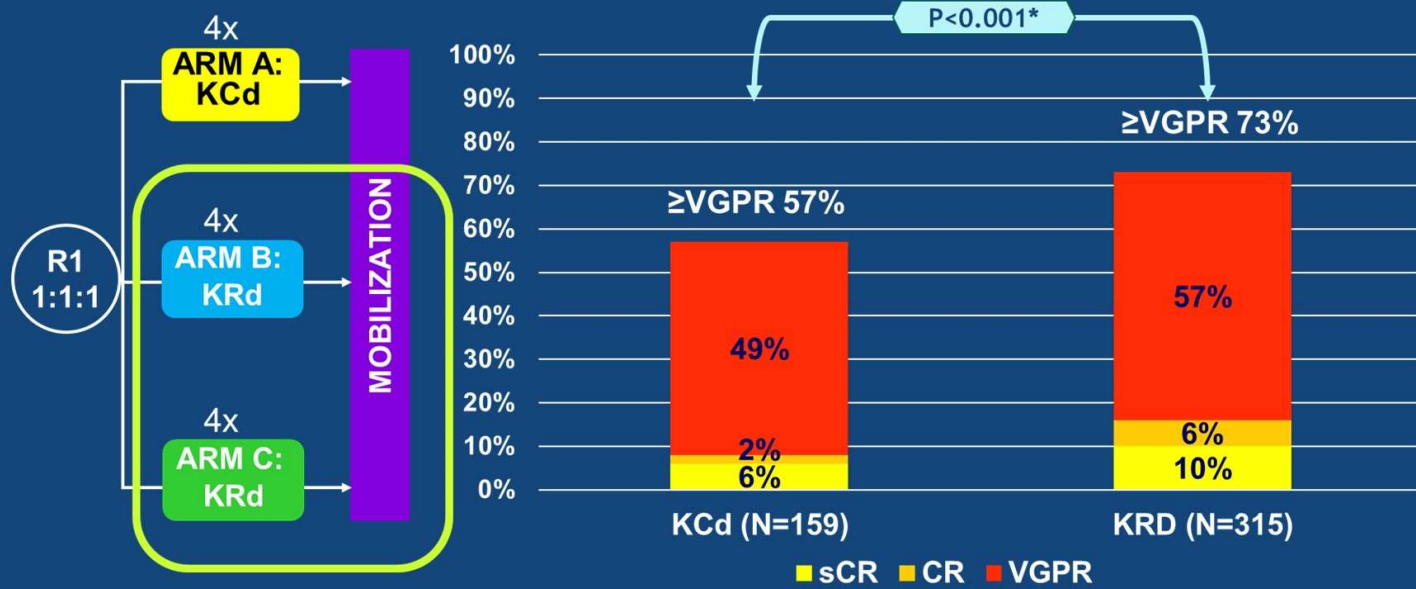
<sup>^</sup>20 mg/m<sup>2</sup> on days 1-2, cycle 1 only.

<sup>\*</sup>Carfilzomib 70 mg/m<sup>2</sup> days 1, 15 every 28 days up to 2 years for patients that have started the maintenance treatment from 6 months before the approval of Amendment 5.0 onwards.

R1, randomization 1; R2, Randomization 2; IQR, Interquartile range; K, carfilzomib; C, cyclophosphamide; R, lenalidomide; d, dexamethasone; d, days; ASCT: autologous stem-cell transplantation; R, lenalidomide; KR, carfilzomib, lenalidomide. NDMM, newly diagnosed multiple myeloma; VGPR, very good partial response.

# Post-induction response rate

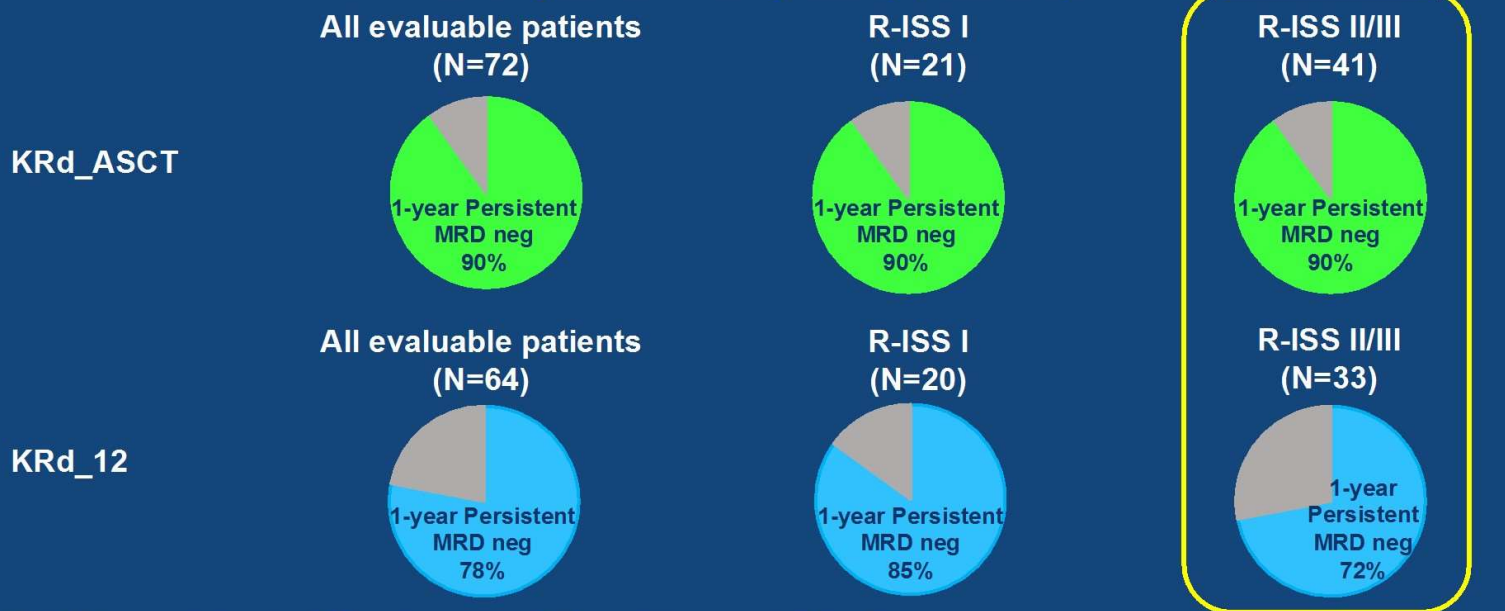
ITT analysis



\*adjusted for International Staging System Stage, fluorescence in situ hybridization (FISH) analysis and age. R1, randomization 1; KCd, carfilzomib, cyclophosphamide, dexamethasone; KRd, carfilzomib, lenalidomide, dexamethasone; sCR: stringent complete response; CR: complete response; VGPR: very good partial response; ITT, intention to treat.

