

# State of the Art in Early Hodgkin Lymphoma

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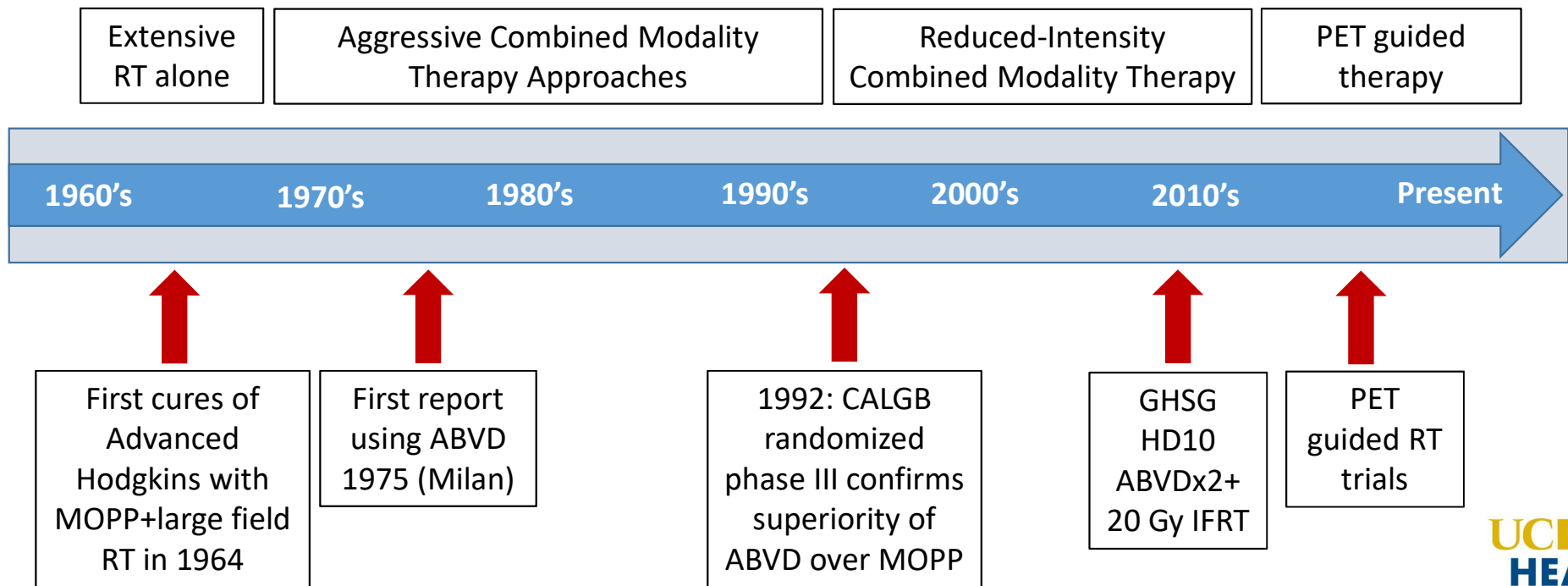
# Disclosures

- Research Funding: EMD Serono, Genentech
- Advisory Board: Boston Scientific
- Consulting: Triptych Health Partners

# Overview: What's New in Early Hodgkin Lymphoma?

- Evolution toward treatment de-intensification
  - Chemotherapy
  - Radiation
- PET-guided therapy
  - De-escalation for negative PET2
  - Escalation for positive PET2
- Modern Radiotherapy for Hodgkins

# Treatment of Early Hodgkin Lymphoma over the Decades



# Definitions of Favorable/Unfavorable Hodgkins

	<b>GHSB</b>	<b>EORTC</b>	<b>NCIC</b>	<b>NCCN</b>
<b>Age</b>		$\geq 50$	$\geq 40$	
<b>Histology</b>			MC or LD	
<b>ESR and B sx</b>	> 50 if A > 30 if B	> 50 if A > 30 if B	> 50 or any B sx	> 50 or any B sx
<b>Bulky</b>	MMR > .33	MTR > .35	MMR > .33 or >10 cm	MMR > .33 or >10 cm
<b># Nodal sites</b>	<b>&gt; 2</b>	> 3	> 3	> 3
<b>E-lesion</b>	<b>any</b>			

# Definitions of Nodal Regions

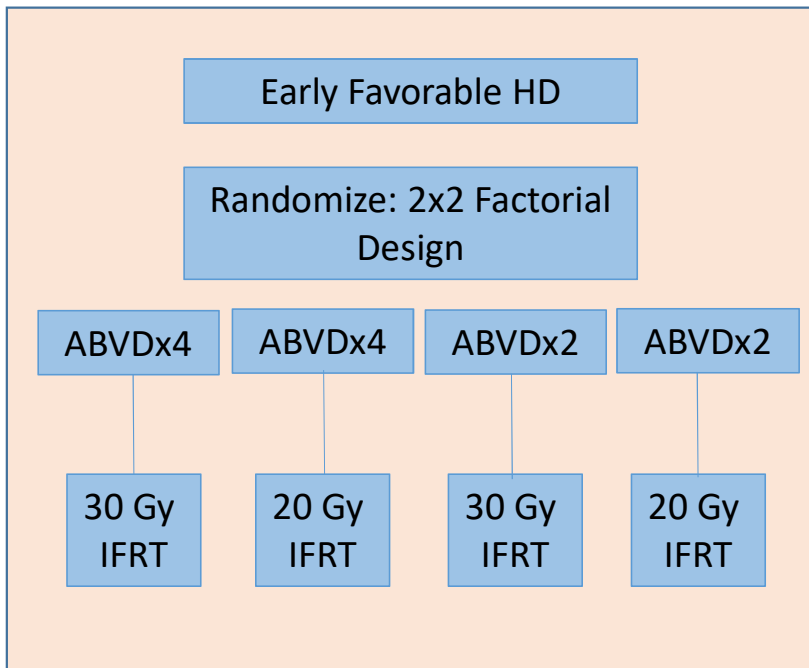
	<b>Ann Arbor</b>	<b>EORTC</b>	<b>GHSB</b>
R cervical/SCV			
R ICL/Subpectoral			
R axillary			
L cervical/SCV			
L ICL/Subpectoral			
L axillary			
Mediastinum			
R hilum			
L hilum			
Total	9	5	5