# Persistent 1-year MRD negativity rate

"Second-generation flow cytometry", sensitivity  $10^{-5}$

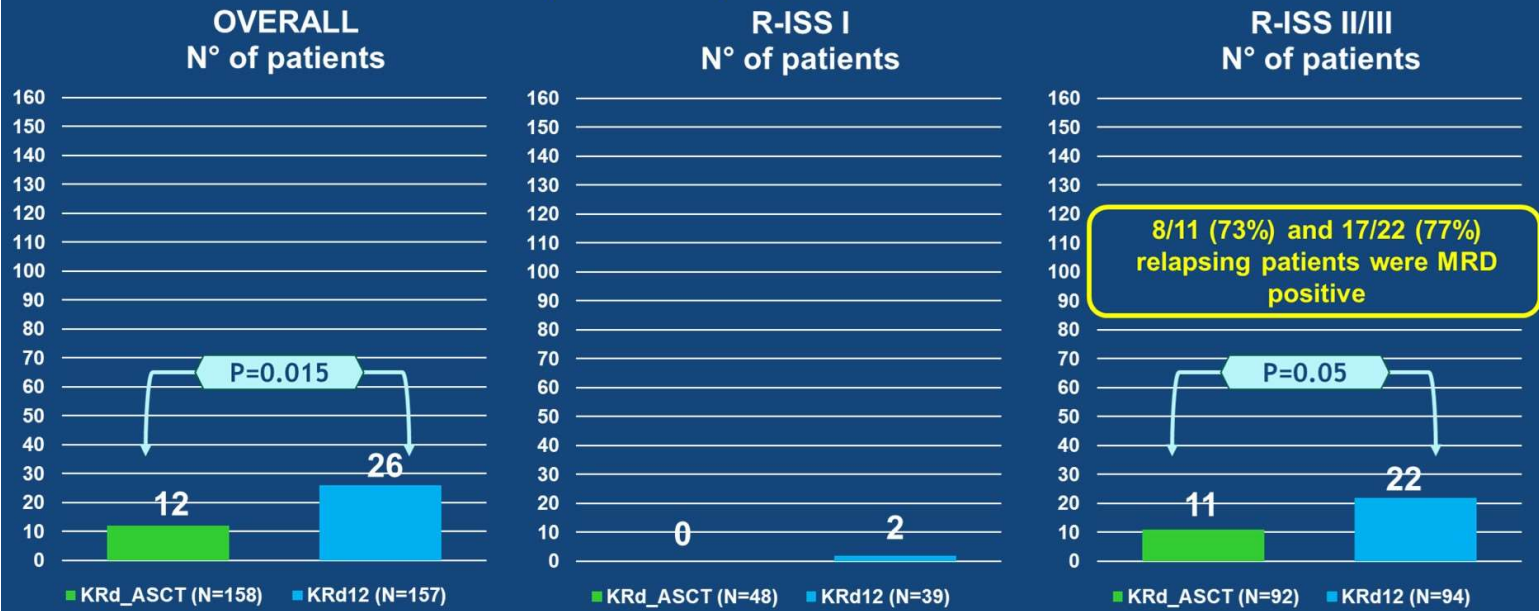


In KRd\_ASCT 10 pts evaluable for persistent MRD negativity at 1 year have R-ISS not available due to missing FISH or LDH data  
 In KRd\_12 11 pts evaluable for persistent MRD negativity at 1 year have R-ISS not available due to missing FISH or LDH data  
 ASCT, autologous stem-cell transplantation; K, carfilzomib; R, lenalidomide; d, dexamethasone; KRd\_ASCT, KRd induction-ASCT-KRd consolidation; KRd12, 12 cycles of KRd; MRD, minimal residual disease; R-ISS, Revised International Staging System, neg, negative.

MRD negativity not confirmed after 1-year

# Early relapse

Number of patients relapsing ≤ 18 months after Random 1

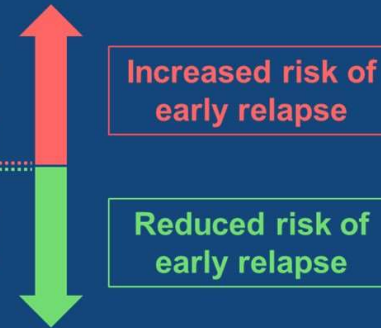


ASCT, autologous stem-cell transplantation; K, carfilzomib; R, lenalidomide; d, dexamethasone; KRd\_ASCT\_KRd, KRd induction-ASCT-KRd consolidation; KRd12, 12 cycles of KRd; R-ISS, Revised International Staging System; MRD, minimal residual disease.

# Early relapse

## Multivariate Logistic Regression Model\*

	OR	95% CI	P-value
R-ISS II/III vs R-ISS I	3.78	1.71-8.35	0.001
KRd-ASCT vs KRd12	0.41	0.19-0.88	0.022
MRD negative ( $10^{-5}$ )	0.21	0.12-0.40	<0.001

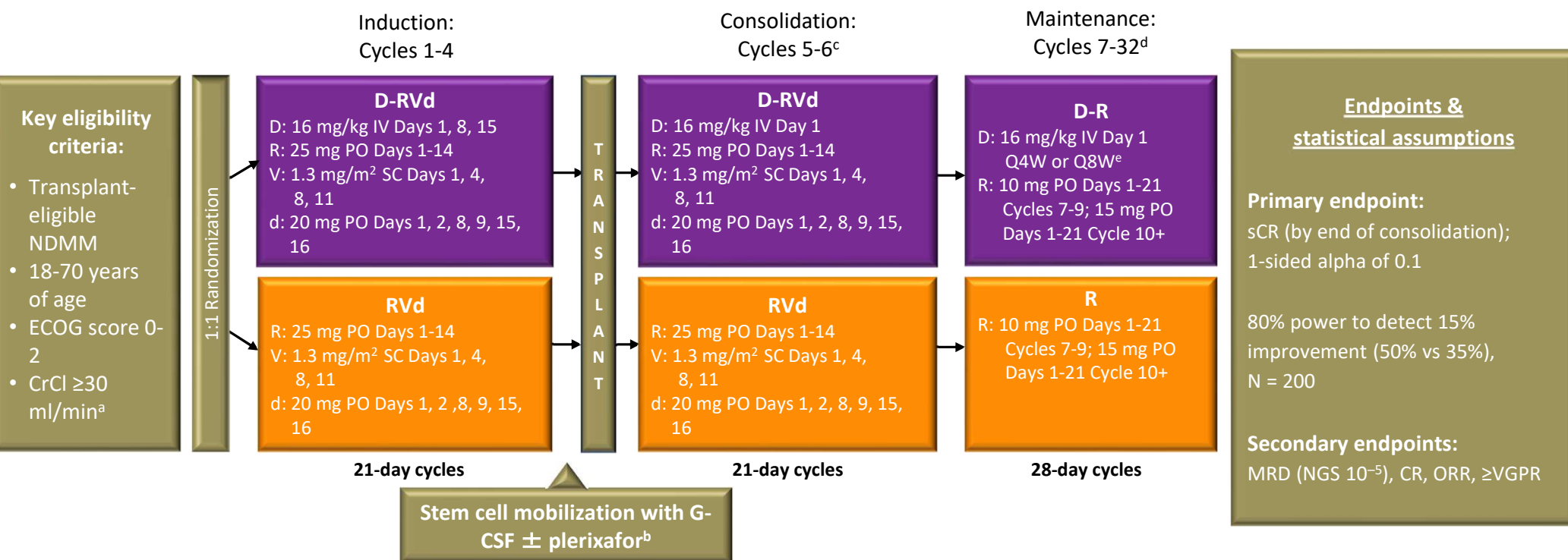


\*The model was also adjusted for the presence/absence of plasmacytoma and for age as continuous variable. ASCT, autologous stem-cell transplantation; K, carfilzomib; R, lenalidomide; d, dexamethasone; KRd\_ASCT, KRd induction-ASCT-KRd consolidation; KRd12, 12 cycles of KRd; R-ISS, Revised International Staging System; OR, odds ratio; CI, confidence interval.



# GRIFFIN (NCT02874742): Randomized Phase

- Phase 2 study of D-RVd vs RVd in transplant-eligible NDMM, 35 sites in US with enrollment from 12/2016 and 4/2018



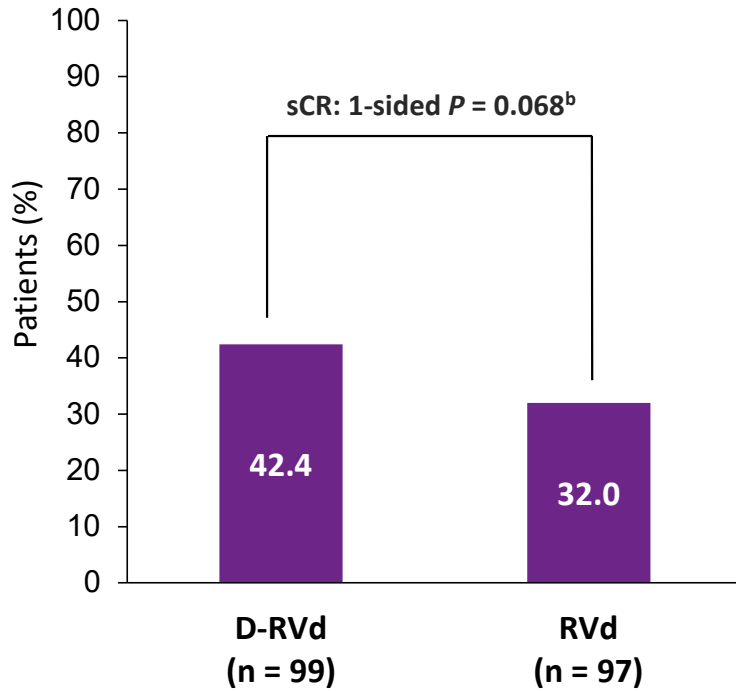
D-RVd, daratumumab-lenalidomide/bortezomib/dexamethasone; RVd, lenalidomide/bortezomib/dexamethasone; NDMM, newly diagnosed multiple myeloma; US, United States; ECOG, Eastern Cooperative Oncology Group; CrCl, creatinine clearance; IV, intravenously; PO, orally; SC, subcutaneously; G-CSF, granulocyte colony-stimulating factor; D-R, daratumumab-lenalidomide; Q4W, every 4 weeks; Q8W, every 8 weeks; sCR, stringent complete response; MRD, minimal residual disease; NGS, next-generation sequencing; CR, complete response; ORR, overall response rate; VGPR, very good partial response.