# Treatment of Early Favorable-Risk Hodgkins

	Stage III/IV	Stage I/II	
		I/II Bulky Mediastinal	I/II No Bulk
<b>North American</b>	Advanced stage includes stage I/II bulky disease	<b>Early Stage</b>	
<b>GHSB</b>	Advanced stage	Early stage unfavorable	<b>Early –stage favorable</b>

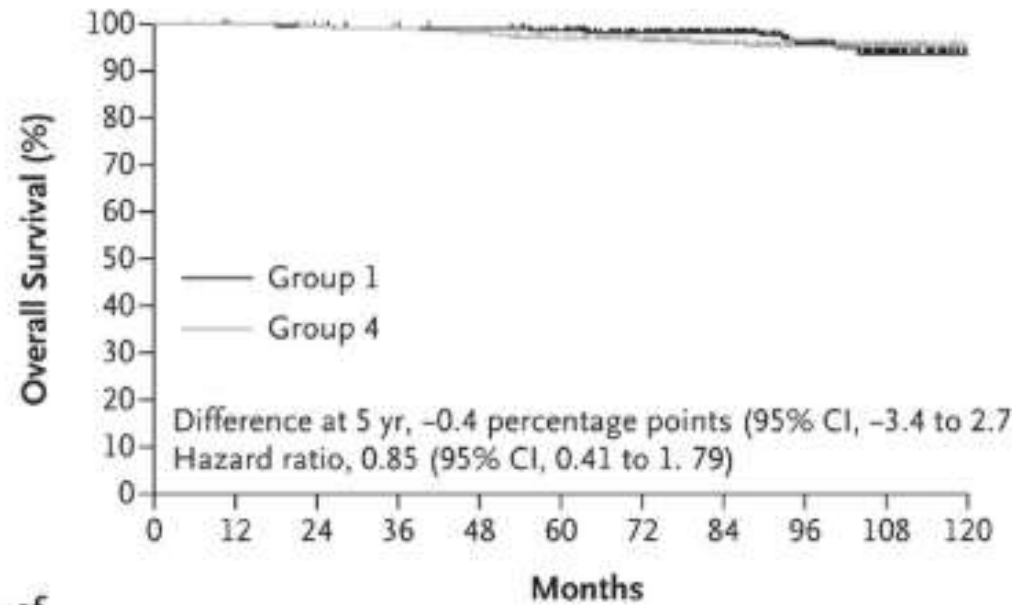
Adapted from: Younes A JCO 2012;30:895-896

# German Hodgkin Study Group HD10



N=1131

Objective: To show non-inferiority (6%)



No. of Patients at Risk

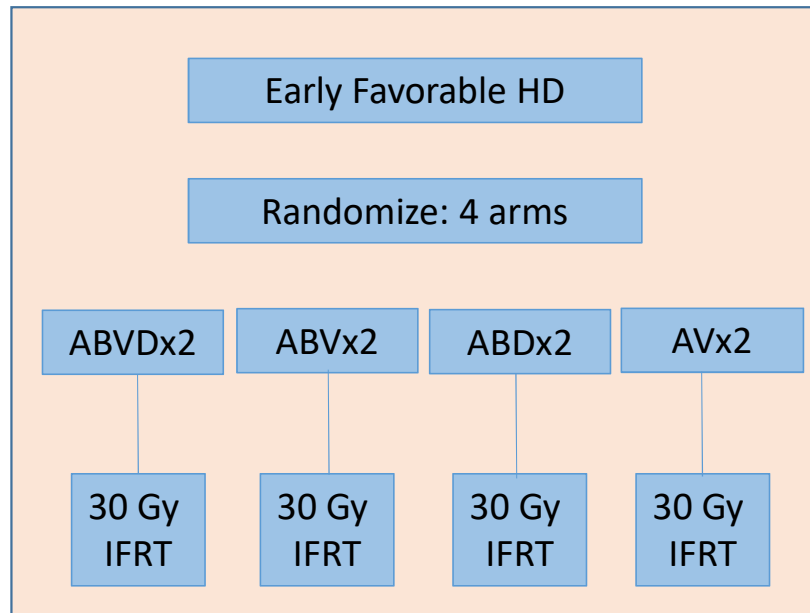
	0	12	24	36	48	60	72	84	96	108	120
Group 1	298	293	289	286	283	271	240	182	116	63	12
Group 4	299	298	293	289	285	273	241	182	122	64	16



# GHSB HD10 Conclusions

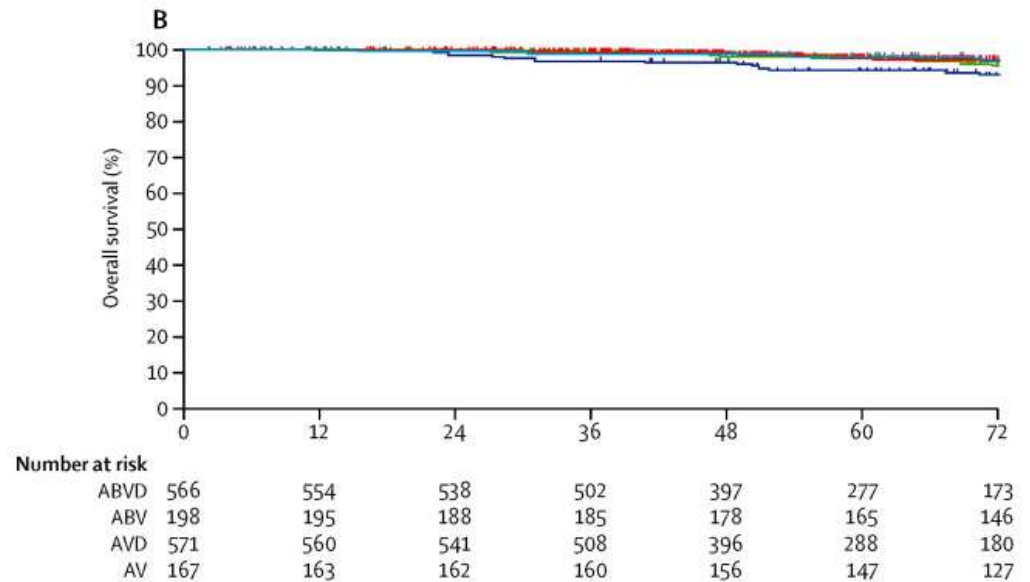
- No significant difference in FFTF or OS between any of the four groups
- Established ABVDx2 followed by 20 Gy IFRT as a standard treatment option for early stage, favorable Hodgkin lymphoma patients meeting HD10 eligibility criteria
- No interim re-staging used after chemotherapy

# GHSG HD13: Early Favorable Hodgkin Lymphoma



**N=1502**

**Primary Objective:** non-inferiority of the variant chemo regimens compared with ABVD in FFTF (6% at 5 years)



- Inferiority of dacarbazine-deleted variants detected with 5 year differences of -11.5% for ABV and -15.2% for AV.
- Non-inferiority of AVD could not be confirmed (5 year difference of -3.9% compared to ABVD)

Behringer K et al. Omission of dacarbazine or bleomycin, or both, from the ABVD regimen in treatment of early-stage favourable Hodgkin's lymphoma (GHSG HD13): an open-label, randomised, non-inferiority trial. *The Lancet*, April 2015

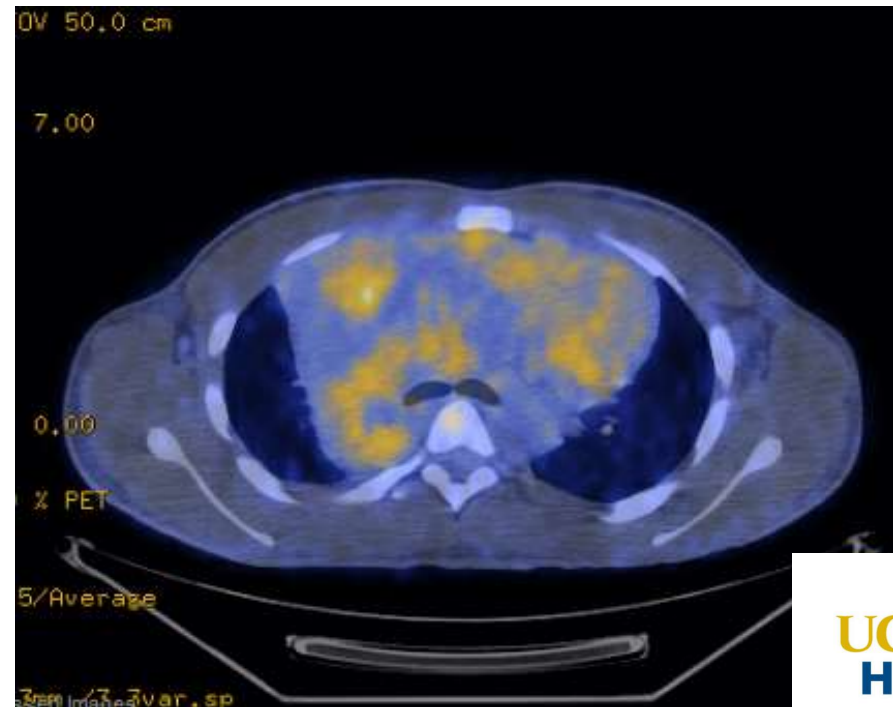
# GHSG HD13 Results/Takeaways

- Dacarbazine cannot be omitted from ABVD without a substantial loss of efficacy
- With respect to the pre-defined non-inferiority margin, bleomycin also cannot be safely omitted
- The standard of care for patients with early stage, favorable HD should remain ABVD followed by IFRT

# Deauville Criteria for Response Assessment

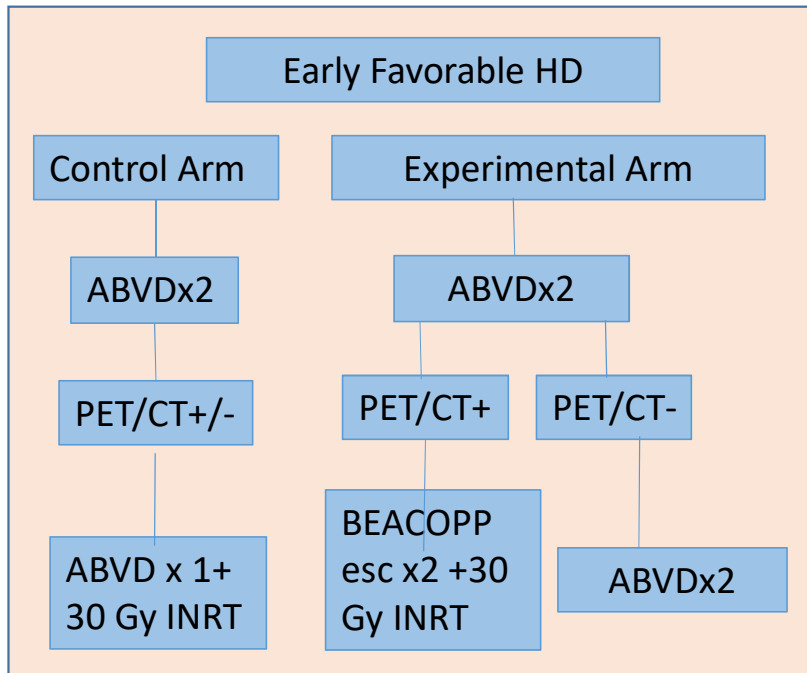
## DEAUVILLE PET CRITERIA

Score	PET/CT scan result
1	No uptake above background
2	Uptake $\leq$ mediastinum
3	Uptake $>$ mediastinum but $\leq$ liver
4	Uptake moderately increased compared to the liver at any site
5	Uptake markedly increased compared to liver at any site
X	New areas of uptake unlikely to be related to lymphoma