<sup>a</sup>Lenalidomide dose adjustments were made for patients with CrCl  $\leq 50$  mL/min. <sup>b</sup>Cyclophosphamide-based mobilization was permitted if unsuccessful. <sup>c</sup>Consolidation was initiated 60-100 days post transplant. <sup>d</sup>Patients who complete maintenance cycles 7-32 may continue single-agent lenalidomide thereafter. <sup>e</sup>Protocol Amendment 2 allowed for the option to dose daratumumab Q4W, based on pharmacokinetic results from study SMM2001 (NCT02316106).

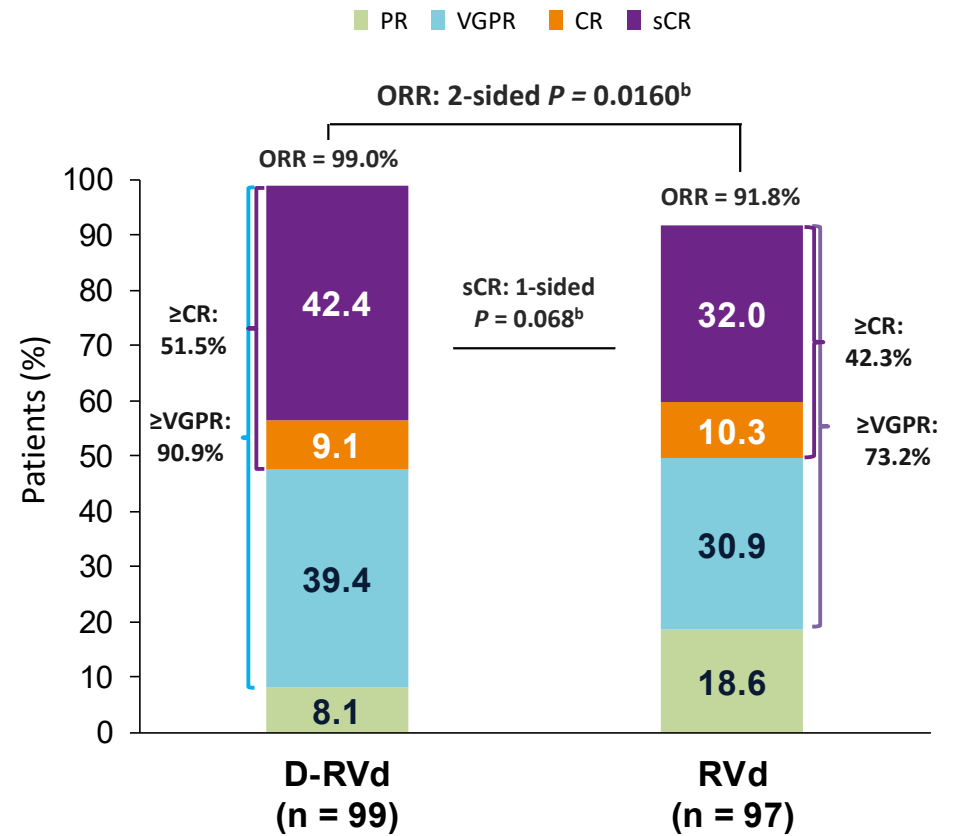
# Primary Endpoint: sCR by the End of Consolidation<sup>a</sup>

- Primary endpoint met at pre-set 1-sided alpha of 0.1

- sCR by end of consolidation
  - 42.4% D-RVd vs 32.0% RVd
  - Odds ratio, 1.57; 95% CI, 0.87-2.82; 1-sided  $P = 0.068^b$



## Post-consolidation depth of response<sup>a</sup>



PR, partial response  
<sup>a</sup>Included patients in the response-evaluable population (all randomized patients with a confirmed diagnosis of MM, measurable disease at baseline, received ≥1 dose of study treatment, and had ≥1 post-baseline disease assessment).  
<sup>b</sup>P values were calculated with the use of the Cochran–Mantel–Haenszel chi-square test. A 1-sided P value is reported for sCR; for all other responses, 2-sided P values not adjusted for multiplicity are reported.

## Post-Consolidation MRD Negativity

MRD-Negative Status ( $10^{-5}$ ), <sup>a</sup> n (%)	D-RVd	RVd	Odds Ratio (95% CI)	P value <sup>b</sup>
In ITT population				
MRD negative regardless of response	46/104 ( <b>44.2</b> )	15/103 ( <b>14.6</b> )	4.70 (2.38-9.28)	<0.0001
MRD negative with CR or better	30/104 ( <b>28.8</b> )	10/103 ( <b>9.7</b> )	3.73 (1.71-8.16)	0.0007
In patients achieving CR or better	30/51 ( <b>58.8</b> )	10/41 ( <b>24.4</b> )	4.65 (1.76-12.28)	0.0014
In patients who received ASCT	45/94 ( <b>47.9</b> )	14/78 ( <b>17.9</b> )	4.31 (2.10-8.85)	<0.0001

**D-RVd improved MRD-negativity ( $10^{-5}$ ) rates at the end of consolidation**

<sup>a</sup>The threshold of MRD negativity was defined as 1 tumor cell per  $10^5$  white cells. MRD status is based on assessment of bone marrow aspirates by next-generation sequencing in accordance with International Myeloma Working Group criteria. MRD assessments occurred in patients who had both baseline (with clone identified/calibrated) and post-baseline MRD (with negative, positive, or indeterminate result) samples taken (D-RVd, n = 71; RVd, n = 55). Patients with a missing or inconclusive assessment were considered MRD positive. <sup>b</sup>P values were calculated from the Fisher's exact test.

# Stem Cell Collection and Transplantation

	D-RVd	RVd
CD34 <sup>+</sup> cell yield, <sup>a,b</sup> median (10 <sup>6</sup> cells/kg)	8.1	9.4
CD34 <sup>+</sup> cells transplanted, <sup>c</sup> median (10 <sup>6</sup> cells/kg)	4.2	4.8
Patients receiving plerixafor for mobilization, <sup>d</sup> n (%)	66 (70)	44 (55)
Patients receiving cyclophosphamide, <sup>d</sup> n (%)	5 (5)	4 (5)
Days to neutrophil (0.5×10 <sup>9</sup> /L) engraftment, median	12	12
Days to platelet (20×10 <sup>9</sup> /L) engraftment, median	13	12

**DARA did not impact time to engraftment**

<sup>a</sup>Among patients who underwent peripheral blood stem cell apheresis (D-RVd, n = 94; RVd, n = 80). <sup>b</sup>One patient in the D-RVd group had a stem cell yield <3×10<sup>6</sup> cells/kg; no patients in either group had a stem cell yield <2×10<sup>6</sup> cells/kg. <sup>c</sup>Among patients receiving transplant (D-RVd, n = 94; RVd, n = 78). <sup>d</sup>Among patients who underwent mobilization (D-RVd, n = 95; RVd, n = 80). Patients underwent stem cell mobilization with G-CSF with or without plerixafor, according to institutional standards; if unsuccessful, cyclophosphamide-based mobilization was permitted.

# Weekly KRd-daratumumab (all pts received 8 cycles)

Cycle 1

Daratumumab 16 mg/kg days 1, 8, 15, and 22;  
Carfilzomib 20 mg/m<sup>2</sup> day 2 and 56 mg/m<sup>2</sup> days 8 and 15;  
Lenalidomide 25 mg days 1-21;  
Dexamethasone 40 mg weekly

Cycle 2

Daratumumab 16 mg/kg days 1, 8, 15, and 22;  
**Carfilzomib 56 mg/m<sup>2</sup> days 1, 8, and 15;**  
Lenalidomide 25 mg days 1-21;  
Dexamethasone 40 mg weekly

Cycle 3-4

**Daratumumab 16 mg/kg days 1 and 15;**  
Carfilzomib 56 mg/m<sup>2</sup> days 1, 8, and 15;  
Lenalidomide 25 mg days 1-21;  
Dexamethasone 40 mg weekly

Cycle 5-6

Daratumumab 16 mg/kg days 1 and 15;  
Carfilzomib 56 mg/m<sup>2</sup> days 1, 8, and 15;  
Lenalidomide 25 mg days 1-21;  
**Dexamethasone 20 mg weekly**

Cycle 7-8 (28-day cycles)

**Daratumumab 16 mg/kg day 1;**  
Carfilzomib 56 mg/m<sup>2</sup> days 1, 8, and 15;  
Lenalidomide 25 mg days 1-21;  
Dexamethasone 20 mg weekly