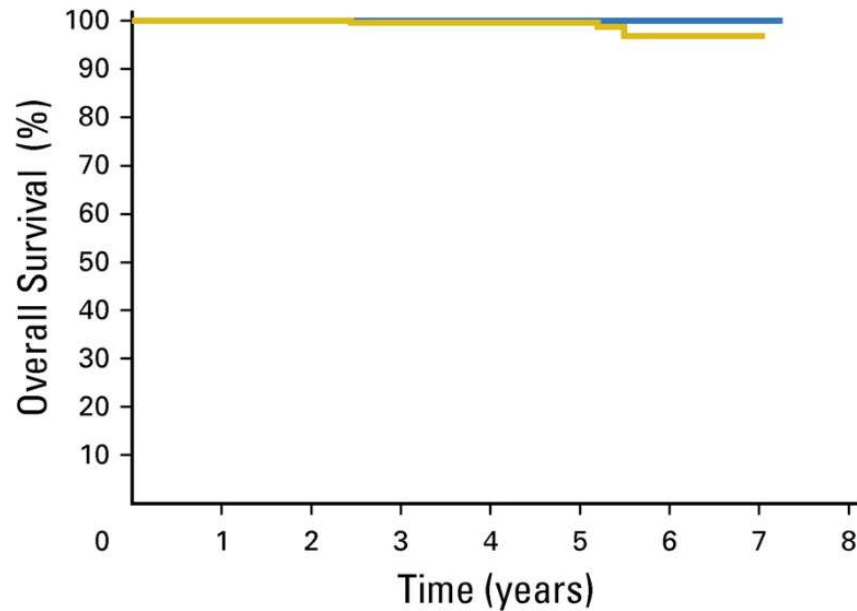
Barrington et al, European Journal of Nuclear Medicine & Molecular Imaging 2010

# EORTC/LYSA H10F



N=1137

Primary objective: Non-inferiority of PET-guided omission of RT (10% margin)



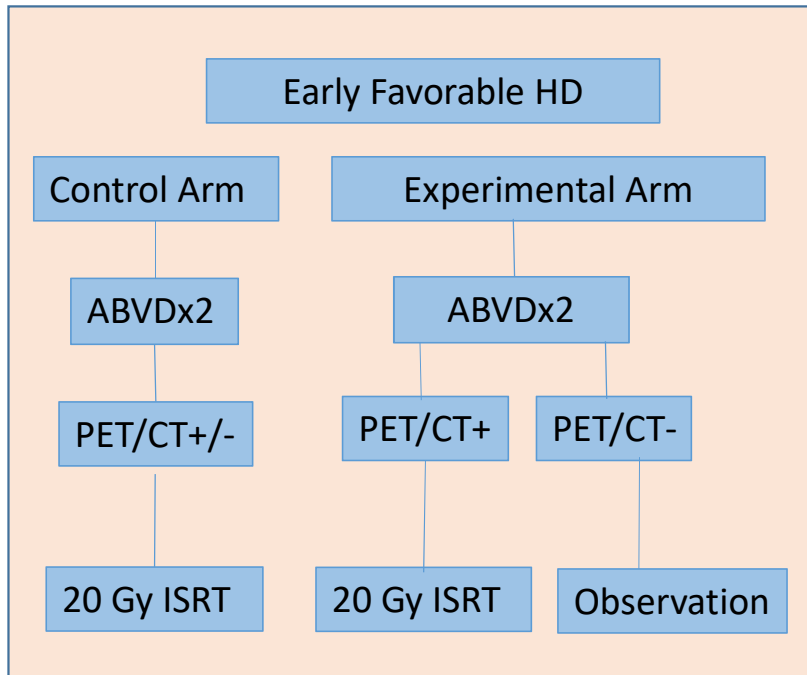
O	n	No. at risk:							
0	227	223	222	217	204	114	27	2	— ABVD + INRT
3	238	237	235	225	205	121	33	2	— ABVD only

Raemaekers JM, JCO April 2014 and Andre MPE JCO 2017

# EORTC/LYSA H10F Conclusions

- Experimental arms for PET negative pts for both favorable and unfavorable cohorts closed early after interim safety analysis due to excess relapses
- Hazard ratio for failure of 9.36 for favorable arm, PET negative
- Long-term update:
  - Intensification to BEACOPP esc+INRT improved 5 year PFS from 77.4% to 90.6% in ePET+ patients (F+U combined)
  - For both favorable and unfavorable groups, non-inferiority of ABVD alone as compared to ABVD+RT could not be demonstrated (In favorable group, 5 year PFS 99.0% vs 87.1%)
  - No OS difference between arms

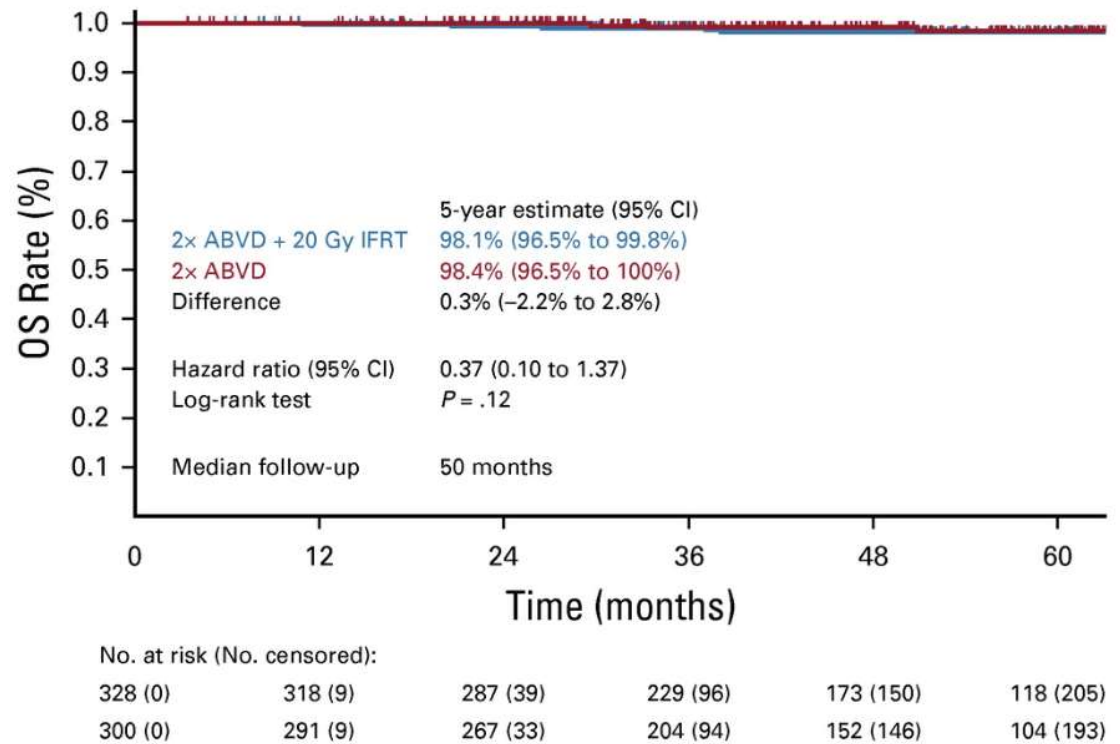
# GHSG HD16



N=1150

Primary objective: Non-inferiority at 10% level

Fuchs M et al. Positron Emission Tomography-Guided Treatment in Early-Stage Favorable Hodgkin Lymphoma: Final Results of the International, Randomized Phase III HD16 Trial by the German Hodgkin Study Group. JCO 2019

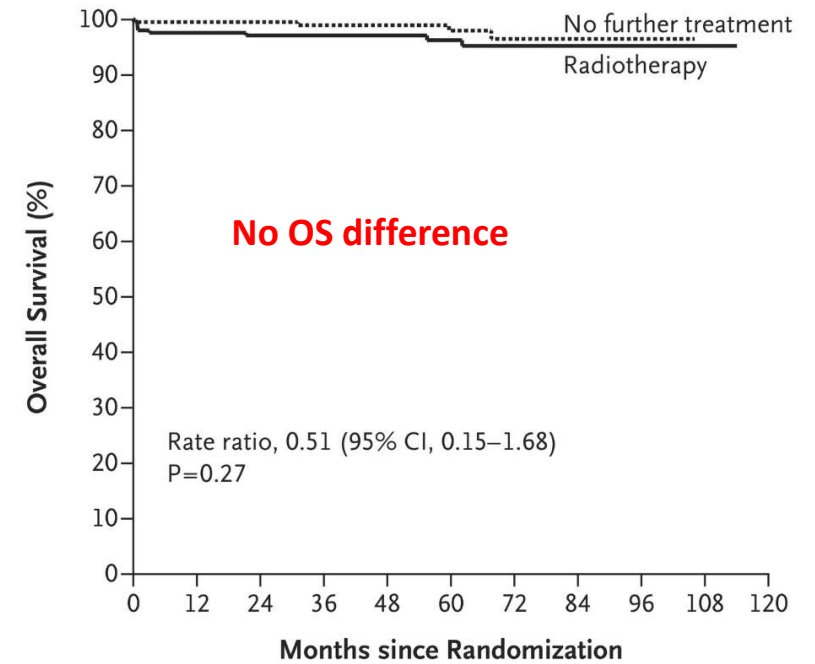
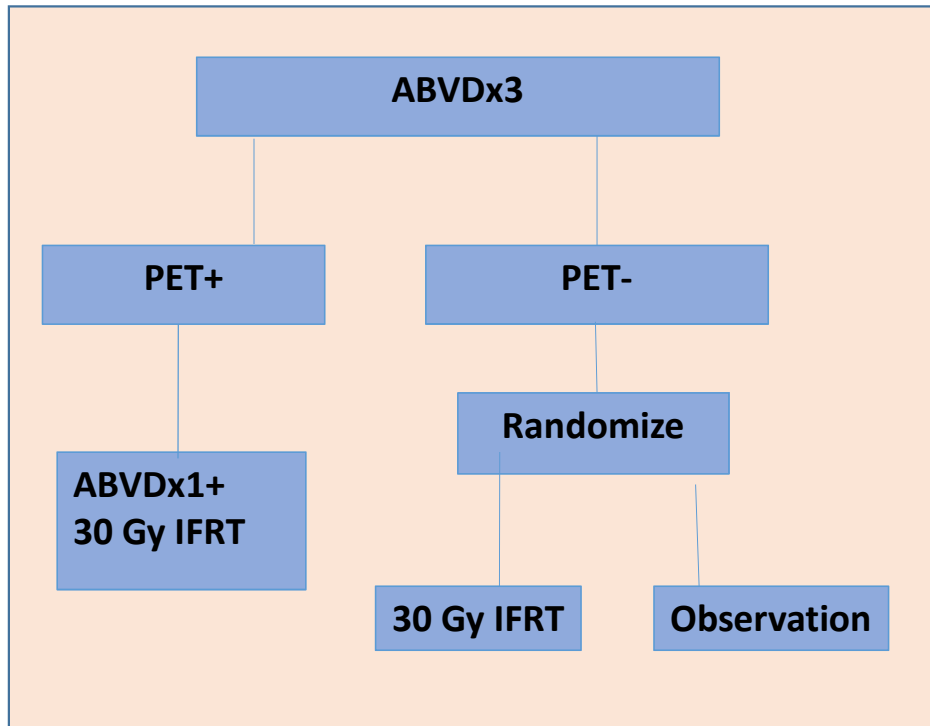