For fit patients, stem cell collection recommended after 4 to 6 cycles; therapy resumed after collection to a total of 8 cycles

- Bi-weekly and weekly arms had comparable efficacy and safety with a substantial reduction of the number of infusion days (total of 51 vs. 27) favoring weekly arm
- We closed the bi-weekly arm after fully enrolling the first stage

Clinicaltrials.gov #NCT03290950



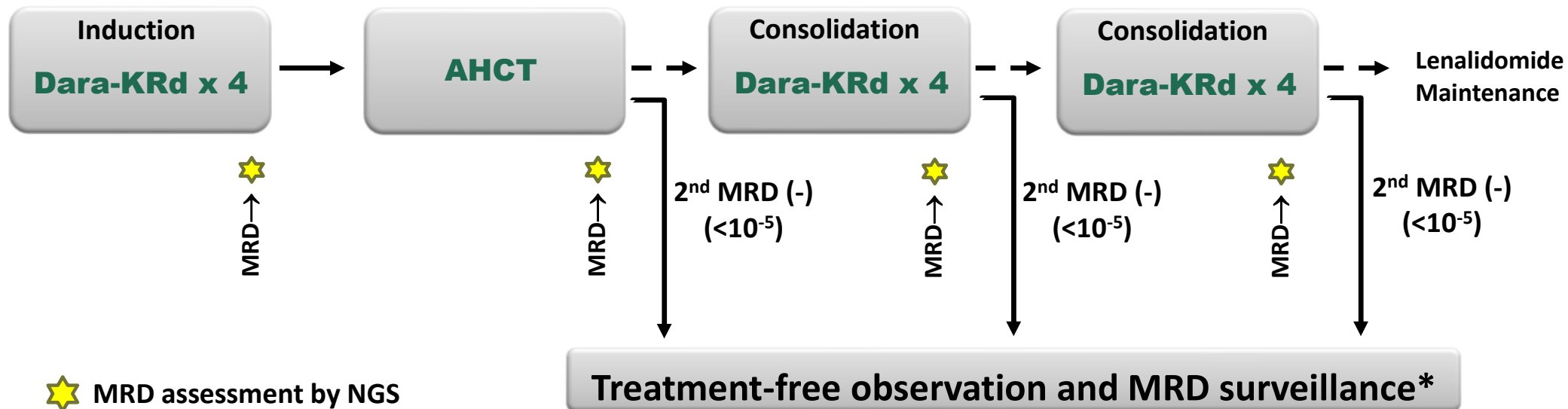
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# Treatment

## Dara-KRd

- Daratumumab 16 mg/m<sup>2</sup> days 1,8,15,22 (days 1,15 C 3-6; day 1 C >6)
- Carfilzomib (20) 56 mg/m<sup>2</sup> Days 1,8,15
- Lenalidomide 25 mg Days 1-21
- Dexamethasone 40mg PO Days 1,8,15,22



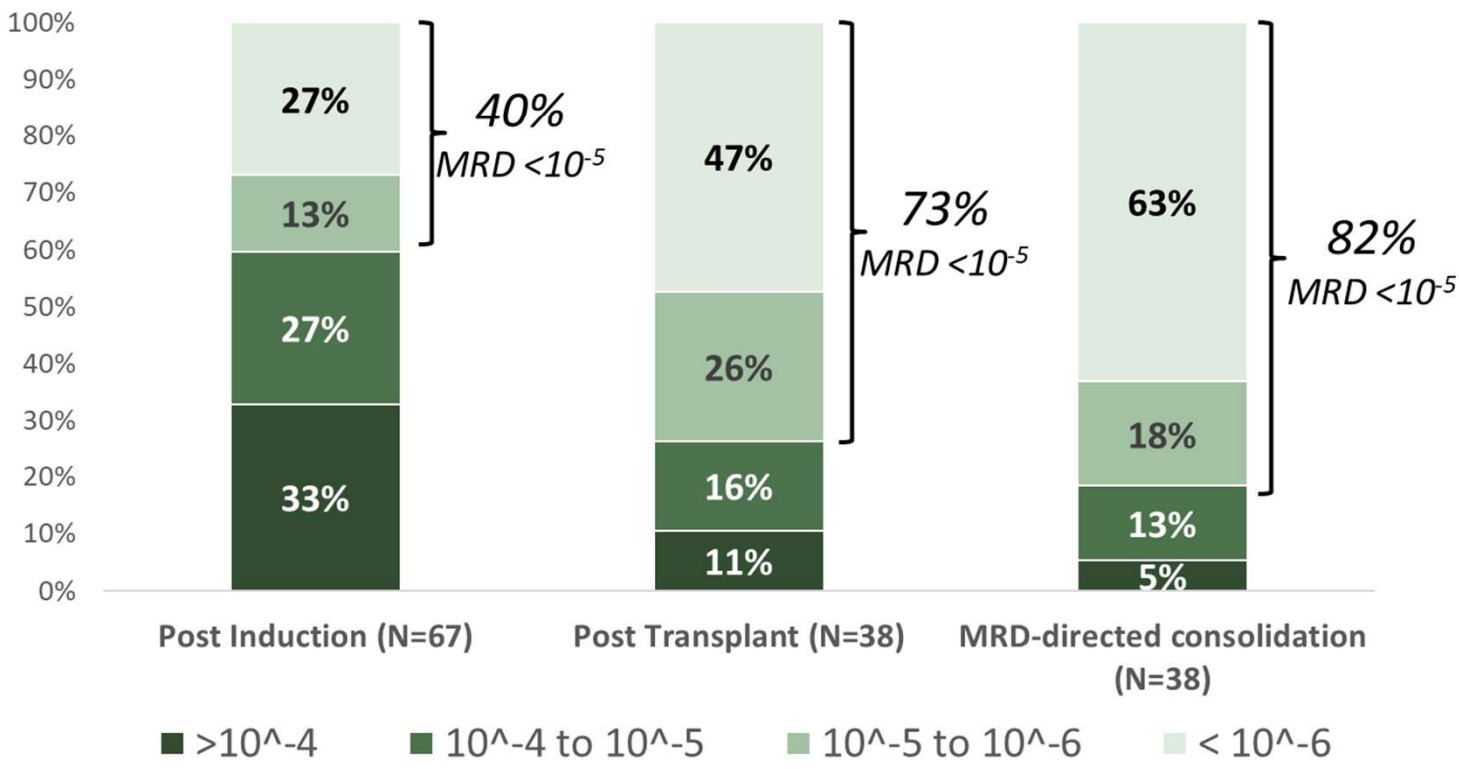
★ MRD assessment by NGS

\*24 and 72 weeks after completion of therapy

**MASTER trial**

# Best MRD response by phase of therapy

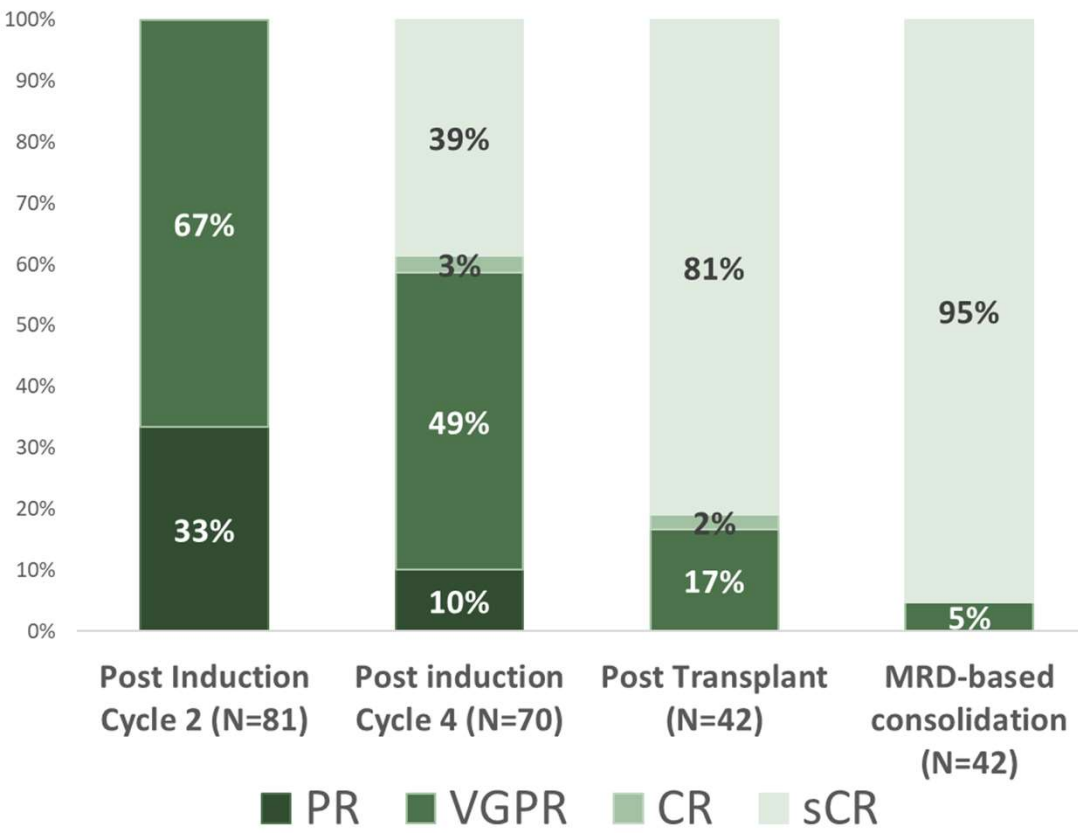
- MRD trackable by NGS clonoSEQ® in 78/81 patients (96%)
- 100% of datapoints obtained in patients with trackable MRD