# GHSG HD16 Conclusions

- Positive PET after two cycles ABVD indicates a high risk for treatment failure, particularly when a Deauville score of 4 is used as a cutoff
- In PET-2-negative patients, RT cannot be omitted without clinically relevant loss of tumor control
- Five-year OS was 98.1% (95% CI, 96.5% to 99.8%) with CMT and 98.4% (95% CI, 96.5% to 100.0%) with ABVD, with no significant difference



# UK RAPID



No. at Risk		0	12	24	36	48	60	72	84	96	108	120
Radiotherapy		209	200	191	175	139	103	60	34	13	2	0
No further treatment		211	204	196	167	140	97	56	18	6	0	0

Radford J et al. Results of a Trial of PET-Directed Therapy for Early-Stage Hodgkin's Lymphoma. NEJM 2015

# UK RAPID Conclusions

- 3-year PFS improved with RT (3.8% in IIT and 6.3% per protocol)
- Did not meet pre-specified non-inferiority margin of 7% as 95% CI up to 8.8%
- Patients with negative PET after ABVDx3 had excellent outcomes with both approaches
- No OS difference between arms

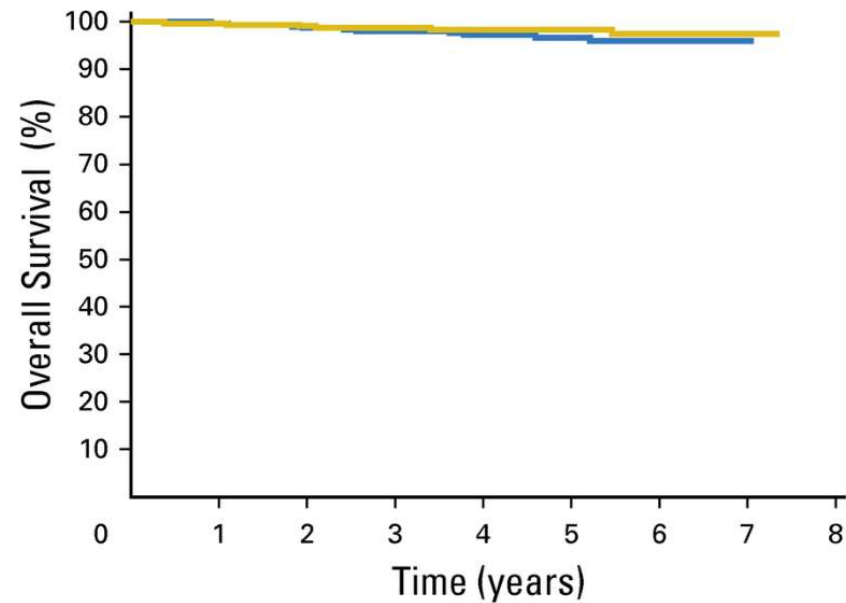
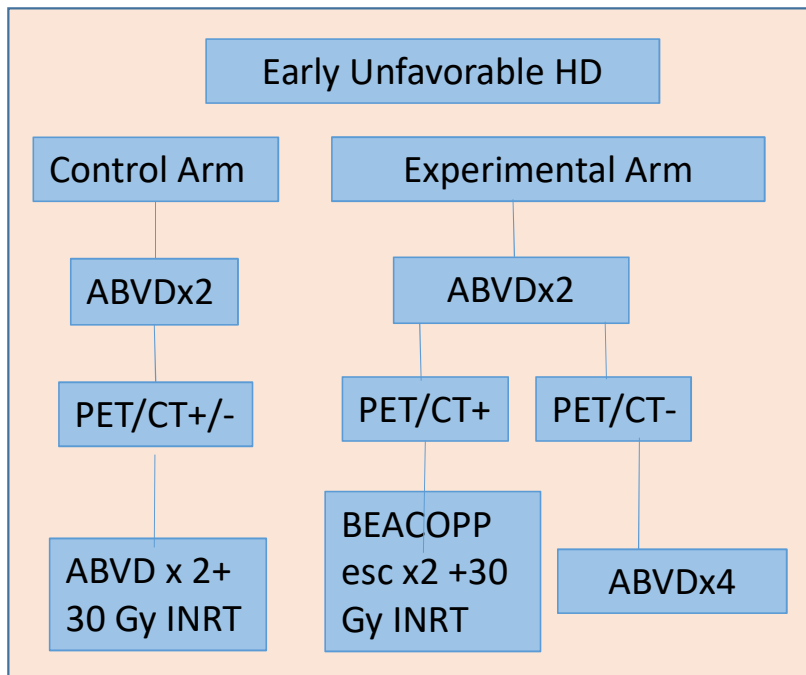
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Adapted from: Younes A JCO 2012;30:895-896

# EORTC H10U

**B**



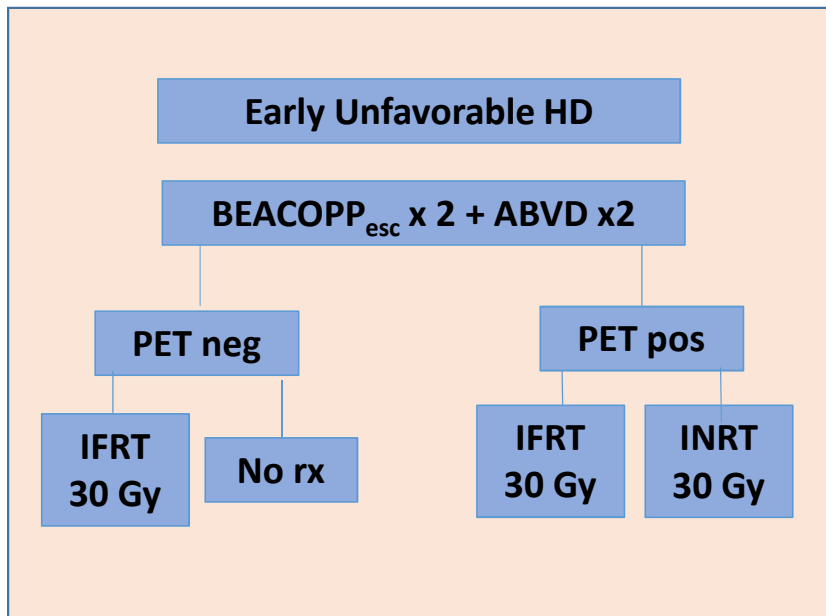
O	n	No. at risk:							
10	292	289	283	274	256	154	38	3	— ABVD + INRT
6	302	299	290	285	264	156	43	4	— ABVD only