**MASTER trial**



# Best IMWG response by phase of therapy



sCR Rates			
	Post Induction	Post Transplant	MRD-based consolidation
<b>All patients</b>	39% (N=70)	81% (N=42)	95% (N=42)
<b>Standard-risk</b>	44% (N=50)	79% (N=29)	97% (N=29)
<b>High-Risk</b> [t(4;14), t(14;16), del17p]	25% (N=20)	85% (N=13)	91% (N=13)

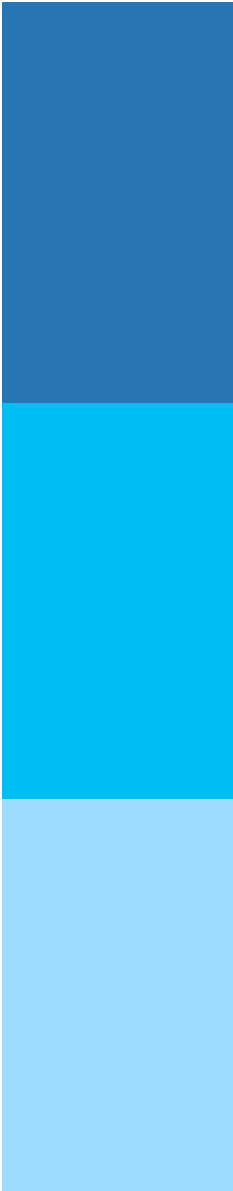
- 1 progression at post-AHCT evaluation

MASTER trial



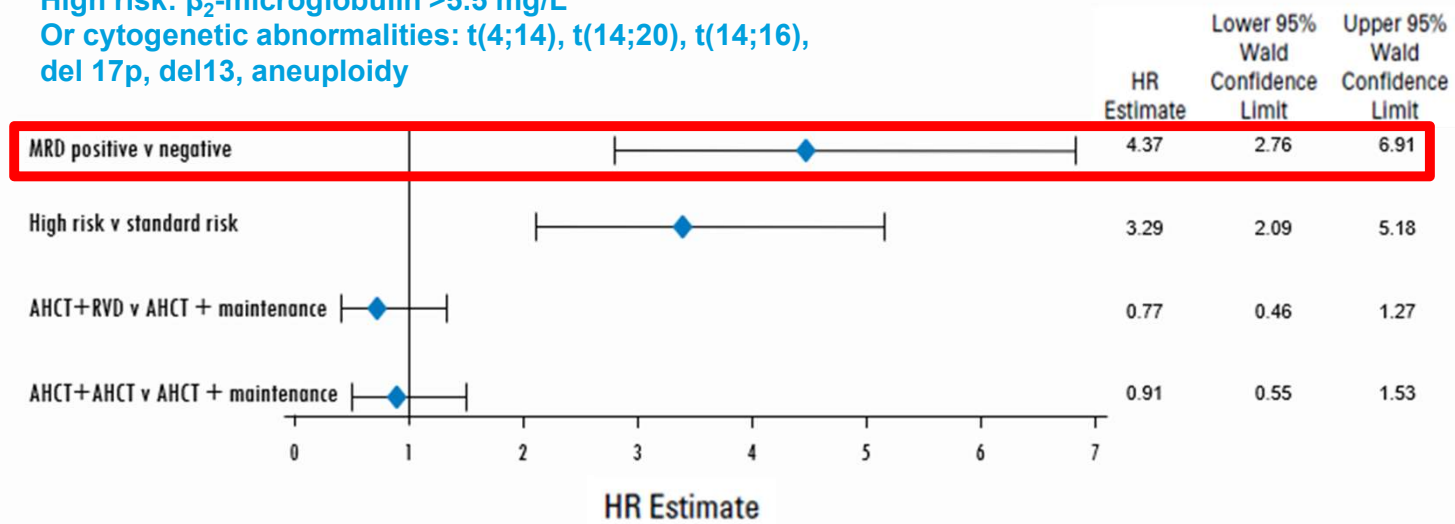
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# What about MRD Directed Therapy?



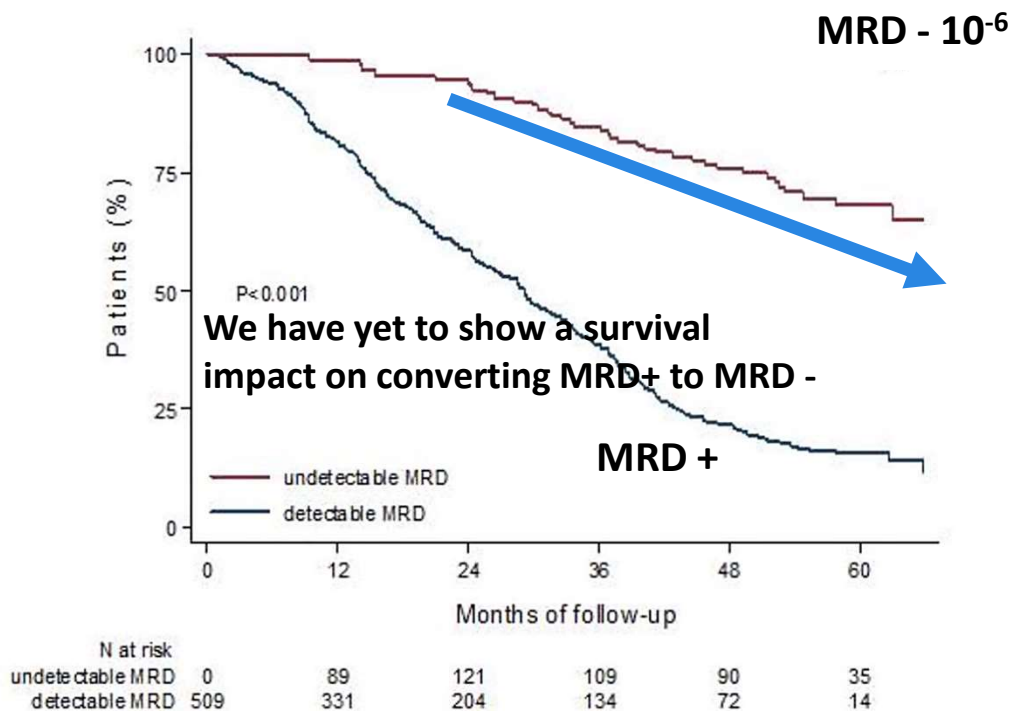
# Multivariable analysis PFS at 1 Year - PRIMeR

High risk:  $\beta_2$ -microglobulin >5.5 mg/L  
 Or cytogenetic abnormalities: t(4;14), t(14;20), t(14;16),  
 del 17p, del13, aneuploidy



Support provided by #U10HL069294 to BMT CTN from NHLBI/NCI, and #R01HL107213 from NHLBI

**“MRD negativity is not the same as “cure” or even “long term disease control” and it’s ability to inform practice is not the same for each patient.**

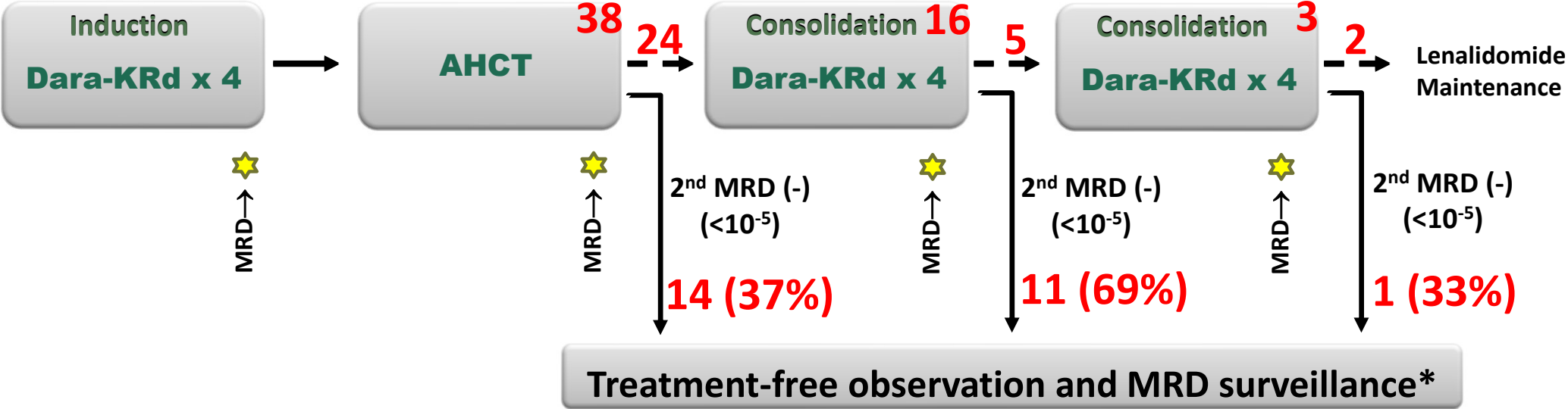


At median follow-up of 55 months, median PFS for MRD negative patients not reached, *versus* 29 months for MRD positive patients

**MRD negativity obtained in 30% (73/245) with VRd + transplant and 20% (54/264) with VRd alone**

# Observation/MRD surveillance

- 26 patients (19 SR, 7 HR) have reached confirmed MRD (-) and entered observation/MRD surveillance.
- Median follow up on observation 4.9 months (0.2-12.2) - No relapse or resurgence of MRD

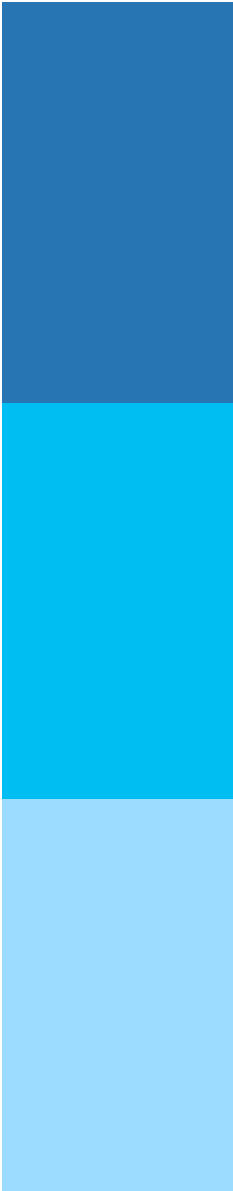


\*24 and 72 weeks after completion of therapy

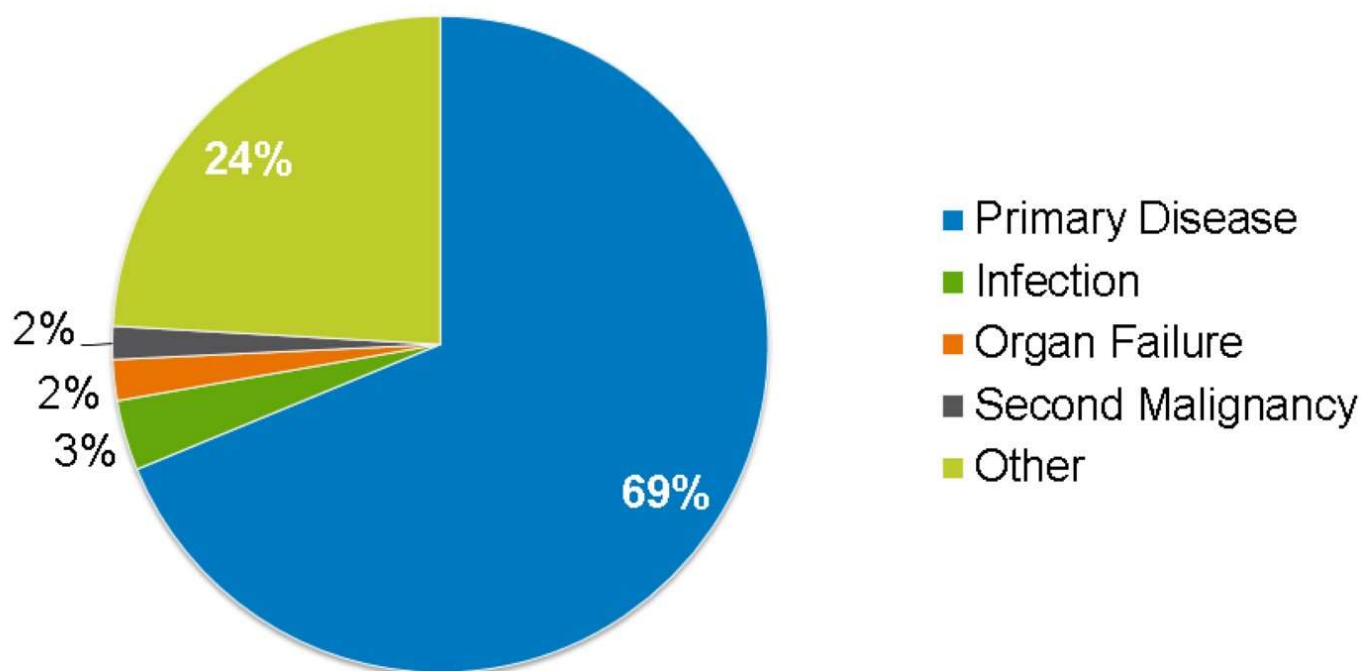


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# Improving Outcomes



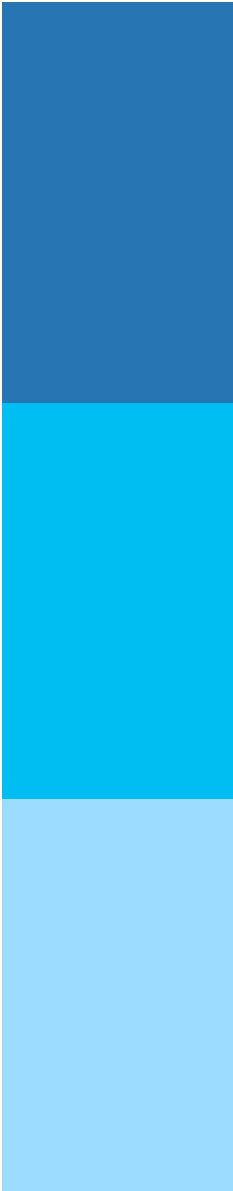
## Causes of Death after Autologous HCT done in 2013-2014





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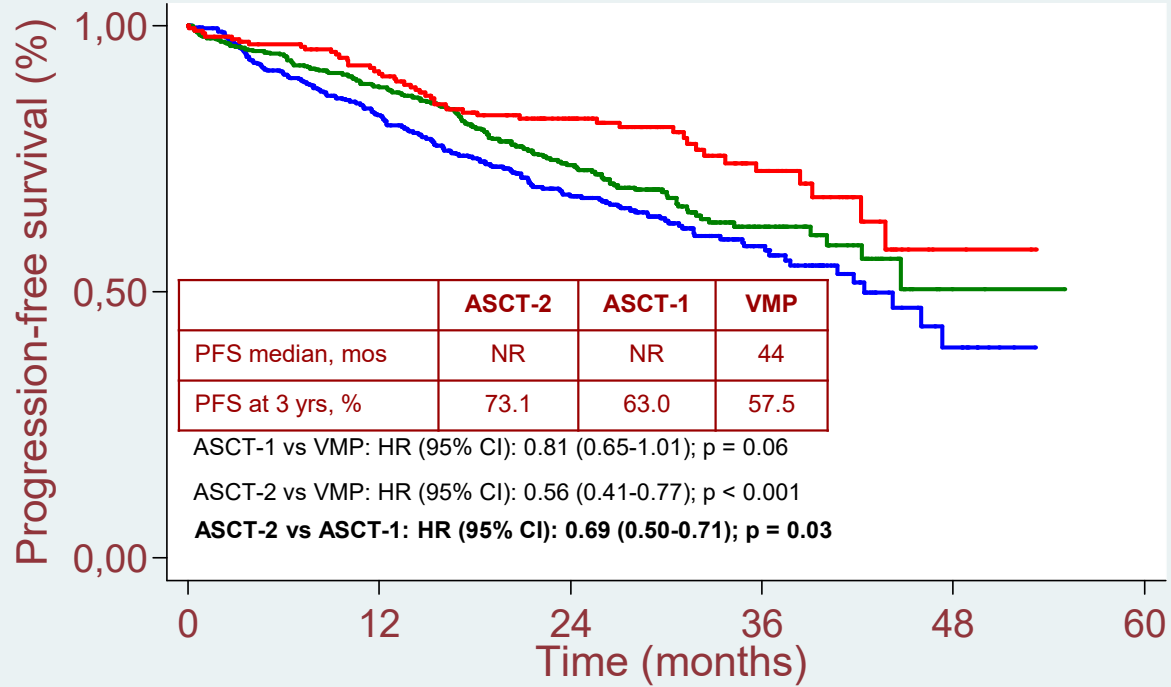
# Relapse Prevention