Raemaekers JM, JCO April 2014 and Andre MPE JCO 2017

# EORTC/LYSA H10U Conclusions

- Non-inferiority of chemotherapy alone for patients with negative PET2 could not be demonstrated
- No OS difference between arms
- A significant improvement (13.2%) of 5-year PFS was reached in the experimental BEACOPPesc + INRT arm (pooled F+U) compared with continuation with ABVD + INRT

# GHSB HD17: Completed Accrual



Evaluates omission of RT following BEACOPP<sub>esc</sub> x 2 + ABVD x2 with negative PET/CT for early unfavorable HD

Evaluates INRT in place of IFRT following BEACOPP<sub>esc</sub> x 2 + ABVD x2 with negative PET/CT for early unfavorable HD

**Primary Objective:** To Compare PFS at 3 years between arms

**Secondary Outcomes:** OS, CR rate

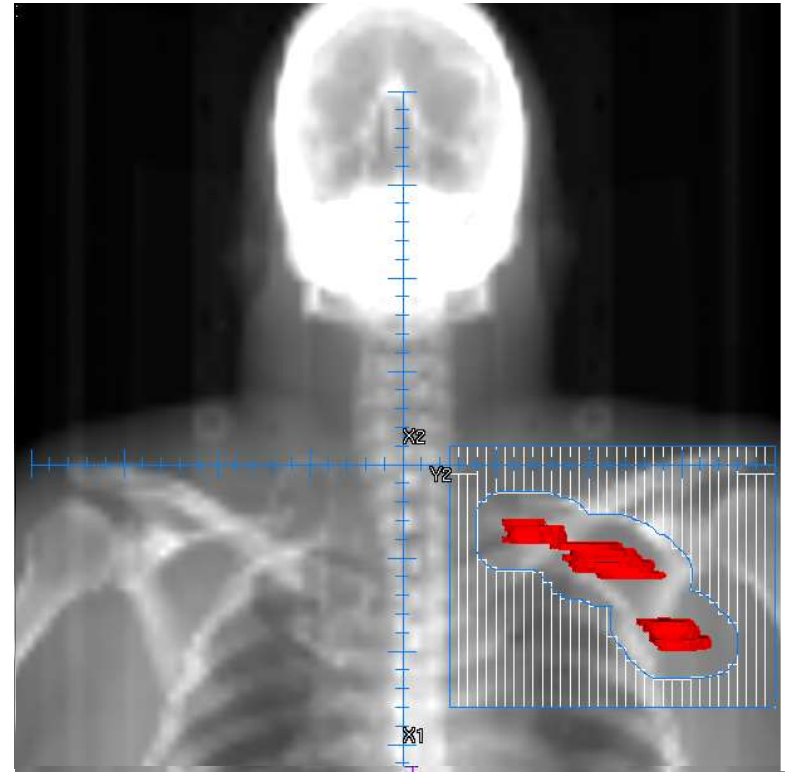
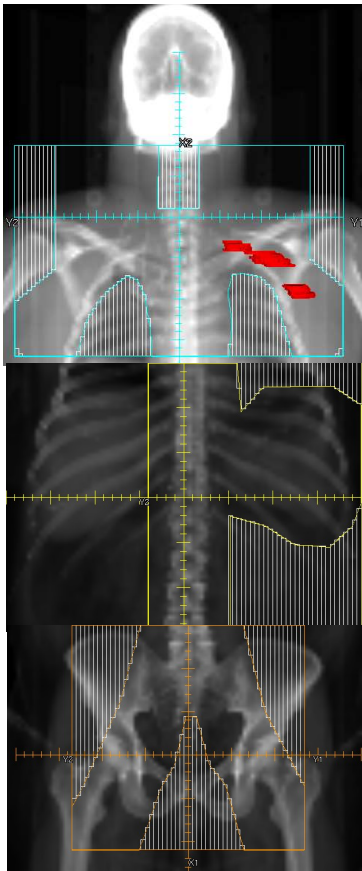
N=1100

# Risks of Radiation

- Secondary cancers
  - Breast, lung, thyroid, other
- Heart injury
  - Related to volume of heart within field and delivered dose
- Hypothyroidism
- Muscle wasting
  - Avoid radiating cervical chains unless involved