## PFS by Randomization to ASCT-1 or ASCT-2



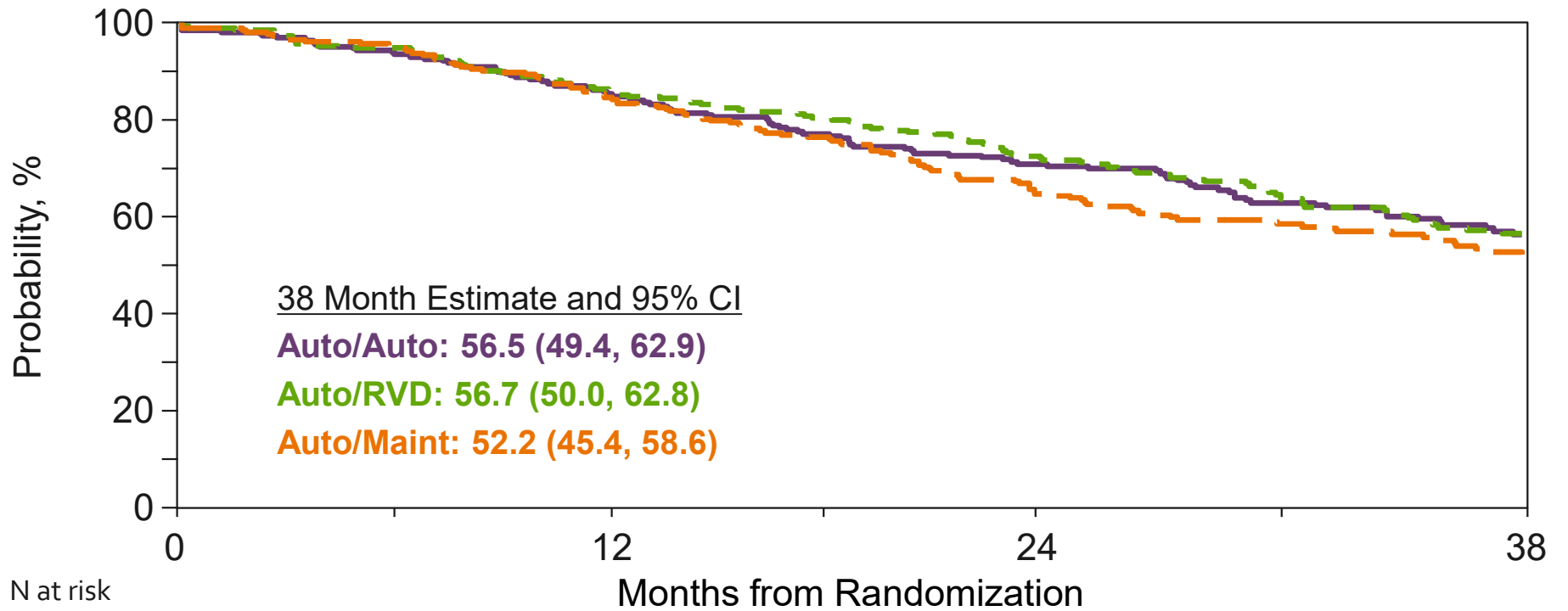
Number at risk

ASCT-2	207	179	119	44	3	0
ASCT-1	488	391	230	64	2	0
VMP	497	383	230	74	10	0

— VMP — ASCT-1 — ASCT-2



# Primary Endpoint: Progression-free Survival

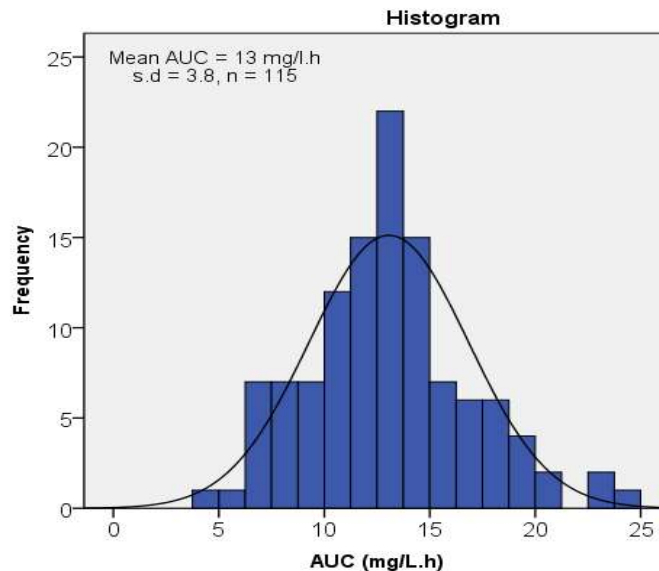


N at risk	0	12	24	38
<b>Auto/Auto</b>	247	200	153	87
<b>Auto/RVD</b>	254	215	172	99
<b>Auto/Maint</b>	257	213	158	80



## Wide Variability in Melphalan AUC

- Higher dose intensity associated with improved disease response
- Significant risk factors for severe mucositis
  - Melphalan dose
  - Renal impairment

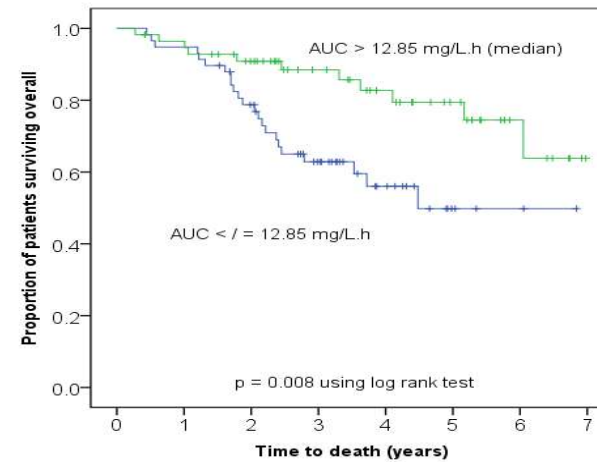
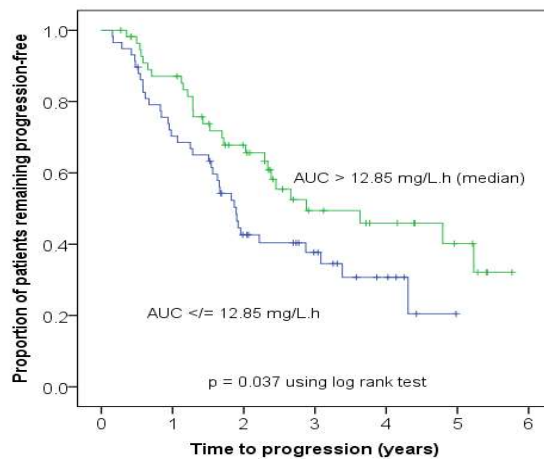


- AUC range: 5 – 25 mg/L.h
- Same 5 fold variation as:  
Carbo, Fludarabine, Busulfan,  
Amphotericin

\*Shaw BBMT 2012;18(2):S207



## Higher Melphalan AUC Predicts Time to Progression, Overall Survival, and Toxicity



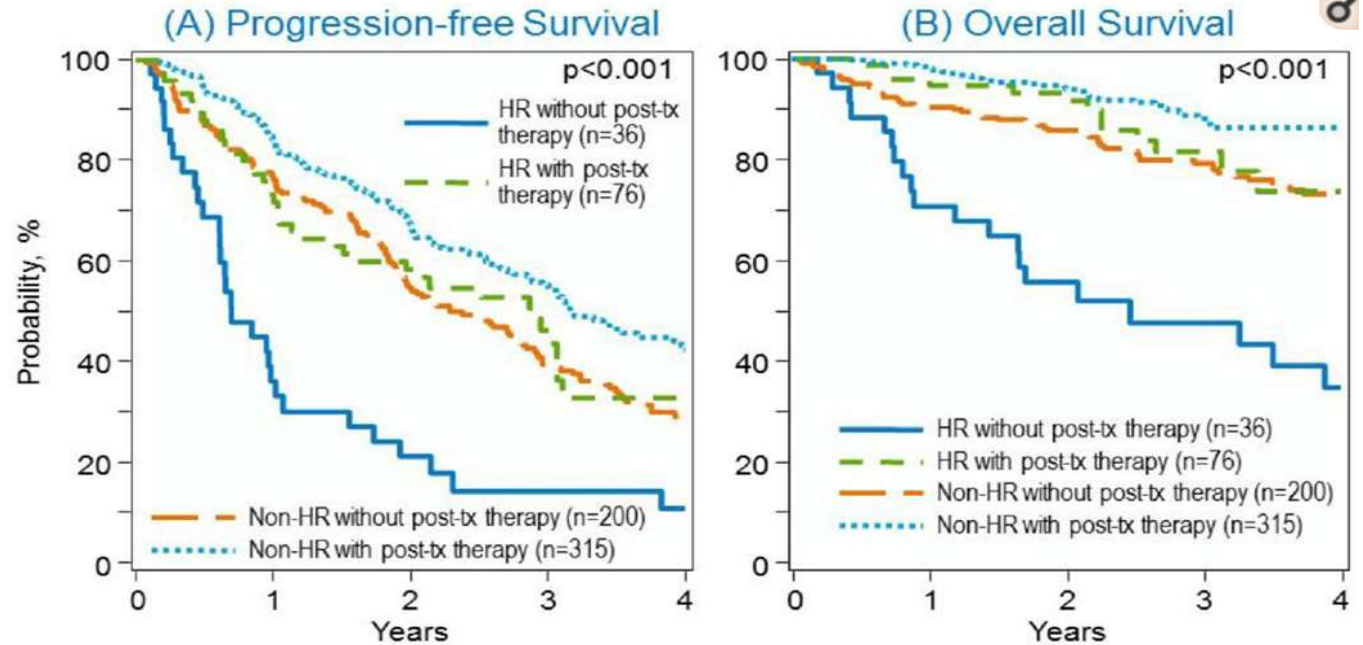
- Melphalan median **AUC 12.85 mg/L.h**
- Mucositis ≥ Grade 3
  - 12% clinical, **20% functional**
  - Multivariate analysis Melphalan AUC (continuous), **HR 1.2**, p = 0.004

\*Shaw BBMT 2012;18(2):S207



**Post-transplant outcomes in high-risk compared to non-high risk multiple myeloma, a CIBMTR analysis**

Emma C. Scott<sup>1</sup>, Parameswaran Hari<sup>2</sup>, Manish Sharma<sup>3</sup>, Jennifer Le-Rademacher<sup>2,4</sup>, Jiaxing Huang<sup>2</sup>, Dan Vogl<sup>5</sup>, Muneer Abidi<sup>6</sup>, Amer Beitinjaneh<sup>7</sup>, Henry Fung<sup>8</sup>, Siddhartha Ganguly<sup>9</sup>, Gerhard Hildebrandt<sup>10</sup>, Leona Holmberg<sup>11</sup>, Matt Kalaycio<sup>12</sup>, Shaji Kumar<sup>13</sup>, Robert Kyle<sup>13</sup>, Hillard Lazarus<sup>14</sup>, Cindy Lee<sup>15</sup>, Richard T. Maziarz<sup>16</sup>, Kenneth Meehan<sup>17</sup>, Joseph Mikhael<sup>18</sup>, Taiga Nishihori<sup>19</sup>, Muthalagu Ramanathan<sup>20</sup>, Saad Usmani<sup>21</sup>, Jason Tay<sup>22</sup>, David Vesole<sup>23</sup>, Baldeep Wirk<sup>24</sup>, Jean Yared<sup>25</sup>, Bipin N. Savani<sup>26</sup>, Cristina Gasparetto<sup>27</sup>, Amrita Krishnan<sup>28</sup>, Tomer Mark<sup>29</sup>, Yago Nieto<sup>30</sup>, and Anita D'Souza<sup>2</sup>



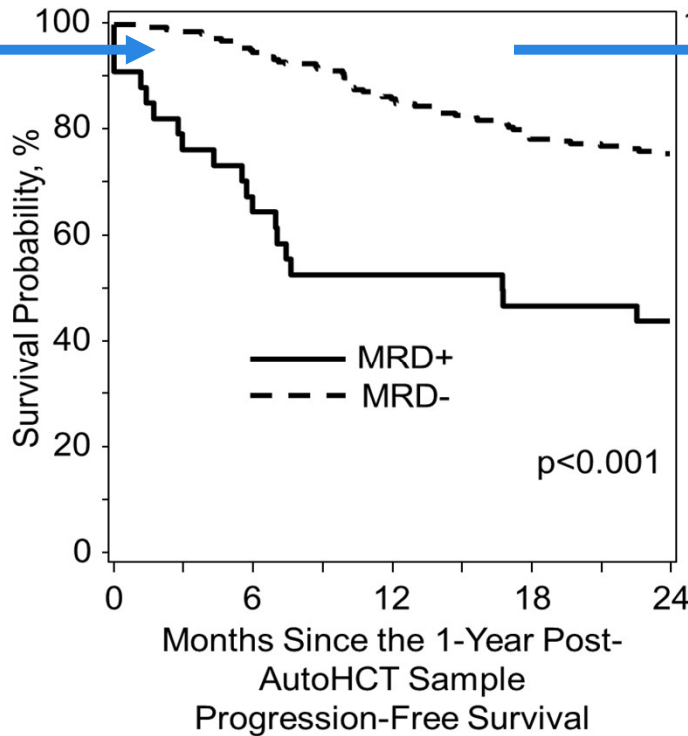


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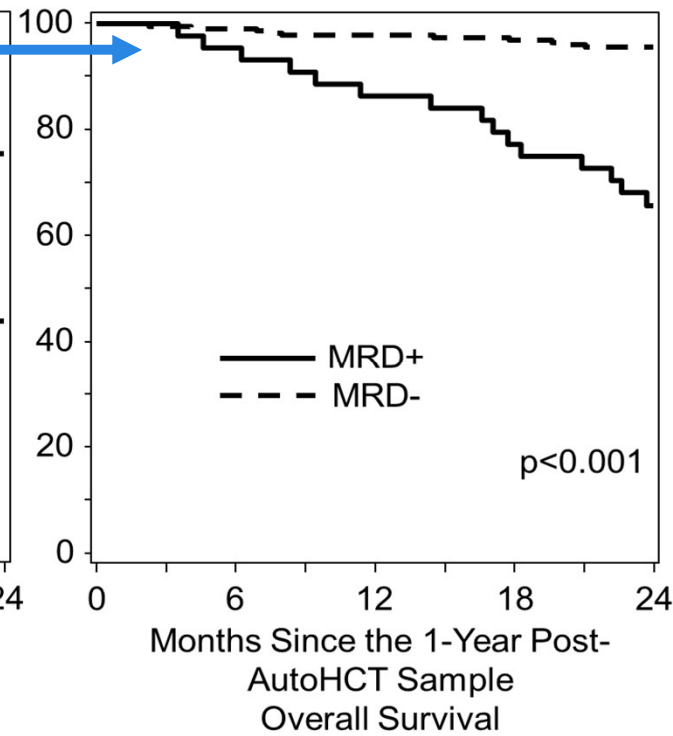
# PRIMEr Results: PFS (Left) and OS (Right) by MRD Status at 1-Year

**PFS**

Can pre-emptive intervention make a difference?



**OS**



**CIBMTR**  
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Support provided by #U10HL069294 to BMT CTN from NHLBI/NCI, and #R01HL107213 from NHLBI

# Summary

- We are now at the dawn of a new era in hematopoietic cell transplantation for myeloma
- We have strategies that can now impact the major causes of treatment failure (relapse, infections and toxicities)
- The way forward will require more personalized approaches to develop the optimal strategy for each patient and each specific disease.
- Only prospective trials and well curated large datasets will allow us to develop the knowledge necessary to perform such transplants
- We need substitute our current Triple P Transplants where we Push the drugs, Pour the Cells and Pray that it all works out to a modern Triple P Strategy of Precise, Personalized and Predictable transplant.
- I predict that dose intense therapy will continue to be an important component of a curative strategy for myeloma with both autologous and allogeneic stem cell transplantation.



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**Questions or referrals**  
**[giralts@mskcc.org](mailto:giralts@mskcc.org)**  
**713-504-5082 text before calling**







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