***However, risk of radiation is related to volume of irradiated normal tissue and dose***

# Evolution of Radiation For Hodgkin Lymphoma



**Involved Node**



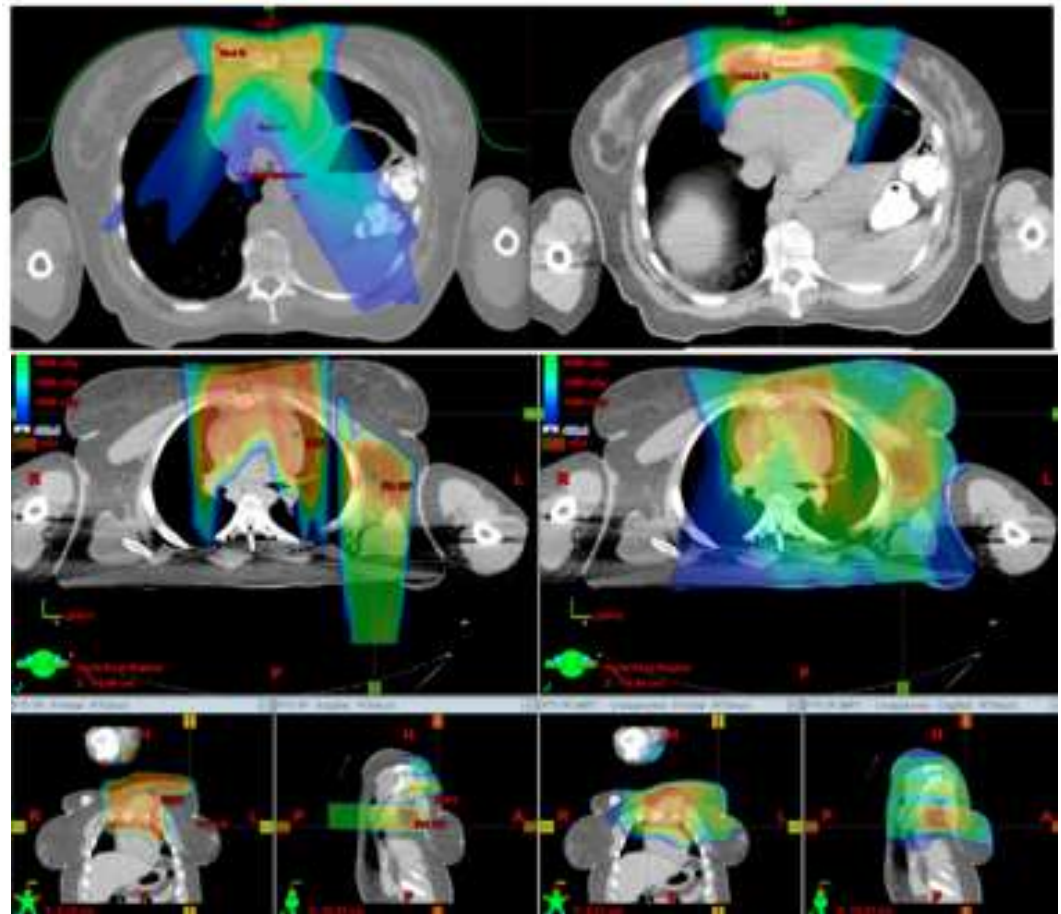
# Modern Radiotherapy Techniques to Reduce Risk

- Intensity Modulated Radiation (IMRT)
- In well selected patients can reduce cardiac and lung dose with mediastinal disease, depending on disease distribution
- Limits parotid and oral cavity dose for cervical disease



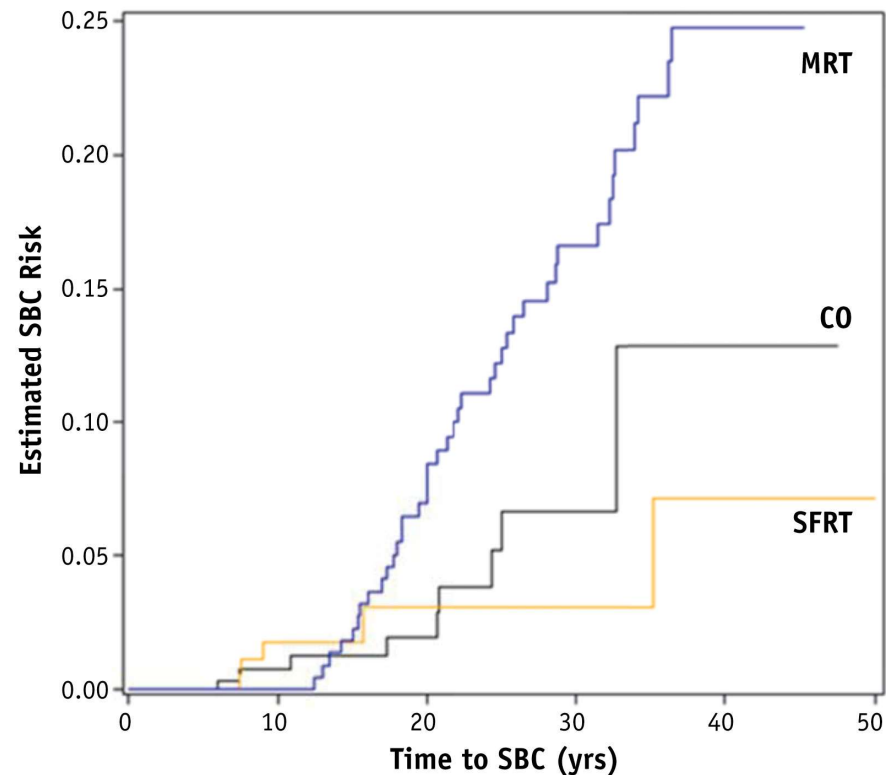
# Proton Therapy

- For well-selected cases, proton therapy may reduce dose to heart, lungs, and breasts, among other structures
- Must be balanced against significant increased costs and travel burden to patients



# Secondary Breast Cancer Risk with Modern Radiation

- Analysis of the BC Cancer Agency database of 734 female patients <age 50 with supradiaphragmatic HD treated 1961-2009.
- Categorized as mantle fields, “smaller” RT fields (IFRT, ISRT, INRT), or chemo alone
- 7% overall developed a breast cancer, at a median time of 20 years
- 20 year cumulative incidence of secondary breast cancer:
  - Mantle field: 7.5%
  - Smaller RT field: 3.1%
  - Chemotherapy only: 2.0%



Conway JL et al. Secondary Breast Cancer Risk by Radiation Volume in Women With Hodgkin Lymphoma. IJROBP 2017 97, 35-41DOI: (10.1016/j.ijrobp.2016.10.004)

# Conclusions

- Modern approaches to Hodgkins focus on reduced treatment intensity while maintaining excellent cure rates
- De-intensification of both chemotherapy and radiation have been successful
- Interim PET based selection of patients for omission for radiation results in modestly reduced PFS without an OS difference
- Individual patients and disease-related risk factors should be taken into account when selecting patients for RT-omission

Thank you!

Questions?

